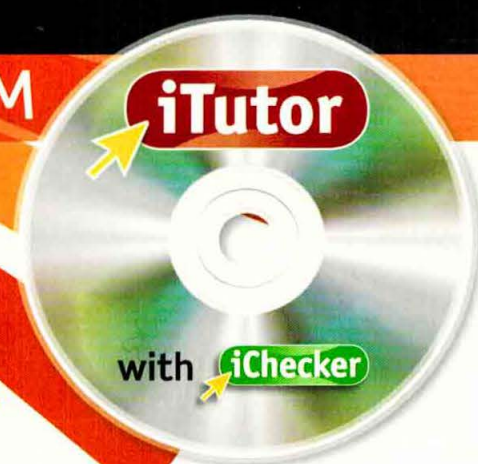


third
edition

ENGLISH FILE

Upper-intermediate Student's Book

with DVD-ROM



24t

Christina Latham-Koenig
Clive Oxenden

OXFORD

آکادمی آنلاین زبان انگلیسی 24Talk

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OXFORD
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Paul Seligson and Clive Oxenden are the original co-authors of
English File 1 and *English File 2*

آکادمی آنلاین زبان انگلیسی 24Talk

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1A Questions and answers

1 READING & SPEAKING

- a Look at the photos of Benedict Cumberbatch and Elisabeth Moss and read their biographical info. Have you seen any of the TV series or films that they have been in? What did you think of them?
- b Now read the interviews and match questions A–G with their answers.
- A **How do you relax?**
 B **What don't you like about your appearance?**
 C **What's your earliest memory?**
 D **What makes you unhappy?**
 E **If you could edit your past, what do you think you would change?**
 F **What was your most embarrassing moment?**
 G **Who would you most like to say sorry to?**
- c Read the interviews again using the glossary to help you. Answer the questions with **BC** (Benedict Cumberbatch) or **EM** (Elisabeth Moss).

Who...?

- 1 ☐ had an embarrassing experience as a child
 - 2 ☐ finds it hard to make decisions
 - 3 ☐ avoids answering one of the questions
 - 4 ☐ had a dangerous experience when they were travelling abroad
 - 5 ☐ had a dangerous experience when they were young
 - 6 ☐ often hesitates when they're speaking
 - 7 ☐ was fond of a kind of flower when they were a child
 - 8 ☐ has a favourite decade
- d Which of the questions in the interviews do you think is...?
- the most interesting
 - the most boring
 - too personal to ask a person who you don't know well
- e Choose six questions from Q&A to ask your partner.



Every week the British newspaper, *The Guardian*, chooses people who have been in the news recently, and publishes a short interview with them called Q&A.

The actor **Benedict Cumberbatch** was born in London in 1976. He has starred in many successful TV series and films, including *Sherlock*, *War Horse*, *Star Trek*, and *The Hobbit*.

1 What's one of your happiest memories?

Sitting with the sun on my face and a beer in my hand, the morning after I had been in a car-jacking in South Africa.

2

When I was six, I got stung by a wasp in a Greek market. A woman pulled down my pants and rubbed an onion on my bottom.

3 What don't you like about your personality?

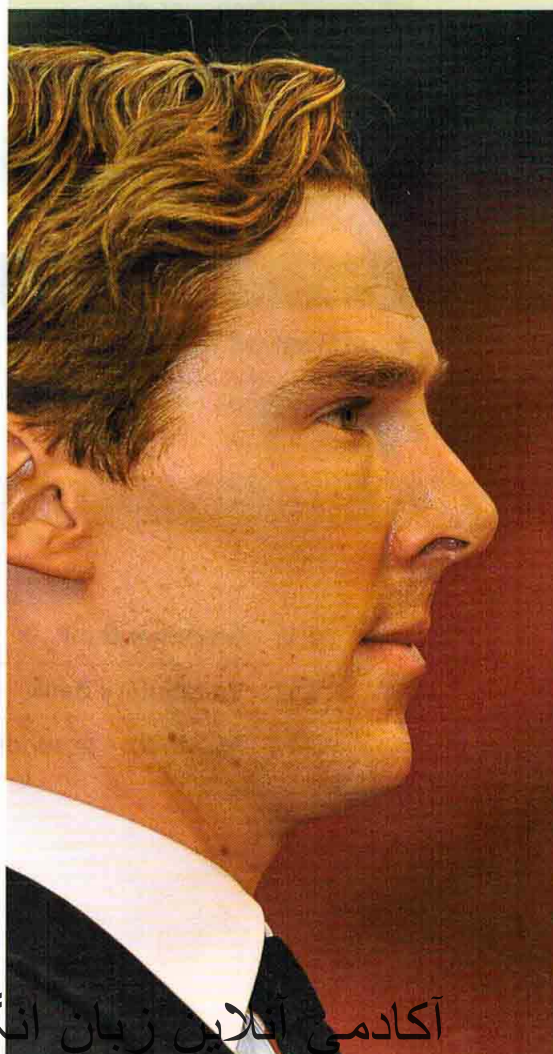
I'm impatient, but also indecisive.

4 What is your greatest fear?

Forgetting people's names.

5

The size and shape of my head. People say I look like Sid from *Ice Age*.



6 What costume would you wear to a fancy dress party?

I rather enjoyed wearing bandages round my face as the Invisible Man at the last one I went to. People got to know me without recognizing me.

7 Which words or phrases do you most overuse?

I say "Erm..." too much.

8 What one thing would improve the quality of your life?

Better time management.

9

I might not have called Trevor Nunn, the famous director, 'Adrian' at my first audition for him.



The actress **Elisabeth Moss** was born in California in 1982. She has been in several very successful US TV dramas, including *The West Wing* and *Mad Men* for which she won an Emmy award.

1 _____
Going out into the backyard of my home in LA and pretending to build a vegetable garden with sticks and rocks. I must have been five.

2 Which living person do you most admire?

This is kind of cheesy, but my mum.

3 Which living person do you most despise, and why?

I won't say his name.

4 _____
Not getting enough sleep.

5 What is your favourite smell?

Jasmine. I grew up in Los Angeles, in the hills, and there was always jasmine growing.

6 _____
To a really good girlfriend with whom I lost touch when I was little. I would love to see her again.

7 If you could go back in time, where would you go?

To a 1930s jazz club in New York City. I love the art deco period – the jewellery, the clothes, the music.

8 _____
I am big fan of getting a box set and watching the entire show in two or three weeks. I'm watching *The Sopranos* at the moment, because I missed it when it first came out.

9 What has been your most frightening experience?

When I was little, I was on a lake in the US and got caught underneath a rowing boat. That was pretty scary.

Glossary

car-jacking the crime of forcing the driver of a car to take you somewhere or give you their car

Emmy a US award similar to the Oscars, but for TV

backyard AmE back garden

cheesy informal too emotional or romantic in a way that is embarrassing, e.g. a cheesy love song

2 GRAMMAR question formation

a Now read the questions in **1b** again and answer the questions below with a partner.

- Which questions are examples of...?
 - a subject question, where there is no auxiliary verb
 - a question which ends with a preposition
 - a question which uses a negative auxiliary verb
- What happens to the word order in the question *What would you change?* when you add *do you think* after *what*?

b ► **p.132 Grammar Bank 1A.** Learn more about question formation, and practise it.

3 PRONUNCIATION

friendly intonation, showing interest

a **1 4**))) Listen to some people asking questions 1–5. Who sounds friendlier and more interested each time, **a** or **b**?

- Do you **have** a big family?
- What don't** you like about the place where you live?
- What sports** or games are you good at?
- Do you **think** you have a healthy diet?
- What makes** you feel happy?

b **1 5**))) Listen and repeat the questions with friendly intonation. Focus on sentence stress and linking.



Reacting to what someone says

When you ask someone a question and they answer, it is normal to show interest by saying, e.g. *Really?* or *Oh yes?* with a friendly intonation, or by asking a question.

c **1 6**))) Now listen to the questions in a conversation. Complete the expressions or questions that the man or woman use to react to the answers.

- Wow** _____! That's a huge family.
- _____? What's wrong with them?
- _____! We could have a game one day.
- _____! How long have you been a vegan?
- _____? I can't think of anything worse!

d **1 7**))) Listen and repeat the responses. Copy the intonation.

e Ask and answer the questions with a partner. Use friendly intonation, and react to your partner's answers.

4 READING & VOCABULARY

- a Look at the photo with the article. What do you think is happening? Do you think the question is one which someone might really ask in this situation? Why (not)?
- b Read the article once and find out. How would *you* answer the question?



Guessing the meaning of new words and phrases

When you are reading and find a word or phrase you don't know:

- 1 Try to guess the meaning from the context (i.e. the other words around it). Think also about what part of speech the unknown word is (e.g. a verb, an adjective, etc.), whether it is similar to another English word you know, or whether it is similar to a word in your language.
- 2 If you still can't work out what the word or phrase means, either ignore it and carry on reading or use a dictionary (or glossary if there is one) to help you.

HOME / NEWS / UK NEWS / SOCIETY

Extreme interviews

WHAT sort of dinosaur are you? If you answered Tyrannosaurus rex, then the bad news is that you probably won't get the job you're applying for.

Comment Print

1 Welcome to the strange world of 'extreme interviewing', the latest trend from America in which interviewers throw **bizarre** questions at candidates to see how they react.

5 It may seem like a game, but extreme interviewing is deadly serious. The idea is to see how quickly job-seekers **think on their feet** and, at a time when 25% of recent graduates are unemployed, it offers employers a new way of separating the brilliant candidates from the merely very good.

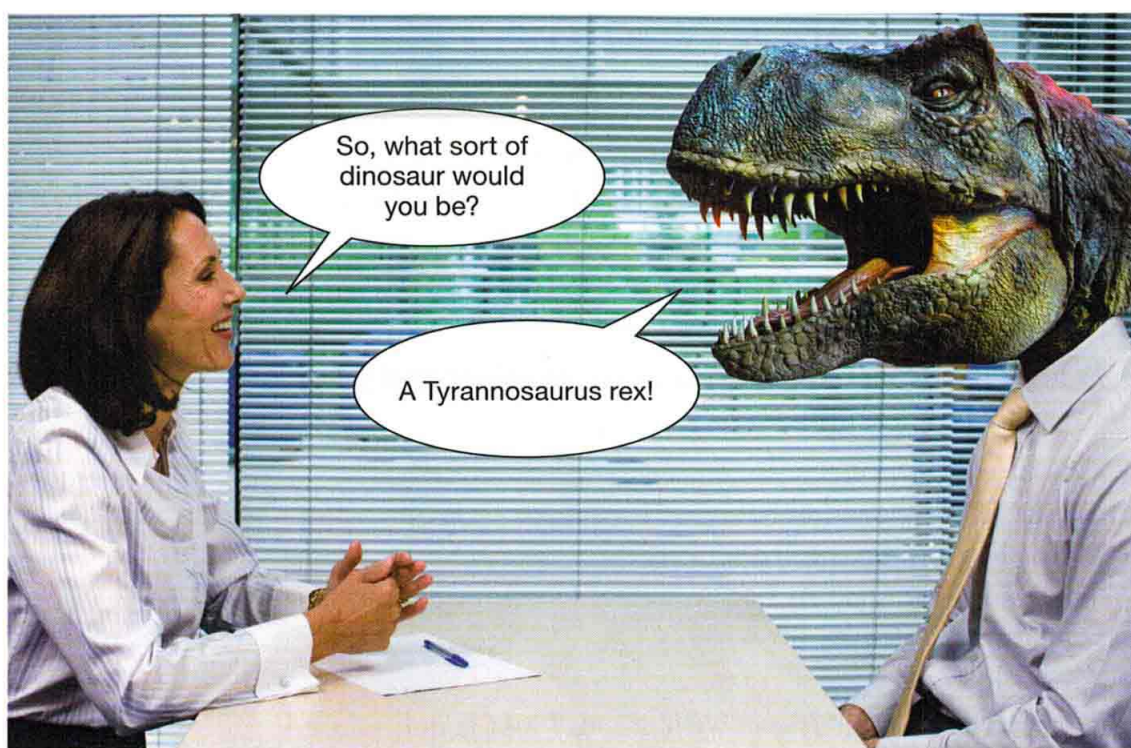
This new **approach** to selecting candidates comes from Silicon Valley in California — where else? Google, famous for its **demanding** interview process, asked a recent candidate: 'You are stranded on a desert island. You have 60 seconds to choose people of 10 professions to come with you. Who do you choose? Go!'

One of the early pioneers of extreme interviewing was Steve Jobs, co-founder of Apple, who could be famously cruel with **job seekers**. Faced once with a candidate he considered boring, Jobs suddenly pretended to be a chicken, **flapping** his arms and making clucking noises round the unfortunate applicant, waiting to see what he would do. In fact, the secret to extreme interviewing is neither in the question nor the answer. It is in the candidate's reaction.

David Moyle, a headhunter with the **recruitment agency** Eximius Group in London, who admits to using the dinosaur question when selecting candidates, said: 'Essentially, that kind of interviewing is used by us to give someone an opportunity to show they are smart and not easily **flustered**.'

'Most candidates actually get something out of it, it's not about trying to **crush** them. We are trying to give them an opportunity to show their personality, **rather than** just showing how they perform in an interview.'

Of course, getting the job is just the start. In the modern business world, survival will depend on what sort of dinosaur you **really** are.



Glossary

Silicon Valley the informal name for the region in northern California where many of the world's largest technology corporations are based

headhunter a person whose job it is to find people with the necessary skills to work for a company (often in executive posts), and to persuade them to join that company

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5 LISTENING



- c Read the article again carefully. With a partner, try to work out what the **highlighted** words and phrases might mean, and how you think they are pronounced.
- d Now match the words and phrases with 1–10.

- 1 _____ *adj* needing a lot of effort and skill
- 2 _____ *adj* nervous and confused, especially because you have been given a lot to do or are in a hurry
- 3 _____ *adj* very strange or unusual
- 4 _____ **IDM** to be able to think and react to things very quickly without any preparation
- 5 _____ *noun* a way of doing or thinking about something
- 6 _____ *phrase* instead of
- 7 _____ *verb* to destroy somebody's confidence
- 8 _____ *noun* a specialist company which finds and interviews candidates to fill job vacancies in other companies
- 9 _____ *noun* people who are looking for a job
- 10 _____ *verb* moving sth quickly up and down, e.g. wings

- a Have you ever been for a job interview? What kind of questions did they ask you? Did you get the job?
- b **19**) Listen to five people talking about a strange question they were asked in job interviews. Complete the questions in the first column.

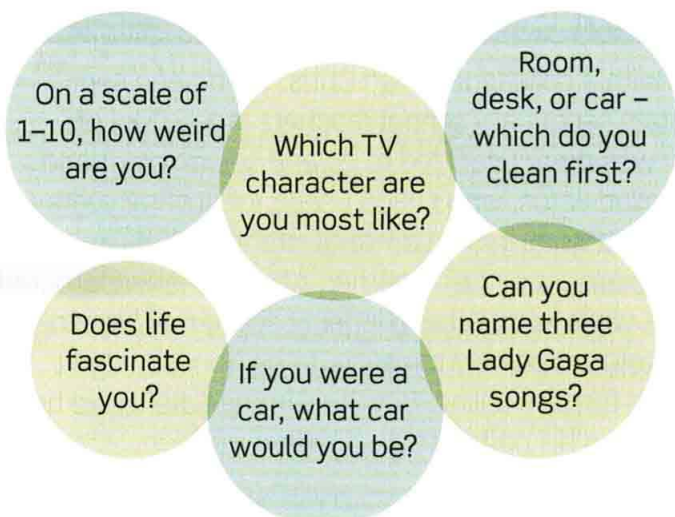
What strange question were they asked?	How did they answer?	What happened in the end?
1 Do you still _____?		
2 What would make you _____ a _____?		
3 _____ are you? How much _____ you _____?		
4 _____ would you like to be reincarnated as?		
5 Are you planning to _____?		

- c Listen again and make notes in the rest of the chart.
- d Which of the questions did you think were good or bad to ask at an interview?

6 SPEAKING

- a **► Communication** *Extreme interviews A p.104 B p.108.* Ask your partner 'extreme interview' questions.
- b Write three extreme interview questions of your own, which you think might tell you something interesting about another person.
- c Ask your questions to as many other students as possible and answer theirs.
- d Which questions did you think were the most interesting? Why?

- e **18**) Listen and check. Underline the stressed syllables.
- f Using your own words, answer the questions with a partner.
- 1 What are extreme interviews?
 - 2 What kind of companies first started using them?
 - 3 Why do some people think that they are better than normal interviews?
- g Do you think extreme interviews are a good way of choosing candidates? Which of the questions below (used in real interviews) do you think would work well? Why?



1B Do you believe in it?

1 READING & LISTENING

- a Look at the beginning of two true stories. What do you think they might have in common?
- b ► **Communication** Work in pairs **A** and **B** and read two stories.
A read *Noises in the Night* on p.104. **B** go to p.109 and read *The Strange Object on the Hill*.

HARD TO BELIEVE? BUT IT HAPPENED TO ME...

Have you ever experienced a paranormal happening? Write and tell us about it.

NOISES IN THE NIGHT

About six months ago, my husband Russ and I moved into a house in the country. Our house is the middle one of three terraced houses and it's more than a hundred years old. A young couple live in the house on our right, but the house on our left was empty and for sale.

THE STRANGE OBJECT ON THE HILL

This happened when I was 16, and I can still remember it vividly. It was a clear morning, sunny but with a breeze. I was going to meet a school friend to go walking in the hills where there were some wonderful views. I'd agreed to meet him at the top of one of the hills.

- c Now read the beginning of another true story. Would you have been happy for Fatos to read *your* coffee cup? Why (not)?

THE COFFEE CUP READING

I went to Turkey a few years ago with a colleague called Chris. We'd been sent there by the British Council to train secondary school teachers in a school on the outskirts of Istanbul. While I was there I decided to go and see an old friend of mine, a young Turkish woman called Fatos, who I hadn't seen for several years. I called her and we agreed to meet in a hotel in the centre of Istanbul. Chris came too, and the three of us had a very pleasant dinner together. After dinner we ordered Turkish coffee and we chatted for a while, until Fatos suddenly asked me, 'Would you like me to read your coffee cup?' I refused politely because, to be honest, I don't really believe in clairvoyants and fortune-telling. But Chris immediately said he would be happy for her to read his coffee cup... Adam, London



d 1 10)) Listen to the rest of *The Coffee Cup Reading* and answer the questions.

- 1 What were the first two things Fatos saw in Chris's coffee cup? Were they accurate?
- 2 What was the third thing she saw?
- 3 How did Chris and Adam react to this?
- 4 Who did Chris's mother live with?
- 5 Where did Chris go the next morning?
- 6 Who called Adam? Why?
- 7 What was the bad news?
- 8 How did Fatos react to what had happened?
- 9 How does Adam feel about the experience?

e 1 11)) Listen to some extracts from the story and complete the missing words. Try to work out what they mean.

- 1 Well, Carla, Chris's girlfriend at the time, was blonde, so that was _____, too.
- 2 But Chris is quite a _____ - _____ sort of person and he didn't seem to be too worried by what she'd said.
- 3 It was a slightly _____ end to what *had* been a very enjoyable evening.
- 4 So, was it just a _____ ...
- 5 I always used to be very _____ about fortune-telling...

2 SPEAKING

Talk in small groups.

Which of the three stories do you find the spookiest?

Can you think of any possible explanation for what happened in each story?

Have you (or anybody you know)...?

- seen or heard something which can't be explained, e.g. a UFO or a ghost
- visited a fortune-teller, psychic, or faith healer
- had a surprising coincidence



Reacting to a story about something strange

When somebody talks about something strange or difficult to explain we often react with these phrases.

How / That's strange; bizarre; odd; weird; spooky

3 GRAMMAR auxiliary verbs

a Look at the dialogues and try to complete the gaps with a ☐ or ☐ auxiliary (*do, did, is, was, etc.*).

- 1 A I heard a noise in the middle of the night.
B 1 _____ you? What kind of noise?
- 2 A You don't believe in ghosts, 2 _____ you?
B No, I don't.
- 3 A I don't believe you really saw a UFO.
B I 3 _____ see one! It couldn't have been anything else.
- 4 A I've never been to a fortune-teller.
B Neither 4 _____ I.
C I 5 _____. It was really interesting.

b 1 12)) Listen and check. In pairs, decide which auxiliary (1–5) is used...

- A ☐ to add emphasis
B ☐ to say that you are different
C ☐ to check information
D ☐ to show surprise
E ☐ to say that you are the same

c ► p.133 Grammar Bank 1B. Learn more about using auxiliary verbs, and practise them.

4 PRONUNCIATION

intonation and sentence rhythm

a 1 14)) Listen to the dialogues. Notice the stressed auxiliary verbs.

A I **dreamt** that I **saw** a ghost last night.

B **Did** you? **So** did I. **How** spooky!

A I **don't believe** in fortune-telling.

B **Don't** you? I **do**.

b Repeat the dialogues with a partner, copying the rhythm and intonation.

c Complete sentences 1–8 so that they are true for you.

- 1 I'm not very good at _____. (activity)
- 2 I'm going to _____ tonight. (verb phrase)
- 3 I love _____. (a kind of music)
- 4 I don't like _____. (a kind of food)
- 5 I've never read _____. (a famous book)
- 6 I'd love to live in _____. (a town or country)
- 7 I was very _____ as a child. (adj of personality)
- 8 I didn't _____ last night. (verb phrase)

d Work in pairs A and B. A read your sentences to B.

B respond with a reply question and then say whether you are the same or different. Then swap roles.

e 1 15)) Listen to another dialogue. Is *do* stressed in the **highlighted** phrases?

A You don't like horror films, **do you?**

B I **do like them**. It's just that sometimes they're too scary!

f Repeat the dialogue with a partner, copying the rhythm and intonation.

g ► **Communication** You're psychic, aren't you? A p.105 B p.109. Make guesses about your partner.

5 1 16)) SONG Unbelievable

6 LISTENING & SPEAKING

- On a piece of paper write the sentence *I look forward to hearing from you*. Then sign your name underneath and give the piece of paper to your partner.
- Look at the signatures of some famous people. Can you identify any of them? Do you know anything about these people's personalities?
- Read an extract from a book about graphology. Do you believe that our signature might say something about our personality?

What your *signature* says about you

Your signature is the part of your handwriting that says the most about your personality. It is quite common for your signature to change during your life because it reflects how you develop and evolve as a person. You may have more than one signature, for example a more formal signature (name and surname) when you sign a credit card or your passport, and an informal signature (just your first name) when you sign a birthday card.

Our signature is very much part of the way in which we present ourselves to the world, so it can give some important clues about the kind of person we are and how we feel about ourselves.

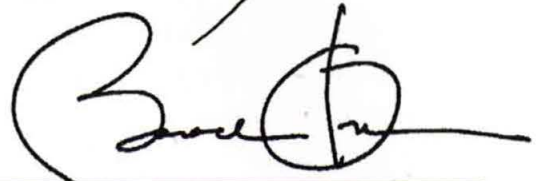
- 17, 18, 19, 20))) Listen to an expert in graphology talking about how to interpret somebody's personality from their signature. Complete the notes on the right.

Taking notes

We often need to take notes when we are listening, for example to somebody giving a lecture. If you need to take notes when you are listening to someone speaking in English, try to write down key words or phrases because you won't have time to write complete sentences. Afterwards you could expand your notes into full sentences.

- In pairs, interpret the signatures of the famous people. Do any of the interpretations coincide with what you already thought?
- Now look at your partner's signature and try to interpret it. Do you agree with your partner's interpretation of *your* signature?
- Do you believe that you can learn anything about someone's personality by...?
 - analysing their handwriting (graphology)
 - looking at their hands (palmistry)
 - analysing the position of the sun, moon, and planets at the exact time of their birth (astrology)
 - another similar method

Leo Tolstoy



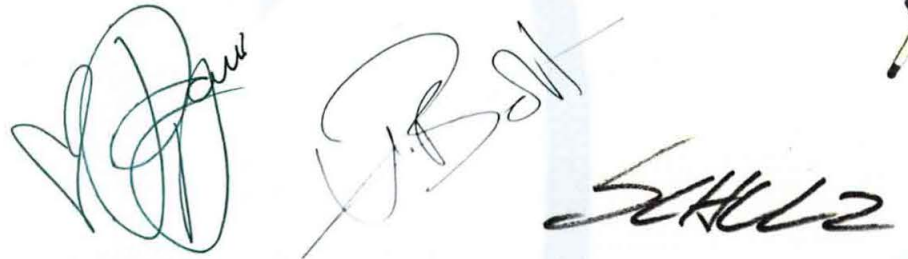
17))) What's in your signature?

Your name = your private self

Your surname =

You use only initials either for your first name or your surname =

There is a space between your name and surname =



18))) The size of your signature

Your first name is bigger than your surname =

Your surname is bigger than your first name =

Your whole signature is big =

You sign in capital letters =

Your signature is small =

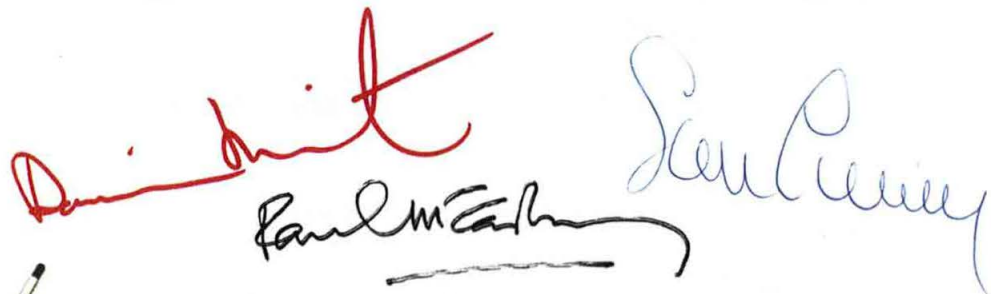


19))) The legibility of your signature

Your signature is legible =

Your signature is illegible =

The more illegible your signature is...



20))) The angle of your signature

A rising signature =

A descending signature =

A horizontal signature =

The angle of a signature may change depending on...

7 MINI GRAMMAR

the...the... + comparatives

The more space there is between your name and surname, the more you wish to keep separate these two parts of your personality.

The more illegible your signature is, the less assertive you probably are as a person.

Use the + comparative adjective or adverb to show that one thing depends on another, e.g.

- The sooner we start, the earlier we'll finish. = how soon we will finish depends on when we start.
- The colder it is, the more clothes you need to wear to keep warm. = how many clothes you need to wear depends on how cold it is.

a Rewrite the sentences using *the...the* + comparative.

- If you study a lot, you learn a lot.
The _____, the _____.
- If we leave soon, we'll get there earlier.
The _____, the _____.
- If you have a lot of time, you do things slowly.
The _____, the _____.
- If you are fit, you feel good.
The _____, the _____.

b Complete the sentences in your own words.

- The more money you have,...
- The sooner you start your homework,...
- The faster I speak in English,...
- The less you sleep,...

8 VOCABULARY compound adjectives

a Look at some extracts from the listening in 6. Can you remember what the gapped words were?

- Some people actually sign in capital letters, which suggests that they may be big-_____ or even arrogant.
- A descending signature... suggests that you are the kind of person who gets disheartened or depressed when you are faced with problems, perhaps because you are not very self-_____.
- A horizontal signature usually indicates a person who is well-_____ and emotionally stable.

b 1 21)) Listen and check. Do the compound adjectives have a positive or negative meaning?

Compound adjectives

Compound adjectives are adjectives that have two parts. The second part often ends in *-ed* or *-ing*, e.g. *well-behaved*, *hard-working*. The words are normally linked by hyphens. The main stress is on the second word.

c With a partner, look at some more compound adjectives to describe a person's character. Use the two parts of the word to try to work out their meaning, and say if they are positive or negative characteristics.

bad-tempered good-tempered open-minded
narrow-minded absent-minded easy-going laid-back
tight-fisted two-faced strong-willed self-centred

(I think bad-tempered means somebody who gets angry very easily...

d 1 22)) Listen and repeat the compound adjectives in c.

e Read the information on adjective modifiers.



Modifiers

We often use modifiers with adjectives of personality.

With positive characteristics

My mum is	quite / pretty	
	very	good-tempered
	really / incredibly	

With negative characteristics

My sister is	a bit	
	quite / rather / pretty	bad-tempered
	very	
	really / incredibly	

I SAID, 'DON'T TALK TO ME!'



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f Tell the partner about people with the characteristics below. Give examples of their behaviour.

Do you know somebody who is...?

rather bad-tempered	a bit two-faced
extremely absent-minded	very good-tempered
a bit tight-fisted	incredibly strong-willed
pretty laid-back	quite self-centred

(One of my cousins is a bit two-faced. She says one thing to me, and then I find out she said the exact opposite to somebody else in the family...

1 VIDEO THE INTERVIEW Part 1

- a Read the biographical information about Ryan Judd. What do you think the HR department of a company does?

Ryan Judd was born in 1976. He has been working as a recruitment advisor in the HR (Human Resources) department at Oxford University Press since 2010.



- b 1 23)) Watch or listen to **Part 1** of an interview with him. Tick (✓) the things he says candidates for a job interview should do.

- 1 ☐ Be enthusiastic about the job
- 2 ☐ Call the interviewer by their first name
- 3 ☐ Ask questions about the job
- 4 ☐ Ask questions about the salary
- 5 ☐ Include a photograph on your CV
- 6 ☐ Write a good cover letter
- 7 ☐ Check everything is correct on your CV
- 8 ☐ Dress appropriately
- 9 ☐ Be prepared for the interview
- 10 ☐ Arrive on time

Glossary

CV the abbreviation for Curriculum Vitae, a written record of your education and the jobs you have done that you send when you are applying for a job
cover(ing) letter a letter containing extra information which candidates send with their CV
recruiter /rɪ'kru:tə/ the person who finds new people to join a company
salary banding the level of pay given for certain jobs within a company

- c Now listen again and answer the questions.

- 1 What kind of things does he ask candidates about to relax them before the interview?
- 2 What kind of things does he ask candidates at the beginning the interview?
- 3 What information should be given in a covering letter?

VIDEO Part 2

- a 1 24)) Now watch or listen to **Part 2**. Which three interview situations did he find difficult or surprised him?



- b Listen again and answer the questions.

- 1 What choice did he have with the first candidate he talks about?
- 2 What explanation for her behaviour did the second candidate give?
- 3 What kind of clothes does he think candidates should wear?
- 4 Why did the third candidate arrive in the wrong kind of clothes? Did he get the job?

Glossary

A blazer /'bleɪzə/ a smart jacket which is not worn with matching trousers

VIDEO Part 3

- a 1 25)) Now watch or listen to **Part 3**. Complete the two 'extreme interview' questions he mentions.

- 1 How would you describe _____ to your _____?
- 2 Would you rather fight a horse-sized _____ or a hundred duck-sized _____?



- b Listen again. Mark the sentences **T** (true) or **F** (false). Say why the **F** ones are false.

- 1 Ryan thinks the purpose of extreme interviewing is to see how candidates react in a strange situation.
- 2 He has used extreme interviewing on several occasions.
- 3 The first 'extreme' question he mentions was asked to see if the candidate had technical and communication skills.
- 4 The second 'extreme' question was asked to see if candidates had leadership potential.
- 5 Ryan thought that was a good question.
- 6 He would have chosen the first option.

interviews

2 LOOKING AT LANGUAGE

Formal language

Ryan often uses more formal words and expressions than would normally be used in conversation, but would often be used in a more formal setting, e.g. a job interview.

1 26))) Listen to some extracts from the interview and replace the **highlighted** words or phrases with the more formal equivalent used by Ryan.

- 1 '...you're also looking for them to **show** experience relevant to the position.'
- 2 'During an interview, once it has **begun**, I will always try to start the interview with some general questions...'
- 3 'First thing is obviously, making mistakes on their application, um, that's always **seen** negatively...'
- 4 '...but again during the interview when she hadn't **said** that's why she was doing it, it was a bit of a surprise.'
- 5 '...you would expect, expect to see **suitable shoes** and the same for **a woman** as well...'
- 6 'It's not something that I have direct experience of, but **I know about** some of the techniques that they use...'
- 7 '...I'm not even sure if I would have been able to give an immediate **answer**...'

3 IN THE STREET

VIDEO

a 1 27))) Watch or listen to five people talking about job interviews. How many of them say they definitely got the job?



Jeanine,
South African



Jo,
English



Ivan,
American



Yasuko,
American



Joost,
Dutch

b Watch or listen again. Who (**Je, Jo, I, Y, or Jst**)...?

- ☐ didn't get the job because of his / her age
- ☐ had their interview the most recently
- ☐ prepared for the interview by assessing how suitable he / she was for the job
- ☐ took some medicine to help make him / her feel less nervous
- ☐ tried to find out what the company believed in

c 1 28))) Watch or listen and complete the **highlighted** Colloquial English phrases. What do you think they mean?

- 1 'I just practised every question that they could ask me **in my**.'
- 2 '...and then tried to **my experience** to the various different points on the job interview...'
- 3 'I think it went well because they **up with** an email.'
- 4 '... their philosophy, the history and **the** of the company.'
- 5 'In the end they said I was too young so they **didn't** me.'

4 SPEAKING

Answer the questions with a partner.

- 1 Have you ever been interviewed for a job or a place on a course? What was it for? How did you prepare for it? How did it go?
- 2 Have you ever interviewed another person? What for?
- 3 What do you think is the most important advice to give to someone who is going for a job interview?



2A Call the doctor?

1 VOCABULARY illnesses and injuries

- a Look at the six quiz questions. With a partner, decide what the **highlighted** words might mean. Use the pictures to help you.
- b Now do the quiz with a partner.
- c ➤ **Communication** First aid quiz A p.105 B p.109. Read the answers to half of the quiz and the reasons why, and tell each other.
- d ➤ p.152 **Vocabulary Bank** Illnesses and injuries.

Help save **lives!** The British Red Cross first aid quiz www.redcross.org.uk/firstaid

Would **you** know what to do in these common medical emergencies?



1 If someone is **choking**, you should...

- a) hit them on the back
- b) **lean** them backwards
- c) lie them on their side

2 What is the best thing to put on a **burn** at first?

- a) warm running water
- b) cold running water
- c) kitchen film

3 If someone has a cut which is **bleeding** badly, you should first...

- a) **press** on the **wound**
- b) cover the wound
- c) wash the wound under running water

4 Which of these is the best way to **treat** a nose bleed?

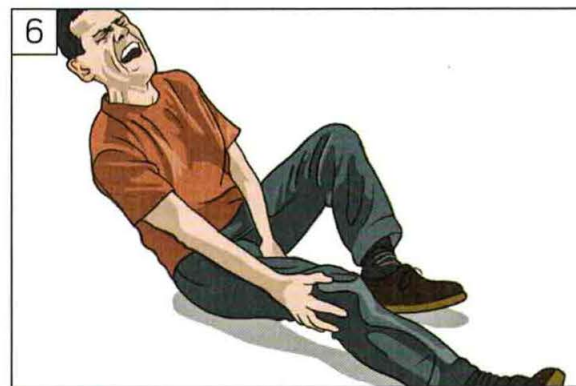
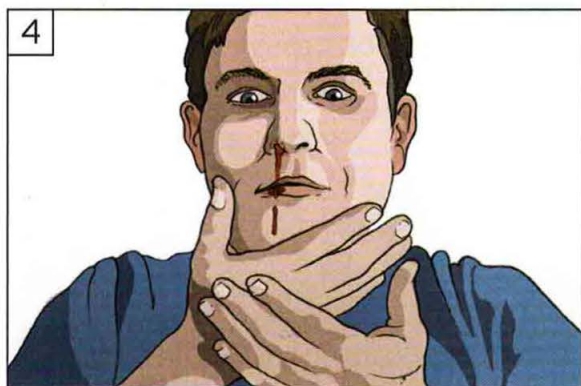
- a) lean your head forwards and **pinch** the soft part of the nose
- b) lean your head forwards and pinch the hard part of the nose
- c) lean your head backwards and pinch the soft part of the nose

5 If you find someone **collapsed** on the ground, what should you do first?

- a) put your jacket over them to keep them warm
- b) check if they are breathing
- c) run off to find someone else to help

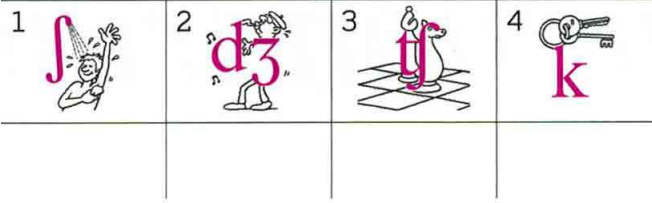
6 If someone has fallen and you think they may have broken their leg, you should...

- a) try to move their leg into a straight position
- b) make sure the leg is supported to prevent unnecessary movement
- c) put a **bandage** on their leg where you think the break is



2 PRONUNCIATION & SPEAKING

/f/, /dʒ/, /tʃ/, and /k/; word stress



- a How do you pronounce sounds 1–4 above? Write the words from the list in the correct column.

ache allergy ankle bandage choking
pressure rash stomach temperature
unconscious

- b 133 Listen and check. Practise saying the words.

- c ► p.167 Sound Bank. Look at the typical spellings for /f/, /dʒ/, /tʃ/, and /k/.

- d Look at some more words related to illness and injury. Which ones are similar in your language? Do you know what the other ones mean?

an|ti|bi|o|tics /æntɪbaɪ'ɒtɪks/ symp|tom /'sɪmptəm/
medi|cine /'medsn/ e|mer|gen|cy /i'mɜ:dʒənsi/
o|pe|ra|tion /ɒpə'reɪʃn/ as|pi|rin /'æspərɪn/
spe|cial|ist /'speʃəlɪst/ pa|ra|ce|ta|mol /pærə'sɪtəmol/
X-ray /'eks reɪ/ cho|les|te|rol /kə'lestərɒl/
in|jec|tion /ɪn'dʒekʃn/ scan /skæn/

- e 134 Listen and underline the stressed syllable. Practise saying the words.

- f Ask and answer the questions with a partner.

1 What injuries or illnesses might you get when you are...?

- cooking
- doing sport
- eating in a restaurant

Have any of these things ever happened to you?

2 Have you ever been in a situation where you had to give first aid? Who to? Why? What happened?

How much do you know about first aid? Where did you learn it?

Has anyone ever had to give you first aid? What happened?

3 What do you think you should do if...?

- someone has a very high temperature
- someone is stung by a wasp and has an allergic reaction
- someone has very bad sunburn

3 GRAMMAR present perfect simple and continuous

- 135 Listen to a conversation between a doctor and patient. What symptoms does the patient have? What does the doctor suggest?
- Listen again and complete the gaps with a verb in the present perfect simple or present perfect continuous.

Doctor Good morning, Mr Blaine. What's the problem?

Patient I ¹ _____ well for a few days. I keep getting headaches, and I ² _____ a lot, too. And I have a temperature.

D ³ _____ anything for the headaches?

P Yes, paracetamol. But they don't really help. I read on the internet that headaches can be the first symptom of a brain tumour...

D How many tablets ⁴ _____ so far today?

P I took two this morning.

D And have you taken your temperature this morning?

P Yes. I ⁵ _____ it five or six times. It's high.

D Let me see... Well, your temperature seems to be perfectly normal now.

P I think I need a blood test. I ⁶ _____ one for two months.

D Well, Mr Blaine, you know I think we should wait for a few days and see how your symptoms develop. Can you send the next patient in please, nurse?

- 136 Listen to what the doctor and nurse say after Mr Blaine has left. What do they think of him?

- d Look at the sentences and circle the right verb form. Tick (✓) if you think both forms are possible.

1 Have you *been taking* / *taken* anything for the headaches?

2 How many tablets have you *been taking* / *taken* so far today?

- p.134 Grammar Bank 2A. Learn more about the present perfect simple and continuous, and practise them.

- In pairs, use the prompts to ask and answer the questions. The first question should be present simple or continuous, and the second should be present perfect simple or continuous.

1 / often *get* colds? How many colds / *have* in the last three months?

2 / *take* any vitamins or supplements at the moment? How long / *take* them?

3 / *drink* much water? How many glasses / *drink* today?

4 / *do* any exercise? What? How long / *do* it?

5 / *eat* a lot of fruit and vegetables? How many portions / *have* today?

6 / *walk* to school (or work or university)? How far / *walk* today?

7 How many hours / *sleep* a night? / *sleep* well recently?

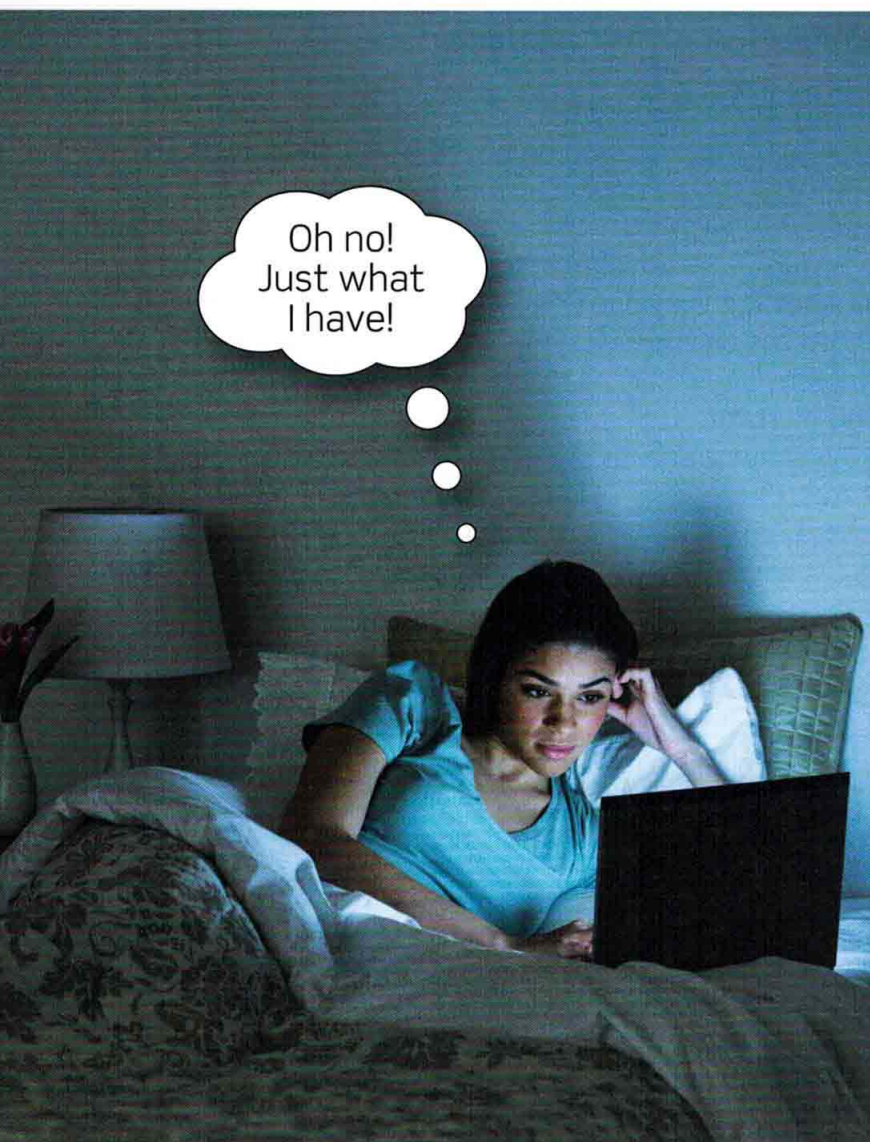
8 / *allergic* anything? / ever *have* a serious allergic reaction?

4 WRITING

► p.113 Writing An informal email. Write an email to a friend explaining that you haven't been well, and saying what you've been doing recently.

5 READING & VOCABULARY

- a Look at the title of the article. How would you define a hypochondriac? What do you think a 'cyberchondriac' is?



CONFESSIONS OF A cyberchondriac

A few weeks ago I was feeling **under the weather**. After days of intensive internet diagnosis, I finally went to see my GP. After examining me she told me that my **heart rate** was a bit fast and sent me off to A&E to have some tests. Did I go straight there? Of course not. First I took out my phone, logged on to Google, and found out that the technical term for a fast heart rate is supraventricular tachycardia. Then I typed these two words into Google.

1 For example, *wrongdiagnosis.com* immediately scared me with a list of 407 possible causes. I raced to the hospital, convinced that I probably needed open-heart **surgery**.

2 I had a chest **infection**... and a bad case of cyberchondria. The only consolation for the latter condition is that I'm in good company. A Microsoft survey of one million internet users last year found that 2% of all searches were health-related.

3 Since my trip to hospital, I have been obsessively checking my **pulse**, swapping symptoms in chatrooms, and reading all about worst-case scenarios. What if the doctors got it wrong? What if the ECG machine was faulty? It's exhausting trying to convince yourself that you might have a **life-threatening** illness.

4 One in four of all articles thrown up by an internet search for 'headache' suggested a brain **tumour** as a possible cause. Although it is true that this **may** be the cause, in fact brain tumours develop in fewer than one in 50,000 people. People also assume that the first answers that come up in searches refer to the most common causes, so if you type in '**mouth ulcer**' and see that '**mouth cancer**' has several mentions near the top, you think that it must be very common. However, this is not the case at all.

5 A recent American study showed that 75% of the people who use the internet to look up information about their health do not check where that information came from, or the date it was created. 'Once something has been put up on the internet, even if it's wrong, it's difficult to remove,' says Sarah Jarvis, a doctor. 'This is a problem especially with scare stories, and also with some **alternative remedies** which claim to be **miracle cures**, but which may actually do you harm.'

Check the information? Sorry, I don't have time – I'm off to buy a heart-rate monitor!

Glossary

GP general practitioner (= family doctor)

A&E Accident and Emergency department of a hospital

ECG machine electrocardiogram machine used to test people's heart rate

scare stories stories in the news, e.g. 'Mobile phones give you cancer' which make people worry about their health

Adapted from The Sunday Times

- b Read the article once and check. Then complete the paragraphs with topic sentences A–E.



Topic sentences

In a well written article each paragraph usually begins with a 'topic sentence' which tells you what the paragraph is about.

- A Another problem for cyberchondriacs is that online medical information may be from an unreliable source or be out of date.
- B Sadly, the problem with Dr Google is that he isn't exactly a comfort in times of crisis.
- C The Microsoft study also revealed another serious problem – that online information often doesn't discriminate between common and very rare conditions.
- D Unfortunately, once you have it cyberchondria can be hard to cure.
- E Four hours later I got a diagnosis.

- c With a partner, look at the **highlighted** words and phrases and guess what they mean. Then match them with definitions 1–11.

More medical vocabulary

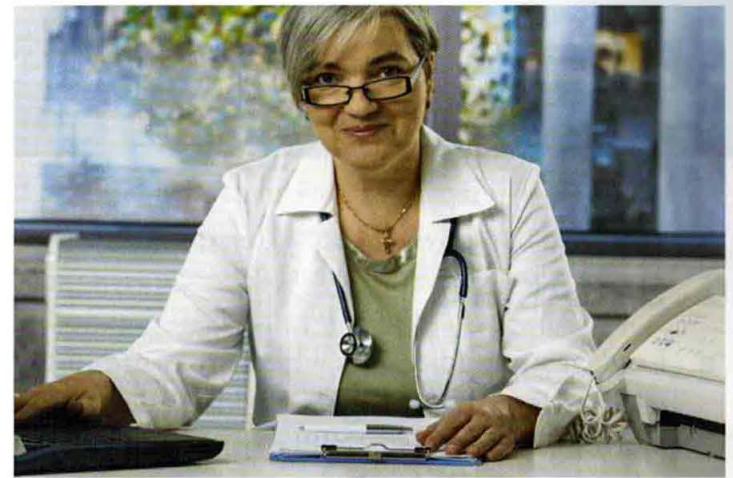
- | | | | |
|----|-------|-------------|--|
| 1 | _____ | <i>adj</i> | sth very serious, which could kill you |
| 2 | _____ | <i>noun</i> | a small blister in the mouth that can be very painful, but is not serious |
| 3 | _____ | <i>noun</i> | ways of curing illnesses that are not traditional medicine, e.g. herbal medicine |
| 4 | _____ | IDM | not feeling very well |
| 5 | _____ | <i>noun</i> | a serious illness in which malignant cells form in the body and kill normal body cells |
| 6 | _____ | <i>noun</i> | an illness that is caused by bacteria or a virus |
| 7 | _____ | <i>noun</i> | the speed at which your heart beats |
| 8 | _____ | <i>noun</i> | the medical treatment of an illness or injury that involves an operation |
| 9 | _____ | <i>noun</i> | the number of times your heart beats in a minute |
| 10 | _____ | <i>noun</i> | a group of cells that are growing in a place where they should not be |
| 11 | _____ | <i>noun</i> | successful treatments for illnesses that were thought to be impossible to cure |

- d **1 40**) Listen and check.

- e Read the article again carefully. Choose a, b, or c.

- 1 The first thing the journalist did after leaving her GP was...
 - a go and see a specialist
 - b go to A&E
 - c find out what her condition was called
- 2 After realizing that she was a cyberchondriac, she...
 - a stopped worrying
 - b worried just as much as before
 - c stopped visiting health-related websites
- 3 One problem with health-related websites on the internet is that...
 - a they make unusual illnesses seem more common than they really are
 - b they often describe conditions which don't really exist
 - c they give more information about rare illnesses than about common ones
- 4 Another problem with these websites is that...
 - a they encourage people to go to the doctor more often
 - b they make people believe in miracle cures
 - c the information may not be right

6 LISTENING & SPEAKING



- a **1 41**) Listen to a radio interview with a doctor about cyberchondria. What's her general opinion of patients using health websites?
- b Listen again. Then answer the questions with a partner.
- 1 What did a patient she saw recently think he had? What did he really have?
 - 2 What four things does she say that diagnosis depends on apart from symptoms?
 - 3 What kind of website forums does she recommend?
 - 4 Complete the three tips she gives to cyberchondriacs:
 - i Only look online...
 - ii Make sure that the website you are using is...
 - iii Remember that common symptoms usually...
- c With a partner, or in small groups, answer the questions. Ask for and give as much information as possible.
- 1 Which of the doctor's three tips do you think is the most important?
 - 2 How often do you look up information about health and illness on the internet? What websites do you usually go to? How useful is the information?
 - 3 Do you know anyone who you think is a hyperchondriac or cyberchondriac?
 - 4 Do you think people in your country worry a lot about...?
 - a their blood pressure
 - b their cholesterol level
 - c their eyesight
 Do they worry about anything else related to health?

7 **1 42**) SONG Just Like a Pill 🎵

2B Older and wiser?

1 SPEAKING

- a Look at some adjectives which are commonly used to describe teenagers or elderly people. With a partner, write them in the column where you think they belong. Are the majority of the adjectives positive or negative?

absent-minded adventurous bad-tempered
clumsy kind lazy moody narrow-minded
self-centred stubborn unenthusiastic
vulnerable weak wise

teenagers

elderly people

old or elderly?

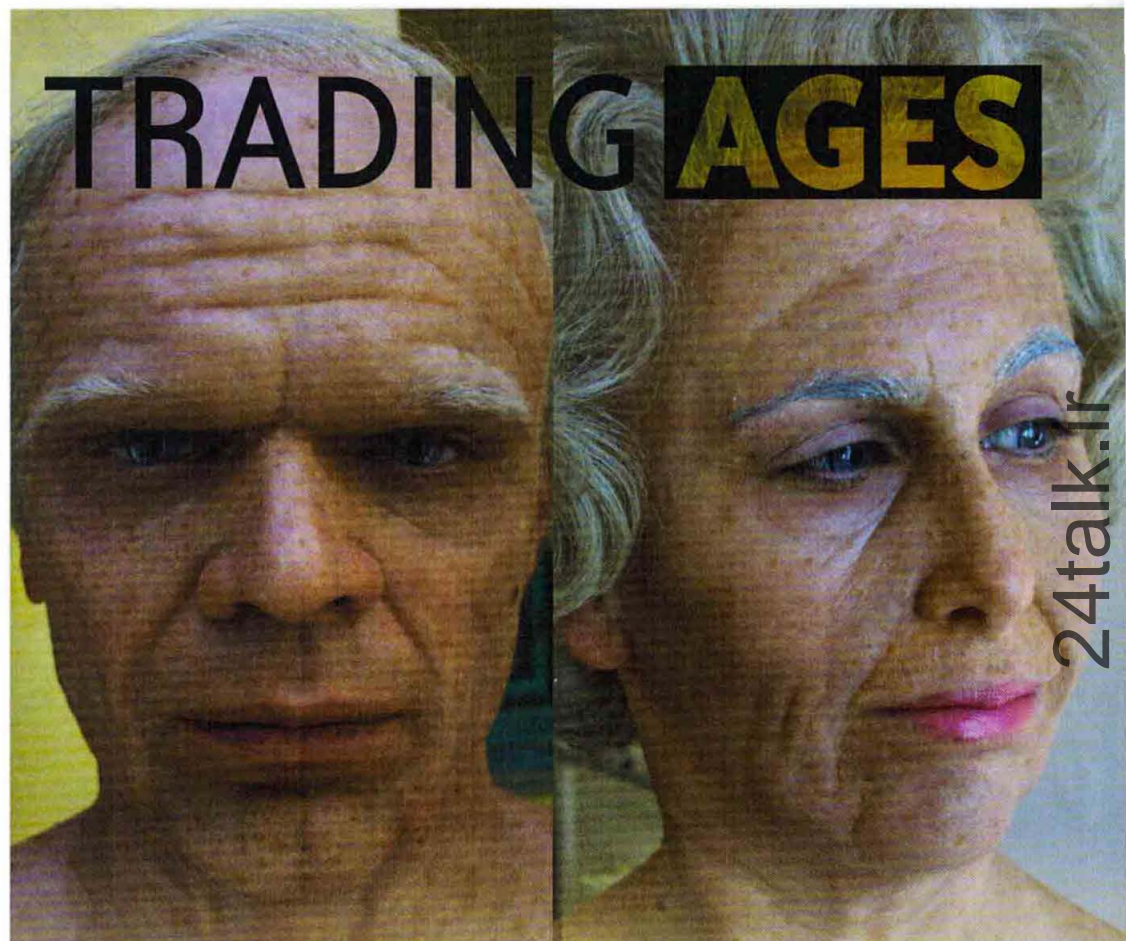
Old and elderly mean the same thing, but elderly is only used for people and is more polite.

- b In pairs or small groups, discuss the questions.
- 1 Do you think the adjectives in a truly describe most teenagers and elderly people or do you think these are stereotypes?
 - 2 In what way might these stereotypes be damaging?
 - 3 Do you know people in these two age groups who a) conform to the stereotypes b) don't conform to the stereotypes? How?



2 READING

- a Look at the photos of Nick Sydney and Karoline Bell. What do you think has been done to them and why?
- b Read the first paragraph of the article once and check your answer. Look at the **highlighted** phrases related to the body. With a partner, say what you think they mean.



For a BBC TV documentary, 29-year-old KAROLINE BELL and 32-year-old NICK SYDNEY experienced what it was like to be old...

It took five hours every morning to make Karoline and Nick look like elderly people in their seventies. They were given synthetic **wrinkled skin**, **false teeth**, and **grey wigs**. They also wore body suits to make them look fatter and **contact lenses** to make their eyes look older. The discomfort of the **make-up**, the heavy suits, and the contact lenses (which made their **eyesight** worse) gave them a small taste of the physical problems of old



age. They were also coached to walk and speak like people in their seventies. Then they had to live each day, for a month, as an old person, with a video diary to record their experiences and hidden cameras to record how other people reacted to them.



c You are going to read about what happened in the programme. Before you read talk to a partner.

- 1 In what way do you think people treated them differently because they appeared to be old people?
- 2 What do you think they learnt about what old age is really like?
- 3 How do you think they felt after making the programme?

d Now read the rest of the article and check.

1 **A**fterwards both of them described the 'invisibility' of being old. Karoline was astonished to be ignored by some workmen, who only hours before had been wolf-whistling at her when she had been an attractive young woman. Nick said 'I learnt that how people ¹treat you depends on what you look like.' On one occasion a bus driver treated him very rudely when he tried to pay his fare with a large note. 'I was amazed. He wouldn't have talked like that to my young self.' Nick was also nearly robbed when he was taking money out of a cash machine.

There is a point in the documentary when Karoline ²breaks down and cries. It comes at the end of a day out with her two new pensioner friends, Betty and Sylvia, who she met at a day centre. It is partly because she feels guilty that she is tricking them, but mainly because she realizes that they are individuals, and not just members of what she had previously thought of as 'the elderly'. 'They were talking about real things and I felt unqualified. I didn't have that life experience. They had ³been through so much. It made me realize how ignorant I was. It was as if I was seeing the young people inside them. Before I would have just seen the wrinkles.'

At the start of the documentary Karoline had said that old people scared her, and that in spite of loving her 86-year-old grandmother, who lives in a home, she had found it difficult to visit her.

Both she and Nick found making the programme life-changing. Nick said 'I'd never thought about getting old before.' Karoline said 'The whole experience of living as an old person helped me to understand them far better and also to understand myself. One of the things that surprised me most was how important relationships still were to elderly people. I was shocked by the fact that older people could still have their hearts broken. After a while I felt like one of them. I felt in a way that they were just young people in an old body trying to ⁴deal with the problems of old age. ⁵I'm not ready to be 73, but I'm not scared like I was.'

e Read the article again and answer the questions with **K** (Karoline), **N** (Nick), or **B** (both of them).

Who...?

- 1 ☐ found the physical preparation for their role very uncomfortable
- 2 ☐ was given classes on how to move like an elderly person
- 3 ☐ was surprised not to be noticed by people who had previously reacted to him / her
- 4 ☐ noticed that people were less polite to older people
- 5 ☐ found that playing the role of an older person made him / her more emotional
- 6 ☐ realized that old people were very different from what he / she had previously imagined
- 7 ☐ used to be frightened of old people
- 8 ☐ had never worried about what it would be like to be old
- 9 ☐ hadn't expected love and friendship to be so important to old people

f Now look at the **highlighted** verb phrases and match them with their meaning.

- | | |
|---|--|
| <input type="checkbox"/> be prepared | <input type="checkbox"/> loses control of his / her feelings |
| <input type="checkbox"/> behave towards you | <input type="checkbox"/> solve a problem or do a task |
| <input type="checkbox"/> experienced | |

g How much contact do you normally have with elderly people? Do you think that they are treated well in your country?

3 GRAMMAR

using adjectives as nouns, adjective order

a Look at the sentences in 1 and 2 below and decide if you think they are right (✓) or wrong (✗). Compare with a partner and say why you think the crossed ones are wrong.

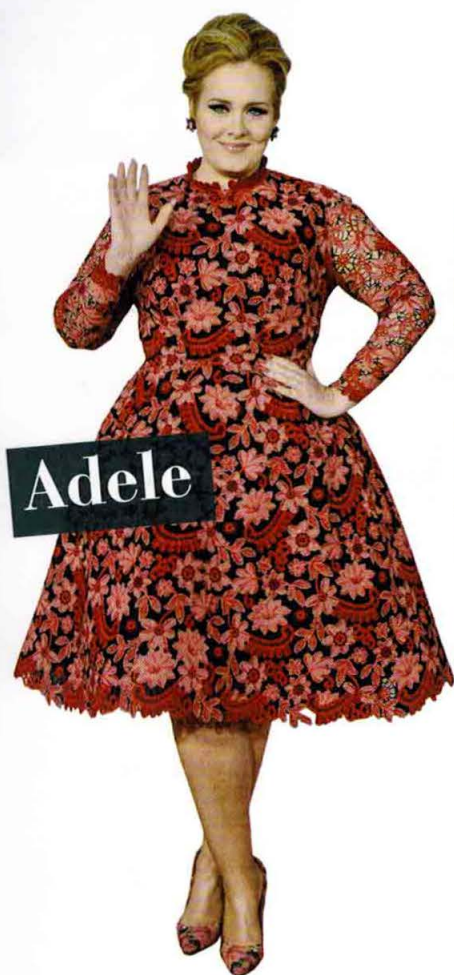
- 1 a ☐ The old have a harder life than the young.
b ☐ The old people have a harder life than the young people.
c ☐ Old people have a harder life than young people.
- 2 a ☐ The man was with a blonde tall Swedish woman.
b ☐ The man was with a tall Swedish blonde woman.
c ☐ The man was with a tall blonde Swedish woman.

b ➤ **p.135 Grammar Bank 2B.** Learn more about using adjective as nouns, and adjective order, and practise them.

c Answer the questions in pairs or small groups. Do you agree? Why (not)?

- The elderly are best looked after in residential homes, not at home.
- Politicians should be at least 40 years old – younger people don't have enough experience for such a responsible job.
- Society doesn't sufficiently value the wisdom that elderly people have.
- Rich people are usually meaner than poor people.
- The government could and should do more for the unemployed.
- The homeless should be allowed to live rent-free in empty second homes.

4 LISTENING

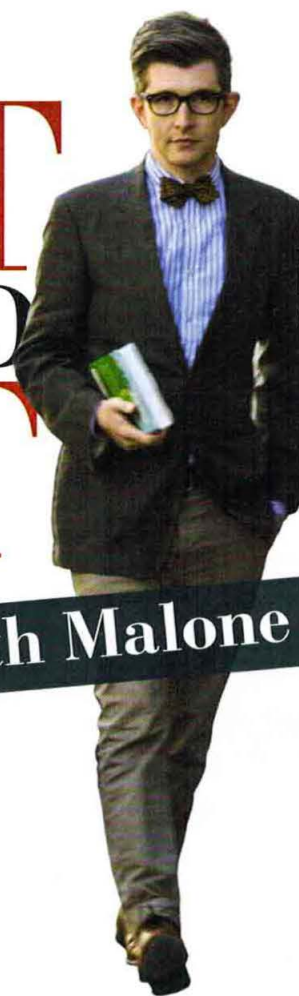


Adele



Jane Fonda

BEST DRESSED LIST



Gareth Malone



Mick Jagger

a Look at the photos. How old do you think these people are? Do you like the way they are dressed? Why (not)?

b 1 45)) Listen to a radio programme where two fashion journalists are talking about 'dressing your age'. Do they agree that men and women should dress their age? Complete their two fashion rules.

Liza Wear whatever you think _____ and makes you _____.

Adrian Dress for _____, not for _____.

c Listen again and make notes. Why do the journalists mention the following?

Liza

- a warm cardigan and slippers
- a leather miniskirt
- teenagers
- women of 30+
- very short shorts

Adrian

- men in their 20s who wear blazers and chinos or suits
- men in their 30s

d Who do you agree with most, Liza or Adrian?

5 VOCABULARY clothes and fashion

a In two minutes write down as many items of clothing or jewellery as you can that you can wear...

- on your hands and arms
- round your neck
- on your feet
- on your head

b ► p.153 Vocabulary Bank Clothes and fashion.

c Do the quiz with a partner.

CLOTHES QUIZ

1 What are the opposites of these adjectives and verbs?

get dressed short-sleeved
smart tight trendy

2 What material are the following usually made of?

cycling shorts jeans shoes
a sweater a tie tights

3 Complete the sentence you say if something, e.g. a sweater...

- a is too big It doesn't _____ me.
- b looks awful on you It doesn't _____ me.
- c goes perfectly with your trousers It _____ my trousers.

4 In what situations do you normally...?

- a try clothes on
- b dress up
- c hang clothes up
- d get changed







6 PRONUNCIATION

vowel sounds

Vowel sounds

English vowel sounds are either short, long, or diphthongs (a combination of two short sounds).

- a Look at the sound pictures below. Which are short sounds, which are long, and which are diphthongs?

 boot	 bull	 fish
 bird	 bike	 train

- b 1 50))) In pairs, put two words in each column. Listen and check.

fur hooded lace linen loose lycra
plain put on shirt shoes silk skirt
slippers striped suede suit tight wool

- c ► p.166 Sound Bank. Look at the typical spellings for these sounds.

- d Practise saying these phrases.

- a loose linen suit
- pink silk slippers
- blue suede shoes
- a tight lycra skirt
- a red and white striped tie
- a pale grey suede jacket

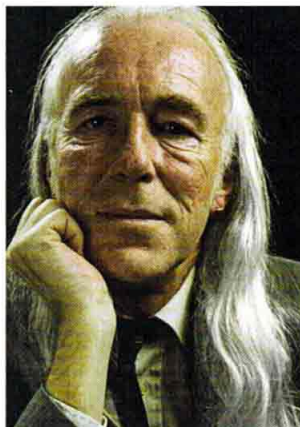


7 SPEAKING

Talk in small groups.

- 1 At what age do you think it is OK for men or women to have...?

grey or white hair very long hair pink streaked hair a piercing
an earring in one ear a tattoo



I think pink streaked hair looks great at any age.

I don't agree. I think it looks ridiculous unless you're under 20.

- 2 In what situations do you think it is not OK to wear...?

torn denim jeans a baseball cap worn backwards
very short shorts large sunglasses a mini-skirt no shirt

- 3 Do you agree or disagree with the following statements? Say why.

You shouldn't judge other people by the way they dress.

It's better to buy cheap clothes that don't last because then you can buy new ones more often.

People who follow fashion are usually vain and selfish.

It's very risky to buy clothes online.

Only sheep follow fashion. Good dressers have their own style.

Fur coats should be banned.

Women, but not men, are always expected to dress smartly for work or on TV.

8 WRITING

- a Imagine you were given two items of clothing for your birthday which you don't like. You have decided to sell them on eBay. Write a detailed description, making them sound as attractive as possible. Set a starting price.



For sale! Blue and white striped cotton skirt – never worn! Size 40. Would look great with white T-shirt. Perfect for the summer.

7 days left
Thursday 24 April 15:36

£3.99
1 bid

+£3.00
postage

- b Now read some other students' adverts. Are there any things that you'd like to bid for?

1&2 Revise and Check

GRAMMAR

a Complete the sentences with one word.

- 1 What were you and Sarah talking _____?
- 2 You didn't like her latest novel, _____ you?
- 3 My father loves opera and so _____ my mother.
- 4 A I've been to India twice. B _____ you? I'd love to go.
- 5 What have you _____ doing since I last saw you?

b Circle a, b, or c.

- 1 Could you tell me what time _____?
a the bus leaves b leaves the bus c does the bus leave
- 2 How many people _____ use this computer?
a do use b use c does use
- 3 You're not eating much. _____ like the food?
a You don't b Don't you c Aren't you
- 4 A Why didn't you call me?
B I _____, but your phone was switched off.
a do call b did called c did call
- 5 The slower you work, _____ you'll finish.
a later b the later c the later than
- 6 _____ three cups of coffee already this morning.
a I've been having b I've had c I have
- 7 That was probably the worst film _____!
a I've ever seen b I've never seen
c I've ever been seeing
- 8 I met _____ at my language class today.
a a Swiss b the Swiss c a Swiss girl
- 9 Some people think that _____ don't pay enough tax.
a the rich b the rich people c rich
- 10 I got a _____ bag for my birthday.
a beautiful leather Italian b Italian leather beautiful
c beautiful Italian leather

VOCABULARY

a Complete the compound adjectives.

- 1 My boss is very bad-_____. When things go wrong he starts shouting at everyone.
- 2 I'm very _____-minded. I tend to forget things.
- 3 I think Paul is a bit tight-_____. He never spends money unless he absolutely has to.
- 4 Syliva won't have any problems at the interview – she's very self-_____.
- 5 That dress is very old-_____. It looks like the kind of thing my granny would wear.

b Write words for the definitions.

- 1 bl_____ verb to lose blood, from a wound or injury
- 2 sw_____ adj bigger than normal, especially because of an injury or infection
- 3 b_____ noun a piece of cloth used to tie round a part of the body that has been hurt
- 4 t_____ noun a pain in one of your teeth
- 5 r_____ noun an area of red spots caused by an illness or allergy

c Circle the right verb or verb phrase.

- 1 I have / feel a bit dizzy. I need to sit down.
- 2 She burnt / sprained her ankle when she was jogging.
- 3 It was so hot in the room that I nearly fainted / choked.
- 4 This skirt doesn't fit / suit me. It's a bit too big.
- 5 Can I go in jeans? I don't feel like getting dressed / getting changed.

d Circle the word that is different.

- | | | | |
|---------------|------------|---------|--------------|
| 1 striped | spotted | plain | patterned |
| 2 silk | cotton | fur | smart |
| 3 collar | sleeveless | hooded | long-sleeved |
| 4 lycra | scarf | vest | cardigan |
| 5 fashionable | scruffy | stylish | trendy |

e Complete with one word.

- 1 My mother had very bad flu last week, but she's beginning to get _____ it now.
- 2 Please lie _____ on the couch over there.
- 3 I'm feeling sick. I think I'm going to _____ up.
- 4 Do we really need to dress _____ for the party tonight?
- 5 Please _____ up your clothes in the wardrobe.

PRONUNCIATION

a Circle the word with a different sound.

- | | | | |
|---|---------|---------|---------|
| 1  ache | choke | checked | matches |
| 2  unconscious | rash | fashion | suede |
| 3  injury | striped | silk | blister |
| 4  allergic | burnt | wear | fur |
| 5  cough | flu | suit | loose |

b Underline the main stressed syllable.

- 1 in|cre|di|bly
- 2 big-|hea|ded
- 3 an|ti|bi|o|tics
- 4 swim|suit
- 5 fa|shio|na|ble

CAN YOU UNDERSTAND THIS TEXT?

- a Read the article once. What do shamans do?
- b Read the article again and choose a, b, or c.
- According to the article, shamans help people to...
 - communicate with dead relatives
 - solve their health problems
 - enter a parallel reality
 - Shamans heal people by...
 - curing their depression
 - helping them to find something they have lost
 - dealing with their deep emotional problems
 - Harnam Sidhu and Shelly Khanna...
 - both had serious diseases
 - did not initially believe that shamanism could help them
 - have both become more deeply interested in shamanism
 - According to Klinger-Paul, shamanism...
 - requires time to work
 - only works if people believe in it
 - may work only because of the placebo effect
- c Choose five words or phrases from the text. Check their meaning and pronunciation and try to learn them.

VIDEO CAN YOU UNDERSTAND THIS FILM?

- 1 51)) Watch or listen to a short film on the History of Surgery and mark the sentences T (true) or F (false).
- St Thomas' hospital had a very early operating theatre.
 - In a modern operating theatre there is a monitor to measure a patient's brain activity.
 - The room where the operating theatre used to be is now a church.
 - The rooms where operations took place were called theatres because the public came to watch.
 - The theatre was usually full for an operation.
 - Most operations at St Thomas' were done on rich people.
 - Surgeons used primitive forms of anaesthetic.
 - Surgeons could cut off a limb very quickly.
 - When there was a lot of blood during an operation, it was collected in a space under the floor.
 - If patients died, their bodies were given back to their families.



The rise of the shamans

The sound of drumbeats reverberates in the small conference room as the shaman goes into a trance. The others present, their eyes closed, focus on the rhythmic sounds of the drums. The shaman, in his trance, makes the journey to a parallel reality in search of solutions to the various problems the group has brought with it.



For most people this may seem weird, but it is becoming a fairly common experience for others. People from many different professions – students, businessmen, housewives, even former soldiers – are turning to shamanism, an ancient spiritual practice where the practitioner communes with 'spirit guides' to gain access to information and healing.

Cosima Klinger-Paul, an Austrian who moved to India in 2000 and has started a school of shamanism, says that the interest in the practice is not surprising. 'Shamanism has always been there in every culture. It is the oldest healing method of mankind.'

How exactly does shamanism work? Shamans believe that all illnesses have a spiritual cause, which is reflected in the physical body. Healing the spiritual cause heals the physical body. An important shamanic belief is the concept of 'soul loss'. Shamanic cultures around the world believe that whenever someone suffers an extreme physical or emotional trauma, a piece of his soul 'falls off'. Soul loss manifests in most people through feelings of emptiness and depression. Once the person gets the missing part of his soul back, shamans believe that the lost vitality and health also comes back.

But is it really as simplistic as this? Those who have undergone shamanic healing sessions seem to think so. Harnam Sidhu, a 46-year-old marketing executive, swears by the practice. 'It helped reverse my disease,' he says. Sidhu was suffering from glaucoma – a degenerative condition that causes the loss of optic nerves leading to blindness. Doctors had told him it was a matter of months before he went completely blind in the bad eye. As a last resort, he tried out shamanism. After a few sessions, when he went for a check-up, his doctor told him that a miracle had happened – his condition was starting to reverse. Shelly Khanna, who took shamanic healing for a frozen shoulder condition, says 80% of her pain vanished after the session. 'I went as a sceptic, but I was so amazed by the experience that I resolved to learn shamanism myself.'

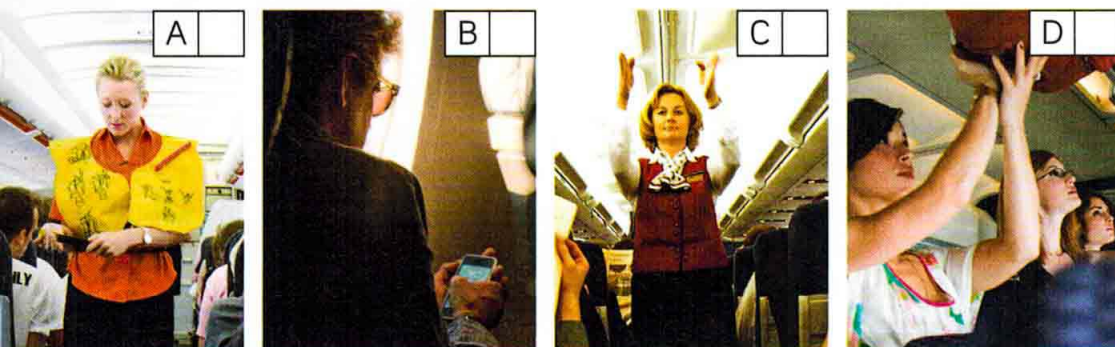
Was it really shamanism at work or simply the placebo effect? Believers stress that shamanic healing is an established tradition that has been tested time and again over centuries. 'Shamanism is not a religion, but an adventure into one's own mind,' says Klinger-Paul. 'It takes time to become familiar and to deal with the spirit world. I tend to say no to requests for quick healing. This is not a spiritual aspirin that you can take and be healed.'

Atul Sethi in The Times of India

3A The truth about air travel

1 LISTENING & VOCABULARY air travel

- a 22)) Listen to some in-flight announcements and match them to pictures A–D. What information or instructions are the passengers being given?



- b Listen again. What word or phrase do the flight attendants use to mean...?
- 1 *small bags and cases*
 - 2 *the cupboards above your seat*
 - 3 *put on your seat belt*
 - 4 *phones, tablets, etc.*
 - 5 *the doors where you can get out of the plane quickly if there is a problem*
 - 6 *the thing you have to put on if the plane is going to land on the sea*
 - 7 *to blow air inside something*
- c ➤ p.154 Vocabulary Bank Air travel.

Air Travel: the inside story

Air Babylon is a best-selling book, co-written by Imogen Edwards-Jones and anonymous airline staff whose identities must remain secret. It tells the 'inside story' about flying and answers all these questions and many more...

- Is it really worth listening to the safety demonstration telling you how to put your life jacket on?
- Why is there usually a big mirror when you are going through Customs?
- Why can you sometimes smell roast chicken in a plane when they are serving you fish?
- Why do airport staff get annoyed with some passengers who ask for a wheelchair?

2 READING

- a Read the back cover of a book about air travel. Can you guess the answers to any of the questions?
- b Now read the extract from *Air Babylon*. What are the answers to the questions, according to the text?
- c Now read the extract again and mark the sentences T (true) or F (false). Underline the part of the text that gave you the answer.
- 1 Most airline passengers believe that the life jacket could save their life.
 - 2 The passengers who inflated their life jackets too early didn't survive.
 - 3 Customs officers can see through the mirror in Customs.
 - 4 Passengers are often caught by customs officers because of their body language.
 - 5 Small birds are more dangerous for planes than big birds.
 - 6 Passengers get confused because what they can smell is not on the menu.
 - 7 There aren't enough wheelchairs for all the people who need them.
 - 8 One flight attendant sometimes makes sarcastic comments about passengers who don't really need a wheelchair.
- d Did you find any of the information surprising? Which? Do you believe it at all?



1 Most airline passengers think it is laughable
that a small yellow life jacket with a whistle
will make any difference if the plane crashes
into the sea. However, in some cases, like when
5 a hijacked Ethiopian Airlines Boeing 767 landed
in the Indian Ocean in 1996, it did. Despite
instructions from the cabin crew not to pre-
inflate their lifejackets inside the plane, several
passengers did. They were unable to escape the
10 rising water inside the plane. But others, who
followed the pilot's instructions, survived. So
it is probably a good idea to look up from your
magazine when the flight attendant is giving the
safety demonstration.

15 Customs officers are watching everywhere.
They are watching you from the moment
you walk off the plane, while you are standing
in Baggage Reclaim waiting for your bag, and
especially when you come out the other side of
20 Customs, which is when people who are trying
to smuggle something finally let their guard
down and get caught. The large two-way mirror
in Customs, (behind which customs officers sit
and watch) is part of that process. As you walk
25 past, it makes you look taller and thinner. So you
feel good about yourself and you relax and smile.
That's when a customs officer suddenly appears
and asks you to open your case...

30 Birds are one of the major problems for any
airport when planes are taking off and
landing. Any large bird can easily cause an
accident. It flies into the engine, totally destroying
itself and the machinery. Smaller birds are less
of a problem. In some cases they can do some
35 damage, but usually they are just roasted. When
this happens, there is often such a strong smell
of roast bird that passengers on the plane think
that chicken is being cooked, and they are often
surprised when they're given a choice of fish or
40 beef at dinner!

Wheelchairs are a big problem for airline
staff. Not only is there always a shortage
of them for the people who really need them,
but worse still, some of the people who request
45 them often don't need them at all. I've lost count
of the number of times I have pushed someone
through the airport, taken them through Customs
and Passport Control, got a porter to pick up their
luggage, and then seen the person jump up in
50 Arrivals and move quickly towards their waiting
relatives. One flight attendant I know gets so
annoyed when this happens that as soon as the
passenger gets out of the chair she shouts to
the other passengers, 'Ladies and gentlemen!
55 Another miracle, courtesy of the airline industry!
After years in a wheelchair, he walks again!' The
passenger is normally so embarrassed that he
(and it's usually a 'he') disappears as quickly as
he can.

From Air Babylon by Imogen Edwards-Jones

3 MINI GRAMMAR so / such...that

a Look at these two sentences from the *Air Babylon* extract.

The passenger is normally **so embarrassed that** he disappears as quickly as possible.

When this happens there is often **such a strong smell, of roast bird that** passengers on the plane think that chicken is being cooked.

We often use *so / such...that* to express a consequence.

- Use *so* + adjective
The flight was so bumpy (that) we all felt sick.
- Use *so* + adverb
The taxi driver drove so quickly (that) we got to the airport on time.
- Use *so much / so many* + noun
There was so much traffic that we nearly missed our flight.
- Use *such a* + adjective + single countable noun
It was such a great hotel (that) we want to go back there next year.
- Use *such* + adjective + uncountable noun
We had such terrible weather that we didn't really enjoy the holiday.
- Use *such* + adjective + plural noun
They were such uncomfortable seats (that) I couldn't sleep at all.

b Complete the sentences with *so, so much / many, such, or such a*.

- 1 The flight was _____ long that I got really bored.
- 2 I had _____ noisy child sitting beside me that I couldn't sleep at all.
- 3 My suitcase was _____ heavy that I had to pay excess baggage.
- 4 I slept _____ badly on the flight from New York that the jet lag was worse than usual.
- 5 We were served _____ terrible food that I couldn't eat a thing.
- 6 There were _____ people at check-in that we had to queue for ages.
- 7 We had _____ luggage that we had to get another trolley.
- 8 The people we met on holiday were _____ nice people that we kept in touch with them.

4 SPEAKING

In pairs, ask and answer the questions.

- 1 How do you feel about flying?
- 2 How often do you fly? What for?
- 3 When was the last flight you took? Where did you fly to?
- 4 Have you ever...
 - been very delayed at an airport? How long for?
 - missed a flight? Why?
 - been stopped in Customs? Were you carrying anything that you shouldn't have?
 - had very bad turbulence on a flight? How did you feel? Was anyone on the flight injured?
 - flown long haul? Did you get jet lag?
 - flown or been upgraded to business class? What was it like?
 - been on a flight where there was an emergency? What happened?
 - sat next to a screaming baby on a flight (or a child that kept kicking your seat)? What did you do?



5 LISTENING



- a You are going to listen to an airline pilot and an air traffic controller talking on a radio programme. Before you listen, discuss questions 1–8 with a partner and imagine what the answers will be.
- 1 What weather conditions are the most dangerous when you are flying a plane?
 - 2 Is turbulence really dangerous?
 - 3 Which is more dangerous, taking off or landing?
 - 4 Are some airports more dangerous than others?
 - 5 What personal qualities does an air traffic controller need?
 - 6 Is the job really very stressful?
 - 7 Why is it important for air traffic controllers and pilots to speak English well?
 - 8 Are there more men than women working as pilots and air traffic controllers?
- b (27)) Listen to the programme. How many of the questions did you answer correctly?
- c Listen again for more detail and make notes for each of the questions.
- d Which job would you prefer, to work as a pilot or as an air traffic controller? Why?



6 GRAMMAR

narrative tenses, past perfect continuous

- a Read a newspaper story about an incident that happened during a flight. What exactly happened?

Last updated at 09:12



Nightmare over the Atlantic!

At 11.35 on January 13th 2012 British Airways flight BA 0206 ¹**took off / was taking off** from Miami to London. It had been flying for about three hours, and was over the Atlantic, when suddenly a voice ²**came out / had come out** of the loudspeakers: 'This is an emergency announcement. We may shortly have to make an emergency landing on water.'

Immediately panic ³**broke out / was breaking out**. One passenger on the flight said, 'My wife and I looked at each other and we feared the worst. We imagined that we were about to crash into the Atlantic. It was awful. Everybody ⁴**screamed / was screaming**.'

But about 30 seconds later the cabin crew started to run up and down the aisle saying that the message ⁵**had been played / was being played** by accident, and that everything was OK. By this time a lot of the passengers were in tears, and ⁶**tried / were trying** to get their life jackets out from under their seats.

Another passenger said, 'The captain didn't even say anything about it until just before we started to land and even then he didn't explain what ⁷**happened / had happened**. It was very traumatic. Everybody was terrified. I can't think of anything worse than being told your plane's about to crash. It ⁸**was / had been** the worst experience of my life.'

Later a British Airways spokesman ⁹**said / had said**, 'A pre-recorded emergency announcement was activated by error on our flight from Miami to Heathrow. We would like to apologize to passengers on this flight.'

Adapted from the Daily Telegraph









- b Read the story again and **circle** the right form of the verbs 1–9.
- c Now look at two sentences about the story. What do you think is the difference between the two **highlighted** verbs?
- The pilot was very experienced and **had flown** this route many times before.
- When the announcement was made the plane **had been flying** for about three hours.
- d ► **p.136 Grammar Bank 3A**. Learn more about narrative tenses and the past perfect continuous, and practise them.
- e In pairs or groups, try to complete the two sentences in four different ways using the four narrative tenses.
- 1 The police stopped the driver because he...
 - 2 I couldn't sleep last night because...

7 PRONUNCIATION

irregular past forms, sentence rhythm

- a Write the past simple of the following verbs in the chart according to the pronunciation of the vowel sound.

become catch cut drive fall fly hear
hide fight hold hurt keep leave lie read
ride say sleep tell think throw write

A 	B 	C 	D 
		caught	
E 	F 	G 	H 
			became

- b Look at the verbs in a again. Which ones have a past participle which is different from the past simple form? Write these past participles in the chart.
- c 2 10))) Listen and check. Then listen and repeat.
- d 2 11))) Listen to an extract from a narrative. Notice which are the stressed and unstressed words.



We were on a **flight** to **Tokyo**, and we'd been **flying** for about **five hours**. I was **reading** and my **wife** was **watching** a **film** when **suddenly** we **heard** a **very loud noise**. It **sounded** as if an **engine** had **exploded**. The **pilot didn't tell** us what had **happened** until **half** an **hour later**.

- e Practise reading the extract with the right rhythm.

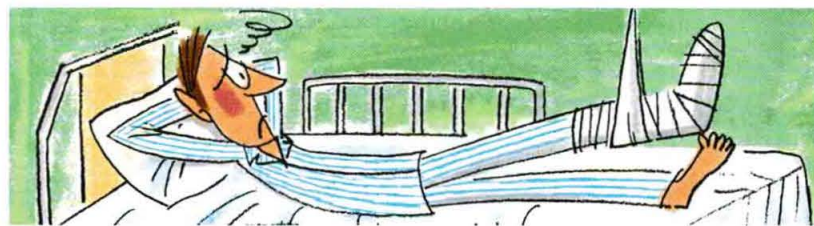
8 SPEAKING

- a ► **Communication** *Flight stories* A p.105 B p.110.
Read a newspaper story. Then imagine you were a passenger on the plane, and tell your partner the story.
- b You are going to tell an anecdote. The story can either be true or invented. If it's invented, you must try to tell it in such a convincing way that your partner thinks it's true. Choose one of the topics below and plan what you're going to say. Use the language in the **Telling an anecdote** box to help you, and ask your teacher for any other words you need.

Talk about a time when you...



had a frightening experience when you were travelling or on holiday



got ill or had an accident while travelling



arrived home from a trip and had a surprise



Telling an anecdote

Setting the scene

This happened to me when I was...

I was...-ing when...

I...because I had / hadn't...

The main events

I decided to...because...

So then I...

Suddenly / At that moment...

What happened in the end

In the end / eventually...

I felt...

- c In pairs, A tell B your story. B show interest and ask for more details. Then decide whether you think the story is true or not. Then swap roles.

This happened to me a few years ago when I was on holiday in Florida. I was swimming in the sea one day when I saw a shark.

Really? How big was it?

- 9 2 12))) **SONG** The Airplane Song 🎵

3B Incredibly short stories

1 GRAMMAR the position of adverbs and adverbial phrases

a Read the four fifty-word stories, using the glossary to help you. Match each one to its title.

The story of my life Generation gap Revenge is sweet Hooligans

fiftywordstories.com

Fiftywordstories.com is a website to which people from all over the world contribute fifty-word stories in English.



A

The young men walked **aggressively** through the crowded shopping centre. They had their target in their sights, and wouldn't stop until they had done what they had set out to do.

Now she felt scared. She ran from the hooded gang, stopped, and was cornered.

'Miss, you forgot your handbag.'



C

He was worried. **Unfortunately**, since his wife's death his teenage daughter had become **extremely** difficult. They had agreed 2.00 a.m. as the latest return time from nightclubs. Now it was 3.30. He prepared himself for confrontation as the door opened. 'Dad,' she shouted **angrily**. 'I've been frantic. You're late again.'

Glossary

A

target *noun* objective, goal

hooded *adj* with the hood of a coat covering your face

set out to do sth *PV* to begin an action with a particular goal in mind

B

stab *verb* to push a knife into sb or sth

cliff *noun* a high area of rock often at the edge of the sea

brakes *noun* the things that you use to stop a car

C

frantic *adj* very worried

D

fabulous *adj* wonderful

intake *noun* the amount of food and drink that you take into your body

pudding *noun* dessert



B

They had been arguing **bitterly** the night before. He had come in from the garage with oil on his shoes. Fed up, desperate, she stabbed him. Horrified by what she had done, she drove away from the house along the cliff road. **Suddenly** she realized that the brakes weren't working.



D

Stage one: Feel fat. Go on diet. Lose weight. Feel fabulous. Buy new clothes.

Stage two: Eat **normally** but controlling intake. Look fabulous. New clothes **slightly** tight.

Stage three: Eat and drink normally (potatoes, bread, pudding AND wine). New clothes don't fit. Old clothes thrown away.

Back to stage one.

- b Look at the **highlighted** adverbs or adverbial phrases in the stories. Think about what they mean and notice their position in the sentence. Write them in the correct place in the chart.

Types of adverbs

Time (when things happen, e.g. *immediately*)

Manner (how you do something, e.g. *slowly*)

Degree (describing / modifying an adjective, e.g. *very*)

Comment (giving an opinion, e.g. *luckily*)

- c With a partner, decide where the **bold** adverbs should go in these sentences.

- 1 He speaks French and Spanish. **fluently**
- 2 I use public transport. **hardly ever**
- 3 I thought I'd lost my phone, but it was in my bag. **fortunately**
- 4 It's important that you arrive on time. **extremely**
- 5 As soon as I know, I'll tell you. **straightaway**

- d ➤ **p.137 Grammar Bank 3B**. Learn more about adverbs and adverbial phrases, and practise them.

- e (214)) Listen to some sound effects and short dialogues. Then use the **bold** adverb to complete the sentence.

- 1 When she got to the bus stop, the bus... **just**
- 2 They were having a party when... **suddenly**
- 3 He thought he had lost his boarding pass, but... **luckily**
- 4 The woman thought Andrea and Tom were friends, but in fact... **hardly**
- 5 The driver couldn't see where he was going because... **hard**
- 6 Alain couldn't understand the man because... **incredibly**

2 VOCABULARY adverbs and adverbial phrases

- a Read another fifty-word story. Who is it about?



Exam nerves

It was **nearly** 4 a.m. and she could **hardly** keep her eyes open. She had been working **hard** since lunchtime, but the exam was **near**. Would she be able to finish in time? At nine the next morning she was in the classroom. 'OK,' she said. 'You can start now.'

- b Look at the **highlighted** adverbs. What's the difference between...?
a *hard* and *hardly* b *near* and *nearly*
- c ➤ **p.155 Vocabulary Bank Adverbs and adverbial phrases**.

3 PRONUNCIATION word stress and intonation

- a (217)) Underline the stressed syllables in these adverbs. Listen and check.

ac|tual|ly al|most ap|par|ent|ly ba|sic|ally def|in|ite|ly
e|ven e|ven|tual|ly for|tu|nat|ly gra|dua|ly i|deally
in|cre|di|bly luck|ily ob|vi|ous|ly un|for|tu|nat|ly

- b (218)) Listen and repeat the sentences, copying the stress and intonation of the adverbs.

- 1 There was a lot of traffic, and unfortunately we arrived extremely late.
- 2 We definitely want to go abroad this summer, ideally somewhere hot.
- 3 It's incredibly easy – even a child could do it!
- 4 Mark gradually began to realize that Lily didn't love him any more.
- 5 I thought Roberto was Portuguese, but actually he's Brazilian.
- 6 Apparently Jack has been offered a promotion at work, but it will mean moving to New York.
- 7 I absolutely love Italian food, especially pasta.

4 WRITING

- a You are going to write a fifty-word story. It must be 50 words exactly (not including the title) and you must include at least two adverbs. Contracted forms (e.g. *I'd*) count as one word. First, in pairs, choose two of the titles below.

A holiday romance

A day to forget

The lie

Never again

- b Brainstorm ideas for the two plots, and each write a first draft without worrying about the number of words.
- c Swap your drafts then edit the stories, making sure they are exactly 50 words.
- d Read two other pairs' stories. Which do you like best?
- e ➤ **p.114 Writing A short story**. Write a 120–180 word short story.

5 SPEAKING

- Ask and answer the questions in the *Reading habits* questionnaire with a partner.
- How similar are your reading habits?

Reading habits

The press

national newspapers	free papers
local papers	comics
sports papers	academic journals

Books

novels	non-fiction, e.g. self-help books
classics	short stories
textbooks	manuals

Online

web pages	academic or work-related websites
blogs	news websites
chat forums	song lyrics

General reading

- Which of the above do you read? How often?
- Do you ever read any of them in English?
- Do you read anything specifically to improve your English?
- Do you prefer reading on paper or on screen?
- Do you read more or less than you used to (or about the same)?

Do you read books for pleasure?

YES

- What was the last book you read?
- Why did you choose to read it?
- What are you reading at the moment?
- Do you have a favourite author or authors?
- What's the best book you've read recently?

NO

- Would you read more if you had more time?
- Did you use to read more when you were younger? When did you stop? Did you have a favourite children's book?
- What do you do to pass the time when you are travelling?

Reading and listening

Do you ever...?

- listen to a song and read the lyrics at the same time
- watch films or TV in English with English subtitles
- read books and listen to them on audio at the same time, e.g. Graded Readers

6 READING & LISTENING

- 219)) Read and listen to **Part 1** of an American short story. Answer the questions with a partner.

- Where does Susan want Stan to take her? To do what?
- Why is Stan surprised?
- What had happened to Susan the previous week?
- Why does the writer say about Susan 'She was right, of course, except about the hard-earned part.'?

Lazy Susan

BY NANCY PICKARD

'I want you to teach me how to shoot a gun,' Susan Carpenter said to her husband at breakfast.

'You want me to do *what*?' Stan Carpenter stared at her, a piece of toast in his hand.

'Take me to a shooting range.' Susan placed a couple of mushrooms and a fried egg carefully onto her bread to make a sandwich. It seemed a silly waste of effort to eat only one thing at a time. Her husband's surprise turned to delight.

'I think that's a wonderful idea!'

Ever since she'd been robbed the week before on a dark night in the parking lot of the Mulberry Street Shopping Center, Stan had been telling her to learn how to protect herself, preferably with a gun.

'Are you serious about this? You've always hated guns.'

'Well, it looks like you win, dear.'

'We'll go to a range tonight,' Stan promised.

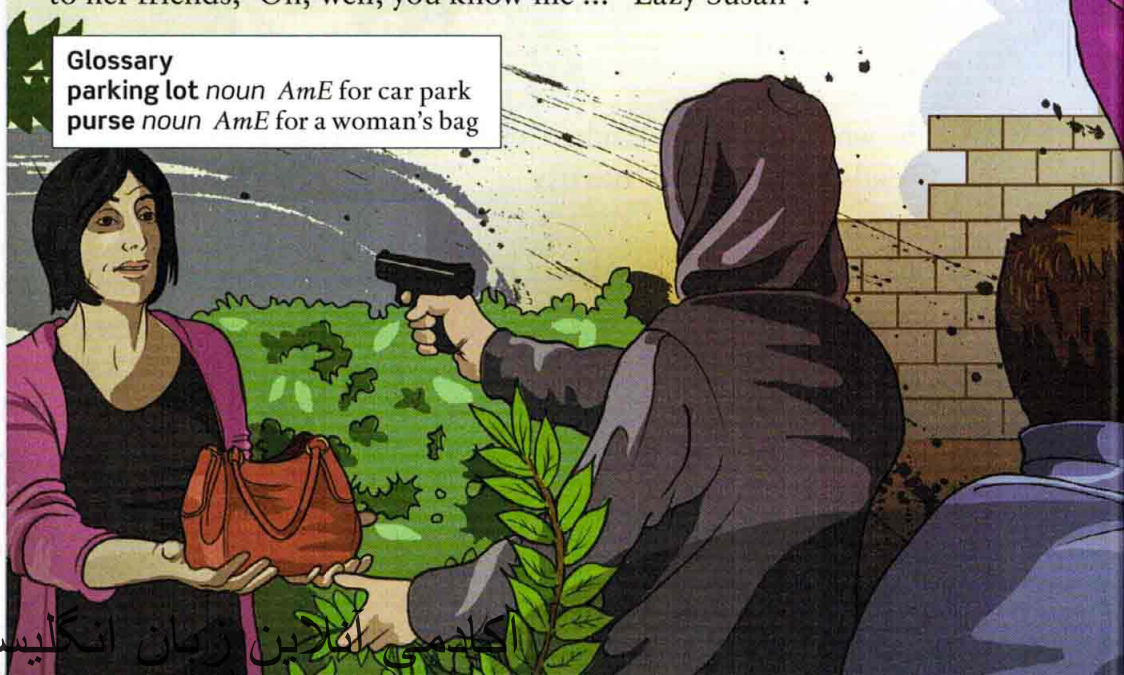
Susan had been more angry than scared when she was robbed that night. He hadn't hurt her much, just a light knock on the head with his gun before he took her purse. It was only a little injury added to the greater insult. She was so angry about it!

'Fifty dollars!' she said incredulously to the nice police officer. 'One minute I had fifty dollars in my purse and the next minute I had nothing. Fifty hard-earned dollars gone, just gone! I have to work *hours* to earn that much money, and he comes along and takes it just like that!'

She was right, of course, except about the 'hard-earned' part. That was a bit of an exaggeration. True, she did have a job as a receptionist in a sales office, but she didn't exactly work hard for her money. Oh, she was at work for eight hours every day, and she smiled at all the customers, and her bosses liked her, most people liked her. But there was more work that didn't get done than did. As she was always saying to her friends, 'Oh, well, you know me ... "Lazy Susan".'

Glossary

parking lot *noun* AmE for car park
purse *noun* AmE for a woman's bag



- b 220)) Look at the glossary and make sure you know how the words are pronounced, and what they mean. Now listen to **Part 2**. Then answer the questions with a partner.

Glossary

aimed /eɪmd/ *verb* pointed a weapon at sth
mugging /ˈmʌɡɪŋ/ *noun* the crime of attacking sb, or threatening to do so, in order to steal from them
trigger /ˈtrɪɡə/ *noun* the part of a gun that you press in order to fire it
John Wayne an American actor who often starred in Western and war films
tough /tʌf/ *adj* strong enough to deal with a difficult situation
bushes /ˈbʊʃɪz/ *noun* medium-sized plants like small trees

- 1 Where are Susan and Stan at the beginning of **Part 2**?
- 2 How does Susan feel about shooting?
- 3 According to the instructor, who is the typical victim of a mugging?
- 4 What kind of person does the mugger avoid?
- 5 How does the instructor recommend they should walk in order to look tough and confident?
- 6 How does the instructor say they can recognize a mugger?
- 7 What did he teach them in the previous two classes?
- 8 What surprises Stan about Susan?

- c 221)) Read and listen to **Part 3**. Answer the questions with a partner.

The shops were closed when the **movie-goers** came out into the dark Mulberry Street Shopping Center parking lot. It had been one of the *Superman* films and Susan felt inspired. Stan would not have **approved** of her going to the movies alone, especially not back to the place where she was robbed. But he was away and she'd taken all those self-defense lessons. Now she knew a thing or two.

A group of dark bushes were between her and her car. She walked confidently straight through them, then she stopped. She bent down slightly, and turned to look carefully behind her. She saw the man before he saw her. Everything she'd learned in her classes **went through her mind**: she looked at his walk, the look on his **shadowed** face, the object in his hands. Her breathing got quicker. She thought of the hours she'd worked to earn those fifty dollars, and of the **so-and-so** who had stolen it from her so easily. She took from her pocket the little gun that Stan had taught her to use. Then, just as the man walked past the bushes, she jumped behind him so he couldn't see her.

- 1 What effect did watching *Superman* have on Susan?
- 2 What does she mean by 'the scene of the crime' in paragraph two?
- 3 What did she think about when she saw the man?
- 4 Look at the **highlighted** words and phrases and try to work out their meaning from the context.
- 5 What do you think is going to happen next?

- d 222)) Listen to the end of the story. In pairs, discuss what you think happened, and what Susan is going to do in the future. Do you like the way the story ended? Did it end the way you expected?



Graded Readers

This story is in a Graded Reader (from the Oxford Bookworm series level 6) called *American Crime Stories*. Remember that the more you read, the more vocabulary you learn, and the better your English will become.

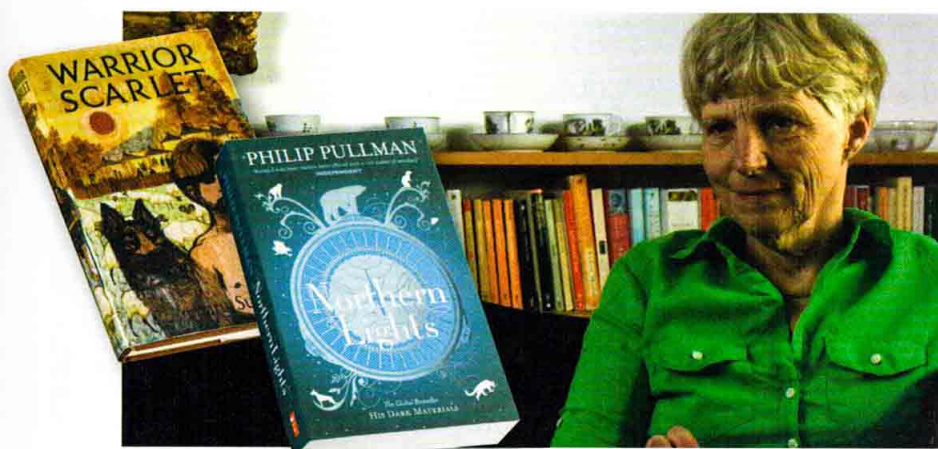


2&3 Colloquial English Talking about...

1 VIDEO THE INTERVIEW Part 1

- a 223)) Read the biographical information about Julia Eccleshare and look at the book covers: have you read any of them?

Julia Eccleshare is a well-known British journalist and writer on the subject of children's books. She has been children's book editor for the *Guardian* newspaper since 2000. She regularly appears as a judge or Chair of judges on some of the major children's book prizes, and is particularly interested in how to encourage children and young people to read. Julia was awarded the Eleanor Farjeon Prize in 2000 in recognition of her outstanding contribution to children's books. She has four children and lives in London.



- b Watch or listen to **Part 1** of an interview with her. Why does she mention these four books?
Warrior Scarlet *Little House on the Prairie*
Mouse House *Northern Lights*
- c Now listen again and mark the sentences **T** (true) or **F** (false). Say why the **F** sentences are false.
- 1 Julia has only re-read *Warrior Scarlett* once since she was a child.
 - 2 She thinks people have very clear memories about books they loved as children.
 - 3 Her parents read to her a lot when she was a child.
 - 4 Her husband didn't want to read to the children at the end of a long day.
 - 5 One of the things she loves about Philip Pullman's books is that they make children think.

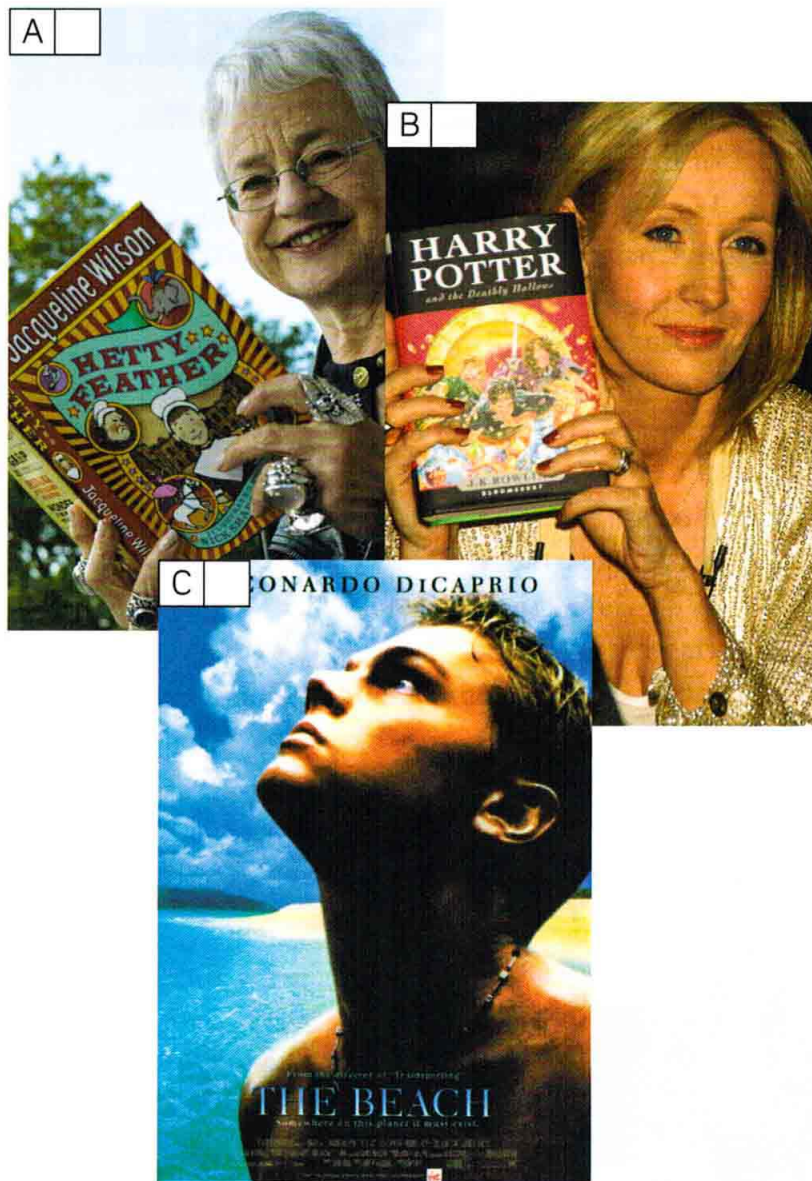
Glossary

warrior /'wɒriə/ a person who fights in a battle or war (especially in the past)

His Dark Materials trilogy a series of three fantasy novels by the author Philip Pullman consisting of *Northern Lights*, *The Subtle Knife*, and *The Amber Spyglass*. A film based on *Northern Lights* was released in 2007 called *The Golden Compass*.

VIDEO Part 2

- a 224)) Now watch or listen to **Part 2**. Number the photos in the order she mentions them.



- b Listen again. Circle the right answer.
- 1 The one big thing that she thinks makes a child a reader is *learning to read early* / *finding the right book*.
 - 2 When teenagers have seen a film it *often* / *rarely* makes them want to read the book.
 - 3 Parents sometimes think that children *should* / *shouldn't* read books which are difficult.
 - 4 Jacqueline Wilson is an example of an author who *parents* / *children* used to think was very good but *parents* / *children* didn't.
 - 5 Julia thinks that children *should* / *shouldn't* only read books which are of high literary quality.

Glossary

a teen anthem a song which young people strongly identify with. Here Julia uses the expression to describe a novel.

a literary stylist a writer who writes in a very literary style

children's books

Part 3

- a 225)) Now watch or listen to **Part 3**. Answer the questions.
- Does she read print books, e-books, or both?
 - Does she think people will read fewer books because of all the new technology?
 - Does she still read for pleasure?
- b Listen again. What is she referring to when she says the following things?
- 'I think we are, ought to, sort of, stop seeing the two in polarity, I think, you know. Everybody is going to read both.'
 - 'So the book has always been under threat from these other media...'
 - '...I know you can do both, but most people don't...'
 - '...but as you get older it's just harder to carve out time like that and there's always something else pressing...'
 - '...and you have that kind of chemical moment when the story grabs you...'

2 LOOKING AT LANGUAGE



Ways of giving yourself time to think

Julia often gives herself time to think when she's answering questions, either by stopping and starting again, sometimes in a slightly different way, or by using 'filler' sounds, e.g. 'um' and 'er', and certain words or phrases, e.g. 'well', 'I mean', etc. that don't add meaning but which we use for this purpose.

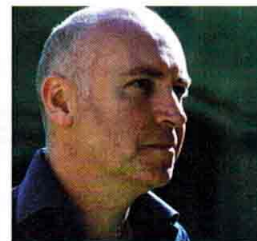
- 226)) Listen to some extracts from the interview and complete the missing words or phrases.
- 'Well, that's interesting, because if I think back to it...'
 - '...I think, there's a lot of, of talk about how children learn to read and all of this but _____, and what strategy might be best, but actually what makes a reader...'
 - 'Well, I think the biggest inspiration that I, I would, _____ I would like to say again...'
 - 'You take a book like *The Beach*, _____ it wasn't a book that was written for children...'
 - '...it was a _____ almost a teen anthem novel...'
 - 'And what do you say about someone like JK Rowling who is, _____, not a great literary stylist...'

3 IN THE STREET

- a 227)) Watch or listen to three people talking about children's books. Match the speakers (C, S, and L) with the book titles they mention.



Charlie, English



Sean, English



Lucy, English

- | | |
|---|---|
| <input type="checkbox"/> Northern Lights | <input type="checkbox"/> The Famous Five |
| <input type="checkbox"/> The Lion, the Witch and the Wardrobe | |
| <input type="checkbox"/> Dear Zoo | <input type="checkbox"/> The Roald Dahl books |

- b Watch or listen again. Who (C, S, or L)...

- ☐ had favourite authors rather than favourite books
- ☐ heard their favourite book before reading it
- ☐ identified with a particular situation rather than specific characters
- ☐ identified with naughty children in general
- ☐ liked a book because it was about something he / she wasn't allowed to have
- ☐ liked an author's books especially because of the pictures in them

- c 228)) Watch or listen and complete the highlighted Colloquial English phrases. What do you think they mean?

- 'I liked the _____ that the boy got lots of different animals through the post...'
- '...she was like a tomboy, so I _____ liked the idea of being quite adventurous...'
- 'I remember we had a teacher at school who read it _____ to us...'
- '...so whenever there was a boy who got into lots of _____...'
- '...I loved because it just offered a really detailed other world, to just _____ into...'

4 SPEAKING

Answer the questions with a partner. Practise using 'fillers' to give yourself time to think.

- What was your favourite book when you were a child? Why did you like it so much?
- Was there a character in a children's book that you identified with when you were a child?
- Did your parents use to read to you? When and where?
- Do you read more print books or more e-books? Why?

4A Eco-guilt

1 READING & SPEAKING

- Look at the title of the lesson. What do you think it means?
- Read the introduction to the article and check. Then do the questionnaire and add up your score.
- Now compare your answers with a partner. Explain why you do or don't do these things. See what your score means. Do you agree with it?

How ECO-GUILTY are you?

I committed a crime last Tuesday, which just happened to be Earth Day*, a day that invites people to think about their eco-sins. I turned on the shower, intending to get straight in even though the water takes a while to warm up. But then I decided to brush my teeth, and suddenly the water had been running for over two minutes. By the time I got in, I was drowning in eco-guilt! I had wasted water...

Should you feel eco-guilty, too? Take the test.

SHOPPING BAGS

- ☐ I have a reusable shopping bag made of recyclable materials, which I always use when I'm shopping. ♻️♻️♻️♻️ (+4 eco-points)
- ☐ I own several reusable shopping bags, but I often forget to bring them with me. ♻️♻️♻️ (-3 eco-points)
- ☐ I always ask for plastic bags because they're convenient. They can be recycled, can't they? ♻️♻️♻️ (-4)

WASHING TOWELS

- ☐ I wash my towels immediately after I use them. ♻️♻️♻️♻️♻️ (-5)
- ☐ I use a towel for several days before I put it in the washing machine. ♻️ (+1)
- ☐ That reminds me, I must wash my towels! ♻️♻️♻️ (+3)

RUNNING WATER

- ☐ I never leave the water running when I brush my teeth, nor before getting into the shower. ♻️♻️ (+2)
- ☐ I'm allergic to cold water, so I have to leave the shower to run for a while before I get in. ♻️♻️ (-2)
- ☐ I hate showers. I need a hot bath every day to relax. ♻️♻️♻️ (-3)

BUYING FRUIT AND VEGETABLES

- ☐ I never buy fruit and vegetables at supermarkets. I buy organic fruit and vegetables in markets or small shops. ♻️♻️♻️ (+3)
- ☐ I buy some fruit and vegetables in a market, but the supermarket is more convenient. ♻️♻️ (-2)
- ☐ I shop at the cheapest places – who cares about eco-guilt, I feel guiltier if I spend too much money on food! ♻️♻️♻️♻️ (-5)

*Earth Day an annual day (22nd April) on which events are held worldwide to increase awareness and appreciation of the environment

RECYCLING

- ☐ I throw everything in the same bin. ♻️♻️♻️♻️♻️ (-6)
- ☐ I sometimes recycle glass bottles, especially after a party! But that's probably all. ♻️♻️♻️ (-4)
- ☐ I recycle all my newspapers, bottles, and plastic containers. ♻️♻️♻️♻️♻️ (+5)

GETTING AROUND

- ☐ I walk, use public transport or cycle because cars pollute the planet. ♻️♻️♻️♻️ (+5)
- ☐ I walk, use public transport or cycle because I can't afford to buy a car. ♻️ (-1)
- ☐ Vroom vroom here I come! ♻️♻️♻️♻️♻️ (-5)

So how guilty should you feel?

Below 0: You should feel very guilty.

0–12 points: You should feel quite guilty.

Above 10: You are too good to be true!

Adapted from the Chicago Times

2 GRAMMAR future perfect and future continuous

a Read some predictions that have been made about the next 20 years. Which ones do you think...?

- 1 are already happening
- 2 are likely to happen
- 3 probably won't happen

How we will be living in 20 years' time... (or will we?)

At home

Most people **will have installed** solar panels or wind turbines on their houses or blocks of flats to generate their electricity.

People **will be recycling** nearly 100% of their waste (and those who don't will have to pay a fine).

Transport

Cars that use a lot of petrol (e.g. four-by-four cars) **will have been banned** and many people **will be driving** electric cars.

Low-cost airlines **will have disappeared** and flights will be much more expensive.

The environment

Paper books will no longer be produced to save trees from being cut down, and all books will be electronic.

Fresh water **will be running out** in many parts of the world and we **will be getting** much of our water from the sea (through desalination plants).

The weather

Temperatures worldwide **will have risen** even further. Many ski resorts **will have closed** because of a lack of winter snow and some beaches and holiday resorts **will have disappeared** completely.

We **will be having** even more extreme weather, and heatwaves, hurricanes, floods, etc. will be frequent occurrences.

b Read the predictions again. Which two would you most and least like to come true?

c Look at the **highlighted** verbs in the predictions. Which ones refer to...?


- a an action or situation that will be finished in the future
- b an action or situation which will be in progress in the future

d ➤ p.138 Grammar Bank 4A. Learn more about the future perfect and the continuous, and practise them.

e Talk to a partner and say if you think the following predictions will happen. Explain why (not).

IN TWENTY YEARS' TIME...

- Most people in office jobs will be working from home.
- All private swimming pools and golf courses will have been banned.
- Most people will be using public transport or bikes to get to work.
- People will be having more holidays in their own country and fewer abroad.
- People will be retiring at 70 or even later.
- The teaching of handwriting will have disappeared from the school curriculum because students will only be writing on tablets or laptops.

 **definitely, probably, and likely / unlikely**
We often use *definitely, probably, and likely / unlikely* when talking about the future, especially when we are making predictions.

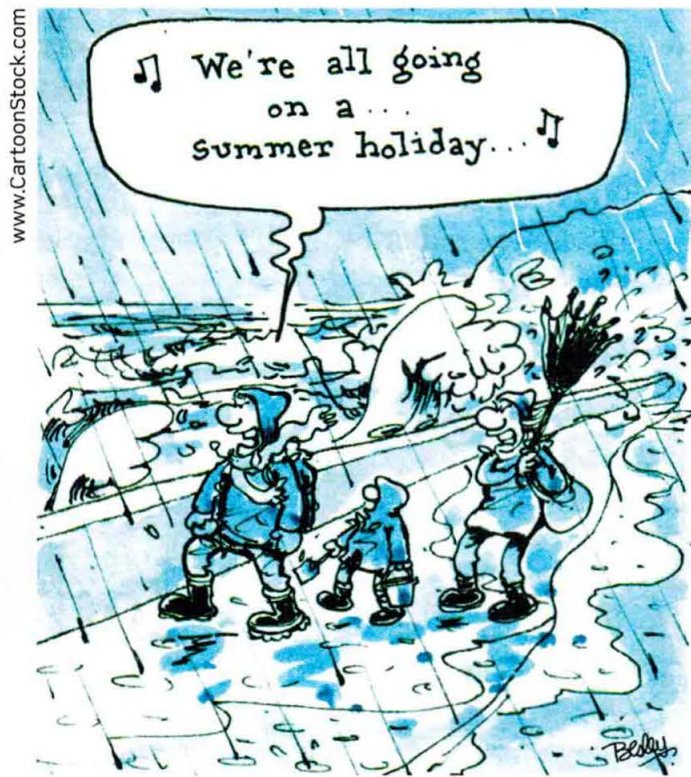
*I think it'll definitely happen / it definitely won't happen.
it'll probably happen / it probably won't happen.
it's (very) likely (to happen) / it's (very) unlikely (to happen).*



3 READING & VOCABULARY

the weather

- a Look at the cartoon. What does it say about British weather? Would it be true about your country?



- b Read the article once. At what time of year was the article written? What is an Indian summer?
- c Read the article again and mark the sentences T (true) or F (false). Underline the sentence or part of the article that gives you the answer.
- 1 British people talk about the weather more than they used to.
 - 2 People had mixed feelings about the hot weather.
 - 3 Some weather experts said that the warm weather was not an Indian summer because it happened in September.
 - 4 The older English term for Indian summers is still used in some parts of the UK.
 - 5 Kate Fox says that the British talk about the weather because they are shy.
 - 6 Sir John Mortimer believes that the British talk about the weather to avoid saying what they really think.
- d Look at the **highlighted** phrases related to the weather. With a partner, say what you think they mean.
- e ➤ p.156 Vocabulary Bank Weather.
- f Do you have an expression for Indian summer in your language? Do people in your country often talk about the weather? Why (not)?

Don't know what to say? Talk about the weather!

1 'It is commonly observed,' wrote Dr Johnson in 1758, 'that when two Englishmen meet, their first talk is of the weather; they are in haste to tell each other, what each must already know, that it is hot or cold, bright or cloudy, windy or calm.' Not much has
5 changed. A survey published earlier this year found that the average British person mentions the weather at least once every six hours, and that 70 per cent of us check the **weather forecast** every day, even when nothing unusual is happening.

Last week, as **temperatures soared** to 29°C – the highest recorded
10 end-of-September temperature for 116 years – there was a sense of both delight (at the lovely hot weather) and worry (about the threat of global warming). On television and in the newspapers, experts argued earnestly over what such extreme weather meant, and if there was even a term for it. While many called it an Indian summer, the
15 Met Office ruled that it couldn't be properly called an Indian summer, which only occurs 'as **a warm spell** in autumn, especially in October and November'. The BBC's main weatherman also agreed that **the heat** had arrived a bit too early to be described as an Indian summer.

Indian summer has different names across the globe. In Britain, until
20 around the end of the First World War, late **heatwaves** were known as 'St Martin's summers' – the feast of St Martin falling on 11th November – and in much of Europe they still are. Other countries have their own names – in Russia it's an 'Old Ladies' summer'; in Bulgaria a 'Gipsy summer'; and in China a 'Tiger autumn'.

25 But the big difference between the British and other nationalities is that they talk about Indian summers much more. 'Britons need weather-talk to help us overcome our reserve,' explains Kate Fox, author of *Watching the English*. 'We talk about it a lot, but not because it is an intrinsically interesting topic. People use weather-talk to
30 facilitate social interaction.'

The writer Sir John Mortimer saw a deeper reason for Britain's peculiar obsession with the weather. 'There's nothing personal about it,' he wrote. 'It gives away no secrets. Talking to our next-door neighbours over the fence, we, as a nation, are reluctant to make
35 such uncomfortable confessions as 'I can't stand your children', or 'I'm passionately in love with your wife'. It's far easier to say, 'I think we'll be having rain over the weekend'.'



Glossary
Dr Johnson a very influential 18th century writer and editor
the Met Office the UK's national weather service

4 PRONUNCIATION

vowel sounds



Spelling and pronunciation

Most vowels, or combinations of vowels, can be pronounced in more than one way. If you are unsure what the vowel sound is in a new word, check with your dictionary.

- a Look at the groups of words below and circle the word you think is different.

- 1 blow snow showers below
- 2 weather sweat heavy heat
- 3 drizzle blizzard chilly mild
- 4 hard warm dark garden
- 5 flood cool soon loose
- 6 fought ought drought brought
- 7 thunder sunny hurricane humid
- 8 scorching world tornado storm

- b (2 34))) Listen and check.

- c (2 35))) Listen and write five sentences. Then practise saying them.

- d Talk to a partner.

- What kind of weather do you associate with the different seasons where you live?
- What's the weather like today? Have you heard the forecast for tomorrow / next weekend?
- What's your favourite weather? Does the weather affect your mood? What do you like doing when the weather is bad?
- What kind of weather do you think is the best and the worst for...?

a camping

b going for a walk in the mountains

c driving

d running a marathon

e shopping

f sightseeing

- Do you think global warming is affecting the climate? In what ways has climate change affected the weather in your country?

5 LISTENING & SPEAKING



- a (2 36))) You're going to listen to three people talking about their experiences of extreme weather in the UK. Listen once. Which speaker...?

- ☐ was both frightened and excited by the weather
- ☐ got quite stressed because of the weather
- ☐ really enjoyed themselves in spite of the bad weather

- b Listen again and make notes in the chart.

	Speaker 1	Speaker 2	Speaker 3
When did it happen?			
Where were they at the time?			
What kind of weather was it?			
What happened as a result?			



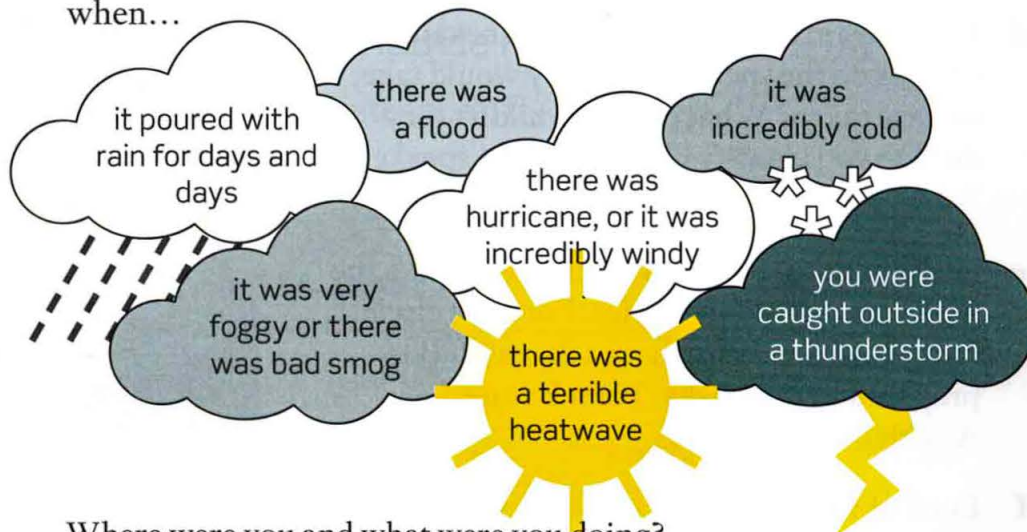
Modifiers with strong adjectives

When you are talking about extreme situations, e.g. very bad weather you can use:

- 1 Normal adjectives with a modifier (*very, really, extremely, incredibly, unbelievably*), e.g. *It was incredibly cold, extremely hot, unbelievably windy, etc.*
- 2 Strong adjectives, e.g. *It's boiling here - 40 degrees, It's freezing today, etc.*
- 3 Strong adjectives with *absolutely*, e.g. *It was absolutely freezing. The midday heat was absolutely scorching.*

Remember that we often use *a bit* or *rather* + adjective to express a negative idea, e.g. *It's a bit too hot. It's rather chilly today.*

- c In small groups, talk about a time when you were somewhere when...



Where were you and what were you doing?

What did you do to protect yourself from the weather?

Did you ever feel scared or in danger?

6 (2 37))) SONG Heatwave

4B Are you a risk taker?

1 LISTENING & SPEAKING

- a Talk to a partner.
- Imagine that you had a dream where you were standing on the edge of a precipice. What sort of dream would it be for you?
 - an exciting one
 - a nightmare
 - an interesting one, which you might try to interpret
 - What do you think your answer says about your attitude to risk?
- b (2 38)) Listen to six people answering the question *Are you a risk taker?* How many of the speakers consider themselves risk takers?
- c Listen again. Who...?
- ☐ says that some activities are enjoyable because they are a bit risky
 - ☐ thinks that his / her attitude to risk is different from what it was before
 - ☐ thinks that taking risks means losing control
 - ☐ had to pay some money because of his / her risky behaviour
 - ☐ worries about his / her personal safety
 - ☐ does something which most people think of as very risky, but which he / she says is not
- d Listen again for more detail. What examples of risks do the speakers say they would take, or have taken? What things wouldn't they do? Do you identify with any of the speakers? Why?
- e Work with a partner. **A** interview **B** with the questions in the red circles. For each circle, write **R** if you think that in that area **B** is prepared to take risks. Then **B** interview **A** with the blue circles.
- f Look at what you have written in the circles. In which areas of his / her life would you say your partner was a risk taker? Does he / she agree? Which of you is the bigger risk taker?

Sports and activities

Have you ever done any dangerous sports or activities? Did you enjoy them? Would you do them again?

Would you do a parachute jump or a bungee jump for charity?

Appearance

Have you ever done something dramatically different to your appearance, e.g. had a very different hairstyle or hair colour, a tattoo, or a piercing? How did you feel immediately afterwards? Did you regret it later?

On the road

Do you normally cross the road at a traffic light or zebra crossing, or just anywhere?

Do you cycle in your town or city? How safe do you feel?

Do you walk by yourself late at night or get late night taxis?

Do you drive a car or ride a motorbike? Do you ever go really fast and break the speed limit?

Health

Do you have any habits that you know are not good for your health? Have you ever tried to give up the habits? Do you worry about them?

Shopping

Do you ever buy things online? Have you ever had a bad experience?

Do you buy clothes online? Are there any kinds of clothes you wouldn't buy online?

Would you ever buy a second-hand car or bike on eBay (or a similar website)?

2 GRAMMAR conditionals and future time clauses

a Match the sentence halves.

- | | |
|--|---|
| 1 <input type="checkbox"/> If my dad finds out I've been hitchhiking, | A you'll have lost ten kilos by Christmas. |
| 2 <input type="checkbox"/> When you're crossing the road in the UK, | B he'll be furious. |
| 3 <input type="checkbox"/> As soon as I've passed my driving test, | C I'm going to buy a car. |
| 4 <input type="checkbox"/> If it's still raining this afternoon, | D make sure you look right and then left. |
| 5 <input type="checkbox"/> When I've booked the flights, | E she'll have forgotten she borrowed it. |
| 6 <input type="checkbox"/> If you don't ask her to pay you back, | F we can start looking for hotels. |
| 7 <input type="checkbox"/> If I'm not feeling better tomorrow, | G we're calling off the match. |
| 8 <input type="checkbox"/> If you carry on with the diet, | H I won't be going to work. |

b Look at the **highlighted** verbs. In first conditional sentences and future time clauses, what forms or tenses can you use a) after *if*, *when*, etc. (1–8) b) in the main clause (A–H)?

c Now look at two more conditional sentences. Do the main clauses refer to a) something which might be a consequence of the *if*-clause, or b) something which is always a consequence of the *if*-clause?

If people drive when they are tired, they often have accidents.

If roads are wet or icy, the number of accidents goes up.

d ➤ **p.139 Grammar Bank 4B.** Learn more about conditionals and future time clauses, and practise them.

e In pairs, complete each sentence in your own words.

- Don't let children play near a swimming pool unless...
- Never leave a dog locked up in a car if...
- Keep a first aid kit in your house in case...
- Children shouldn't be left alone in the house until...
- Always unplug electrical appliances (e.g. a hairdryer) as soon as...
- Always keep medicines in a safe place in case...
- Don't allow strangers into your house unless...
- If you are frying something and the oil catches fire,...

3 PRONUNCIATION sentence rhythm

a (2 42)) Listen and write six sentences in the dialogues.

- A If we rent a house in the mountains, will you come skiing with us?
 B ¹ _____. How much do you think it'll cost?
 A ² _____.
 B Well, I'll have to check my dates first.
 A OK, but ³ _____.
- A How will I find you at the theatre?
 B ⁴ _____.
 A ⁵ _____? I don't finish work until 7.00.
 B I'll wait for you until 7.20 and then I'll go to my seat.
 A ⁶ _____.

b (2 43)) Listen to both dialogues and underline the stressed words you have written.

c In pairs, practise the dialogues. Try to say the sentences smoothly with a natural rhythm.

Travel

Have you ever travelled somewhere without having booked somewhere to stay in advance?

Do you normally take out insurance when you travel?

If you are travelling somewhere, do you normally get to the station or airport with plenty of time or at the last minute?

Would you go on holiday abroad on your own?

Relationships

Do you think you would go out with...?

- someone from another country
- someone you had met online

Do you think you would go out with someone who was much older (or much younger) than you?

Work and study

Would you take a job (with a two-year contract) in an English-speaking country, e.g. the US or the UK?

Have you ever cheated in an exam? Were you worried about getting caught? Would you ever cheat in a very important exam?

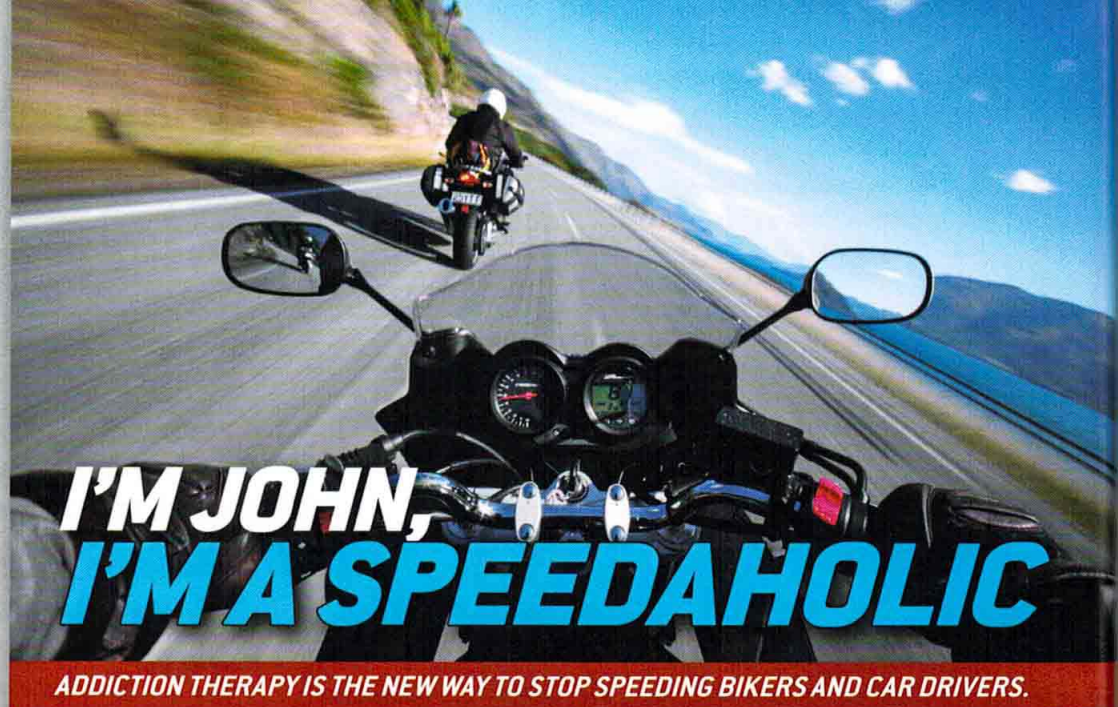
Do you normally start revising for an exam in good time, or do you leave it until the last minute?

4 READING

- a Have you ever travelled very fast in a car or on a motorbike? Do you know how fast you were going? How did you feel?
- b Look at the article. Can you explain the title? Read the article once and answer the questions.
- 1 What two alternatives are offered to speedaholics if they are caught?
 - 2 What's the main thing that participants learn on the course?
 - 3 Do you think the course will make John Earl go more slowly?
- c Read the article again and complete the gaps with A–E.
- A the speeders are asked to explain why they were stopped and to give details of any accidents they've had
- B so before leaving, each of them is given a metal key ring engraved with a cross-section of a head inside a helmet
- C programmes used to treat alcoholics and drug addicts
- D although other people get injured and even die, 'It's not going to happen to me'
- E the class to write down their worst experience on the road, their potential risk areas, and what they need to remember to keep themselves alive
- d Look at the **highlighted** phrases. With a partner, use your own words to say what they mean.
- e Which of the two punishments for speeding (doing the course or getting points on your licence) do you think would be more effective in your country? Why?

Glossary

speed *noun* the rate at which something moves or travels
speed *noun (informal)* an illegal amphetamine drug
points on your licence in the UK (and many other countries) if you commit a driving offence you may get penalty points on your licence. If you get more than 12 points in three years, you can be banned from driving.
Valentino Rossi an Italian motorcyclist who has won nine Grand Prix World Championships



John Earl is 25 and addicted to speed. Not the drug, but a mixture that is just as powerful – an intoxicating combination of high-powered engines, testosterone and youth. 'It's not the speed exactly,' he says. 'It's the adrenaline. It's **the buzz you get** when you go fast.'

But if you regularly drive at 120mph (190kph) on a public road, sooner or later you're going to get caught, and today John is one of a dozen speeders attending a new programme designed to cure them of their need for speed. It is similar to ¹ _____. At the beginning of the course the participants are asked to introduce themselves and admit that they have a problem. 'Hello, my name's John, and I'm a speedaholic.'

The speedaholics course is for serious and **habitual offenders**, and is offered as an alternative to getting points on your licence. 'It is based on research into the attitudes of young drivers and bikers,' says Chris Burgess, a psychology lecturer at Exeter University, who created the programme. There are courses for both car drivers and motorcyclists. 'There is an element of addiction in this sort of behaviour,' says Burgess. 'It's sensation-seeking, it's taking risks, looking for that buzz, but ignoring the **potentially fatal consequences**. They all have the feeling that ² _____.'

Today's course, which is for motorcyclists, is led by Inspector Robin Derges, a police officer who is a senior investigator of road deaths and a keen biker himself. After introducing themselves, ³ _____. They range in age from 18 to mid-forties and most were caught doing at least 20mph (36kph) over the speed limit. Derges **gets straight to the point**. 'Motorcyclists make up just 1% of all the vehicles on the road, but 33% of all deaths and serious injuries happen to motorcyclists. Unless something changes, if we meet up here in a year's time, one of you will be dead.'

Says Derges 'We want to give them **a sense of their own vulnerability**, their human limitations, and to help them make a realistic assessment of the risks involved. It's not about stopping people from enjoying riding, it's about preventing deaths.' Towards the end of the day he asks ⁴ _____. 'The problem is that people get on their bikes and suddenly think they're Valentino Rossi,' says John.

Standing in the car park at the end of the course, the bikers seem to have **taken** everything they have heard **very seriously**. John admits 'It's certainly made me more aware. I know I sometimes behave like an idiot. But that's not to say I won't forget all about it in a few weeks' time.' Burgess knows this, ⁵ _____. It is to remind them of a part of the course that explained what can happen to the brain in a collision.

'The idea is that they will see the key ring when they are riding and it will make them think twice,' says Burgess.

Adapted from The Sunday Times

5 LISTENING

- a** You are going to listen to an expert talking about the risks of driving. Before you listen, choose which you think is the right option, a, b, or c. Compare with a partner and give reasons for your choice.
- The most dangerous thing to be on the road is....
a a pedestrian b a driver c a motorcyclist
 - Most fatal accidents happen because drivers....
a fall asleep at the wheel b are drunk c drive too fast
 - Driving at night is ... as dangerous as driving during the day.
a three times b four times c ten times
 - You're most likely to have an accident on a....
a Monday morning
b Friday afternoon
c Saturday night
 - Most accidents happen....
a on long-distance journeys
b in the city centre
c very near your house
 - The worst roads for fatal accidents are....
a motorways b urban roads c country roads
 - Mile for mile, women have more...than men.
a minor accidents
b serious accidents
c fatal accidents
 - The age at which a driver is at most risk is....
a over 25 b between 21 and 26 c under 25
- b** (244) Listen once and check your answers.
- c** Listen for more details for each question in a.
- d** Talk to a partner.
- Would these statistics probably be similar in your country?
 - Do you think the age limit for having a driving licence should be raised?
 - Do you think punishments for dangerous driving should be more severe?
 - What else do you think would help to reduce accidents in your country?
 - Do you or does anybody you know often drive too fast?

6 VOCABULARY expressions with take

- a** Look at three sentences from the lesson. What do the highlighted phrases with *take* mean? Which one is a phrasal verb?
- Do you normally **take out insurance** when you travel?
It's sensation-seeking, it's **taking risks**...
...we need to **take** the risks involved in driving **very seriously**
- b** Match some more expressions and phrasal verbs with *take* to their meanings.
- | | |
|--------------------------------|--|
| Expressions with take | A <input type="checkbox"/> look after |
| 1 take care of | B <input type="checkbox"/> begin a new activity |
| 2 take advantage of | C <input type="checkbox"/> participate in |
| 3 take part in | D <input type="checkbox"/> happen |
| 4 take place | E <input type="checkbox"/> 1 (for planes) leave the ground; 2 (for clothes) remove |
| 5 take (your) time | F <input type="checkbox"/> do sth slowly, not in a hurry |
| 6 take into account | G <input type="checkbox"/> be similar to sb |
| Phrasal verbs with take | H <input type="checkbox"/> make use of an opportunity |
| 7 take after | I <input type="checkbox"/> think about sb / sth when you are making a decision |
| 8 take off | |
| 9 take up | |
- c** Complete the questions with a phrasal verb or expression from b. Then ask and answer with a partner. Give examples to explain your answers.
- Who do you take _____ more, your father or your mother?
 - Do you worry about your health? Do you take _____ yourself?
 - Do you get up very quickly in the morning or do you take _____?
 - Have you ever not taken _____ a good opportunity (and regretted it)?
 - Have you ever taken _____ a demonstration?
 - Have you taken _____ a new sport or hobby recently?
 - Has any big sporting event ever taken _____ in your (nearest big) city?
 - If you were thinking of buying a new computer or mobile phone, what factors would you take _____?



Giving examples

We often use *for example* or *for instance* to give examples.

*I take after my mother, **for example** / **for instance** we both have the same sense of humour.*

7 WRITING

► p.115 Writing *For and against*. Write a blog post.



3&4 Revise and Check

GRAMMAR

a Circle a, b, or c.

- When we got to Terminal 2, the flight from London _____.
a had already landed b had already been landing
c already landed
- As soon as we arrived at the airport, we _____.
a had checked in b were checking in c checked in
- We _____ for about an hour when suddenly the plane began to lose height.
a had been flying b were flying c flew
- It was _____ boring film that we left in the middle of it.
a so b such a c a such
- Nico's father _____.
a speaks English fluently b speaks English fluent
c speaks fluently English
- _____. I just need another five minutes.
a I've finished nearly b Nearly I've finished
c I've nearly finished
- The driver _____ in the accident.
a seriously was injured b was injured seriously
c was seriously injured
- The car _____ 50,000 km – we'll need to get it serviced.
a will soon have done b will soon do
c will soon be doing
- You can watch TV as soon as _____ your homework.
a you'll finish b you're finishing
c you've finished
- If the tickets cost more than 100 euros, _____.
a I don't go b I'm not going to go
c I won't have gone

b Complete the sentences with the correct form of the verb in **bold**.

- Imagine! This time tomorrow we _____ on the beach. **lie**
- The match starts at 7.00. By the time I get home it _____ already _____. **start**
- You mustn't use your mobile phone until the plane _____. **land**
- Many people have problems sleeping if they _____ coffee after midday. **drink**
- I want to spend a year travelling when I _____ university. **finish**

VOCABULARY

a Write words for the definitions.

- g**_____ the door outside which you wait to board your flight
- b**_____ **r**_____ the place where you pick up your luggage after you've arrived
- a**_____ the passage between the rows of seats inside a plane
- t**_____ a series of sudden and violent changes in wind direction which affects flights
- j**_____ **l**_____ the feeling of being tired and confused after a long flight

b Circle the correct word.

- Gina and I haven't seen each other much *late* / *lately*.
- Our hotel has a great view! We can *even* / *ever* see the Eiffel Tower!
- I've been working too *hard* / *hardly* lately.
- How much *cases* / *luggage* are you going to take?
- I love all pasta, but *especially* / *specially* lasagne.

c Complete with the verb in the past tense.

- The wind **bl**_____ so hard that two trees fell down.
- The taxi **dr**_____ me off outside the terminal.
- It **p**_____ with rain last night and I got soaked coming home from work.
- She **g**_____ on the bus but there was nowhere to sit.
- We **t**_____ advantage of the good weather and spent the day at the beach.

d Circle the word that is different.

- | | | | |
|----------|----------|-----------|-----------|
| 1 breeze | wind | hurricane | blizzard |
| 2 chilly | boiling | hot | scorching |
| 3 fog | damp | mist | smog |
| 4 cold | freezing | bright | icy |
| 5 hail | thunder | lightning | drought |

e Complete with one word.

- We checked _____ as soon as we got to the airport.
- The most dangerous moment during a flight is when the plane is taking _____ or landing.
- I've decided to take _____ running. I need to lose some weight.
- Who do you take _____ most in your family?
- The final will take _____ in Stockholm next Saturday.

PRONUNCIATION

a Circle the word with a different sound.

- | | | | | |
|---|---|---------|---------|----------|
| 1 |  pouring | storm | hardly | warm |
| 2 |  weather | heavy | clear | pleasant |
| 3 |  lounge | snow | cold | closed |
| 4 |  luggage | flood | thunder | humid |
| 5 |  rain | trolley | lately | delayed |

b Underline the main stressed syllable.

- | | | |
|-----------------|---------------|-----------------|
| 1 e ven tua lly | 2 gra dua lly | 3 e spe cia lly |
| 4 pa ssen ger | 5 hu rri cane | |

CAN YOU UNDERSTAND THIS TEXT?

- a Read the article once. Is wingsuit flying a popular hobby?
- b Read the article again and complete it with phrases A–F. There is one sentence you do not need.
- A But the sport truly took off in 1997
 - B Some wingsuit flyers attach cameras to their helmets
 - C For me, the crazy thing isn't continuing to do it
 - D With practice, some wingsuiters can stay in the air for more than three minutes
 - E The acronym stands for the potential jump off points
 - F But wingsuiters are not easily deterred
- c Choose five words or phrases from the text. Check their meaning and pronunciation and try to learn them.

VIDEO CAN YOU UNDERSTAND THIS FILM?

2:45 Watch or listen to a short film on The British and the Weather. Complete the sentences with one or two words.

- A _____ of British people begin a conversation by talking about the weather.
- People talk even more about the weather nowadays, because in Britain it's becoming _____.
- 2012 was the _____ year since records began.
- British weather is quite _____ compared to other countries.
- The British weather has an influence on its _____ and _____.
- Former Prime Minister Gordon Brown blamed Britain's bad economic performance on the _____.
- In the UK elections are nearly always held in the _____ or _____.
- Some experts say that the weather is the reason why Britain has never had a _____.
- Turner and Constable are famous British _____ who were inspired by the weather.
- The expression 'to weather the _____' means to survive something.

They believe they can fly



Some people just won't be satisfied till they can fly. This primal urge has given rise to wingsuit fliers, thrill-seekers who leap off cliffs or out of aeroplanes wearing winged jumpsuits. ¹ _____, and hit speeds of over 100 miles an hour, achieving what they say is the closest thing to engineless flight that humans have ever experienced.

'It's a weird, risky thing to do,' said Tanya Weiss, 35, a professional wingsuit pilot, 'but the dream of flight is ancient, and some of us feel like it's something we were born with.'

In addition to the dozen or so professionals like Ms Weiss, who spend their workdays filming adverts and doing movie stunts, there are only a handful of people who have ever actually tried it. Most are elite skydivers, also known as BASE jumpers. ² _____ – Buildings, Antennas, Spans (bridges), and Earth (i.e. hills and cliffs).

There have been many attempts at wingsuit flying throughout history, dating from the German engineer Otto Lilienthal, who in the late 1800s designed winged gliders that allowed him to fly up to 1,000 feet without an engine. ³ _____, when the French skydiver Patrick de Gayardon successfully jumped from a plane wearing nothing but a modified jumpsuit.

Wingsuit flying as a spectator sport derives much of its thrill from people putting their lives at risk, and at extremely high speeds. Both Otto Lilienthal and Patrick de Gayardon died trying to achieve flight with winged outfits, as did Eric Stephenson, Tanya Weiss's mentor and fiancé.

⁴ _____. Despite the death of the man she planned to marry, Ms Weiss, who recently led the successful effort to set a world record for the largest wingsuit skydive formation with 99 others in California, still pursues her dream of flying.

'I thought about quitting,' she said. 'But we're pushing the boundaries of what humans can do. ⁵ _____. The crazy thing would be to walk away from this thing that has brought me together with some of the most incredible people in the world.'

Adapted from The New York Times

5A The survivors' club

1 SPEAKING & READING

- a Answer the questions with a partner. Give reasons for your answers.

1 How do you think you would react in a life or death emergency situation?

- a I'd panic and become hysterical.
- b I'd 'freeze' and wouldn't be able to do anything.
- c I'd act coolly and calmly.

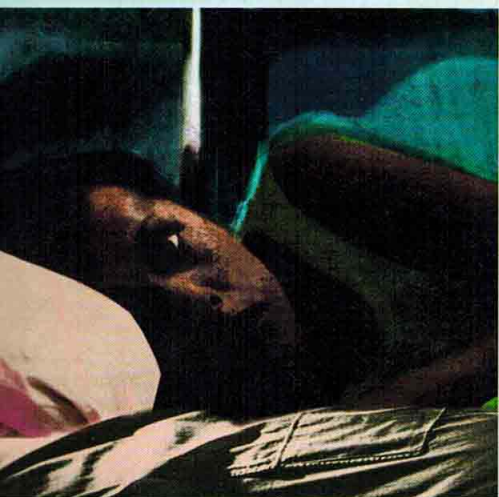
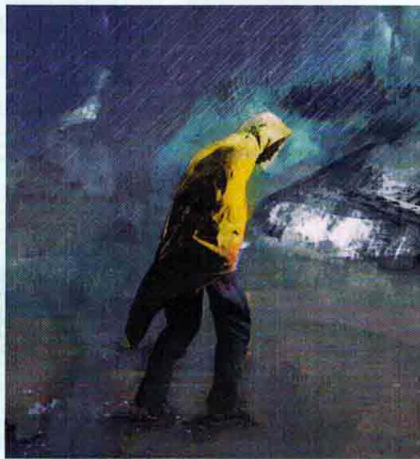


2 If you caught a plane tomorrow and the flight attendant began giving the safety information, would you...?

- a listen, but not take it very seriously
- b carry on reading your book or magazine
- c pay attention and also read the safety information in the seat pocket

3 What would you do if you were hiking alone in the mountains and you got completely lost (without phone coverage)?

- a I'd stay where I was and wait to be rescued.
- b I'd keep walking and try to find my way to my destination.
- c I'd try to find my way back to where I'd started from.



4 What would you do if you woke up in the middle of the night and thought that you could hear an intruder in your home? If you would do something different, say what.

- a I'd confront the intruder.
- b I'd keep still and quiet and hope that the intruder would go away.
- c I'd lock myself in a room and call the police.

- b Read the article *How to eat an elephant* and answer the questions.

- 1 What is the key to surviving in a life or death crisis?
- 2 What is the 10-80-10 principle?
- 3 What is the other important factor apart from keeping calm?

- c Look at the **highlighted** words and phrases try to work out their meaning. Then match them to 1-8.

- 1 overwhelmed
adj unable to react because the emotion is too strong
- 2 _____
adj so shocked that you cannot think clearly or act
- 3 _____
noun a new or difficult thing that tests your abilities
- 4 _____
adj very confused
- 5 _____
adj based on reason and not emotion
- 6 _____
verb to succeed in dealing with or controlling a problem
- 7 _____
to not get excited or nervous, to not panic
- 8 _____
pieces of work that it is possible to deal with or control

- d Work in groups of three. ► **Communication**
It's an emergency! A p.106 B p.110 C p.112.
Read about what to do in three different emergency situations. Then take turns to say what you should and shouldn't do.

- e Now look back at the questions in a. Did you choose the right answers?

HOW TO EAT AN ELEPHANT

THE LESSONS OF THE SURVIVORS CLUB

1 **A**t least 80% of us react in the same way to a life or death crisis or emergency: we're simply **overwhelmed** – the **challenge** seems too great, the problem insolvable. In Air Force survival school, they try to teach you how to **overcome** this feeling. One of the things they ask new cadets, is 'How would you eat an elephant?', and they make them memorize the right answer, which is: 'You eat an elephant one bite at a time.' Survival means dealing with a huge life-or-death problem, one which you may not be able to solve quickly or all at once. The key to survival is to slow down and divide the challenges into small, **manageable tasks**, one goal at a time, one decision at a time. When an avalanche buried the survivors of a plane crash in the Andes, the survivors whispered to each other 'Breathe. Breathe again. With every breath you are alive.' In a hopeless situation without oxygen or light this approach kept them going until they found a way out.

20 This and much more is what survival expert Ben Sherwood tells us in his best-selling book *The Survivors Club*, which brings together stories of real-life survivors from all kinds of disasters. He begins by explaining the 10–80–10 principle. When faced with an emergency 80% of people freeze. They are **stunned** and 'turn into statues' or are so **bewildered** by what is happening around them that they can't react. Ten per cent lose control. These people scream and cry, and often make the situation worse. But 10% **keep calm** and behave in a **rational** way. They don't panic and they assess the situation clearly and take decisions. These people have the best chance of survival in a crisis, and Sherwood explains how you can try to become more like them.

35 He also reminds us that, apart from staying calm and not despairing, knowing the right thing to do in a crisis is also vital, and that in most emergencies many more people survive than don't. For example, most people think that you can't survive a plane crash, but American research has shown that the survival rate in all air crashes is historically 95.7%. Sherwood not only tries to show us how to behave rationally and calmly, he also gives us the information we need to join 'The Survivors Club'.

2 VOCABULARY feelings

- a Look at four adjectives in 1c. Which three describe how people are feeling?
- b ► p.157 Vocabulary Bank Feelings.

3 PRONUNCIATION

word stress in 3- or 4-syllable adjectives

- a Read the dialogues and underline the stressed syllable in the **bold** adjectives.

- 1 A Hi, Sue. What's the matter?
B I've just been robbed! Please come quickly.
I'm **des|per|ate**.
- 2 A You weren't **of|fend|ed** by what I said, were you?
B Yes, actually I was.
- 3 A What did you think of the film?
B To be honest, I was a bit **dis|ap|point|ed**.
- 4 A What don't you understand in the report?
B I'm just completely **be|wil|dered** by so many facts and figures.
- 5 A Were you surprised to hear that the boss is leaving?
B I was **as|ton|ished**. I really wasn't expecting it.
- 6 A So can you come to dinner next week?
B Yes, we'd be **de|light|ed** to.
- 7 A How did your parents react when you told them you and Susan had separated?
B They were **dev|as|ta|ted**.
- 8 A How did you feel when you heard the news?
B I was absolutely **hor|ri|fied**. It was such an awful accident.
- 9 A So do you like the watch?
B I love it. I'm completely **o|ver|whelmed** – I don't know what to say!

- b 35)) Listen and check. Practise the conversations, copying the intonation and stressing the right syllable in the adjectives.
- c Choose two adjectives from a and tell your partner about a time or a situation when you felt like that.

4 READING & LISTENING

a Answer the questions in pairs.

- 1 Imagine you were going to go backpacking in the Amazon rainforest, what do you think would be the main problems you would need to overcome, e.g. the heat, insects, the food, etc.?
- 2 What would you be most afraid of?

b Read the beginning of a true survival story and then answer the questions below.

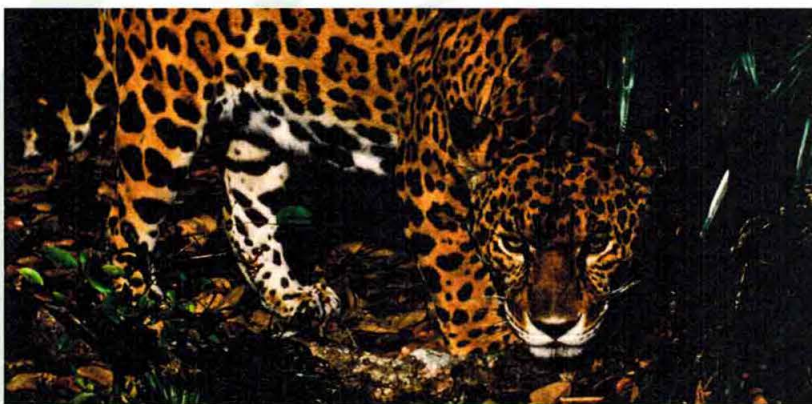
- 1 What was the three friends' original plan? How did this change?
- 2 What caused tensions between...?
 - a the three men and the guide
 - b Kevin and Marcus
- 3 Why did they finally separate?
- 4 Which pair would *you* have chosen to go with? Why?
- 5 How would you have felt if you had been in Marcus's situation?

c You are going to listen to part of a documentary and find out what happened to the four men. After each part answer the questions with a partner.



- 3 6))) 1 What happened to Kevin and Yossi on the raft?
2 What piece of luck did Yossi have?

Whose situation would you rather have been in, Kevin's or Yossi's? Why?



- 3 7))) 3 How were Kevin and Yossi feeling?
4 What happened to Yossi on his first night alone in the jungle?

What would you have done if you had been in Yossi's situation?

LOST IN THE

Four young men went into the jungle on the adventure of a lifetime. Only two of them would come out alive...

The Amazon rainforest is roughly the size of Europe or Australia. It is the home of more than half the plant and animal species known to man, many of which are lethal.

In 1981 three friends went backpacking in a remote area of Bolivia: Yossi Ghinsberg, 22, and his two friends Kevin Wallace, 29, and Marcus Stamm, 29. They hired an experienced guide, an Austrian called Karl, who promised that he could take them deep into the rainforest to an undiscovered Indian village. Then they would raft nearly 200 kilometres back down river. Karl said that the journey to the village would take them about seven days. Before they entered the jungle, the three friends made a promise that they would 'go in together and come out together'.



- 3 8))) 5 Why did Yossi's spirits change from desperate to optimistic, and then to desperate again?

How would you have felt at this point? What do you think had happened to Kevin?



- 3 9))) 6 What had Kevin been doing all this time?
7 What did Kevin decide to do?
8 Why was he incredibly lucky?

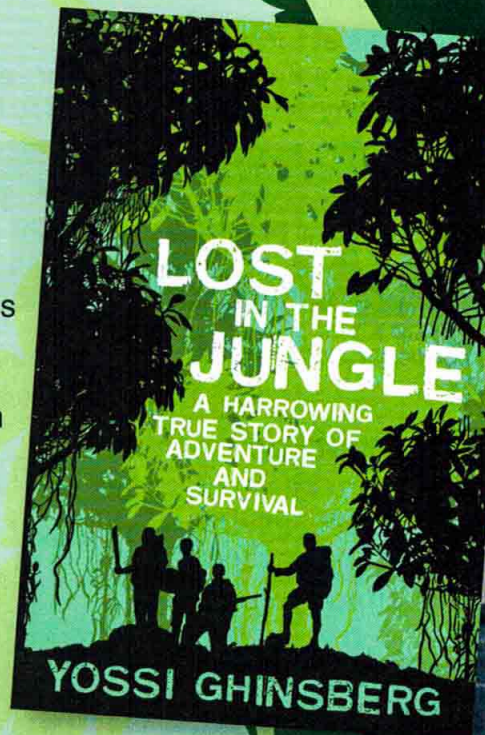
If you had been Kevin, what would you have done now?

JUNGLE

The four men set off from the town of Apolo and soon they had left civilization far behind. But after walking for more than a week there was no sign of the village and tensions began to appear in the group. The three friends started to suspect that Karl, the guide, didn't really know where the Indian village was. Yossi and Kevin began to get fed up with their friend Marcus because he was complaining about everything, especially his feet, which had become infected and were hurting.

Eventually they decided to abandon the search for the village and just to hike back to Apolo (instead of rafting) the way they had come. But Kevin was furious because he thought that it was Marcus's fault that they had had to cut short their adventure. So he decided that he would raft down the river, and he persuaded Yossi to join him, but he didn't want Marcus to come with them. Marcus and Karl decided to go back to Apolo on foot. The three friends agreed to meet in a hotel in the capital La Paz in a week's time.

Early next morning the two pairs of travellers said goodbye and set off on their different journeys...



- 3 10)) 9 How did Kevin first try to get help?
10 Why was it unsuccessful?
11 What was his last attempt to find his friend?



- 3 11)) 12 How long had Yossi been on his own in the jungle? How was he?
13 What did he think the buzzing noise was? What was it?

What do you think might have happened to Marcus and Karl?

- d Do you think you would have survived if you had been in Yossi's situation? Would you have done anything differently?

5 GRAMMAR unreal conditionals

- a Look at four sentences, and complete the gaps with the verbs in the right tense.
- 1 What would you do if you _____ (be) in the mountains and you _____ (get lost)?
 - 2 If I thought that somebody was in my house, I _____ (call) the police and I _____ (not confront) the intruder.
 - 3 What would you have done if you _____ (be) in Yossi's situation?
 - 4 If Kevin hadn't looked for his friend, Yossi _____ (die).
- b Look at sentences 1–4 again. Which two refer to a hypothetical situation in the past? Which two refer to a hypothetical situation in the present or future?
- c ➤ p.140 Grammar Bank 5A. Learn more about unreal conditionals, and practise them.
- d Complete the two sentences in your own words with a positive ☐ and negative clause ☐.
- 1 If I lived in the city centre...
☐ _____
☐ _____
 - 2 My phone bill wouldn't have been so high if...
☐ _____
☐ _____
- e ➤ Communication Guess the conditionals A p.106 B p.111.

6 WRITING

- p.116 Writing An article. Write an article about how to keep safe.

5B It drives me mad!

1 GRAMMAR wish + would

- a Look at a Twitter thread where people tweeted about things that annoy them. Tick (✓) the things that annoy you, too.
- b Compare the things you've ticked with a partner. Which are your top three, and why?

Useful language

I agree with this one.

It really annoys me when...

It's so annoying when...

It drives me mad when...

people shout
on mobile phones.

- c ➤ p.141 Grammar Bank 5B. Learn more about wish + would, and practise it.
- d Write three more things that annoy you and that you would like people to change, to add to the Twitter thread. Begin...

I wish...would / wouldn't...

- e In pairs or small groups, compare your tweets.

#iwishtheywouldn't

Tweets Top / All



I wish people wouldn't start stupid rumours that aren't true. #iwishtheywouldn't



I wish my boyfriend wouldn't fall asleep every time I want to talk to him. ☹️ #iwishtheywouldn't



I wish my son wouldn't always leave the car with no petrol every time he borrows it. #iwishtheywouldn't



I wish people would turn up when they say they're going to. #iwishtheywouldn't



I wish people would stop using emoticons and smiley faces. They just annoy me. :(#iwishtheywouldn't



I wish my family would put DVDs back in their cases. I hate finding empty cases when I'm looking for something to watch. #iwishtheywouldn't



I wish my friends would put their phones away when we're having a meal. You shouldn't text at the dinner table! #iwishtheywouldn't



I wish my children would take their tissues out of their pockets before they put their clothes in the washing machine. #iwishtheywouldn't



I wish my boss wouldn't always arrange meetings during my lunch hour. #iwishtheywouldn't



I wish people wouldn't ask me 'What are you doing?' when it's completely obvious what I'm doing. #iwishtheywouldn't



I wish advertising companies wouldn't use songs I really love to advertise something I hate. #iwishtheywouldn't



I wish people wouldn't leave supermarket trolleys in the car park just because they can't be bothered to take them back. #iwishtheywouldn't



I wish shop assistants would serve me when I'm waiting instead of chatting with their friends. #iwishtheywouldn't



I wish people would throw away pens when they don't work any more!!! #iwishtheywouldn't

2 VOCABULARY & SPEAKING expressing feelings with verbs or -ed / -ing adjectives

Ways of talking about feelings

We often talk about feelings in three different ways:

- 1 by using a **verb** (e.g. annoy)
That noise is starting to annoy me.
- 2 by using an **-ing adjective** (e.g. annoying)
That noise is really annoying.
- 3 by using an **-ed adjective** (e.g. annoyed)
I'm getting really annoyed by that noise.

Remember that the rules for pronouncing -ed adjectives are the same as for regular past tense verbs, e.g. annoyed = /d/, irritated = /ɪd/ and depressed = /t/.

a Complete the sentences with the correct form of the word in **bold**.

- 1 It really _____ me when people drive close behind me. **infuriate**
- 2 I get very _____ when something goes wrong with my internet connection and I don't know how to fix it. **frustrate**
- 3 It's so _____ when I can't remember someone's name, but they can remember mine. **embarrass**
- 4 I used to love shopping in the sales, but now I find it _____. After an hour I just want to go home. **exhaust**
- 5 I'm often _____ with my birthday presents. My expectations are obviously too high! **disappoint**
- 6 It _____ me that some people still don't buy things like books and music online. **amaze**
- 7 I find speaking in public absolutely _____. I hate doing it. **terrify**
- 8 I've often been _____ by reading about how some successful people have overcome difficulties. **inspire**
- 9 I never find instructions for electronic devices helpful, in fact usually they just _____ me. **confuse**
- 10 When I travel I'm always _____ if I manage to communicate something in a foreign language. **thrill**

b (3 16))) Listen and check. Then with a partner, say if the sentences are true for you or not. Give examples or reasons.



Feelings adjectives that have an -ed form, but not an -ing form

A few -ed adjectives describing feelings don't have an -ing form, e.g. *impressed* – *impressive* NOT *impressing*

c Complete the sentences below with a form of the adjective in **bold**.

- 1 We are extremely **impressed** by your CV. Your CV is extremely impressive.
- 2 I'm very **stressed** by my job. My job is very _____.
- 3 I was really **scared** during the film. The ending was especially _____.
- 4 I was **delighted** to meet Jane. She really is a _____ person.
- 5 I was really **offended** by what you said. What you said was really _____.

d In pairs, choose three circles to talk about.

an embarrassing mistake you once made

a film or a book that you found really disappointing

something that really annoys you when you're shopping

something that sometimes frustrates you about learning English

something that makes you feel depressed

something that really stresses you in your daily life

e Are there any things that make you feel exactly the same way as your partner?

3 READING & SPEAKING

a You are going to read an article about some research that has been done about what people regret in life. Before you read, with a partner say whether you think the following sentences are true or not.

- 1 Most people spend some time every day thinking about things that they regret having done or not having done.
- 2 The main area of life where people have regrets is relationships.
- 3 On average people have one major regret in life.
- 4 Most people think that the things they regret having done (or not done) are other people's fault.
- 5 Most people believe that regrets are positive, because you learn from your mistakes.

b Read the first part of the article (to line 16) once and check.

c Without looking back at the article, can you remember another way of saying...?

- 1 75%
- 2 66.6%
- 3 25%

d Now read *Some of the top 20 regrets*. With a partner, number what you think the top five regrets were in the survey (1= the most common regret).

e 3 17)) Listen and check. How many did you get right? Which do you think would be the top regrets for people in your age group?



regret doing or regret having done?

After regret the following verb must be in the gerund, but you can normally use either a simple gerund or a perfect gerund.

I regret not going to university. OR I regret not having gone to university.

Glossary

Regrets, I've had a few... an often-quoted line from the Frank Sinatra song *My Way*
lay the blame at sb else's door *IDM*
say that sb else is responsible for sth
getting on the property ladder *IDM*
buying your first house or flat

Regrets, we've had a few (our love lives, health, childhoods...)

A recent survey has shown that we spend almost three quarters of an hour every week dwelling on our regrets.



- 1 Three quarters of the people surveyed said they did not believe it was possible to live a life without regrets, perhaps explaining why, on average, we spend 44 minutes a week thinking about things we could or should have done differently. Our main areas of regret are our love lives (20%), family (18%), career (16%), health (14%), and finances (14%).

On average, most people have two main regrets in life – and 17% of those interviewed laid the blame at someone else's door. But two thirds of 2,000 people interviewed said they thought their regrets had led them to act more positively and that they had learnt from their mistakes. A quarter of them said their regrets had made them into the person they are today.

Common regrets range from not getting on the property ladder sooner to not having had more relationships when they were younger. Others include regretting not telling someone we loved them and wishing that we had repaired a damaged friendship.

Some of the top 20 regrets were (not in order):

- Getting married too early
- Not asking grandparents more about their lives when they were alive
- Not having done more exercise or eaten more healthily
- Not having saved enough money
- Not learning a foreign language or a musical instrument when you were younger
- Not working harder at school
- Not having travelled more and seen more of the world
- Making the wrong career choice
- Not keeping in touch with friends
- Having taken up smoking
- Falling out with a friend and not making up

4 GRAMMAR

wish + past simple or past perfect

- a Now read four comments which people posted on the newspaper website after reading the article. Do you agree with any of them? Why (not)?

I'm almost 23 and saving incredibly hard to travel round the world! I'd hate to reach my 30s and then look back at my 20s and say 'I wish I'd travelled more when I had the time'.

Matthew, Aberdeen

I don't regret anything. There's nothing that I wish was different about my life. Everything I've done, however stupid it seems now, seemed like the right thing at the time... Of course I've made mistakes, but I don't regret anything. And yes, that includes saving money, bad boyfriends, all the usual things! I see them as pure mistakes – something to learn from, something which makes me the person I am today! I never think 'I wish I'd stayed on at university... I wish I'd married my ex... If I had done these things, then I wouldn't be who I am today.

Cindy, Coggeshall

Regrets? I try not to think about them. What's the point? It's no use crying over spilt milk. But I have a few. Not buying the house I was renting for half the price I eventually paid for it, and smoking. I really wish I hadn't wasted all that money on cigarettes. What a fool. Still, I managed to give it up, which I'm proud of.

Nancy, Norwich

I wish there was a song called 'Je regrette tout*'. That would be my philosophy of life!

Martyn, Oxford

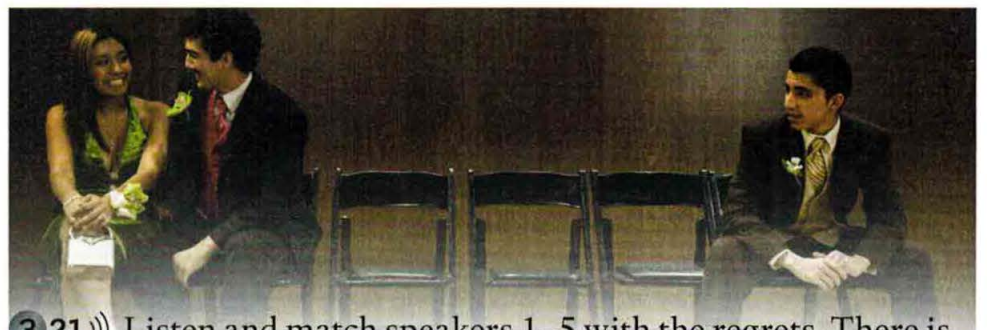
***Je regrette tout** French for *I regret everything*. There is a very well-known Edith Piaf song called *Je ne regrette rien* (= I don't regret anything).

- b Underline the six sentences in the comments with *wish*. What tense is the verb after *wish*? Are they wishes about the present or about the past?
- c ➤ **p.141 Grammar Bank 5B**. Learn more about *wish* + past simple and past perfect, and practise it.

5 PRONUNCIATION sentence rhythm and intonation

- a (3 19))) Listen and write down six sentences with *wish*.
- b Match each sentence from **a** with a sentence below.
- A ☐ Do you want me to phone and make an excuse?
- B ☐ Well, don't ask me! I've never been here before.
- C ☐ Well, it isn't too late. You're only 22.
- D ☐ Well, it's not my fault. You've got no self-control!
- E ☐ Why don't you go back to the shop and see if they still have them?
- F ☐ Sorry, but it is. And I'm getting hungry.
- c (3 20))) Listen and check. In pairs, practise the dialogues, copying the rhythm and intonation.

6 LISTENING & SPEAKING



- a (3 21))) Listen and match speakers 1–5 with the regrets. There is one sentence you don't need to use.

Who...?

- A ☐ wishes he / she had followed somebody's advice
- B ☐ wasn't old enough to do something he / she now regrets
- C ☐ felt very ashamed about what he / she had done
- D ☐ wishes he / she had been more grateful for everything he / she had.
- E ☐ wishes he / she had been a bit braver
- F ☐ regretted what he / she had done immediately after doing it
- b Listen again. Why do the speakers mention or say the following:
- 1 'I really fancied her.'; 'Now it's too late.'
 - 2 'Someone has to say to you that you really don't have to do this.' 'I spent the next 15 years trying to get out of it.'
 - 3 the Russian Revolution; old letters
 - 4 'It was a crazy idea and totally out of character' 'in the long run it was probably a good thing'
 - 5 'My parents were really keen for me to change' 'but I was totally against the idea'
- c Work in small groups. Tell the other students about...
- two things you wish you could do but you can't
 - two things you wish you had which would improve your life
 - two things you wish you had done when you were younger
 - two things you wish you hadn't done when you were younger

7 (3 22))) SONG Same Mistake 🎵

4&5 Colloquial English Talking about...

1 VIDEO THE INTERVIEW Part 1

- a Read the biographical information about Candida Brady. Have you seen *Trashed* or any other documentary film about the environment?

Candida Brady is a British journalist and film-maker. She founded her film company, Blenheim Films, in 1996 and has produced and directed several documentaries on a variety of topics, including youth culture, music, and ballet. In 2012, Candida completed her first documentary feature film, *Trashed*, which follows the actor Jeremy Irons around the world as he discovers the growing environmental and health problems caused by waste – the billions of tons of rubbish that we generate every day – and the way we deal with it. The soundtrack for the film was composed by the Greek composer Vangelis, who wrote the award-winning soundtrack to *Chariots of Fire*. The film had a special screening at the 2012 Cannes Film Festival and has won several awards at film festivals, including the Tokyo International Film Festival.



- b 3 23)) Watch or listen to **Part 1** of an interview with her. Mark the sentences **T** (true) or **F** (false).
- 1 Candida made the film *Trashed* because she wanted people to know more about the problem of waste.
 - 2 Jeremy Irons is a person who loves buying new things.
 - 3 Candida was surprised that he immediately loved the film proposal.
 - 4 Vangelis is a good friend of Candida's.
 - 5 Vangelis had previous experience of projects related to the environment.
 - 6 She didn't need to do much research before making the film because she was already an expert on the subject.
- c Now listen again and say why the **F** sentences are false.

Glossary

rough cut /rʌf kʌt/ the first version of a film after the different scenes have been put together

Jacques Cousteau a well-known French conservationist and film-maker who studied the sea and all forms of life in water.

VIDEO Part 2

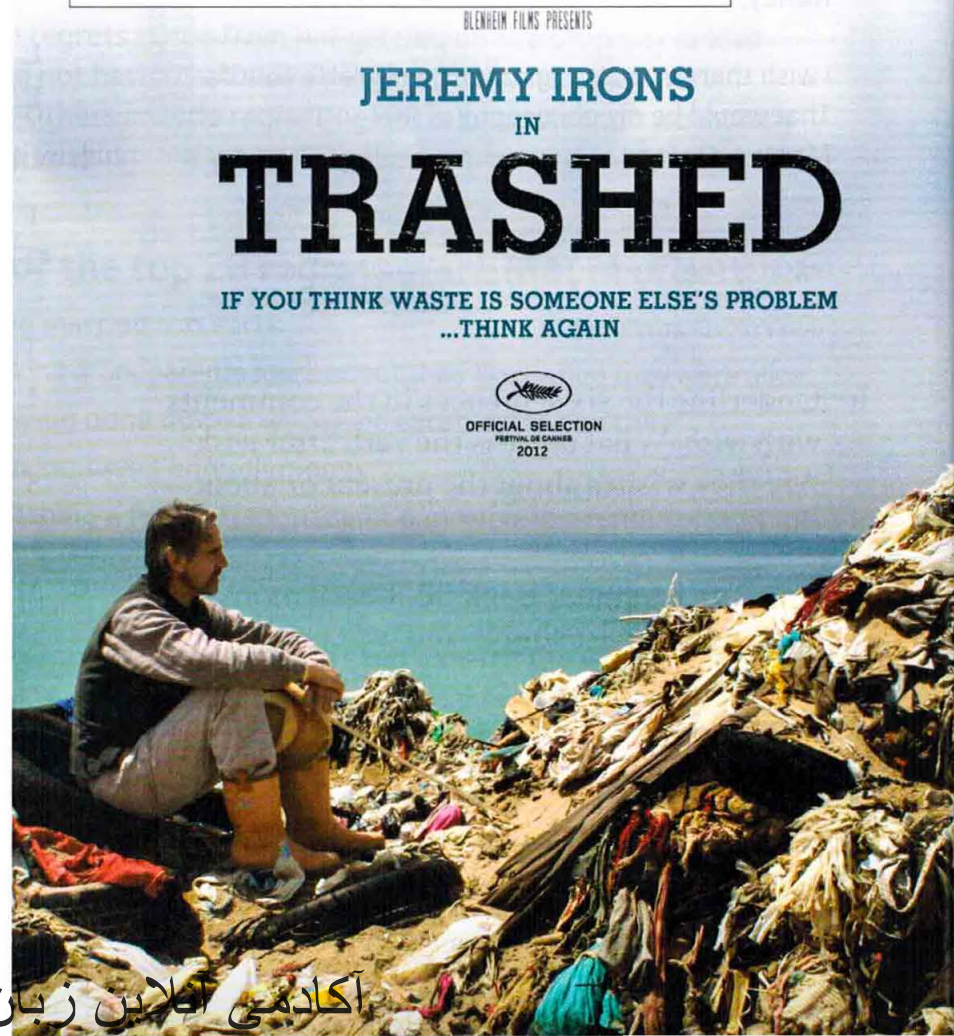
- a 3 24)) Now watch or listen to **Part 2**. Answer the questions.
- 1 Which was the bigger problem for Candida: making the film visually attractive, or trying not to make it too depressing?
 - 2 What kind of pollution does she think is the most worrying: air, land, or sea?
- b Listen again. Complete the sentences with one word.
- 1 Candida had a _____ DOP (Director of Photography).
 - 2 She wanted to film in beautiful places that had been _____ by man-made rubbish.
 - 3 She would have preferred to make a more _____ documentary.
 - 4 She thinks they were very much aware that they wanted to offer _____ at the end of the film.
 - 5 She says you have to dig down over a foot deep on a beach to find sand that doesn't have any _____ in it.
 - 6 She says the pieces of plastic in the water become so fragmented that they're the same size as the zooplankton, which is in the _____ chain.

Glossary

Saida (or Sidon) a port in Lebanon, its third largest city

a foot UK measurement = 30.5 centimetres

zooplankton microscopic organisms that live in water



waste

Part 3

a 3 25)) Now watch or listen to **Part 3**. Answer the questions.

- 1 Who does she blame for the problem of waste?
- 2 Why does San Francisco offer a positive note at the end of the film?
- 3 Has the film changed her own habits?

b Listen again. What does she say about...?

- 1 hotels in San Francisco
- 2 her grandparents
- 3 her bicycle

Glossary

zero waste the recycling and re-using of all products
bins containers where people throw their rubbish

2 LOOKING AT LANGUAGE

Comment adverbs

Candida uses a lot of comment adverbs (e.g. *unfortunately*) to clarify how she feels about what she is saying.

3 26)) Listen to some extracts from the interview and write in the missing adverbs.

- 1 'We ended up _____ filming in eleven countries...'
- 2 '...but the stories that I've chosen are universal and, _____, I spoke to, to people in communities, um, in more countries, um, than we actually filmed in...'
- 3 '...and so I sent him the treatment and _____ he, um, he loved it.'
- 4 'but _____, again, he was very shocked, um, by the film and really wanted to get involved.'
- 5 '...yes and no, _____ enough. Obviously I had a wonderful, DOP, Director of Photography, so he can pretty much make anything look beautiful...'
- 6 'I did a lot of research and so, _____, these things were repeatable and, and in every country around the world...'
- 7 '_____ what's happened with the way that soft plastic degrades in water is that, um, the pieces become so fragmented...'

3 IN THE STREET

a 3 27)) Watch or listen to four people talking about recycling. Which person seems to have the most positive attitude about recycling?



Sally,
English



Jo,
English



Jill,
American



Pranjal,
American

b Watch or listen again. Who (S, Jo, J, or Pr)...?

- ☐ ☐ thinks the government should offer money for recycling and producing less rubbish
- ☐ thinks it's up to people themselves to realize that it's worth recycling
- ☐ thinks the government should provide more containers for recycling
- ☐ thinks the government should do more to show people why recycling is good for the environment

c 3 28)) Watch or listen and complete the **highlighted** Colloquial English phrases. What do you think they mean?

- 1 '...people haven't really **got an** _____ not to recycle any more.'
- 2 '...well maybe they could offer a _____ **incentive** for, for recycling.'
- 3 '...I think we still **have a** _____ to go.'
- 4 '...filling it up with cans and bottles, newspapers and **all** _____ of _____.'
- 5 '...and so if everyone could just get in **that** _____ that the smallest change they can make in their lives makes a big difference.'

4 SPEAKING

Answer the questions with a partner. Try to use comment adverbs to show how you feel about what you're saying.

- 1 How much recycling do people in your country do?
- 2 How much recycling do you do personally?
- 3 What do you think the government, or individuals, could do to make people recycle more?
- 4 What do you think that companies and shops could do to reduce the amount of waste?
- 5 Are you optimistic or pessimistic about the future of the environment?

6A Music and emotion

1 VOCABULARY & PRONUNCIATION

music, words from other languages

a 329)) Listen and match what you hear with a word in the list.

- ☐ a bass guitar ☐ a cello ☐ a choir ☐ a conductor ☐ drums ☐ an orchestra
☐ a soprano ☐ a flute ☐ a violin ☐ a keyboard ☐ a saxophone

b 330)) Listen and check. Practise saying the words. What other words do you know for instruments and musicians?

c Read the information box below. Then, in pairs, look at **Borrowed words related to music** and try to pronounce them as they are pronounced in English. Underline the stressed syllable.

Foreign words that are used in English

English has 'borrowed' many words from other languages, for example in the field of music from Italian, Greek, and French. The English pronunciation is often similar to their pronunciation in their original language, e.g. *ch* in words which come from Greek is /k/, e.g. *orchestra*.

Borrowed words related to music

From Italian	cello /ˈtʃeləʊ/; concerto /kənˈtʃɜːtəʊ/ mezzo-soprano /metsəʊ səˈprɑːnəʊ/
From Greek	orchestra /ˈɔːkɪstrə/; choir /ˈkwaɪə/; chorus /ˈkɔːrəs/ microphone /ˈmaɪkrəfəʊn/; rhythm /ˈrɪðm/; symphony /ˈsɪmfəni/
From French	ballet /ˈbæleɪ/ encore /ˈɒŋkɔː/; genre /ˈʒɒnrə/

d 331)) Listen and check. How are the pink letters pronounced?

e With a partner, try to work out which language these words come from, and put them in the right columns. Do you know what they all mean?

architecture barista bouquet cappuccino chauffeur chef chic
croissant fiancé graffiti hypochondriac macchiato paparazzi
philosophy photograph psychic psychologist villa

From Italian	
From Greek	
From French	

f 332)) Listen and check. Practise saying the words.

2 SPEAKING

Ask and answer the questions with a partner.

Your music

Do you have a favourite...?

- kind of music
- song
- piece of classical music (symphony, sonata, etc.)
- band
- solo artist
- composer
- conductor

Do you play a musical instrument?

YES

- What instrument, or instruments, do you play?
- How long have you been playing it?
- Have you had or are you having lessons?
- Can you read music?
- Have you ever played in a band / orchestra?

NO

- Have you ever tried to learn to play an instrument? Why did you stop learning?
- Is there an instrument you would like to learn to play?

Have you ever...?

- sung in a choir
- performed in front of a lot of people
- taken part in a musical talent contest

Concerts

- Have you been to a good concert recently?
- Which artist or band would you most like to see in concert?
- What's the best live concert you've ever been to?



3 READING

a Think of a song or piece of music that you remember hearing and liking when you were a child. Where did you first hear it? How old were you? Why did you like it?

b Look at the title of a newspaper article. Then read the article once. Why did the writer choose this title?

c Read the first paragraph again. Find words or phrases meaning:

- 1 _____ completely
- 2 _____ behave in a way that makes other people think you are stupid
- 3 _____ started crying because of strong emotion
- 4 _____ not thinking that anything positive would happen
- 5 _____ a mixture of loud and unpleasant sounds

d What kind of sounds do you think *whir*, *hum*, and *clacking* (line 10) are?

e Read the rest of the article again. With a partner, and in your own words, say why the article mentions the following pieces of music or artists.

- 1 the *Lacrimosa* from Mozart's Requiem
- 2 the Rolling Stones, Michael Jackson, Sigur Rós, Radiohead, Elvis, and Pink Floyd
- 3 music from the fifties
- 4 Guillaume de Machaut's *Agnus Dei*
- 5 country music
- 6 Queen's *Bohemian Rhapsody*
- 7 Beethoven's Ninth Symphony and Sinatra's *Fly Me to the Moon*.
- 8 the Beatles
- 9 silence

f Talk to a partner.

- Why do you think the journalist says that Austin's experience may help us understand more about musical taste?
- Imagine you were going to recommend music to Austin. Which...

song or piece of music
decade
composer
band
singer

would you suggest?

What music would you play to an alien?

'I can hear music for the first time ever,' wrote Austin Chapman, a 23-year-old film-maker from California. 'What should I listen to?'

1 Austin, you see, was born profoundly deaf. For his whole life, music has been a mystery. 'I had seen people make a fool of themselves, singing or moving wildly on the dance floor,' he says. 'I had also seen people moved to tears by a song, which was probably the hardest thing for me to understand.' Then, just a few weeks ago, his parents suggested that he try a newly developed hearing aid that they had heard about. He went to the doctor's with no great expectations. But when the doctor switched on the hearing aid, he was stunned. 'I sat in the doctor's office, frozen as a cacophony of sounds attacked me. The whir of the computer, the hum of the air conditioning, the clacking of the keyboard, the sound of my friend's voice.' Austin could hear. And for the first time ever the world of music was open to him.

It didn't take him long to decide what to do: he was going to listen to music non-stop. Later that day, he heard his first piece, Mozart's beautiful *Lacrimosa* (from his Requiem), in a friend's car. He wept. So did everybody else in the car. The experience, he says, was 'like the first time you kiss a girl'. His friends went on to play him the Rolling Stones, Michael Jackson, Sigur Rós, Radiohead, Elvis, and Pink Floyd. But Austin knew that there was a vast universe of music to explore, so he decided to seek further help. He described his situation on reddit.com and so far, he's received more than 14,000 suggestions. As a strategy, he has decided to follow the advice of someone who posted this message on the site: 'This is like introducing an alien to the music of Earth. Once you've tired of classical, you could start with music from the fifties and progress through each decade. That way you can really see the growth of modern music.'



Austin Chapman

Austin adopted that system, but chose to start much earlier, with a piece by Guillaume de Machaut called *Agnus Dei*, from the 14th century. Currently, he's listening to four or five hours of music a day. As he had never heard music before Austin isn't influenced by nostalgia and, via the internet, he can listen to just about anything ever composed. Consequently his experience may help us to understand more about musical taste. So what has he been listening to? It seems that no one genre dominates (although he says he's not very keen on country music – too depressing). His favourite piece – for now – is Queen's *Bohemian Rhapsody*. He's also keen on Beethoven's Ninth Symphony and Frank Sinatra's *Fly Me to the Moon*. But so far he has not listened to the most recommended band, the Beatles. 'I'm waiting for a special occasion,' he says.

Austin is also learning how to hear. When we met at a café in West Hollywood, we took a table far from the street to avoid the background noise of traffic. The ability to ignore unwanted noise is something that will take him time. This may help explain why Austin says that 'silence is still my favourite sound. When I turn my hearing aid off, my thoughts become clearer; it's absolutely peaceful.'

Adapted from The Times

آکادمی آنلاین زبان انگلیسی

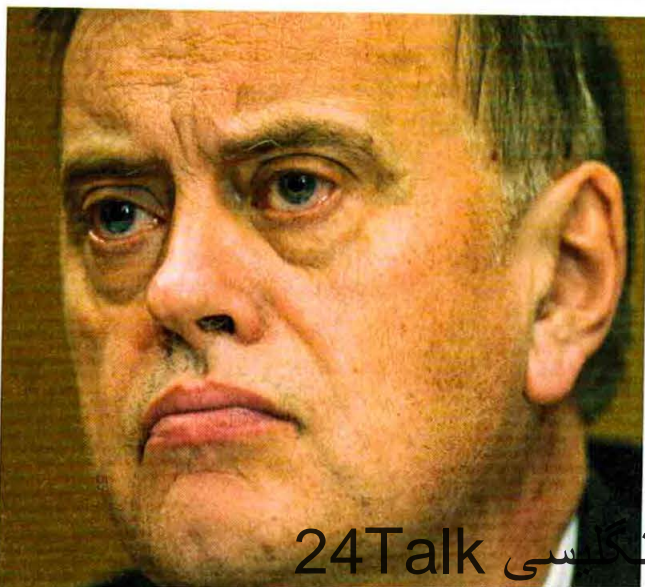


4 LISTENING & SPEAKING

- a 33))) Listen to some short pieces of music. How do they make you feel? Would you like to carry on listening?
- b 34))) Listen to John Sloboda, a music psychologist, talking about why we listen to music. Try to complete the notes below by writing key words or phrases. Then with a partner, try to remember as much as you can of what he said.

Why do we listen to music?

- 1 to make us...
e.g.
- 2 to help us to...
e.g.
- 3 to intensify...
e.g.



- c 35))) Now listen to John explaining how music can affect the way we feel. Complete the notes below by giving examples. Then compare with a partner and try to remember what he said.

How does music affect our emotions?

Three important human emotions

- 1 happiness
- 2
- 3

How we feel affects the way we speak, e.g.

- 1 happy – speak faster / higher
- 2
- 3

Music copies this, e.g.

- 1 fast / high music makes us happy
- 2
- 3

Examples (pieces of music)

Music that makes us feel

- 1 happy, e.g.
- 2 angry, e.g.
- 3 sad, e.g.

This is especially exploited in...



d Talk to a partner. Ask for more details where possible.

- 1 On a typical day, when and where do you listen to music?
- 2 Do you listen to different kinds of music at different times of day?
- 3 What music would you play...?
 - if you were feeling sad and you wanted to feel more cheerful
 - if you were feeling down and you wanted to feel even worse
 - if you were feeling furious about something or somebody
 - if you were feeling stressed or nervous about something and wanted to calm down
 - if you wanted to create a romantic atmosphere for a special dinner
 - if you were feeling excited and were getting ready to go out for the evening
 - if you were falling in love

5 GRAMMAR gerunds and infinitives

a Look at some extracts from the listening. Put the verbs in brackets in the infinitive (with or without *to*) or the gerund (*-ing* form).

- 1 Firstly, we listen to music to make us _____ important moments in the past. (**remember**)
- 2 When we hear a certain piece of music we remember _____ it for the first time... (**hear**)
- 3 If we want _____ from one activity to another, we often use music to help us _____ the change. (**go, make**)

b 3 36))) Listen and check.

c Look at two sentences with the verb *remember*. Which one is about remembering the past? Which one is about remembering something for the future?

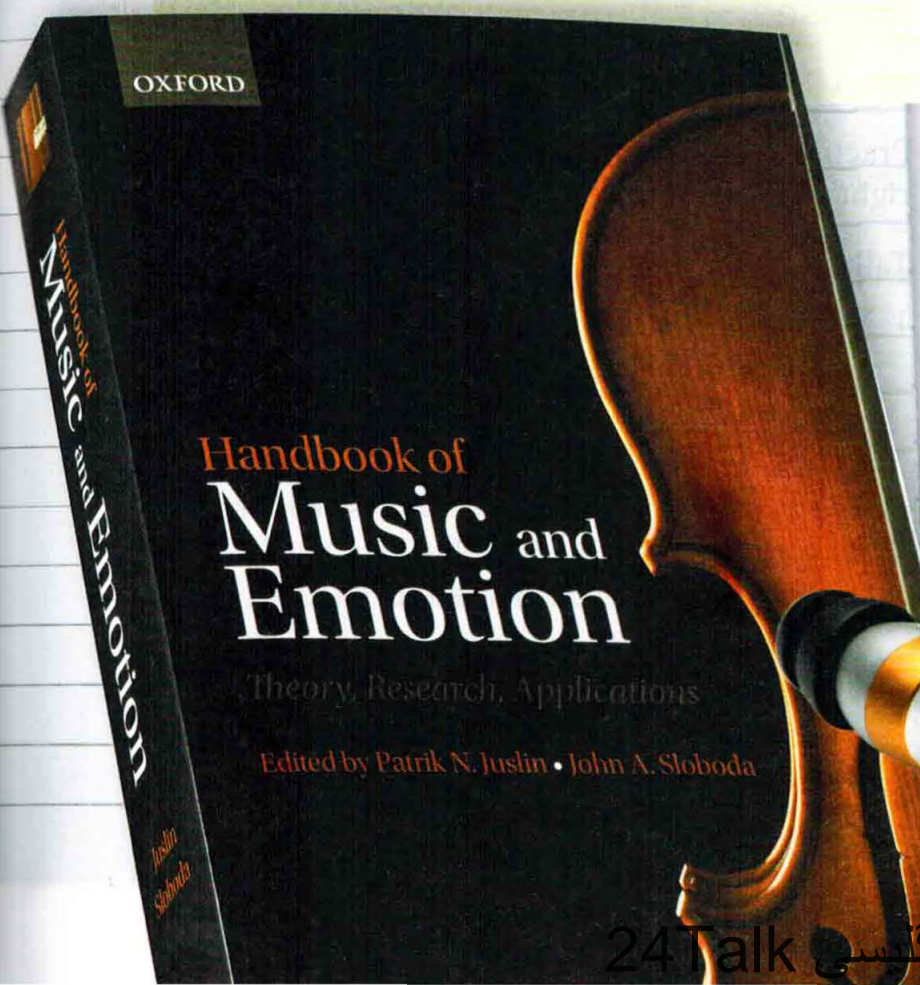
- 1 I remember meeting him for the first time.
- 2 Please remember to meet him at the station.

d ► p.142 Grammar Bank 6A. Find out more about gerunds and infinitives, and practise them.

e Tell your partner one thing that...

- you'll never forget seeing for the first time
- you sometimes forget to do before you leave the house in the mornings
- you remember doing when you were under five years old.
- you must remember to do today or this week
- needs doing in your house / flat (e.g. the kitchen ceiling needs repainting)
- you need to do this evening
- you tried to learn but couldn't
- you have tried doing when you can't sleep at night.

6 3 39))) SONG Sing 🎵



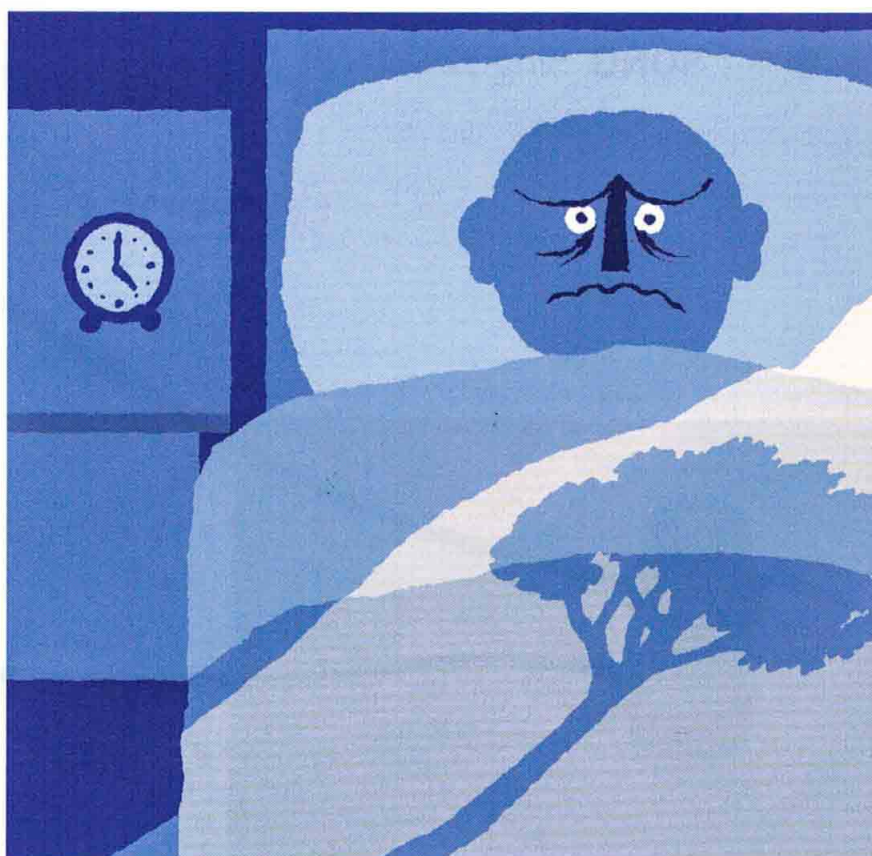
6B Sleeping Beauty

1 LISTENING & SPEAKING

- a Do you have problems sleeping? Why (not)?
- b 3 40, 41, 42)) You are going to listen to three people who have problems sleeping at night. Listen and take notes on what their problem is, and what has caused it. Compare with a partner and then listen again to complete your notes.

Speaker 1	Speaker 2	Speaker 3

- c Answer the questions with a partner.
- 1 Do you usually sleep with your bedroom completely dark, or with the curtains or blinds open? Do you have problems sleeping if there is too much or not enough light for you?
 - 2 Have you ever worked at night? Did you have any problems sleeping the next day? Why (not)? Do you think you would be able to work at night and sleep during the day?
 - 3 Have you ever flown long haul? Where to? Did you get jet lag? How long did it take you to get over it?



2 GRAMMAR

used to, be used to, get used to

- a Look at some extracts from the listening. Match the highlighted phrases to their meanings 1–3. What form is the verb after a) *used to* b) *be / get used to*?
- ☐ In Spain I always **used to sleep** in complete darkness.
 - ☐ It's very hard to **get used to being** awake all night
 - ☐ And just when I'm finally **used to being on New York time**, then it's time to fly home.
- 1 I usually did this in the past.
 - 2 It's not a problem for me because it is now a habit.
 - 3 It's a problem for me because it hasn't become a habit yet.
- b ► p.143 Grammar Bank 6B. Find out more about *used to, be used to* and *get used to* and practise them.

3 PRONUNCIATION

sentence stress and linking

- a 3 45 Listen and repeat three sentences. Notice the rhythm and how the words are linked.

- 1 I'm **used to working** in a team.
- 2 I **can't get used to driving** on the right.
- 3 I **used to get up** at six o'clock every day.

- b 3 46 Now listen and write down three more sentences.
- c Practise saying the sentences quickly, getting the stress right and trying to link the words.
- d Talk to a partner. Ask for and give more information.
- 1 When you were a child, did you use to...?
 - share a room with a brother or sister
 - have nightmares
 - wake up very early in the morning
 - 2 Do you have problems if you have to sleep in a bed that you aren't used to sleeping in (e.g. in a hotel)?
 - 3 Do you think you would find it difficult to get used to...?
 - getting up at 5.30 a.m. every day
 - only being able to sleep for six hours a night
 - not having breakfast in the morning

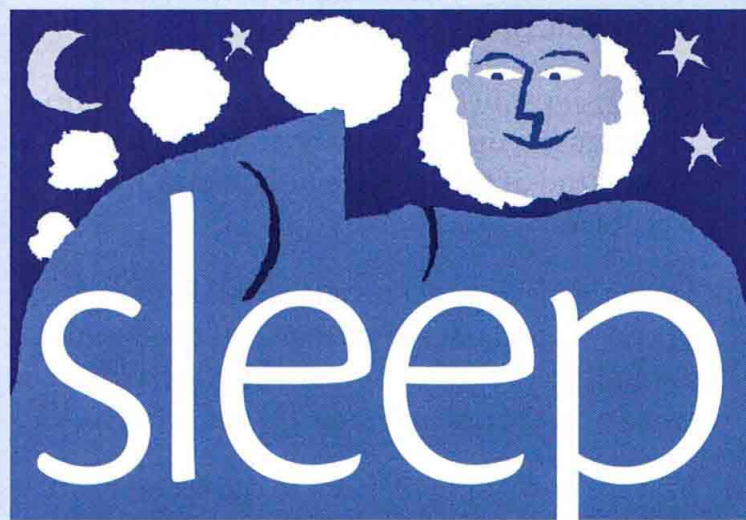
4 READING & SPEAKING

- a Read the introductory paragraph of *Three things you (probably) didn't know about sleep*. Do you know the answers to any of the questions?
- b Read **Living your dreams** and mark the sentences T (true) or F (false). Underline the part of the text that gave you the answer.
- 1 When we have a 'lucid' dream we know that we're dreaming.
 - 2 In a 'lucid' dream the person who is dreaming can never change what is happening.
 - 3 Gamers may be able to control their dreams because dreams are similar to computer games.
 - 4 The reason we have nightmares may be to prepare us for certain dangerous situations.
 - 5 Video gamers have more nightmares than non-gamers because they don't experience dangerous life-threatening situations.
 - 6 Video gamers are braver in their dreams than non-gamers.
- c ➤ **Communication** *Three things you (probably) didn't know about sleeping.* **A** *Sleeping Beauty p.106* **B** *How our ancestors used to sleep p.111*. Tell your partner some more interesting facts about sleep.
- d In pairs see if you can remember some of the words and phrases from the articles you have read or heard.

Vocabulary Quiz

- 1 a medical condition, often an unusual one: a _____
 - 2 an adjective meaning staying faithful to somebody and supporting them: _____
 - 3 an adjective often used with sleep. A person who is in a ~ sleep is difficult to wake: _____
 - 4 a hundred years, e.g. from 1900 to 2000: a _____
 - 5 the time in the evening when it becomes dark: _____
 - 6 the verb meaning to speak to God: _____
 - 7 the word for a person who plays a lot of video games: a video _____
 - 8 an adjective meaning clear, especially after a period of confusion: _____
 - 9 to change position so as to face the other way: _____
- e Answer the questions in pairs.
- 1 Do you play video games? Do you think it has any effect on the way you dream? Do you think it has any positive or negative effects on you?
 - 2 What do you think would be the worst thing for someone with Sleeping Beauty Syndrome?
 - 3 Do you think sleeping in two shorter periods is a better way of sleeping? Do you think it would suit you and your lifestyle?

Three things you (probably) didn't know about



Everybody loves it. Everybody needs it. No-one seems to get enough of it. We all know that most people need eight hours sleep, and that REM* sleep is when you have most dreams, but here are three questions about sleep which you may not know the answer to:

- How can video games help us control our dreams?
- What is Sleeping Beauty Syndrome?
- What did our ancestors use to do in the middle of the night (which we don't)?

Living your dreams

A university psychologist in Canada believes that people who play video games are more likely to be able to control their own dreams. Jayne Gackenbach studied the dreams of regular video gamers and non-gamers and found that people who frequently played video games experienced 'lucid' dreams more often. A lucid dream is one in which we are aware that we are dreaming. In a lucid dream, the dreamer is sometimes able to control or influence what is happening to them in the dream – very similar to controlling the action of a character in a video game.

'Dreams and video games are both parallel universes,' says Gackenbach, 'Gamers spend hours a day in a virtual reality and they are used to controlling their game environments, and this seems to help them to do the same when they are dreaming.'

Gackenbach also discovered that video gamers have fewer nightmares than non-gamers. Some experts believe that we have nightmares to help us practise for life-threatening situations in a safe environment. Since video gamers already practise those situations regularly in games, Gackenbach's research suggests that video gamers may have less need of nightmares. But, interestingly, when gamers *do* have a nightmare they react differently to non-gamers: 'What happens with gamers,' says Gackenbach, 'is that when they have a frightening experience in a dream they don't run away like most of us do, they turn round and fight back.'

*REM is an abbreviation for 'rapid eye movement'

5 LISTENING & SPEAKING

- a Look at the picture and the headline of the article. Why do you think the man cooks in the middle of the night?
- b (347) Now listen to the first part of a radio programme and check your answers to a. What kind of things does he cook? Why is it a problem?
- c Read the newspaper article about Robert Wood. Can you remember any of the details about him? Try to complete the gaps with a word or words, then listen again to check.
- d You are now going to listen to the second half of the radio programme. Before you listen, work with a partner and discuss if you think the information in sentences 1–10 is **T** (true) or **F** (false).
- 1 A sleepwalker can drive a car while he is asleep.
 - 2 It is easy to know if someone is sleepwalking or not.
 - 3 About 8% of people sleepwalk from time to time.
 - 4 Sleepwalking is most common among young boys.
 - 5 Stress can cause people to sleepwalk.
 - 6 You should never wake up a sleepwalker.
 - 7 Sleepwalkers cannot hurt themselves.
 - 8 People usually sleepwalk for a short time.
 - 9 Sleepwalkers don't usually remember anything afterwards.
 - 10 Sleepwalking is no excuse if you commit a crime.
- e (348) Listen once to check your answers. Then listen again and correct the false statements.
- f Have you ever sleepwalked or do you know anyone who sleepwalks? What do they do when they sleepwalk? Where do they go? Does anyone try to wake them up?

The chef who cooks in the middle of the night



ROBERT WOOD, from Fife in Scotland, often gets up in the middle of the night and goes downstairs to the kitchen. Not surprising, you may think. He's probably hungry and looking for something to eat. But you'd be wrong. Robert starts cooking – and he does this while he is fast asleep.

Mr Wood, who is ¹_____ years old and a retired ²_____, has been a sleepwalker for more than 40 years.

'The first time it happened I was ³_____', he said. 'My parents heard me wandering downstairs in the middle of the night. Now I get up ⁴_____ times a week and these days I usually head for the kitchen, although on other occasions I have also turned on the television very loudly and even filled ⁵_____ with water.'

His wife Eleanor says that she often wakes up in the night when she hears her husband cooking downstairs. She has seen him laying the table and caught him making ⁶_____ and spaghetti bolognese and even frying ⁷_____. The couple say that because of Mr Wood's sleepwalking they only get a few hours' sleep a night and are getting worried that Robert could start a ⁸_____ without realizing. 'I really am asleep and have no idea I am getting up,' said Mr Wood.

Mrs Wood says that although the food her husband cooks when asleep looks lovely, she has never eaten it. 'Every night, I think "Is Rob going to cook tonight?". The last time he was in the kitchen, he spilt milk all over the place.'

Adapted from The Guardian

6 VOCABULARY & SPEAKING sleep

- a **Vocabulary race.** In pairs, write the correct word from the list in the column on the right.

alarm blankets
fast asleep
keep you awake
nap jet-lagged
pillow log
set sleeping tablets
sleepy snore
duvet fall asleep
insomnia
nightmares oversleep
sheets siesta
yawn

- 1 Most people start feeling ■ around 11.00 at night. sleepy
- 2 They often open their mouth and ■. _____
- 3 They go to bed and ■ their ■ (clock). _____
- 4 They get into bed and put their head on the ■. _____
- 5 They cover themselves up with a ■, or with ■ and ■. _____
- 6 Soon they ■. _____
- 7 Some people make a loud noise when they breathe. In other words, they ■. _____
- 8 During the night some people have bad dreams, called ■. _____
- 9 If you don't hear your alarm clock, you might ■. _____
- 10 If you drink coffee in the evening, it may ■. _____
- 11 Some people can't sleep because they suffer from ■. _____
- 12 These people often have to take ■. _____
- 13 Some people have a ■ or ■ after lunch. _____
- 14 A person who sleeps well 'sleeps like a ■.' _____
- 15 Someone who is tired after flying to another time zone is ■. _____
- 16 Someone who is sleeping very deeply is ■. _____

- b **349))** Listen and check.

- c Cover the column of words and test yourself.

- d Ask and answer the questions in pairs. A asks the blue questions, and B asks the red questions. Ask for and give as much information as possible.

Do you sometimes have problems getting to sleep? Do you take, or have you ever taken, sleeping pills? Do you have any tips for people who suffer from insomnia?

Do you prefer to sleep with a duvet or with blankets? How many pillows do you have? What temperature do you like the bedroom to be?

Do you find it difficult to sleep when you're travelling, e.g. in buses or planes? Is there any food or drink that keeps you awake, or that stops you from sleeping well?

Do you ever have a nap after lunch or during the day? How long do you sleep for? How do you feel when you wake up?

Do you often have nightmares or recurring dreams? Do you normally remember what your dreams were about? Do you ever try to interpret your dreams?

Have you ever stayed up all night to revise for an exam the next day? How well did you do in the exam?

Are you a light sleeper or do you sleep like a log? How do you usually wake up in the morning?

Do you have a TV or computer in your bedroom? Do you often watch TV before going to sleep? Do you ever fall asleep on the sofa in front of the TV?

Do you snore? Have you ever had to share a room with someone who snores? Was this a problem?

Have you ever fallen asleep at an embarrassing moment, e.g. during a class or in a meeting?

Have you ever overslept and missed something important? What was it?

5&6 Revise and Check

GRAMMAR

- a Complete the second sentence so that it means the same as the first.
- They escaped from the jungle because they found the river.
They wouldn't have escaped from the jungle if they _____ the river.
 - I can't go to dance classes because I work in the evening.
I would be able to go to dance classes if I _____ in the evening.
 - We went to that restaurant because you recommended it.
We _____ to that restaurant if you hadn't recommended it.
 - Marta goes to bed late, so she's always tired in the morning.
If Marta didn't go to bed late, she _____ so tired in the morning.
 - After living in London for a year I still find driving on the left difficult.
After living in London for a year I still can't get _____ on the left.
 - My hair was very long when I was a child.
When I was a child I used _____ very long hair.
 - I get up very early, but it's not a problem for me now.
I'm used _____ very early.
 - It's a pity I can't speak French.
I wish _____ French.
 - I regret not learning to play the piano when I was younger.
I wish _____ the piano when I was younger.
 - I hate seeing your dirty clothes on the floor.
I wish _____ your dirty clothes on the floor.
- b Complete the sentences with the correct form of the **bold** verb.
- I don't remember _____ you before. **meet**
 - The car needs _____. Shall I take it to the car wash? **clean**
 - We managed _____ to the airport on time. **get**
 - Please try _____ late tomorrow. **not be**
 - My sister isn't used to _____ in such a big city. She'd always lived in the country before. **live**

VOCABULARY

- a Complete the sentences with an adjective expressing a feeling.
- Our son played brilliantly in the concert! We felt very **pr**_____.
 - I'm feeling a bit **h**_____. I really miss my family.
 - Thanks for lending me the money. I'm very **gr**_____.
 - I shouldn't have bought that bag – it was so expensive. Now I feel really **g**_____.
 - When I heard that I had won the prize I was completely **st**_____. I couldn't say anything!
- b Complete the sentences with the correct form of the **bold** word.
- That walk was _____. I need a good rest now. **exhaust**
 - I was really _____ when I read Tim's email. **shock**
 - You really _____ me at the party last night! **embarrass**
 - It's very _____ when you think that you are going to miss your flight. **stress**
 - It _____ me when people who don't know me use my first name. **annoy**
 - Last night's concert was really _____. The orchestra didn't play well at all. **disappoint**
 - It always _____ me that people actually enjoy doing risky sports. **amaze**
 - We were _____ when we heard the news. **horrify**
 - What you said to Ruth was rather _____. I think you should apologize. **offend**
 - It was an incredibly _____ film! **scare**
- c Write the words for the definitions.
- _____ the person who directs an orchestra
 - _____ a group of people who sing together
 - _____ a stringed instrument that you hold between your knees
 - _____ a woman who sings with a very high voice
 - _____ an electronic musical instrument, like a piano
- d Complete the missing words.
- Could I have an extra **p**_____ for my bed, please?
 - My husband says I **sn**_____ really loudly at night.
 - I didn't sleep last night, so I'm going to have a **n**_____ now.
 - Last night I had a horrible **n**_____. I dreamt that I was lost in the jungle.
 - Don't forget to **s**_____ the alarm for tomorrow morning.

PRONUNCIATION

a Circle the word with a different sound.

- 1  sheets really relieved sleepy
- 2  alarm yawn exhausted snore
- 3  chorus chauffeur chemist choir
- 4  chef shattered architect shocked
- 5  delighted inspired survival guilty

b Underline the main stressed syllable.

- 1 up|set 2 de|va|sta|ted 3 or|che|stra 4 in|som|ni|a 5 sleep|walk

CAN YOU UNDERSTAND THIS TEXT?

a Read the article once. What two factors helped Samuel to survive?

b Read it again and choose the best words to fill the gaps.

- 1 a carrying b wearing c holding
- 2 a take off b take up c take out
- 3 a watching b finding c setting
- 4 a including b involving c inviting
- 5 a search b film c shoot
- 6 a so b because c although
- 7 a understand b worry c fear
- 8 a found b missing c injured
- 9 a career b course c degree
- 10 a underused b misused c mispronounced

c Choose five new words or phrases from the text. Check their meaning and pronunciation and try to learn them.

VIDEO CAN YOU UNDERSTAND THIS FILM?

VIDEO

3:50 Watch or listen to a short film on sleep research. Choose a, b, or c.

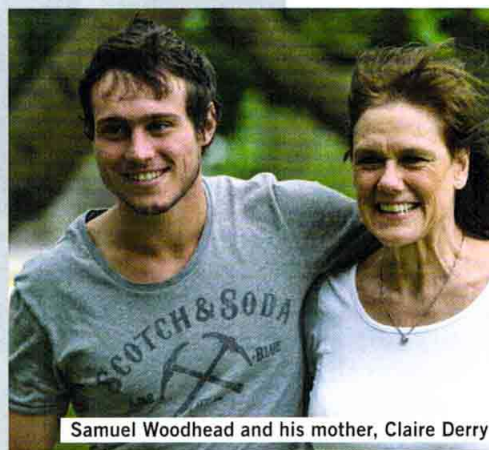
- 1 In Britain _____ have problems getting to sleep.
a over 10% b approximately 10% c more than 50%
- 2 One of the more common sleeping disorders mentioned is _____.
a Sleep paralysis b somniloquy c Exploding head syndrome
- 3 Scientists at the Sleep Unit take measurements in order to analyse people's _____.
a sleeping patterns b brain activity c body movement
- 4 Many people today are sleep deprived because they _____.
a sleep too few hours
b sleep different hours every night
c wake up a lot during the night.
- 5 Nowadays many people sleep longer hours _____.
a during the week
b after a night out
c at weekends



Survival tastes so sweet for rescued British backpacker

Contact lens solution is not usually considered a survival tool, but if 18-year-old Samuel Woodhead hadn't been ¹ _____ it, he might not have survived. The British gap year student went missing in the 40°C heat of the Australian outback on Tuesday. A fitness fanatic hoping to join the Royal Marines, Samuel survived for three days by drinking the saline cleaning solution, which his father had packed in his rucksack, but which he had forgotten to ² _____ when he went for a run.

Samuel had been working for only two weeks as a ranch hand at Upshot cattle station, near the town of Longreach in the vast state of Queensland. After ³ _____ out for his run, he lost his way. Australian authorities had feared for his survival in a region where heat, a lack of water, poisonous snakes, and the possibility of injury could prove deadly.



Samuel Woodhead and his mother, Claire Derry

After a helicopter rescue mission, ⁴ _____ hundreds of people, he was found exhausted about six miles from the station. Alex Dorr, a pilot with the North Queensland Rescue Helicopter Service, said that he went in the dark to the area where the teenager had disappeared and used night-vision cameras to ⁵ _____ for the missing boy. 'Where am I?' was all that he asked his rescuers when they found him in the early hours of the morning. He was

immediately taken for a medical assessment before being transferred to a hospital in Longreach, but was found to be suffering from no more than sunburn and dehydration, ⁶ _____ he had lost 15 kilos.

Claire Derry, his mother, said she heard that he was safe from the captain of the plane as she was flying to Australia to join the hunt for her son. 'I sobbed, absolutely sobbed and I jumped up and hugged the air hostesses and the captain,' she said. 'To be honest, I was beginning to ⁷ _____ the worst. It's been the worst three days of my life, by a long way, since 5.30 a.m. Tuesday when two policemen knocked on my front door and told me they'd got a message from Australia and told me my son was ⁸ _____.'

Samuel's training for a ⁹ _____ in the Armed Services helped him to survive in the hostile conditions, his mother said. 'My father was a war hero and Sam was named after him and he's always wanted to live up to that sort of reputation,' she said. His father, Peter Woodhead, was visibly emotional as he described the ordeal the family had been through while waiting for news that he was safe. 'The word nightmare these days is much ¹⁰ _____,' he said. 'This has been a true nightmare.'

Adapted from The Times

7A Don't argue!



1 GRAMMAR past modals: *must have*, etc.

- a (4 2)) Look at the photos. What do you think the people are arguing about in each photo? What were the arguments about? Listen and check.
- b (4 3)) Listen to some extracts from the conversations again and complete them with *may have*, *might have*, *must have*, *can't have*, or *should have*.

Conversation 1

- 1 ☐ You _____ finished it.
 2 ☐ You _____ given it to the cat last night.
 3 ☐ I _____ given it to the cat.

Conversation 2

- 4 ☐ Oh no! We _____ gone wrong.
 5 ☐ We _____ taken the second exit at the roundabout.
 6 ☐ OK, I _____ made a mistake.

- c In pairs, put **A**, **B**, **C**, or **D** in the box before each phrase. Which phrase (or phrases) in **b** means you think...?
- A it's very probable (or almost certain) that something happened or somebody did something
 B it's possible that something happened or somebody did something
 C it's impossible that something happened or somebody did something
 D somebody did something wrong
- d ► p.144 Grammar Bank 7A. Learn more about past modals, and practise them.

2 PRONUNCIATION

weak form of *have*

- a (4 6)) Listen to the extracts from the conversations in **1b** again. Underline the stressed words. How is *have* pronounced?
- b In pairs, read the conversations and complete **B**'s responses with your own ideas (for responses 5–8 you also need to use *must have*, *might have*, *should have*, or *can't have*). Then practise the conversations.
- 1 A It was my birthday yesterday!
 B You should have told me.
- 2 A I can't find my phone anywhere.
 B You must have _____.
- 3 A I definitely said we were meeting them at 7.00.
 B They may have _____.
- 4 A I'm so tired. I can't keep my eyes open.
 B You shouldn't have _____.
- 5 A I failed my piano exam.
 B _____.
- 6 A Why do you think Fiona and Brian broke up?
 B _____.
- 7 A Alberto didn't come to class yesterday.
 B _____.
- 8 A We're going to be late. There's so much traffic.
 B _____.

3 READING & SPEAKING

a In your experience, what do couples typically argue about? Do you think men and women use different strategies when they argue? In what way?

b Read an article about how men and women argue. Does it mention any of the strategies you talked about?

c Now read the article again and mark the sentences T (true) or F (false). Underline the parts of the article that give you the answers.

- 1 The argument Deborah Cameron describes happened because a wife considered her husband responsible for an accident she had.
 - 2 In Papua New Guinea when a woman is arguing with her husband, he's supposed to reply to his wife's insults.
 - 3 John Gray says that men are more assertive in arguments than women.
 - 4 Edward thinks that he could win arguments more often if he were better prepared.
 - 5 Christine Northam says that older men are less able than younger men to talk about their feelings.
 - 6 She says that some women start crying during arguments only because they get truly upset.
 - 7 Sarah thinks that her boyfriend is insensitive to her crying.
 - 8 Christine Northam believes it is not difficult to learn new ways of dealing with arguments.
- d Look at the **highlighted** words and phrases which are related to arguing. With a partner, try to work out what they mean and then check with a dictionary or the teacher.
- e Do you agree with what the text says about the different way men and women argue?

HOW MEN AND WOMEN ARGUE

Damian Whitworth investigates gender differences when couples argue.

1 In Gapun, a remote village in Papua New Guinea, the women take a very direct approach to arguing. Linguist Deborah Cameron tells of an argument between a husband and wife. It started after the woman fell through a hole in the rotten floor of their home and she **blamed** her husband. He hit her with a piece of sugar cane, so she **threatened** to attack him with a machete and burn the house to the ground. At this point the husband decided to leave and she launched into a *kros* – a traditional angry tirade of **insults and swear words** – directed at a husband with the intention of it being heard by everyone in the village.

'YOU ARE A ?!&#@!! YOU ARE A ?!&#@!! RUBBISH MAN, YOU HEAR? YOU BUILT ME A HOUSE THAT I JUST FALL DOWN IN, THEN YOU GET UP AND HIT ME WITH A PIECE OF SUGAR CANE, YOU ?!&#@!!'

13 The **fury** can last for up to 45 minutes, during which time the husband is expected to keep quiet. Such a domestic scene may be familiar to some readers, but, for most of us, arguing with our partners is not quite such an explosive business!

Human beings argue about everything but are there any differences between the sexes in the way that we argue?

In fact, according to John Gray, author of *Men are from Mars, Women are from Venus* (the 1990s best-seller) – men prefer not to argue at all, wherever possible. 'To avoid confrontation men may retire into their caves and never come out. They refuse to talk and nothing gets resolved. Men would rather keep quiet and avoid talking about any topics that may cause an argument.' Women, however, are quite happy to **bring up** relationship matters that they would like to change.

Edward, 37, a writer, says 'I'm useless at arguing. There are things that **bother me** about my partner, but when I finally say something I am too slow to win the argument. I can only argue properly when I have all the evidence to **back up my argument** ready to use, but I'm too lazy to do that. I think women, on the whole, are more practised at arguing, or more interested.'

Christine Northam, a counsellor with Relate, the marriage-counselling service, agrees with the view that men have a greater tendency to withdraw. 'Women say: "He won't respond to me, he won't listen, he thinks he's right all the time." However, the younger men that I see tend to be much more willing to understand their own feelings and talk about them. Older men find it more difficult.'

However she adds that women are also capable of the withdrawal technique. 'Oh yes, women are quite good at doing that as well. They **change the subject** or cry. Crying is a good tactic and then the poor man says: "Oh, my God, she's in tears".'

'I don't argue a lot, but I do cry a lot,' says Sarah, 32, an advertising executive. 'I'll say something **hurtful** to him and he'll say something equally hurtful back and then I'll be **in floods of tears**. I call my friend and she says: "Where are you?" "In the loo*," I say. And then, when I finally come out after half an hour, he's just watching TV as if nothing has happened.'

Northam says, 'Everything goes back to our upbringing, the stereotypical stuff we have all been fed. We are very influenced by the way our parents were, or even our grandparents. The way you deal with emotions is learnt in your family. To understand this, and then make a conscious decision that you will do it differently requires a lot of maturity.'

*loo informal = toilet

Adapted from The Times

4 LISTENING & SPEAKING



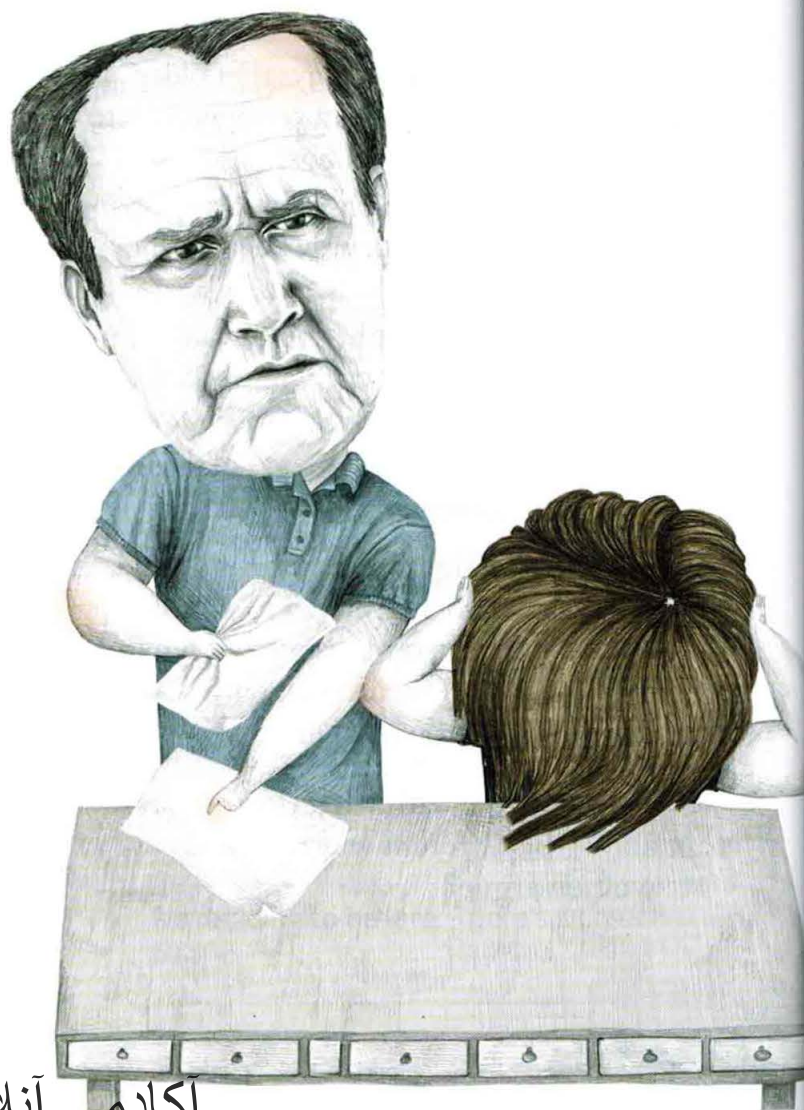
a 47)) You're going to listen to a psychologist giving some tips to help people when they disagree with somebody about something. Listen once and tick (✓) the six things she says.

- 1 ☐ Think carefully what to say when you begin a discussion.
- 2 ☐ Try to 'win' the argument as quickly as you can.
- 3 ☐ Say sorry if something really is your fault.
- 4 ☐ Never avoid an argument by refusing to talk.
- 5 ☐ Don't say things that aren't completely true.
- 6 ☐ Don't shout.
- 7 ☐ Don't talk about things that aren't relevant to the argument.
- 8 ☐ Use another person to mediate.
- 9 ☐ Postpone the argument until later when you have both calmed down.
- 10 ☐ It's a bad thing for a couple to argue.

b Listen again and with a partner, try to add more detail to the tips you ticked.

c 48)) Look at the sentences from the listening and try to work out what the missing words are. Then listen and check.

- 1 But of course it's **easier said** ____.
 - 2 If you're the person who's ____ **the** ____, just admit it!
 - 3 ...it's important to ____ **things** ____ **control**...
 - 4 Raising your voice will just make the other person ____ **their** ____, too.
 - 5 ...stop for a moment and ____ **a** ____ **breath**.
 - 6 It's also very important to ____ **the** **point**.
 - 7 There's much more chance that you'll be able to ____ **an** ____.
 - 8 ...____ **conflict** is an important part of any relationship...
- d With a partner, decide which two of the psychologist's tips you think are the most useful, and why they're useful.
- e ► **Communication Argument!** A p.107 B p.110. Role-play two arguments with a partner.
- f Did you follow any of the psychologist's advice about how to argue? Was there anything you should / shouldn't have done? Is there anything your partner should / shouldn't have said?



5 MINI GRAMMAR *would rather*

Men **would rather** keep quiet and avoid talking about any topics that may cause an argument.

Listen, **I'd rather** talk about this tomorrow when we've both calmed down.

- We use *would rather* with the infinitive without *to* as an alternative to *would prefer*, e.g.
I'd rather go on holiday in July than August.
Would you rather stay in or go out tonight?
I'd rather not go out tonight. I'm really tired.
NOT I'd not rather.
- We can also use *would rather* + person + past tense to talk about what we would prefer another person to do.
I'd rather you didn't smoke in here, if you don't mind.

a Re-write the sentences using *would rather*.

- I'd prefer to go to the cinema than to a club.
- I'd prefer not to go to the party if my ex is going to be there.
- Would you prefer to meet on Thursday morning or afternoon?
- My wife would prefer not to fly. She had a bad experience once.
- My husband would prefer to get a train to Manchester, not take the car.
- I'd prefer to come on Sunday, if that's OK.

b Work in pairs. Look at the options and take turns to ask and answer with *Would you rather...?* Say why.

- do an English course in London or New York
- have a summer holiday or a winter holiday
- work for yourself or work for a company
- go to a foreign restaurant for dinner or to a restaurant which serves food from your country
- read an e-book or a normal book
- have a four-by-four or a small sports car
- go to a concert or a sporting event
- live on your own or share a flat with friends

Would you rather do an English course in London or New York? (I'd rather do a course in New York because...

6 VOCABULARY verbs often confused

a Look at some extracts from the listening in 4. Circle the correct verb. What does the other verb mean?

- Try not to say...you never *remind* / *remember* to buy the toothpaste.
- If you follow these tips, you may often be able to *prevent* / *avoid* an argument.
- The most important thing is not to *rise* / *raise* your voice.

b ► p.158 Vocabulary Bank Verbs often confused.

c Complete the questions with the verbs from each pair in the right form. Then ask and answer with a partner.



- Do you _____ if people are a bit late when you have arranged to meet them, or do you think it doesn't _____? **matter** / **mind**
- Can you usually _____ family birthdays, or do you need somebody to _____ you? **remember** / **remind**
- Have you ever been _____ when you were on holiday? What was _____? **steal** / **rob**
- What would you _____ people to do if they want to come to your country in the summer? What might you _____ them to be careful about? **advise** / **warn**
- Do you think taking vitamin C helps to _____ colds? What other things can people do to _____ catching colds? **avoid** / **prevent**

7 4 10)) SONG My Girl 🎵

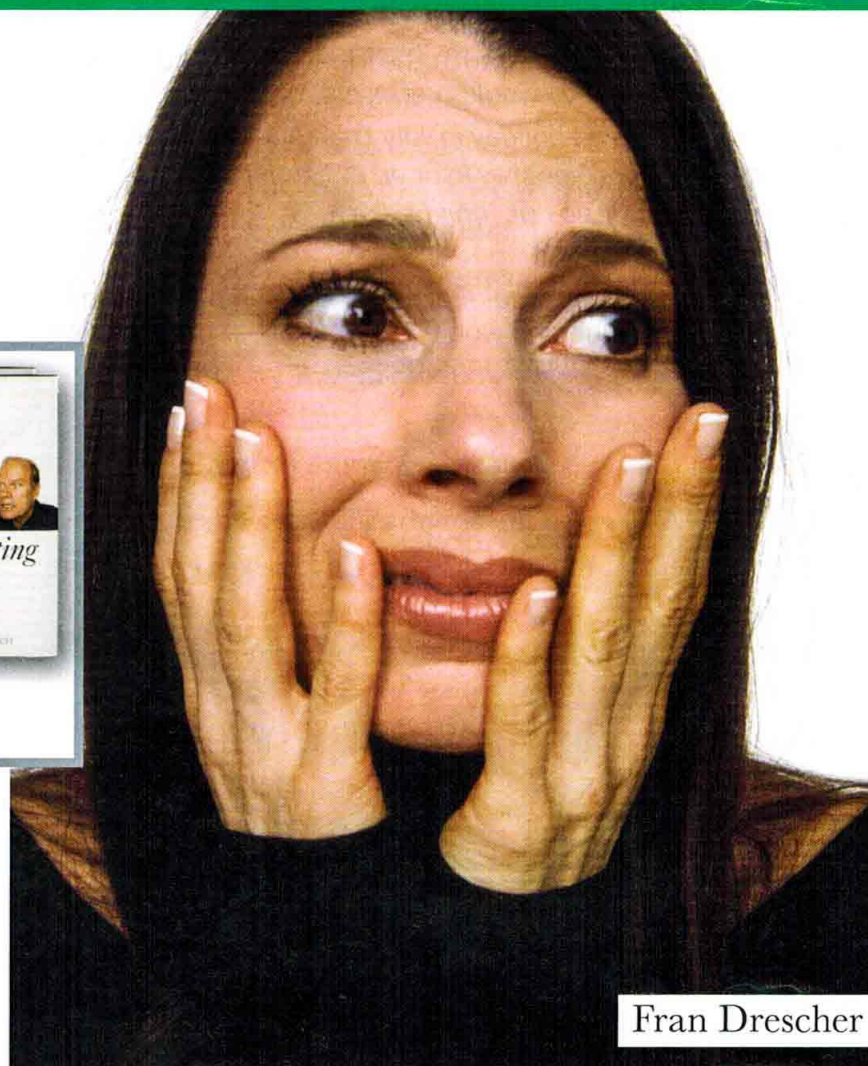
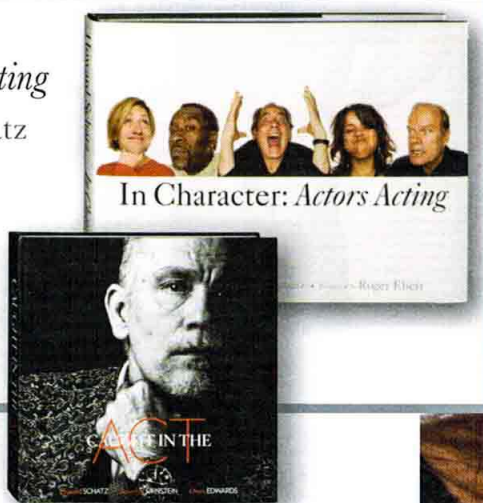
7B Actors acting

1 GRAMMAR verbs of the senses

- a Read the introduction to Howard Schatz's book. Then look at the photo of actress Fran Drescher playing a role. In pairs, choose **a**, **b**, or **c**.

In Character: *Actors Acting*
Caught in the Act: *Actors Acting*

The photographer Howard Schatz had a very unusual idea for his books. He invited actors into his studio, and asked them to 'be' certain characters in certain situations, and then he photographed them.



Fran Drescher

- 1 I think she **looks**...
 - a scared
 - b miserable
 - c embarrassed
 - 2 I think she **looks like**...
 - a a teenage student
 - b a young mother
 - c a young business woman
 - 3 I think she **looks as if**...
 - a she has just had some bad news
 - b she is watching something on TV
 - c she has just heard a noise
- b (4 11)) Now listen to someone talking about the photo. Were you right?
- c Look at the sentences in a. What kind of words or phrases do you use after *looks*, *looks like*, and *looks as if*?
- d ► p.145 Grammar Bank 7B. Learn more about using the verbs of the senses, and practise them.
- e (4 13)) Listen to these sounds. What do you think is happening? Use *It sounds as if...* or *It sounds like...*
- (It sounds as if somebody's scored a goal.
- (It sounds like a football match.
- f ► Communication Guess what it is A p107 B p111. Describe objects for your partner to identify using *looks*, *feels*, *smells*, or *tastes* + an adjective or + *like* + noun.

2 SPEAKING & LISTENING

- a Look at some more photos from the book. Describe how you think the characters are feeling.

(I think she looks very pleased with herself..

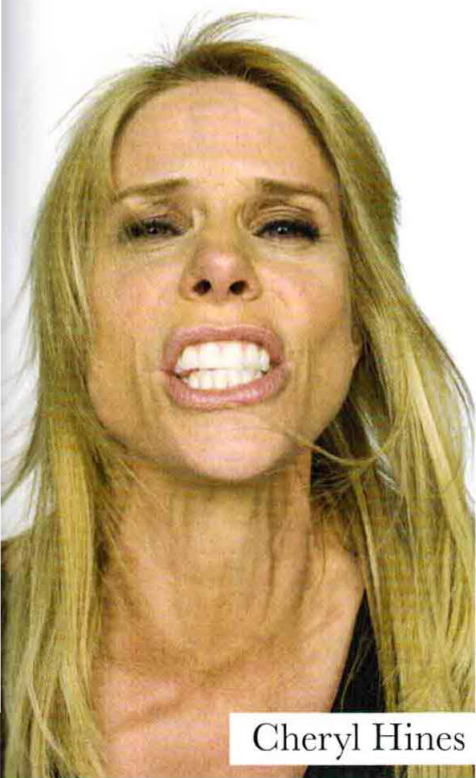
- b Answer the questions with a partner.

Who do you think looks ...?

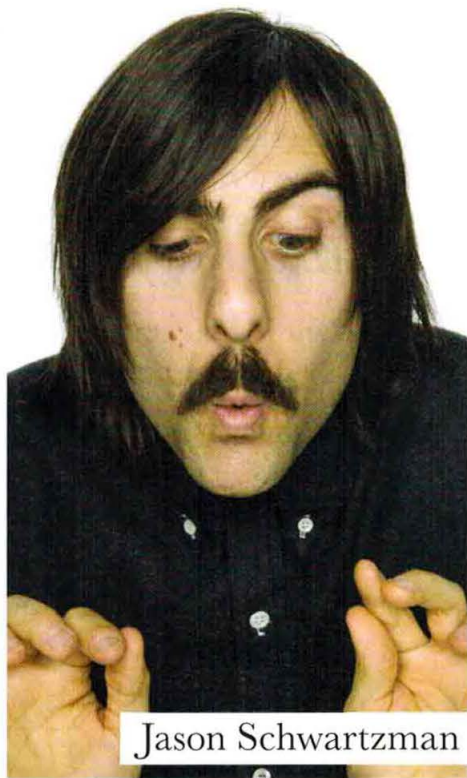
- 1 like a child who's doing something naughty
- 2 like somebody who's apologizing to someone
- 3 like a very proud parent or teacher
- 4 as if they have just seen something awful
- 5 as if they are eating or drinking something that tastes terrible
- 6 as if they're going to hit somebody

- c (4 14)) Listen and check.

- d Listen again. What exactly were the roles each actor was asked to play?
- e How do you think acting is different when you are working in...?
- a film and TV b theatre c radio



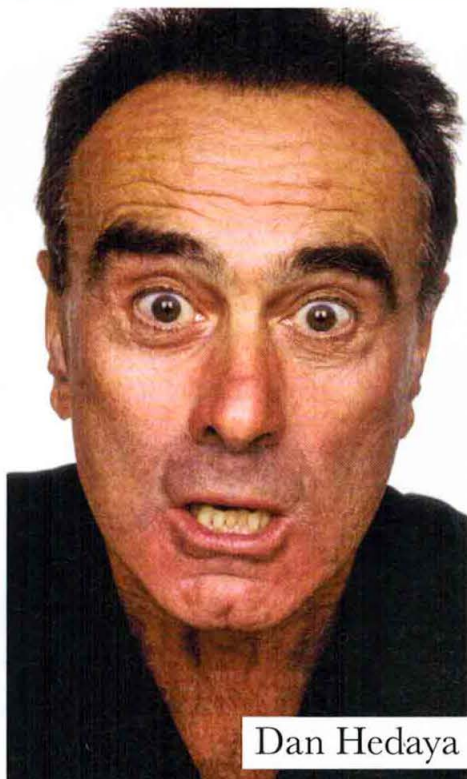
Cheryl Hines



Jason Schwartzman



Ellen Burstyn



Dan Hedaya



Jane Lynch



Steve Guttenberg

f 4 15))) Now listen to an interview with Tim Bentinck, who has been working as a radio actor for many years. What is the main way in which he says radio acting is different from other kinds of acting?

g Listen again and answer the questions.

- 1 What two things does he say radio actors use to convey feelings?
- 2 Complete the tip that a radio actor once gave him: You have to be able to ____ one eyebrow with your ____.
- 3 What technique does he use to help convey the feeling of happiness?
- 4 What are radio actors trying to do when they read a script?

h Do you have radio dramas in your country? Do you ever listen to them?

3 MINI GRAMMAR as

a Look at some extracts from 2f, and then read the rules about *as*.

*Tim Bentinck has been working **as** a radio actor for many years.*

*'It's **as** naturalistic **as** you can make it sound – to lift it off the page, to make it sound **as** though you're not reading it.'*

We can use *as* in many different ways:

- 1 to describe somebody or something's job or function: *She works as a nurse. You can use that box as a chair.*
- 2 to compare people or things: *She's as tall as me now.*
- 3 to talk about how something appears, sounds, feels, etc.: *It looks as if it's going to snow.*
- 4 to give a reason: *As it was raining, we didn't go out. (as = because)*
- 5 to say that something happened while something else was happening: *As they were leaving the postman arrived. (as = when / at the same time)*

b Decide how *as* is used in each sentence and match them to uses 1–5 above.

- A ☐ I don't think his performance in this series was as good as in the last one.
- B ☐ That picture looks as if it has been painted by a child.
- C ☐ You can use that glass as a vase for the flowers.
- D ☐ I got to the airport really quickly as there was hardly any traffic.
- E ☐ As he was driving home it started to rain.
- F ☐ You sound as if you've got a bad cold.
- G ☐ His hair went greyer as he got older.
- H ☐ He got a job with the BBC as a programme researcher.

4 VOCABULARY the body

- a 4 16)) Look at a picture of another actress, Dame Helen Mirren. Match the words in the list with 1–9 in the photo. Listen and check.

☐ cheek ☐ chin ☐ eyebrow ☐ eyelash ☐ eyelid
☐ forehead ☐ lips ☐ neck ☐ wrinkles



- b ➤ p.159 Vocabulary Bank The body.

- c 4 20)) Listen and mime the action.

5 PRONUNCIATION silent letters

- a Cross out the 'silent' consonant in these words.

calf wrist palm wrinkles comb kneel thumb

- b 4 21)) Listen and check. What can you deduce about the pronunciation of...?

- *wr* and *kn* at the beginning of a word
- *mb* at the end of a word

- c Look at some more words with silent consonants. In pairs, decide which they are and cross them out. Use the phonetics to help you.

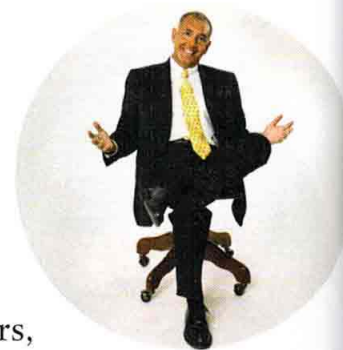
aisle /aɪl/ calm /kɑ:m/ climb /klaɪm/ design /dɪ'zain/
 doubt /daʊt/ fasten /'fɑ:sn/ half /hɑ:f/ honest /'ɒnɪst/
 knock /nɒk/ muscle /'mʌsl/ whistle /'wɪsl/ whole /həʊl/

- d 4 22)) Listen and check. Then practise saying the phrases below.

half an hour I doubt it calm down an aisle seat, please
 designer clothes anti-wrinkle cream kneel down

6 READING & LISTENING

- a Look at the title of the article and read the subheading. Why do you think the writer called his book *What Every Body is Saying* and not *What Everybody is Saying*?



- b Read the article once and then in pairs, answer the questions.

- 1 Why wasn't the man being questioned one of the main suspects?
- 2 Why did the agent ask him the question about four different murder weapons?
- 3 How did the man show that he committed the murder?
- 4 Why was Joe Navarro a very successful FBI agent?
- 5 What are the two kinds of communication he mentions?
- 6 Why can't we usually identify non-verbal signs?

WHAT EVERY BODY IS SAYING

IT'S ESTIMATED THAT AS MUCH AS 80% OF OUR INTERACTION WITH OTHERS IS THROUGH NON-VERBAL COMMUNICATION, OR BODY LANGUAGE.

- 1 The man sat at one end of the table, carefully planning his replies. He wasn't considered a major suspect in the murder case. He had an alibi which was credible, and he sounded sincere, but the agent pressed on, and asked a series of questions about the murder weapons:



'IF YOU HAD COMMITTED THE CRIME, WOULD YOU HAVE USED A GUN?'



'IF YOU HAD COMMITTED THE CRIME, WOULD YOU HAVE USED A KNIFE?'



'IF YOU HAD COMMITTED THE CRIME, WOULD YOU HAVE USED AN ICE PICK?'



'IF YOU HAD COMMITTED THE CRIME, WOULD YOU HAVE USED A HAMMER?'

- c Read the article again, and find synonyms for the words and phrases below.

Paragraph 1

- 1 believable _____
- 2 honest, not pretending _____
- 3 continued in a determined way (verb) _____

Paragraph 2

- 1 watched _____
- 2 meaning (noun) _____
- 3 seen _____

Paragraph 3

- 1 thought to be responsible for _____
- 2 find the meaning of _____
- 3 make it possible for _____

Paragraph 4

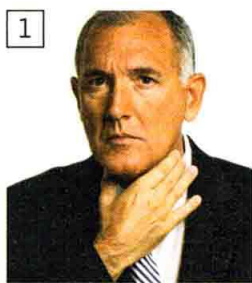
- 1 identify _____
- 2 succeed in getting _____
- 3 join together _____

2 One of the weapons, the ice pick, had actually been used in the crime, but that information had been kept from the public. So, only the killer would know which object was the real murder weapon. As Joe Navarro, the FBI agent, went through the list of weapons, he observed the suspect carefully. When the ice pick was mentioned, the man's eyelids came down hard, and stayed down until the next weapon was named. Joe immediately understood the significance of the eyelid movement he had witnessed, and from that moment the man became the chief suspect. He later confessed to the crime.

3 Joe Navarro is credited with catching many criminals in his 25-year career with the FBI. If you ask him how he has been able to do this, he says, 'I owe it to being able to read people'. In his best-selling book *What Every Body is Saying*, he teaches us how to decipher other people's non-verbal behaviour, and thus to enable us to interact with them more successfully.

4 'When it comes to human behaviours,' he says, 'there are basically two kinds of signs, verbal and non-verbal, e.g. facial expressions, gestures, etc. All of us have been taught to look for the verbal signs. Then there are the non-verbal signs, the ones that have always been there but that many of us have not learnt to spot because we haven't been trained to look for them. It is my hope that through an understanding of non-verbal behaviour, you will achieve a deeper, more meaningful view of the world around you – able to hear and see the two languages, spoken and silent, that combine to present human experience in all its complexity.'

- d Look at the pictures. With a partner, say how you think the people are feeling.



- e Now try to match the gestures to the feelings.

- | | | |
|-----------------------------------|--|---|
| <input type="checkbox"/> dominant | <input type="checkbox"/> friendly and interested | <input type="checkbox"/> in a good mood |
| <input type="checkbox"/> insecure | <input type="checkbox"/> nervous | <input type="checkbox"/> relaxed |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> stressed |

- f 423 Listen and check. Then listen again for more detail, and make notes.



-wards

We often add the suffix -wards to a preposition or adverb of movement to mean 'in this direction', e.g. *forwards, backwards, inwards, outwards, upwards, downwards*.

- g Test a partner. A make the gestures, one-by-one, but in a different order. B say what the gestures mean. Then swap roles.
- h Is there any gesture that you know you do a lot, like folding your arms or standing with your hands on your hips? Why do you think you do it?

7 SPEAKING & WRITING

- a ➤ **Communication** Two photos A p.108 B p.112. Describe your picture for your partner to visualize. Describe the people's body language, and how you think they are feeling.
- b ➤ **p.117 Writing** *Describing a photo*. Write a description of a picture speculating about what the people are doing, feeling, etc.

6&7 Colloquial English Talking about...

1 VIDEO THE INTERVIEW Part 1

- a Read the biographical information about Simon Callow. Have you seen any of his films?

Simon Callow is an English actor, writer, and theatre director. He was born in London in 1949 and studied at Queen's university, Belfast, and the Drama Centre in London. As a young actor he made his name when he played the part of Mozart in Peter Shaffer's production of *Amadeus* at the Royal National Theatre in London in 1979 and he later appeared in the film version. As well as acting in the theatre he has also appeared in TV dramas and comedies and in many films including *Four Weddings and a Funeral* and *Shakespeare in Love*. He has directed both plays and musicals and was awarded the Laurence Olivier award for Best Musical for *Carmen Jones* in 1992. He has written biographies of the Irish writer Oscar Wilde and Orson Welles, the American actor and film director. He was awarded the CBE in 1999 for his services to drama.



- b (4 24)) Watch or listen to part 1 of an interview with him. Mark the sentences **T** (true) or **F** (false).
- 1 His first job was as an actor at The Old Vic theatre.
 - 2 When he watched rehearsals he was fascinated by how good the actors were.
 - 3 Acting attracted him because it involved problem solving.
 - 4 Playing the part of Mozart in *Amadeus* was a challenge because he wasn't a fictional character.
 - 5 Mozart was the most exciting role he has had because it was his first.
- c Now listen again and say why the **F** sentences are false.

Glossary

The Old Vic one of the oldest and most famous of the London theatres
Amadeus is a play by Peter Shaffer about the life of the composer Wolfgang Amadeus Mozart. It was also made into a film of the same name. In the play, Mozart is portrayed as having a very childish personality, which contrasts with the genius and sophistication of his music.
The Marriage of Figaro one of Mozart's best-known operas
box office the place at a theatre or cinema where tickets are sold
rehearsals /rɪ'hɜːslz/ time that is spent practising a play or a piece of music
auditorium /ɔːdɪ'tɔːrɪəm/ the part of a theatre where the audience sits

VIDEO Part 2



- a (4 25)) Now watch or listen to **Part 2**. Answer the questions.
- 1 Which does he prefer, acting in the theatre or in films?
 - 2 Complete the two crucial differences he mentions about acting in the theatre:
There's an _____.
Every single performance is utterly _____.
 - 3 Who does he say are the most important people in the making of a film, the director, the editor, or the actors? Why?
 - 4 Does he think acting in film is more natural and realistic than theatre acting? Why (not)?
- b Listen again. What is he referring to when he says...?
- 1 'It's important because you have to reach out to them, make sure that everybody can hear and see what you're doing.'
 - 2 '...I mean you never do, you never can.'
 - 3 'So, in that sense, the actor is rather powerless.'
 - 4 '...there are some, you know, little metal objects right in front of you, sort of, staring at you as you're doing your love scene...'

Glossary

(film) editor the person whose job it is to decide what to include and what to cut in a film
editing suite /'edɪtɪŋ swi:t/ a room containing electronic equipment for editing video material

acting

Part 3

4 26)) Now watch or listen to Part 3. What does he say about...?

- 1 watching other actors acting
- 2 the first great actors he saw
- 3 Daniel Day-Lewis
- 4 wearing make up
- 5 the first night of a play



Daniel Day-Lewis



Laurence Olivier

Glossary

John Gielgud a famous stage and film actor (1904 – 2000)

Ralph Richardson a famous stage and film actor (1902 – 1983)

Laurence Olivier a famous stage and film actor (1907 – 1989)

Edith Evans a famous stage and film actor (1888 – 1976)

Peggy Ashcroft a famous stage and film actor (1907 – 1991)

Daniel Day-Lewis a famous film actor (1957 –)

stage fright nervous feelings felt by actors before they appear in front of an audience

2 LOOKING AT LANGUAGE

Modifiers

Simon Callow uses a wide variety of modifiers (*really*, *incredibly*, etc.) to make his language more expressive.

a 4 27)) Listen to some extracts from the interview and complete the missing adjective or modifier.

- 1 '...I thought what a wonderful job, what a _____ **interesting** job...'
- 2 'My job was to reconcile that with the fact that he wrote *The Marriage of Figaro*, and that was **tremendously** _____.'
- 3 '...its fame, almost from the moment it was announced, was **overwhelmingly** _____ than anything I had ever done...'
- 4 'They're _____ **different** media, they require different things from you as an actor...'
- 5 '...you bring _____ **different** things to them.'
- 6 'The beauty of the theatre is that every single performance is **utterly** _____ from every other one.'
- 7 'As a young man, and a boy, I was _____ **lucky** to see that fabled generation of actors, of, of Gielgud and Richardson, Olivier...'

3 IN THE STREET

a 4 28)) Watch or listen to four people talking about their favourite actors. Match the speakers (N, S, J, or M) to the actors.



Nathan,
English



Sean,
English



Jo,
English



Mairi,
Scottish

- | | |
|---|--|
| <input type="checkbox"/> Audrey Hepburn | <input type="checkbox"/> Jodie Foster |
| <input type="checkbox"/> Judi Dench | <input type="checkbox"/> Kevin Spacey |
| <input type="checkbox"/> Matt Smith | <input type="checkbox"/> Natalie Portman |
| <input type="checkbox"/> Olivia Colman | <input type="checkbox"/> Robert De Niro |
| <input type="checkbox"/> Russell Crowe | |

b Watch or listen again. Who (N, S, J, or M)...?

- ☐ likes one of the actors he / she mentions because he / she is very versatile
- ☐ has seen one of the actors he / she mentions in the theatre
- ☐ thinks his / her favourite actors express feelings very well
- ☐ says the actor he / she likes best was also in the film he / she likes best

c 4 29)) Watch or listen and complete the highlighted Colloquial English phrases. What do you think they mean?

- 1 '...actors who are that famous **have some sort of star** _____, ...'
- 2 'I think he just has an intensity, and a **a** _____ that makes you want to watch him.'
- 3 'My favourite film and my favourite performance **of** _____ is *The Deer Hunter*.'
- 4 '... I feel like she **put her** _____ **into everything**, ...'

4 SPEAKING

Answer the questions with a partner. Try to use a variety of modifiers.

- 1 What actors do you particularly enjoy watching? Why do you like them? Which performances particularly?
- 2 What's one of the best films you've seen recently? Why did you like it so much?
- 3 Do you ever go to the theatre? Do you prefer it to the cinema? Why (not)? What plays have you seen?
- 4 Have you ever acted in a play or film? What was it, and what part did you play? Did you get stage fright?

8A Beat the robbers...and the burglars

HOW NOT TO GET ROBBED IN THE STREET

1

You dramatically increase your chances of being robbed if you look as if you might have a lot of money on you. You don't have to look like a tramp, but you should try to look as if you aren't carrying much of value. If you're a tourist, keep your expensive camera or phone hidden.



2

This is especially true in countries where there are big income differences, and particularly in urban areas. Children are sadly often the most dangerous people on the street because they have nothing to lose. If you see a group of children coming towards you, ignore them completely and walk quickly to an area where there are plenty of other people.

3

If you see that people are watching you in a suspicious way, look straight back at them and make eye contact. If they were thinking of robbing you, it will make them realize that you may not be an easy target.

4

If you are a tourist and somebody in the street tells you to put your phone away, do it. Sometimes the locals can be overprotective because they want you to see the best side of their town, but it's always a good idea to take their advice. If they say don't go somewhere, don't.

5

The safest thing to do is to phone a reputable company every time you need one (your hotel can normally help with this). If you do have to get a taxi in the street, make sure it looks like a regulated one (e.g. one which has an official number or company phone number on it) and never ever get into a cab that has another person in the front passenger seat.

6

What's the first thing tourists do when they come out of Westminster Tube station in London? They look up at Big Ben, and then they pose to have their photo taken. When they're looking up, or looking at the camera, that's the moment when a pickpocket steals their wallet. Thieves also love the posters you see that warn tourists: 'Watch out! Pickpockets about!' When men read that their natural reaction is to immediately put their hand on the pocket where their wallet is, to make sure it's still there. The pickpockets are watching and so they see exactly where the man is carrying his wallet.

1 READING & LISTENING

- a Have you ever been robbed in the street? Where were you? What was stolen?
- b Read the article *How not to get robbed*. Match the headings to the paragraphs.
- A **Be careful when you're sightseeing**
B **Be smart about cabs**
C **Don't look too well off**
D **Keep an eye on the kids**
E **Listen to the locals**
F **Look confident**
- c Read the article again. Then cover the text and look at A–F. Can you remember the advice? What advice would you give someone to avoid being robbed in your town?
- d Look at the questions and predict the answers.

How to beat the burglars

- 1 How long do you think a burglar normally takes to search someone's house?
- 2 Which are the most common things that burglars steal, apart from money?
- 3 What one thing would be likely to stop a burglar coming into your house?
- 4 What factors influence a burglar to choose a house?
- 5 Why do some burglars prefer it if the owners are at home?
- 6 When are you most likely to be burgled, during the day or night?
- 7 How are burglars more likely to get into a house?
- 8 What is the best room in the house to hide your valuables?



- e **4 30** Listen to an interview with an ex-burglar. Check your answers to d.
- f Listen again for more detail. What reasons does he give for each answer? What tips can you learn from what he says to protect yourself from being burgled?
- g Of all the tips for keeping safe at home and in the street, which one do you think is the most useful? Why?

2 VOCABULARY crime and punishment

- a Match the words for people who steal with the definitions in the list.





burglar mugger pickpocket robber shoplifter thief

- 1 A _____ is someone who breaks in and steals from a private house.
 - 2 A _____ is someone who steals from a person or place, e.g. a bank, using or threatening violence.
 - 3 A _____ is someone who steals something from a shop.
 - 4 A _____ is someone who steals from you in the street, usually without you noticing.
 - 5 A _____ is someone who uses violence to steal from you in the street.
 - 6 A _____ is the general word for someone who steals from a person.
- b **4 31** Listen and check. Underline the stressed syllables.
- c ➤ p.160 Vocabulary Bank Crime and punishment.

3 PRONUNCIATION & SPEAKING the letter u

accuse burglar caught court drugs fraud judge
jury mugger murderer punishment smuggling

- a Look at the words in the list, which all have the letter *u* in them. Put them in the correct column below according to how the vowel sound is pronounced.

			ju:	

- b **4 34** Listen and check. Which two words are pronounced exactly the same?

- c Practise saying the sentences.

- 1 Luke was accused of smuggling drugs.
- 2 'Murderers must be punished,' said the judge.
- 3 The burglar is doing community service.
- 4 The jury said he was guilty of fraud.
- 5 The mugger was caught and taken to court.

- d Talk to a partner.

What are the most common crimes in your town or city?

What has been the biggest crime story in your country in the last few weeks?

Do you have trial by jury in your country?

Do you think it's a good system?

Do you have capital punishment in your country? If not, would you re-introduce it?

Do you know anyone...? What happened?

- who has been burgled
- who has been mugged
- whose car has been stolen
- who has been unfairly accused of shoplifting
- who has been stopped by the police while driving
- who has been robbed while on holiday
- who has been offered a bribe
- who has been kidnapped



4 MINI GRAMMAR

have something done

They look up at Big Ben, and then they pose to have their photo taken.

- Use *have (something) done* when you get another person to do something for you.
Compare:
I took a photo of Westminster Bridge = I took the photo myself.
I had my photo taken on Westminster Bridge = I asked someone to take my photo.
- *Have* is the main verb so it changes according to the tense.
I'm going to have my hair cut tomorrow. I had my car repaired after the accident.
- You can also use *get* instead of *have*, e.g. *I'm going to get my hair cut tomorrow.*

- a Complete the sentences with the right form of *have* + the past participle of a verb from the list.

cut install renew repair take

- 1 How often do you _____ your hair _____?
- 2 Have you ever had a problem with your laptop? Where did you _____ it _____?
- 3 Do you usually _____ your passport or ID card _____ in plenty of time before it runs out?
- 4 Have you _____ a burglar alarm _____ in your house or flat? What kind is it?
- 5 Have you ever _____ your photo _____ in front of a famous monument? Where?

- b Ask and answer the questions with a partner.

5 GRAMMAR the passive (all forms); *it is said that...*, *he is thought to...*, etc.

- a Read a true crime story. What does it advise us to be careful with? What happened to the woman?

Not her best buy

If a man approaches you outside a Best Buy store* with a complicated story about needing money to get home, and a surprisingly cheap iPad for sale, don't believe him!

A woman in Daytona Beach, Florida, ¹*learnt / was learnt* this the hard way after handing over \$400 for what turned out to be a square piece of wood with a piece of glass stuck to the front. When the man, 39-year-old Torrance Canady, who ²*had / was had* a long criminal record, ³*later caught / was later caught* by the police, several more fake Apple products ⁴*found / were found* in his car. There were two MacBooks which ⁵*had made / had been made* from wood and which were covered in silver tape. An Apple logo ⁶*had cut / had been cut* out in the middle, and a Best Buy price tag stuck on the back. Canady insisted that he ⁷*didn't know / wasn't known* the computers were fake and said he'd 'bought them in a nearby town for his girlfriend'. He ⁸*has charged / has been charged* with selling fake electrical equipment and ⁹*is holding / is being held* in Volusia County jail.

* Best Buy store = a US store selling electronic equipment

- f Use the notes below to complete a newspaper crime story.

Britain's most polite robber

Police in Stockport in the UK are looking for a man who ¹_____. (**believe / be Britain's most polite armed robber**)

The robber, who always says 'please' and 'thank you' when he orders shop staff to give him the money in the till, ²_____. (**say / be a tall man in his early forties**)

He wears a mask and washing-up gloves during robberies. It ³_____ at least four shops in Stockport in recent weeks. (**think / he / rob**)

A police officer said, 'He ⁴_____ (**report / be polite to his victims**), but there is nothing polite about armed robbery. Last week this man used a knife to threaten shop staff. They were terrified. Saying "please" and "thank you" cannot change that.'

6 READING

- a Look at the title of the article. What kind of crime(s) do you think it will be about?
- b Read the article once. Choose the best summary of the writer's opinion.
- A Illegal downloading of music is not necessarily bad for the music industry. In some ways it benefits it.
 - B There is no way of stopping illegal downloading. We will just have to learn to live with it.
 - C Illegally downloading music is the same as stealing it from a shop and it will ultimately harm the people who are committing the crime.
- c Read the article again. Answer the questions with a partner.
- 1 According to the writer, in what way do people have a different attitude to the online world?
 - 2 In what way is people's attitude to online music illogical?
 - 3 What did the government want to do? Who opposed this, and why?
 - 4 What is the writer's view about illegal downloading?
 - 5 Why does she compare fans who illegally download their idols' music to 'lovers' who 'watch you as you drown'?
 - 6 Why does she think that the people who download will be the losers in the long run?
- d Look at the **highlighted** words and phrases related to crime. In pairs, work out their meaning.

- b Read the story again. **Circle** the right form of the verb.

- c **4 35**) Now listen to another crime story. Answer the questions.

- 1 Where were the burglaries taking place?
- 2 What did he steal?
- 3 What did Cooper do apart from stealing?
- 4 What did he do if he found people at home?
- 5 How was he caught?
- 6 Where did the police find him?

- d Listen again and complete the extracts with the missing words. How is the structure different after *he is thought* and after *it is thought*?

- 1 ...he is thought _____ between 50 and 100 burglaries in the area.
- 2 It is believed _____ mainly interested in finding drugs...
- 3 Cooper is also said _____ himself at home in the houses.
- 4 ...it is thought _____ to know someone there.

- e ➤ **p.146 Grammar Bank 8A.** Learn more about the passive, and practise it.



Crime online

What is the world online? Is it real? Are we safe there? How should we behave there?

The answer is: it's just the internet. Our internet. The internet we made. It's exactly like the real world – just a place with shops, and information, where people chat – but on a computer. But for some reason, we won't accept so simple an answer. We think that, as soon as something is on the internet, it turns into something else, that it's not quite real.

Take for instance a song. When is a song not a song? When it's on the internet. If a song is on a CD, in a shop, we would not hesitate to pay for it. But if you put the same song on the internet, millions of people think that you can take the same song without paying for it. It's still the same song, written by the same people, who spent the same hours and same money recording it, but press a button and it's yours.

There are plenty of **justifications** for taking things for free on the internet. In fact, when the government proposed punishing illegal downloaders with internet disconnection, a lobby group of artists and musicians actually **campaigned** against it saying that 'it would reduce the **civil liberties** of every one of us in this country.'

But how can this be true? How is being **banned** from using the internet because you have committed a crime any different to being banned from a library because you stole some books from there? The internet isn't a necessity. It's thrilling and brilliant and useful most of the time, but it's not a right to be able to use it. We don't **have a right to** listen to the music we want, or watch the films we like, for free. These things are treats, pleasures, luxuries. Why is it considered a right? Because it's the internet. And why is the internet different from the rest of the world, where luxuries have to be paid for? Because...it's the internet.

There is also the argument that it's good for artists to be heard and seen. But what use are 9 million people who love your work, but not enough to want to pay you for your song or your film? Fans who don't pay their idols are like lovers who promise everlasting love but then sit and watch you as you drown.

Do you know who will end up suffering the most from all this? Young people, the ones who themselves are doing it. The music industry has shrunk 40% since 2000. Famous music magazines, like *Melody Maker* and *The Face*, have now closed. And young people who try to get jobs in the music industry complain about the low salaries, while they download hundreds of pounds worth of albums for free.

By The Times journalist Caitlin Moran

7 SPEAKING

a In groups, discuss the questions below:

Are these activities against the law in your country? Do you think they should be illegal? Why (not)? How do you think they should be punished?

Online world

- Downloading music, books, and films
- Hacking into somebody else's computer
- Posting aggressive or threatening 'tweets' or messages
- Photographing someone and posting the photo on the internet without their permission
- Using a false identity online
- Creating a computer virus

Real world

- Owning an aggressive breed of dog
- Squatting in an unoccupied house (living there without paying rent)
- Going on strike without having previously agreed / announced it
- Ill-treating an animal in any way
- Painting attractive graffiti on a wall or fence



Useful language: saying what you think (1)

When we are giving our opinion about the right way to punish someone, we often use **should + passive infinitive**.

<i>I think</i>	<i>it should be</i>	<i>illegal /</i>
<i>I don't think</i>		<i>against the law.</i>

<i>I think people who</i>	<i>should be</i>	<i>finned.</i>
<i>do this</i>		<i>sent to prison.</i>
<i>should be</i>		<i>banned from using</i>
		<i>the internet.</i>
		<i>made to...</i>

b Compare your ideas with other groups. Do you agree?

8 WRITING

► **p.118 Writing** Expressing your opinion. Write an article for a magazine saying what you think about either downloading music and films, or about squatting.

8B Breaking news

Home | World | UK | Business | Politics | Health | Education | Sci/Environment | Technology | Entertainment & Arts

1 SPEAKING & LISTENING

a Talk to a partner.

1 How do you normally find out...?

- the latest news
- what the weather's going to be like
- sports results and match reports
- what's on TV
- your horoscope
- film and book reviews
- job / accommodation adverts

2 Which sections of a newspaper do you normally read?
Which sections do you usually skip?

- | | | |
|------------|--------------------|-------------------------|
| • politics | • business | • food & lifestyle |
| • sport | • foreign news | • local / national news |
| • crime | • celebrity gossip | |

3 What stories are in the news at the moment in your country?

b Look at the photo and the headline from a news story.
What do you think the story is about?

Last updated 07:52



Love at first bite



c 438)) Listen and check. Were you right?

d Listen again and answer the questions.

- 1 Who is Soundari, and how old is she?
- 2 Why did the keepers build the snowmen?
- 3 What was inside one of the snowmen?
- 4 What did Soundari do when she saw the snowman?
- 5 Why is the film recorded on the camera very unusual?
- 6 What useful information did the keepers get from the film?

e Look at the photos and headlines from two more stories. What do you think they are about?

Last updated 15:09

Lost tourist finds herself



Dog phones for help



f ► **Communication** Strange, but true A p.107, B p.112.
Read the other two stories and tell each other what happened.

2 GRAMMAR reporting verbs

a Read a news story called *Chicken fight*. What was the 'chicken fight'? How did the local paper resolve the dispute? Would you like to try the dish?

b Read it again and match the highlighted phrases 1–6 in the text with the direct speech below.

- A ☐ 'I'll say sorry.'
B ☐ 'It's not true.'
C ☐ 'OK. I *did* see it there.'
D ☐ 'Would you like to make it for us?'
E ☐ 'OK, we'll do it.'
F ☐ 'You stole it.'

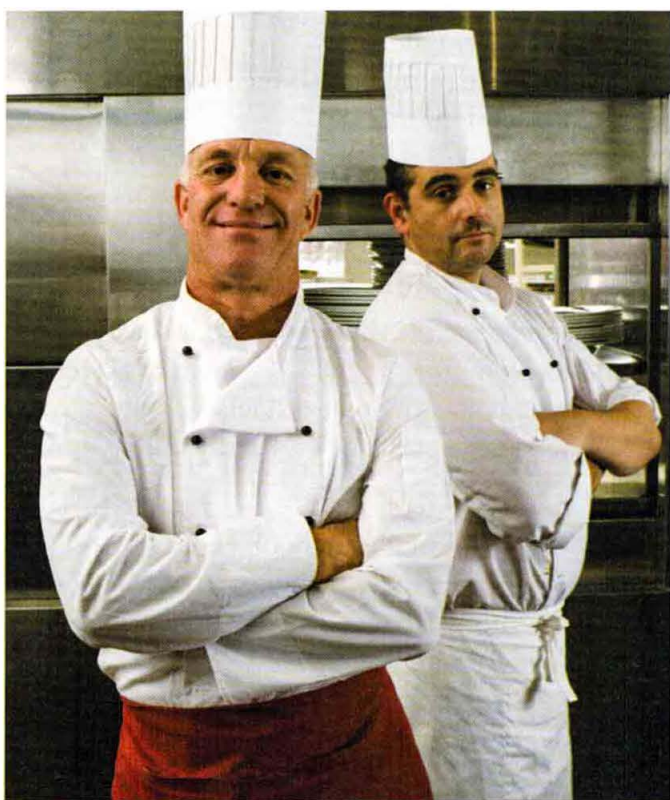
c Three of the four stories on these pages are true, but one was invented. Which do you think is the invented one?

d ► p.147 Grammar Bank 8B. Learn more about reporting verbs, and practise them.

Last updated 14:33

Chicken fight

By Sam Urban



Two chefs got into a fight last week after Andrew Palmer ¹accused Geoff Lewis of stealing one of his recipes and publishing it in a local newspaper.

Andrew Palmer, 28, claimed that he had invented the dish of cold chicken with strawberry mayonnaise at his Kent gastropub, The King's Head. However, restaurant chef Geoff Lewis, 30, who writes a weekly newspaper column on cooking, ²denied copying the recipe and said the dish was his own creation.

So, the local newspaper, the *Sidcup Echo*, ³invited both chefs to prepare the dish at their offices to see whose recipe it really was. They ⁴agreed to come, and the 'cook-off' took place yesterday. Newspaper staff tried both dishes and unanimously declared Andrew's to be the winner. Geoff's dish was said to be 'lacking in flavour'. He later ⁵admitted having seen the dish on the menu at Andrew's pub and he has ⁶offered to publish an apology in the following issue of the *Echo*. 'In any case,' he said later, 'I've decided that it works better with raspberries.'

3 PRONUNCIATION word stress

- a Look at the two-syllable reporting verbs in the list. All of them except four are stressed on the second syllable. Circle the four exceptions.

a|ccuse ad|mit ad|vise a|gree con|vince de|ny
in|sist in|vite o|ffer or|der per|suade pro|mise
re|fuse re|gret re|mind su|ggest thre|aten

- b 4 40))) Listen and check.



Spelling of two-syllable verbs

If a two-syllable verb ends in consonant, vowel, consonant, and is stressed on the second syllable, the final consonant is doubled before an -ed ending, e.g. *regret* > *regretted*, *admit* > *admitted* BUT *offer* > *offered*, *threaten* > *threatened*.

- c Complete the sentences below with the correct reporting verb in the past tense.

- | | |
|--|---|
| 1 'Shall I make some coffee?' | He <u>offered</u> to make some coffee. |
| 2 'No, I won't go.' | He _____ to go. |
| 3 'OK, I'll help you.' | He _____ to help me. |
| 4 'I'll call you. Believe me.' | He _____ to call me. |
| 5 'Remember to lock the door!' | He _____ me to lock the door. |
| 6 'You should buy a new car.' | He _____ me to buy a new car. |
| 7 'Would you like to have dinner?' | He _____ me to have dinner. |
| 8 'I didn't break the window!' | He _____ breaking the window. |
| 9 'Yes, it was me. I stole the money.' | He _____ stealing the money. |
| 10 'I wish I hadn't married Susan.' | He _____ marrying Susan. |
| 11 'Let's go to a club.' | He _____ going to a club. |
| 12 'You killed your boss.' | The police _____ him of killing his boss. |

- d 4 41))) Listen and check.

- e 4 42))) Cover the examples in c. Now listen to the sentences in direct speech in a different order. Say the reported sentence.

OK. I'll help you. } { He agreed to help me.

4 READING & VOCABULARY the media

- a Read an extract from *24 Hours in Journalism*, showing what six different people are doing between 6.00 and 8.00 in the morning. Match the extracts with the kind of journalists below.

☐ a war reporter ☐ the online editor of the magazine *Marie Claire* ☐ a paparazzo (pl *papparazzi*)
☐ a radio news presenter ☐ an agony aunt ☐ a freelance journalist

When reporter and author John Dale wanted to show his readers what the life of a journalist was really like, he wrote to journalists from all different types of media and asked them to describe a typical day in their working life.

6 a.m. – 8 a.m.

- 1 Helen Russell wakes up excited, with a Frank Sinatra song running through her head like a mantra... *New York New York*

The first thing she reaches for is her BlackBerry. She's got all her complex life locked up in that electronic matchbox. Well-manicured fingers tap keys, and she starts looking at her diary. She sees meetings, meetings...

In her head Helen is already choosing the wardrobe she needs to wear, to look like her ¹ _____ would like to look themselves. When you're this kind of journalist you have to look ² _____.

- 2 'You're listening to *Today on Radio 4* with Justin Webb and James Naughtie. The ³ _____ this morning... The Chancellor has warned that the row about paying bonuses threatens to put jobs at risk... but Labour have accused him of putting the economy into reverse... A new ⁴ _____ says that old people who need care have been let down by social services which pass them round like a parcel...'

- 3 'Anything happening?'

'Two IEDs have exploded this morning.'

'How many have you found?'

'Fourteen.'

It's a bad start to the day, and a warning. Sommerville climbs into a British armoured vehicle. It is a dangerous ⁵ _____, although he is well used to that. His life is one of bloody headlines. Wherever he is, that's the Big Story. The army convoy moves forward. Sommerville knows it's not if another bomb will ⁶ _____, it's *when*.

- 4 A limousine sweeps along Wilshire Boulevard, Los Angeles, and turns in between the palm trees which mark the driveway of an undistinguished chain hotel. It pulls up, and a uniformed commissionaire steps forward and reaches for the handle of the rear door.

He pulls it open, and a woman's legs appear. He ⁷ _____ her face and says, 'Good evening, Madam.' The woman smiles and walks through the door into the lobby.

Outside in the hotel grounds a man carrying several large cameras ⁸ _____ a call on his mobile.

'She's here'.

- 5 Samantha Booth gets out of bed, goes into the kitchen and makes the first coffee of the day. She sits at her computer and opens her emails.

Gimme work, gimme work

She's been sending out lots of ideas, hoping that at least one of her stories would be accepted. She ⁹ _____ down the screen. Nothing. Zilch. Samantha is starting to feel sidelined. She ¹⁰ _____ the TV and stares at the news, hardly taking it in. Why don't editors reply?

- 6 While organizing her three children for school, Katie Fraser switches on her computer. She ¹¹ _____ dozens of Facebook groups dealing with everything, from drugs to abandoned wives, to panic attacks and premature babies.

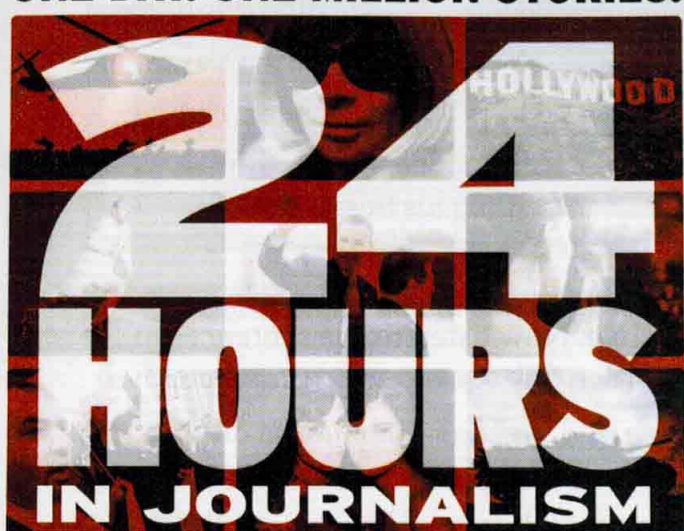
She ¹² _____ her messages. The first one says 'I've had enough of feeling like this now. Doctors keep giving me pills but they don't work...'

Fraser has to take the dog for a walk as well as get her kids ready for school. 'Come on, everyone,' she keeps saying, 'Time to go.'

Glossary

The Chancellor (of the Exchequer) The senior finance minister in the British government
IED Improvised Explosive Device (small home-made bomb)
commissionaire attendant, a person whose job it is to help or serve
gimme slang, contraction of 'give me'
zilch nothing (informal, US English)

ONE DAY. ONE MILLION STORIES.



- b Read the extract again. Choose the best option a, b, or c to complete the gap.

- | | | |
|------------------|---------------|--------------|
| 1 a readers | b viewers | c audience |
| 2 a hard-working | b intelligent | c glamorous |
| 3 a titles | b headlines | c story |
| 4 a report | b article | c news |
| 5 a arrangement | b assignment | c attachment |
| 6 a go off | b take off | c be off |
| 7 a reminds | b recognizes | c realizes |
| 8 a makes | b does | c phones |
| 9 a downloads | b scrolls | c clicks |
| 10 a turns down | b turns off | c turns on |
| 11 a leads | b posts | c runs |
| 12 a controls | b checks | c saves |

c Which of the six jobs in the book extract sounds...?

- the most interesting
- the most stressful
- the most insecure
- the most fun

Which job would you most / least like to have?

d ► p.161 Vocabulary Bank *The media.*

5 SPEAKING

Talk in small groups.

1 Do you have a favourite...?

- a newsreader
- b film or TV critic
- c sports writer or commentator
- d TV or radio presenter
- e newspaper journalist

What do you like about them? Are there any that you can't stand?

2 Which newspapers, TV channels, or radio stations in your country do you think are...?

- a biased
- b reliable
- c sensational

3 Is there much censorship in your country?

4 Look at the topics below and decide if you personally agree or disagree with them. Then, in your groups, discuss them. What is the majority opinion on each topic?

It's not acceptable for journalists to listen in on politicians' phone calls and hack into their email accounts.

The print newspaper is dead. We will soon read all our news online.

Celebrities have to accept that the media publishes stories and photos about their private lives. That is the price they pay for being rich and famous.

Useful language: saying what you think (2)

In my opinion / view...

If you ask me...

Personally I think...

celebrities should...

Agreeing / disagreeing

I completely agree. / I don't agree at all.

I think / don't think you're right.

6 LISTENING

a 4 46)) Look at photos of six celebrities. Do you know anything about them? Listen to an interview with Jennifer Buhl, one of the paparazzi who work in the Hollywood area. Why are the celebrities mentioned?



Brad Pitt



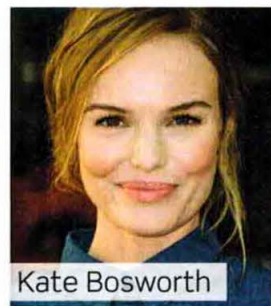
Britney Spears



Lindsay Lohan



Julia Roberts



Kate Bosworth



Paris Hilton

b Listen again and tick (✓) the things that Jennifer says.

- 1 Many celebrities work with the paparazzi.
- 2 There are far more male paparazzi than female.
- 3 Most celebrities have a favourite paparazzo or paparazza.
- 4 It's easy for celebrities to avoid the paparazzi if they want to.
- 5 If celebrities are not photographed, the public become less interested in them.
- 6 There is no need to have stricter laws to protect people from paparazzi.
- 7 Nowadays many paparazzi use their phones to take photos.
- 8 There are some places where paparazzi won't go to try and get photographs.
- 9 Being followed by paparazzi is not stressful for most celebrities.

c Who do the paparazzi follow a lot in your country? Why? Are there any celebrities who rarely appear in the press?

7 4 47)) SONG News of the World



7&8 Revise and Check

GRAMMAR

Complete the second sentence so that it means the same as the first.

- I'm almost sure you left your phone in the restaurant.
You _____ left your phone in the restaurant.
- Why didn't you tell me it was your birthday?
You _____ me it was your birthday!
- I'm sure the backpackers haven't got lost.
The backpackers _____ lost.
- What would you prefer to do tonight, go out or stay in?
What would you _____ tonight, go out or stay in?
- I think somebody has tried to break in.
It looks _____ somebody has tried to break in.
- This meat has a very similar taste to beef.
This meat _____ beef.
- My brother is a waiter in a restaurant.
My brother works _____ in a restaurant.
- The accident happened when they were repairing the road.
The accident happened when the road _____.
- They'll probably never find the murderer.
The murderer will probably _____.
- People think the burglar is a teenager.
The burglar is thought _____ a teenager.
- People say that crime doesn't pay.
It _____ that crime doesn't pay.
- We need to install a burglar alarm in our house.
We need to have a _____ in our house.
- 'I think you should talk to a lawyer,' I said to Sarah.
I advised Sarah _____ to a lawyer.
- 'I didn't kill my husband,' Margaret said.
Margaret denied _____.
- 'I'm sorry I'm late,' James said.
James _____ late.

VOCABULARY

a Circle the correct verb.

- Please *remind* / *remember* the children to do their homework.
- A I'm terribly sorry.
B Don't worry. It doesn't *mind* / *matter*.
- The robbers *stole* / *robbed* €50,000 from the bank.
- If you know the answer, *raise* / *rise* your hand, don't shout.
- Don't *discuss* / *argue* about it! You know that I'm right.
- My brother *refuses* / *denies* to admit that he has a problem.

b Circle the word that is different.

- | | | | |
|------------|----------|---------|------------|
| 1 palm | calf | wrist | thumb |
| 2 kidney | lung | hip | liver |
| 3 wink | wave | hold | touch |
| 4 robber | vandal | burglar | pickpocket |
| 5 fraud | smuggler | theft | terrorism |
| 6 evidence | judge | jury | witness |

c Write the verbs for the definitions.





- _____ to bite food into small pieces in your mouth
- _____ to rub your skin with your nails
- _____ to look at sth or sb for a long time
- _____ to make a serious, angry, or worried expression
- _____ to find a way of entering sb's computer
- _____ to demand money from sb by threatening to tell a secret about them
- _____ to give sb money so that they help you especially if it's dishonest
- _____ to leave your job (esp. in newspaper headlines)

d Complete the missing words.

- The Sunday Times TV **cr**_____ wrote a very negative review of the programme.
- This paper always supports the government. It's very **b**_____.
- The journalist's report was **c**_____ by the newspaper. They cut some of the things he had wanted to say because of government rules.
- My favourite **n**_____ is the woman on the six o'clock news on BBC1.
- The article in the newspaper wasn't very **acc**_____ - a lot of the facts were completely wrong.

PRONUNCIATION

a Circle the word with a different sound.

- | | | | |
|---|--------|-----------|------------|
| 1  elbow | frown | shoulders | hold |
| 2  lay | nails | raise | biased |
| 3  fraud | murder | burglar | journalist |
| 4  aunt | heart | charge | stare |
| 5 /ju:/ | argue | refuse | news jury |

b Underline the main stressed syllable.

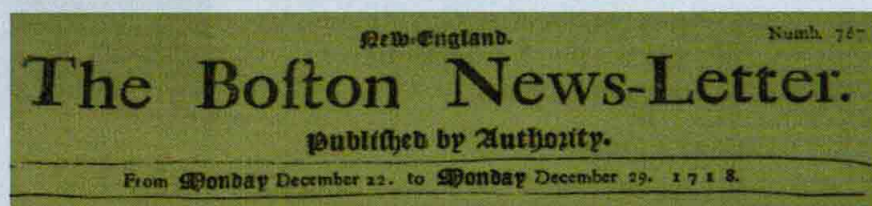
- | | | |
|------------------|---------------|-----------|
| 1 re a lize | 2 kid ney | 3 kid nap |
| 4 co mmen ta tor | 5 ob jec tive | |

CAN YOU UNDERSTAND THIS TEXT?

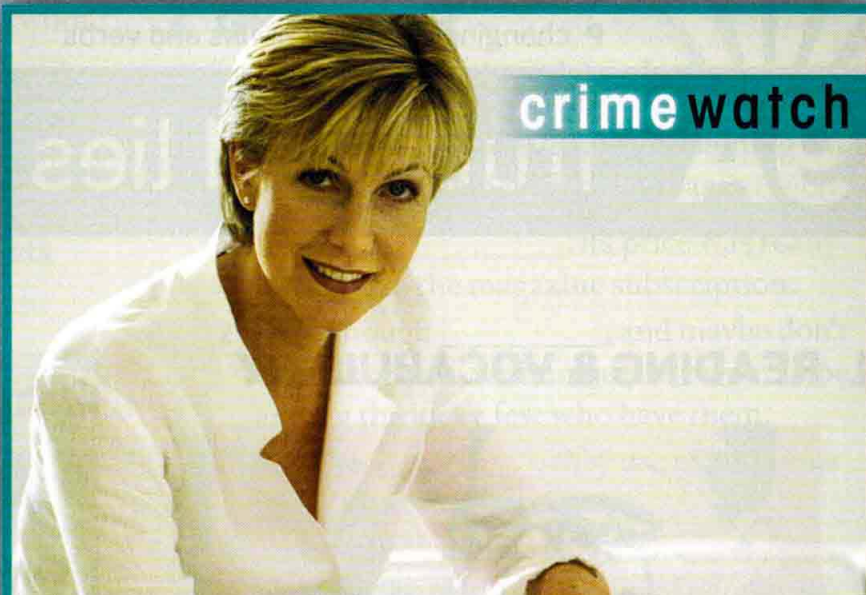
- a Read the article once. What was ironic about Jill Dando's murder?
- b Read the article again. Mark the sentences T (true) or F (false).
- 1 Ex-criminals reconstruct their crimes on *Crimewatch*.
 - 2 The objective of the programme is to solve crime.
 - 3 More than 50% of the crimes featured on *Crimewatch* are solved as a result of the show.
 - 4 A neighbour discovered Jill Dando's body about 15 minutes after she died.
 - 5 The press thought that her murder was possibly connected to her job.
 - 6 The programme itself was used to try to catch Dando's murderer.
 - 7 The police arrested Barry George immediately after the reconstruction.
 - 8 Barry George was known to stalk women.
 - 9 George had said that he was innocent.
 - 10 All the jury believed he was responsible for the murder.
- c Choose five new words or phrases from the text. Check their meaning and pronunciation and try to learn them.

VIDEO CAN YOU UNDERSTAND THIS FILM?

- 448)) Watch or listen to a short film on the Speed of News and answer the questions.



- 1 How can ordinary people become journalists nowadays?
- 2 How many newspapers are there in the Newseum?
- 3 Which famous person appeared in the Boston Newsletter in 1718?
- 4 In the early days of journalism how did journalists get their stories to the nearest printing press?
- 5 Why was the news out of date by the time it reached the public?
- 6 Which invention changed the history of journalism?
- 7 What were two reasons why the news reporting on the American Civil war wasn't very accurate?
- 8 Which inventions created the age of mass media?
- 9 How do visitors to the HP New Media Gallery see the day's latest news stories?
- 10 Why did the news of the plane landing on the Hudson River reach the world so quickly?



Who murdered Jill Dando?

The killing of a popular BBC journalist and TV presenter has baffled police and crime experts for many years.

One of the strangest unsolved crimes in the UK in recent years was the murder of Jill Dando, a well-known and much-loved presenter on the BBC programme *Crimewatch*.

On *Crimewatch*, major crimes are reconstructed by actors in the hope that members of the public will come forward with new information to help the police catch the criminals involved. According to the producers of the show, about a third of its cases are solved, half of which as a direct result of viewers' calls. These have included some of Britain's most notorious crimes, such as kidnappings and murders.

But on the morning of 26th April 1999 Jill Dando herself became a victim of a violent crime. As she was about to open the front door of her house in West London she was shot once in the head. Her body was discovered about a quarter of an hour later by her next-door neighbour.

At first there was great media speculation that the murderer might have been a criminal who had previously been convicted and imprisoned because of Jill Dando's investigative work on *Crimewatch*, but the police later discounted this theory. In fact, *Crimewatch* reconstructed the presenter's murder in an attempt to aid the police in the search for her killer, but a year later, despite an intensive police investigation no arrest had been made. The police began to focus their attention on 38-year-old Barry George, who lived about half a mile from Dando's house. He had a history of stalking women and other anti-social and attention-seeking behaviour. George was put under police surveillance, and on 25 May 2000 he was arrested and charged with Dando's murder. He was tried at the Old Bailey court in London and he pleaded not guilty to murder. The jury reached a majority verdict – George was found guilty and sentenced to life imprisonment, despite the fact that the only forensic evidence linking him to the crime was a tiny microscopic particle in his pocket, which experts believed could be gunpowder. George appealed unsuccessfully against the sentence on two occasions, but after a third appeal he was acquitted and released from prison, after serving eight years of his life sentence. Jill Dando's murder remains unsolved.

9A Truth and lies

1 READING & VOCABULARY



- a** Look at the advert and answer the questions with a partner.
 - 1 What is it being advertised?
 - 2 What decade do you think it's from?
 - 3 Why do you think they used a doctor in the advert?
- b** Read the first paragraph of the article and check your answers to **a**.
- c** Read the whole article and answer the questions. Write **1–4** next to sentences A–F.

Which company (or companies)...

- A ☐ ☐ deceived the public by pretending that their product had properties which it didn't really have
- B ☐ ☐ used a celebrity or a professional person in order for them to associate their product with a healthy lifestyle
- C ☐ used technology to create a false impression
- D ☐ admitted that they had made a claim that wasn't true
- E ☐ admitted that they had done something wrong
- F ☐ was punished for their misleading advert

FOUR OF THE MOST MISLEADING ADVERTS OF ALL TIME

1 Cigarettes are not harmful to your health

Hard to believe, but there was a time when tobacco companies actually tried to make us believe that doctors approved of smoking, or that certain brands were better for your throat than others. This advert for Lucky Strike from the 1920s is just one of dozens of ads featuring doctors recommending or 'preferring' one brand over another. Tobacco companies continued to use doctors to convince the public to smoke until the 1950s when evidence showing the link between smoking and lung cancer became too strong to ignore.

2 The thinner the better

In 2009 fashion retailer Ralph Lauren made a series of **advertisements** using a model who was so heavily **airbrushed** that her waist appeared to be smaller than her head. The ads were widely criticized in the press and experts warned of the negative effect these kinds of images might have on young girls. Lauren threatened to sue a blogger, who was the first person to publish and comment on the image online. But later he made a statement apologizing and admitting that 'we are responsible for the poor imaging and retouching that resulted in a very distorted image of a woman's body.' However, he later fired the model in the advert, Fillipa Hamilton, because she was 'overweight' (she weighed 54 kilos).



3 Vitamins prevent cancer

In 2010 the pharmaceutical company Bayer was **sued** by the Center for Science in the Public Interest for running TV and radio **commercials** that suggested one of the ingredients in its *One A Day* vitamin supplement brand prevented prostate cancer. In fact, there is no scientific evidence that vitamins fight cancer in any way. Bayer eventually paid a fine and signed a legal agreement which banned it from **claiming** that vitamins can cure cancer.

4 You can lose weight without dieting or doing exercise

During the 1990s Enforma, a US fitness company, ran an advertising campaign using TV commercials in which baseball player Steve Garvey promoted two diet supplements, a 'Fat Trapper' that supposedly blocked the absorption of fat, and a product named 'Exercise In A Bottle'. These two products together, according to the ad, would allow you to lose weight without dieting or exercise and promised consumers that 'they would never have to diet again'. The Federal Trade Commission* (the FTC) took Garvey to court for making false claims about the product. So began an epic legal battle which the FTC ultimately lost when a federal court ruled that celebrity endorsers were not responsible for misleading statements in ads. However, this ruling eventually led to the passing of new regulations making it illegal for celebrities to make false statements of fact in advertisements.

* The Federal Trade Commission is an independent agency in the US which helps to protect consumers.

d Look at the **highlighted** words and phrases. With a partner, try to work out what they mean. Then match them with their meanings 1–11.

- 1 **advertisements** notices, pictures, or films telling people about a product
- 2 _____ **noun** advertisements on the radio or TV
- 3 _____, _____ **noun** two abbreviations for advertisements
- 4 _____ **verb** saying that sth is true
- 5 _____ famous people who promote a product
- 6 _____ **verb** digitally changed details in a photograph
- 7 _____ **noun** types of product made by a particular company
- 8 _____ **verb** took a person or company to court to ask for money because of something they said or did to harm you
- 9 _____ **adj** giving the wrong idea or impression, making you believe sth that is not true
- 10 _____ **noun** people who buy goods or use services
- 11 _____ a series of advertising messages with the same theme

e Do adverts or commercials in your country use any of the tricks mentioned in the text? Which ones?

2 LISTENING & SPEAKING

a Look at the advertisement for mascara. The ad campaign for this product was withdrawn because it was misleading. Why do you think it was misleading?



b 52)) Now listen to a radio programme about five tricks used by advertisers. Tick (✓) the things that the woman mentions that are often used in adverts:

- | | |
|--|--|
| <input type="checkbox"/> free gifts | <input type="checkbox"/> attractive models |
| <input type="checkbox"/> limited supplies of the product | <input type="checkbox"/> doctors and celebrities |
| <input type="checkbox"/> two for one offers | <input type="checkbox"/> smiling, happy families |
| <input type="checkbox"/> animals and nature | <input type="checkbox"/> good music or a good song |
| <input type="checkbox"/> crowds of people | <input type="checkbox"/> recent studies |
| <input type="checkbox"/> a good slogan | <input type="checkbox"/> humour |

c Listen again. Why are the things you have ticked often a trick? Make notes.

d Talk in small groups.

- 1 Which of the marketing techniques in b might influence you to buy (or not buy) the product?
- 2 Have you bought something recently which wasn't as good as the advertisement made you think? How was the advert misleading?
- 3 What are viral adverts? Have you ever forwarded one to other people? Do you have a favourite one?
- 4 Can you think of a recent advert which made you not want to ever buy the product? Why did the advert have this effect on you?
- 5 Are there any brands which you think have a really good logo or slogan? Does it make you want to buy the products?

3 GRAMMAR

clauses of contrast and purpose

a Look at some extracts from the listening in 2, and complete them with the phrases A–G.

- 1 **In spite of** _____, its price was really included in the magazine subscription.
- 2 **Even though** _____, and maybe don't even like them, we immediately want to be among the lucky few who have them.
- 3 **So as to** _____, they use expressions like, 'It's a must-have'...
- 4 ...and they combine this with a photograph of a large group of people, **so that** _____.
- 5 The photo has been airbrushed **in order to** _____, with perfect skin, and even more attractive than they are in real life.
- 6 **Although** _____, do you really think she colours her hair with it at home?
- 7 It was probably produced **for** _____, and paid for by them, too.

- A the company itself
 B the actress is holding the product in the photo
 C we can't fail to get the message
 D make us believe it
 E we don't really need the products
 F what the advert said
 G make the models look even slimmer

b 53)) Listen and check. Then look at the seven phrases again, and the **highlighted** word(s) immediately before them. Which ones express a contrast? Which ones express a purpose?

c ➤ p.148 Grammar Bank 9A. Find out more about clauses of contrast and purpose, and practise them.

d **Sentence race:** Try to complete as many sentences as you can in two minutes.

- 1 I think the advertising of expensive toys should be banned, so that...
- 2 In spite of a huge marketing campaign,...
- 3 Although they have banned most cigarette advertising,...
- 4 She applied for a job with a company in London so as to...
- 5 He's decided to carry on working despite...
- 6 Even though the advert said I would notice the effect after a week,...
- 7 I took my new laptop back to the shop to...
- 8 We went to our head office in New York for...

4 READING & LISTENING

- a Look at the title of the article and the photos. What do you think the 'bagel test' is?
- b Read the article and check. Then in pairs say what you can remember about...
- 1 Paul Feldman's original job
 - 2 the incident that made him decide to change his job
 - 3 how the 'bagel habit' started, and what it consisted of
 - 4 why he started asking for money, and the proportion of people who paid
 - 5 his friends' and family's reaction to his change of job.
 - 6 how his business progressed
 - 7 the economic experiment he had (unintentionally) designed
- c You are going to hear an American economist talking about Paul Feldman's experiment. Before you listen, in pairs, predict the answers to the questions:
- 1 What was the average payment rate?
a 70%–80% b 80%–90% c 90%–100%
 - 2 Were smaller offices more or less honest than big ones?
 - 3 How often has the cash box been stolen?
 - 4 Did people 'cheat' more during good or bad weather?
 - 5 Did people 'cheat' more or less at Christmas? Why?
 - 6 Who cheated more, executives or lower status employees?
- d 56))) Listen and check your answers to c.
- e Listen again and choose a, b, or c.
- 1 More people paid in Feldman's own office...
a after he had caught somebody stealing
b because he asked them personally for the money
c because the workers were his colleagues
 - 2 Feldman eventually stopped selling bagels to...
a a company where less than 80% paid for their bagels
b a company where the money box got stolen
c a company where less than 90% paid for their bagels
 - 3 People are more honest in smaller companies because...
a they are more likely to get caught
b they would be more embarrassed about being caught
c there is more control over what goes on
 - 4 People 'cheat' more...
a after a day off
b before all public holidays
c before some public holidays
 - 5 Which of these people is most likely to pay?
a an administrative worker who doesn't like his boss
b an executive who is very popular with his staff
c an employee who likes the company where he works
- f If Feldman left a basket of bagels in your school or work place, what proportion do you think would pay?

What The Bagel Man Saw

Would you pass the bagel test?

Once upon a time, Paul Feldman dreamed big dreams. While studying agricultural economics at Cornell, he wanted to end world hunger. Instead, he ended up taking a job with a research institute in Washington, analysing the weapons expenditures of the United States Navy. He was well paid and unfulfilled. 'I'd go to the office Christmas party, and people would introduce me to their wives or husbands as the guy who brings in the bagels,' he says. "Oh! You're the guy who brings in the bagels!" Nobody ever said, "This is the guy in charge of the public research group."

The bagels had begun as a casual gesture: a boss treating his employees whenever they won a new research contract. Then he made it a habit. Every Friday, he would bring half a dozen bagels, a serrated knife, some cream cheese. When employees from neighbouring floors heard about the bagels, they wanted some, too. Eventually he was bringing in 15 dozen bagels a week. He set out a cash basket to recoup his costs. His collection rate was about 95 per cent; he attributed the underpayment to oversight.

In 1984, when his research institute fell under new management, Feldman said to management: 'I'm getting out of this. I'm going to sell bagels.'

His economist friends thought he had lost his mind. But his wife supported his decision. Driving around the office parks that encircle Washington, he solicited customers with a simple pitch: early in the morning, he would deliver some bagels and a cash basket to a company's snack room; he would return before lunch to pick up the money and the leftovers. Within a few years, he was delivering 700 dozen bagels a week to 140 companies and earning as much as he had ever made as a research analyst.

He had also – quite without meaning to – designed a beautiful economic experiment. By measuring the money collected against the bagels taken, he could tell, down to the penny, just how honest his customers were. Did they steal from him? If so, what were the characteristics of a company that stole versus a company that did not? Under what circumstances did people tend to steal more, or less?

5 MINI GRAMMAR

whatever, whenever, etc.

...a boss treating his employees **whenever** they won a new research contract.

We use *whenever* to mean at any time or it doesn't matter when, e.g. *Come and see me whenever you like.*

We can also use:

whatever (= anything), *whichever* (= anything, from a limited number), *whoever* (= any person), *however* (= in any way), *wherever* (= any place). They also mean it doesn't matter what / which / who / how / where, etc.

Complete the sentences with *whatever, whichever, whoever, whenever, however, or wherever*.

- 1 Please sit _____ you like.
- 2 There is a prize for _____ can answer the question.
- 3 _____ she opens her mouth she says something stupid.
- 4 I'm going to buy it _____ expensive it is!
- 5 _____ I give her, it's always the wrong thing.
- 6 I'll go by bus or train, _____ is cheaper.

6 VOCABULARY business

- a Look at some words from the *Honest workers or thieves?* article. With a partner, say what they mean.
- the head (of a company)
 - a department (of a company)
 - a colleague
 - set up (a business)
 - employees
 - customers

- b ➤ p.162 Vocabulary Bank *Business*.

- c Answer the questions with a partner.

What's the difference between...?

- 1 a customer and a client
- 2 a boom and a recession
- 3 increase and improve
- 4 rise and fall
- 5 export a product and import a product
- 6 a manager and an owner

7 PRONUNCIATION & SPEAKING

changing stress on nouns and verbs



Changing stress on two-syllable nouns and verbs

Some words change their stress depending on whether they are verbs or nouns. The nouns are usually stressed on the first syllable, e.g. *an **ex**port*, *a **re**cord* and the verbs on the second syllable, e.g. *to **ex**port*, *to **re**cord*. Words like this include: *increase, decrease, import, progress, permit, produce, refund, transport*.

- a Read the information in the box and practise saying each word both ways, as a verb and as a noun.
- b Underline the stressed syllable on the **bold** word.
 - 1 We're making good **pro|gress** with the report.
 - 2 The new building is **pro|gre|ssing** well.
 - 3 We **ex|port** to customers all over the world.
 - 4 One of our main **ex|ports** is wine.
 - 5 A Can you **re|fund** me the cost of my ticket?
B Sorry, we don't give **re|funds**.
 - 6 Sales have **in|creased** by 10% this month, so there has been an **in|crease** in profits.
 - 7 The demand for organic **pro|duce** has grown enormously.
 - 8 Most toys nowadays are **pro|duced** in China.
 - 9 They're planning to **trans|port** the goods by sea.
 - 10 There has been a rise in the number of people using public **trans|port**.
- c 5 10))) Listen and check. Practise saying the sentences.
- d Talk to a partner.

In your country...

- 1 What agricultural products are produced or grown? What products are manufactured?
- 2 What are the main exports to other countries? What kind of products are usually imported to your country?
- 3 Is your country in a boom period, in a recession, or somewhere in between? How easy is it to find a job at the moment? Has the number of unemployed increased or decreased recently?

8 5 11))) SONG The Truth



9B Megacities

1 READING & SPEAKING

- What do you think a 'megacity' is? Read the introduction to the text to check your answer. With a partner, in two minutes list what you think are probably the biggest problems for people who live in a megacity.
- Read the article once. In which city are the things you discussed in a a problem: Tokyo, Mexico City, both, or neither?
- Read the article again. Then, in pairs, using your own words, say why the following are mentioned.

TOKYO

33 million eight million a letter from the train company
driving schools 25 square metres the *Hikikomori*
Rent a friend the *Hashiriya*

MEXICO CITY

taco stands Mariachi bands two-and-a-half hours
social imbalance kidnapping Kevlar

- Find words in the article which mean...

TOKYO

- _____ *adj* operated by machines not people (paragraph 1)
- _____ *adj* impossible to imagine (paragraph 1)
- _____ *noun* the number of people who don't have a job (paragraph 1)
- _____ *adj* with too many people in it (paragraph 2)
- _____ *noun* a feeling that you don't belong to a community (paragraph 3)
- _____ *noun* the feeling of not having any friends (paragraph 3)

MEXICO CITY

- _____ *noun* the process of making air (and water) dirty (paragraph 2)
- _____ *noun* the state of being very rich
- _____ *noun* the state of being poor
- _____ *adjective* not having a house

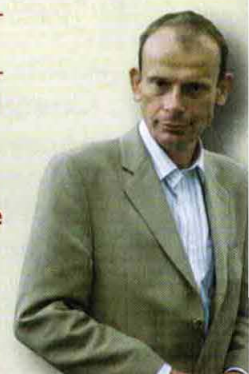
- Talk to a partner.

- If you had to go to work or study in either Mexico City or Tokyo, which would you choose, and why?
- What do you think are the main advantages of living in a big city?
- What's the biggest city you've ever been to? Why did you go there? What did you think of it?

Andrew Marr's Megacities

BBC | Wednesday 8.00 p.m.

By 2050, 70% of the world will live in cities, and by the end of the century three-quarters of the entire planet will be urban. There are now 21 cities called 'megacities', i.e. they have more than 10 million inhabitants. In Andrew Marr's BBC series *Megacities* he travelled to five of these cities, including Tokyo and Mexico City.



TOKYO

Tokyo, with a population of 33 million people, is by far the largest city in world. It's also the most technologically advanced, and the city runs like digital clockwork. The automated subway*, for example, is so efficient that it is able to transport almost eight million commuters every day and on the rare occasions that it goes wrong, nobody believes it. If you are late for work in Tokyo and, as an excuse, you say that your train was late, you need to provide written proof from the train company. The idea of late trains is almost unthinkable. There is very little crime, violence, or vandalism in Tokyo and the streets are safe to walk by day or night. There is also relatively low unemployment compared to other big cities in the world.

But such a huge population creates serious problems of space, and as Marr flew over Tokyo in a helicopter he saw football pitches, playgrounds, even driving schools constructed on top of buildings. Streets, parks, and subways are extremely overcrowded. Property prices are so high and space is so short that a family of six people may live in a tiny flat of only 25 square metres.

There are other problems too, of alienation and loneliness. The *Hikikomori* are inhabitants of Tokyo who cannot cope with 'the mechanical coldness and robotic uniformity' of a megacity and have become recluses, rarely or never leaving their homes. There is also a new business that has grown up in Tokyo which allows friendless people to 'rent a friend' to accompany them to a wedding or just to sit and chat to them in a bar after work.

Another strange group of people are the *Hashiriya*, Tokyo's street racers who risk their lives driving at ridiculous speeds along the city streets. During the week these men have ordinary jobs and they're model citizens. But on Saturday nights they spend the evening driving through the city as fast as they possibly can. It's a deadly game, but it's just one way of escaping the daily pressures of life in the metropolis.



* the underground or metro system



TOKYO



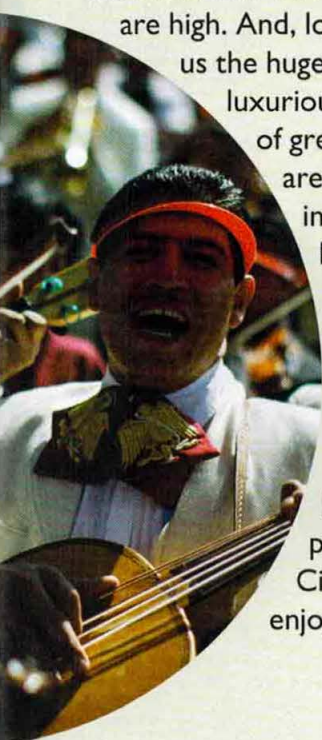
MEXICO CITY

MEXICO CITY

As a complete contrast to Tokyo, Marr takes us to Mexico City, a colourful and vibrant city of about 20 million people where people live their lives in the street. Marr says that 'in Mexico City, food and friendship go hand in hand'. The city is full of taco stands and cafés where people meet and socialize and Mariachi bands stroll through the boulevards and squares playing songs for money. And on Sundays people of all ages gather to dance in the street.

But it's a city with problems of its own, too. It can take two-and-a-half hours for commuters to drive to and from work in the rush hour through choking traffic fumes, and pollution levels are high. And, looking down from a helicopter, Marr shows us the huge social divide. On one hillside we see massive, luxurious houses and on the next hill, slums. It's a city of great wealth but also extreme poverty, and there are many homeless people. Because of this social imbalance it can be a dangerous city too, with high levels of crime, especially kidnapping. In fact, there are boutiques which sell a rather special line in men's clothes: the shirts, sweaters, and jackets look completely normal but are in fact bulletproof, made of reinforced Kevlar.

But despite the crime, the traffic, and the pollution Andrew Marr describes Mexico City as 'a friendly, liveable place' and the most enjoyable megacity of all that he visited.



2 VOCABULARY

word building: prefixes and suffixes



Prefixes and suffixes

A **prefix** is something that you add to the beginning of a word, usually to change its meaning, e.g. *pre* = before (*pre-war*), or a negative prefix like *un-* or *dis-* (*unhealthy*, *dishonest*). A **suffix** is something you add to the end of a word, usually to change its grammatical form, e.g. *-ment* and *-ness* are typical noun suffixes (*enjoyment*, *happiness*). However, some suffixes also add meaning to a word, e.g. *-ful* = full of (*stressful*, *beautiful*).

- a Read the information about prefixes and suffixes. What prefix can you add to *city* meaning *big*? What suffix can you add to *home* meaning *without*? Can you think of any other examples of words with this suffix?
- b ➤ p.163 Vocabulary Bank Word building.

3 PRONUNCIATION & SPEAKING

word stress with prefixes and suffixes



Word stress on words with prefixes and suffixes

We don't put main stress on prefixes and suffixes that are added to nouns and adjectives. However, there is usually secondary stress on prefixes, e.g. *un* in *unemployment*.

- a Underline the stressed syllable in these multi-syllable nouns and adjectives. The secondary stress has already been underlined.

ac|com|mo|da|tion an|ti|so|cial bi|ling|ual
en|ter|tain|ment go|vern|ment home|less
lon|e|liness mul|ti|cul|tu|ral neigh|bour|hood
ol|ver|crow|ded pol|ver|ty un|der|de|vel|oped
un|em|ploy|ment van|dal|ism

- b 5 16)) Listen and check. Practise saying the words.
- c Answer the questions below with a partner.

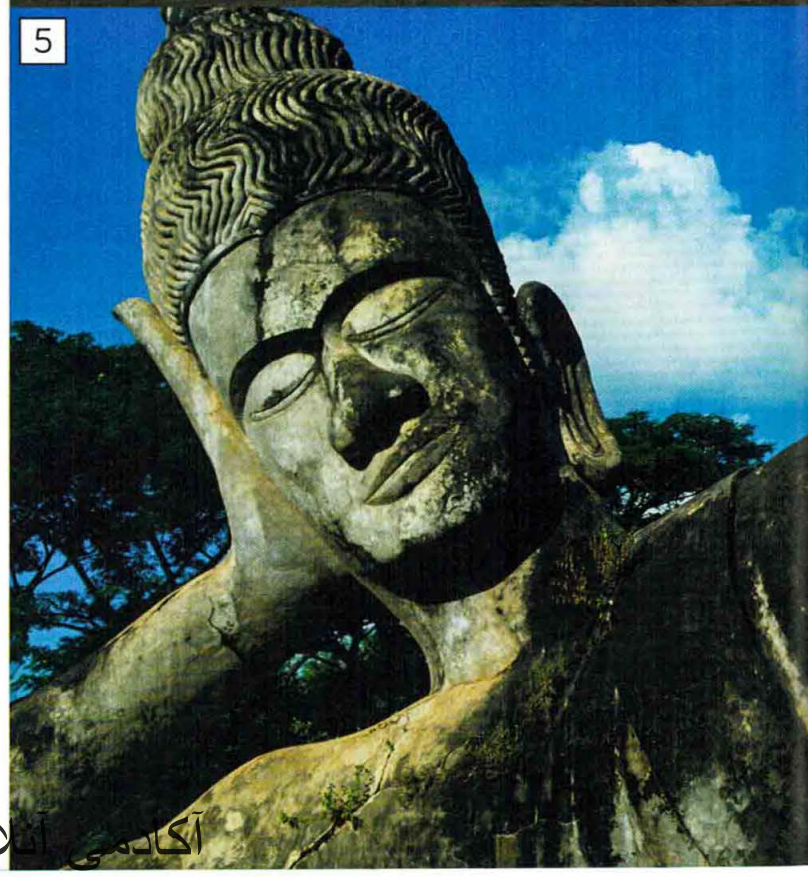
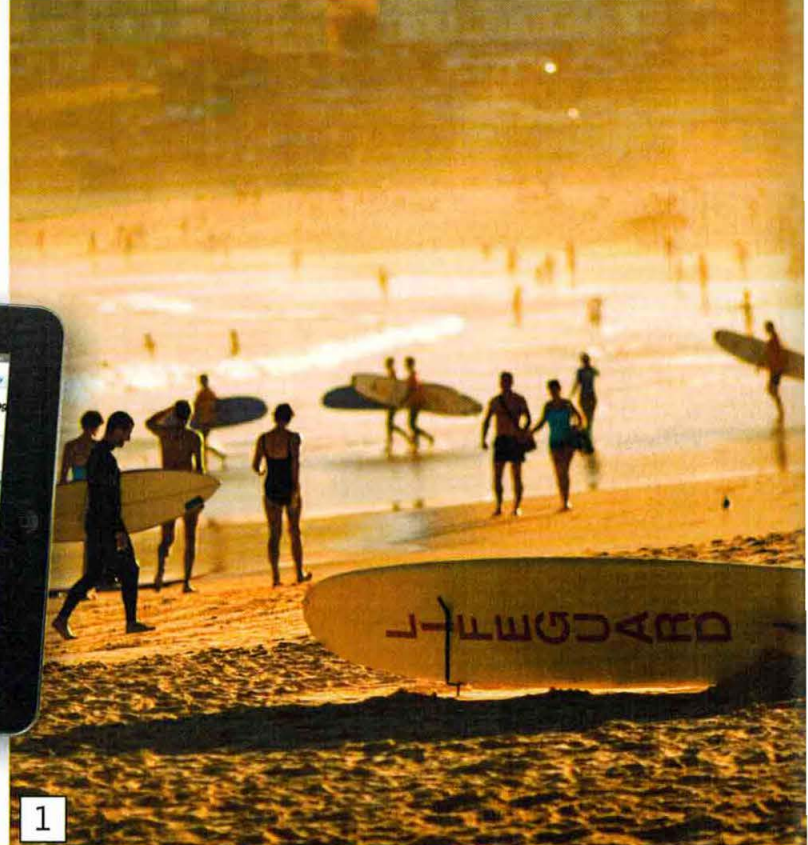
Which city (or region) in your country do you think...?

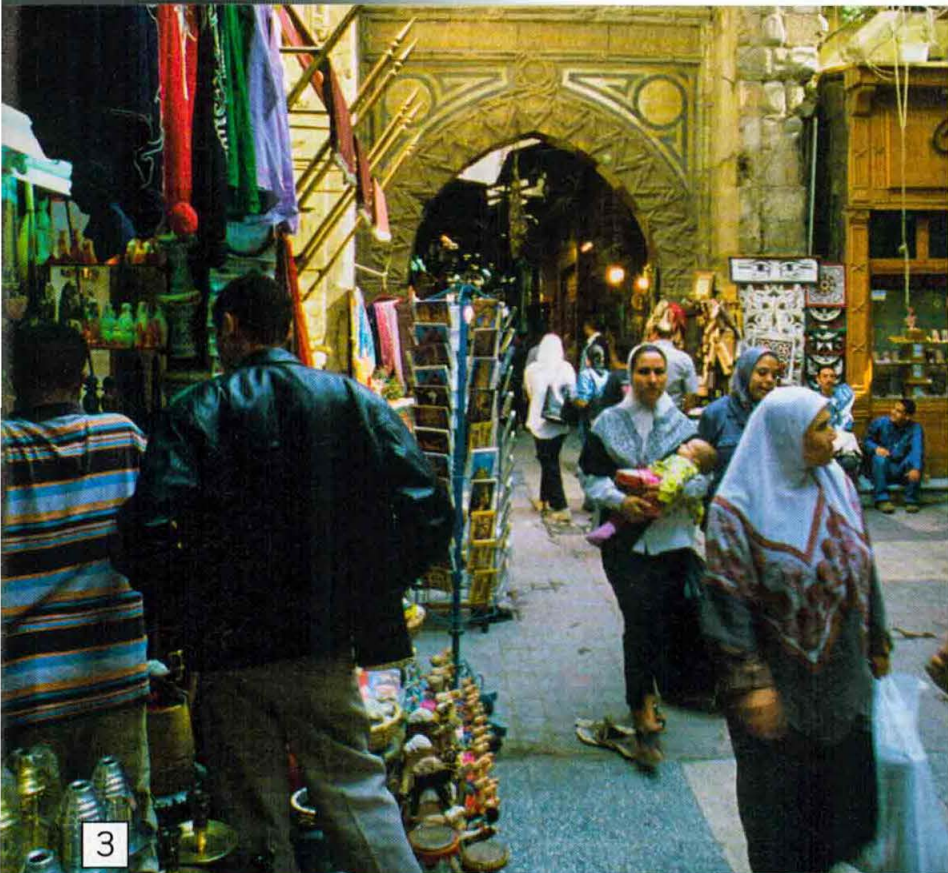
- is the most multicultural
- offers the best entertainment (for tourists / for locals)
- has a bilingual or trilingual population
- is very overcrowded
- has very serious pollution problems
- has a lot of homeless people
- has some very dangerous neighbourhoods
- has the highest rate of unemployment
- has the worst levels of poverty
- suffers from the worst vandalism and antisocial behaviour

4 LISTENING & SPEAKING



- a When you travel to another country or city, do you normally try to find out about it before you go? Where from? What kind of information do you look for?
- b You are going to listen to an interview with Miles Roddis, a travel writer for the Lonely Planet guidebook series, talking about his five favourite cities. Look at the photos, and try to guess which continent or country they were taken in.
- c (5 17)) Listen once and find out where they are. What personal connection does Miles have to each place?
- d Listen again and make notes. What does Miles say is special about each place?
- e (5 18)) Now listen to some extracts from the interview. Try to write in the missing words. What do you think they mean?
 - 1 ...there's wonderful surfing on Bondi beach and plenty of great little ____ for sunbathing and swimming.
 - 2 ...the choice of places to eat is ____.
 - 3 But what gives the city a special ____ during the festival is 'the Fringe'.
 - 4 And the Museum of Islamic Art has a whole lot of ____ pieces from Muslim times.
 - 5 Tuscany's two major tourist towns, Florence and Pisa, are absolutely ____ - ____ with tourists all year round...
 - 6 These walls are amazing – they're completely intact, and you can ____ into people's living rooms as you walk past.
 - 7 The Laotians are a lovely, ____, laid-back people.
 - 8 I remember looking down on it from one of the restaurants along its banks, and feeling that it was ____ all my troubles.
- f Talk in small groups.
 - 1 Which of the five places Miles mentions would you most like to go to? Why?
 - 2 What other cities would you really like to go to? Why?
 - 3 What are your two favourite cities (not including your own)?
 - 4 Of the cities you've been to, which one(s) have you liked least? Why?





5 GRAMMAR uncountable and plural nouns

a Circle the correct form. Tick (✓) if you think both are possible.

- 1 A good guidebook will give you *advice* / *advices* about what to see.
- 2 You may have *some bad weather* / *a bad weather* if you go to London in March.
- 3 When I was in Rome and Paris, *the accommodation was* / *the accommodations were* extremely expensive.
- 4 It's best not to take *too much luggage* / *too many luggages* if you go on a city break.
- 5 The old town centre is amazing, but *the outskirts is* / *the outskirts are* a bit depressing.
- 6 I really liked the hotel. The rooms were beautiful, and *the staff was* / *the staff were* incredibly friendly

b ➤ p.149 Grammar bank 9B. Learn more about uncountable nouns and plural and collective nouns, and practise them.

c Play **Just a minute** in small groups.

Just a minute

RULES

One person starts. He / she has to try to talk for a minute about the first subject below.

If he or she hesitates for more than five seconds, he / she loses his / her turn and the next student continues.

The person who is talking when one minute is up gets a point.

modern furniture
good advice you've been given
what's in the news at the moment
tourist accommodation in your country
the weather you like most
the most beautiful scenery you've seen
the traffic in your town / city
chocolate
the police in your country
clothes you love wearing

6 WRITING

➤ p.119 Writing Bank A report. Write a report for a website about good places for eating out or entertainment in your city.

8&9 Colloquial English Talking about...

1 VIDEO THE INTERVIEW Part 1

- a Read the biographical information about George Tannenbaum. Have you seen any adverts for the companies he has worked with?

George Tannenbaum was born in 1957 in Yonkers, New York and was educated at Columbia University in New York. He has worked on advertising campaigns for many well-known companies such as IBM, Mercedes-Benz, Gillette, Citibank, and FedEx. Today he is the Executive Creative Director at R/GA, an international advertising agency.



- b 5 21)) Watch or listen to **Part 1** of an interview with him and answer the questions.

- 1 Which other members of his family have worked in advertising?
- 2 When did George start working in advertising?
- 3 What wasn't he allowed to do when the family were watching TV?
- 4 Why does he think jingles are so memorable?
- 5 What kind of adverts were the H.O. Farina TV commercial?
- 6 What happens in the story of Wilhelmina and Willie?



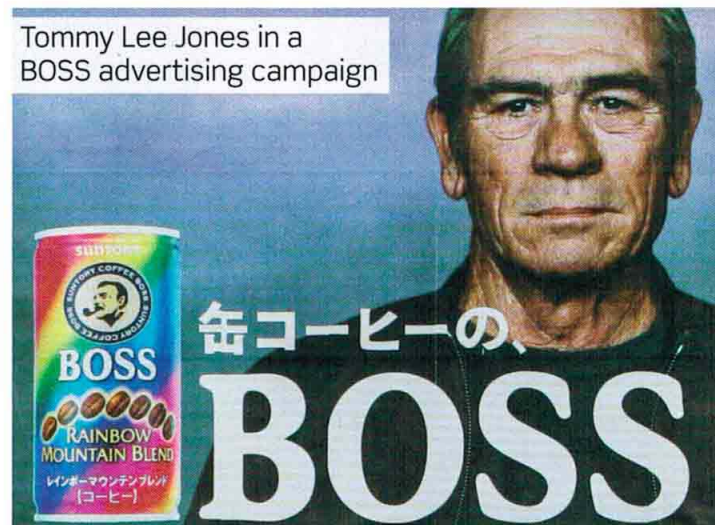
Glossary

jingle a short song or tune that is easy to remember and is used in advertising on radio or television.

H.O. Farina a company which has been making cereals since the 1940s. They ran an advertising campaign in the 50s based on a cartoon character called Wilhelmina.

VIDEO Part 2

Tommy Lee Jones in a BOSS advertising campaign



- 5 22)) Watch or listen to **Part 2**. Complete the notes with one or two words.

- 1 George says that a commercial is made up of three elements
 - 1 _____
 - 2 _____
 - 3 _____
- 2 The acronym AIDA stands for
 - A _____
 - I _____
 - D _____
 - A _____
- 3 According to George, using a celebrity in advertising is a way of _____, but he isn't a _____ of it.
- 4 George thinks that humour in advertising is _____.

Glossary

a depilatory /ə dɪ'pɪlətri/ a product used for removing unwanted hair

Tommy Lee Jones a US actor born in 1946, winner of an Oscar in the 1993 film *The Fugitive*.

Mad Men a well-known US TV series about advertising executives in the 1960s who worked in offices in Madison Avenue in New York

advertising

Part 3

5 23)) Watch or listen to **Part 3** and **circle** the correct phrase.

- 1 He thinks that billboard and TV advertising will *remain important* / *slowly decline*.
- 2 He tends to notice *both good and bad adverts* / *only well-made adverts*.
- 3 He thinks Nike adverts are very successful *because of their logo and slogan* / *because they make people feel good about themselves*.
- 4 He thinks Apple's approach to advertising was very *innovative* / *repetitive*.
- 5 Their advertising message was *honest and clear* / *modern and informative*.



billboard /'bɪlbɔːd/ a large board on the outside of a building or at the side of the road, used for putting advertisements on

2 LOOKING AT LANGUAGE



Metaphors and idiomatic expressions.

George Tannenbaum uses a lot of metaphors and idiomatic expressions to make his language more colourful, e.g. *took the baton* = carry on in the family tradition, (from relay races in athletics).

a 5 24)) Listen to some extracts from the interview and complete the missing words.

- 1 'You know they, what do they call them, _____ **worms**?'
- 2 'They **get into your** _____ and you can't get them out sometimes...'
- 3 'And I bet you I'm getting this _____ **for word** if you could find it.'
- 4 '...we do live in a celebrity culture and people, you know, **their ears** _____ **up** when they see a celebrity.'
- 5 'Um, have billboards and TV commercials **had their** _____?'
- 6 '...because you've got a **captive** _____.'
- 7 'they became kind of the gold standard and they rarely **hit a** _____ **note**.'

b Look at the expressions with a partner. What do you think they mean?

3 IN THE STREET

VIDEO

a 5 25)) Watch or listen to five people talking about advertising. How many of them say they are influenced by advertising campaigns?



Jeanine,
South
African



Dustin,
American



Elvira,
American



Ivan,
American



Yasuko,
American

b Watch or listen again. Who (J, D, El, I, or Y)...?

- ☐ is against adverts which can make smoking seem attractive to young people
- ☐ prefers to do their own research before they buy a product
- ☐ ☐ say that they are concerned about young people's health
- ☐ is not sure we should ban the advertising of unhealthy products
- ☐ thinks that women are sometimes exploited in advertising

c 5 26)) Watch or listen and complete the **highlighted** Colloquial English phrases. What do you think they mean?

- 1 '...when they see it they're very _____ to the adverts and then they want it immediately and it's a problem.'
- 2 'I am sure I am, probably **not consciously, but I'm sure** _____.'
- 3 'The only thing that _____ to _____ that should be banned from advertisement is...'
- 4 'That's _____ the only thing that I can think of.'
- 5 '...so I think that anything that **causes health** _____ or bad influences or addiction should be banned from being on commercials.'

4 SPEAKING

Answer the questions with a partner.

- 1 Do you think you're influenced by advertising campaigns?
- 2 Is there any product that you think **shouldn't** be advertised?
- 3 Are there any brands that you think make very good or very bad adverts?
- 4 Are there any jingles or slogans that you remember from your childhood? Why do you think they were so memorable? Are there any others that have got into your head since then?
- 5 Are there many billboards in your country? Do you think they make the streets uglier or more attractive?
- 6 How important do you think humour and celebrities are in advertising?

10A The dark side of the moon

1 SPEAKING & LISTENING

- a With a partner, discuss the statements below. Do you think they are **F** (facts) or **M** (myths)? Say why.
- b (5 27)) Listen to a scientist on a radio programme discussing each statement. Were you right?
- c With a partner, see if you can remember any of the explanations the scientist gave. Then listen again and make notes for each statement.
- d Do you know any other things that some people think are scientific facts, but are really myths?

SCIENTIFIC FACTS... OR MYTHS?

1 A coin dropped from a very high building can kill someone on the ground.

3 There is no part of the moon which is permanently dark.

5 Albert Einstein was very bad at maths at school.

7 A full moon makes people and animals go mad.

2 We only use ten per cent of our brains.

4 Rubber tyres protect a car from lightning.

6 Antibiotics don't kill viruses.

8 Bats are blind.

2 VOCABULARY & PRONUNCIATION

stress in word families, science

- a Look at these extracts from the listening in 1b and write the **highlighted** words in the table below.

This is one of the most popular **scientific** myths...

...until very recently **scientists** thought that this really was the case.

He got very high marks in maths and **science**.

person	adjective	subject
scientist		
chemist		
biologist		
physicist		
geneticist		

- b Now complete the chart for the other four words.

Stress in word families
In some word groups the stressed syllable changes in the different parts of speech, e.g. *geographer*, *geographic*, *geography*.

- c **5 28**) Listen and check. Then listen again and underline the stressed syllables in the words. In which groups does the stress change?

- d Practise saying the word groups.

- e Complete the sentences with a word from the list.

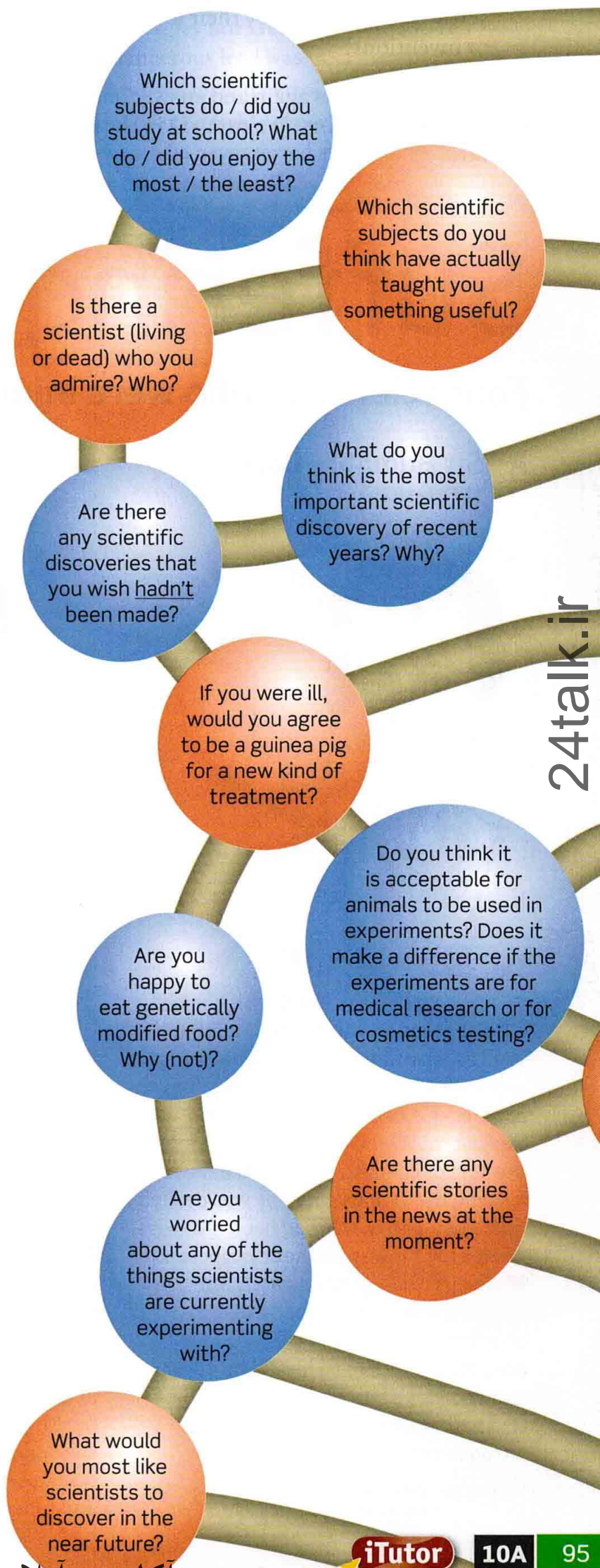
discovery drugs experiments guinea pigs laboratory
research side effects tests theory

- Scientists **carry out** *experiments* in a _____.
- Archimedes **made** an important _____ in his bath.
- Isaac Newton's experiments **proved** his _____ that gravity existed.
- Before a **pharmaceutical company** can sell new _____ they have to **test** them to make sure they are safe.
- Scientists have to **do** a lot of _____ into the possible _____ of new drugs.
- People can **volunteer** to be _____ in **clinical trials**.

- f **5 29**) Listen and check, and mark the stress on all the multi-syllable words in **bold**. Practise saying the sentences.

3 SPEAKING

Work with a partner. A interview B with the questions in the **red** circles. Then B interview A with the **blue** circles.



4 READING

- a You are going to read about four scientists who suffered to make their discoveries. Read the article once. How many of the scientists were killed by their experiments or inventions?
- b Read the extracts again and answer questions 1–8 from memory. Write **A–D** in the right box.

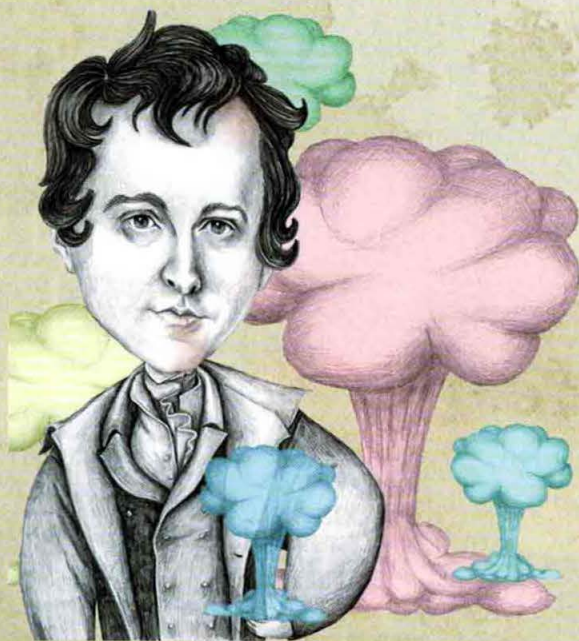
Which scientist or scientists...?

- 1 ☐ got ill after trying to show that his discovery was harmless
- 2 ☐ made a fatal mistake during an experiment
- 3 ☐ died of diseases he caught as a result of his experiment
- 4 ☐ caused the death of other scientists
- 5 ☐ used to breathe in toxic substances
- 6 ☐ was doing his experiments to reverse / stop the ageing process
- 7 ☐ is remembered today for the negative effects of his discovery
- 8 ☐ was not very successful in his first job

Suffering scientists

Four scientists who were injured or killed by their own experiments.

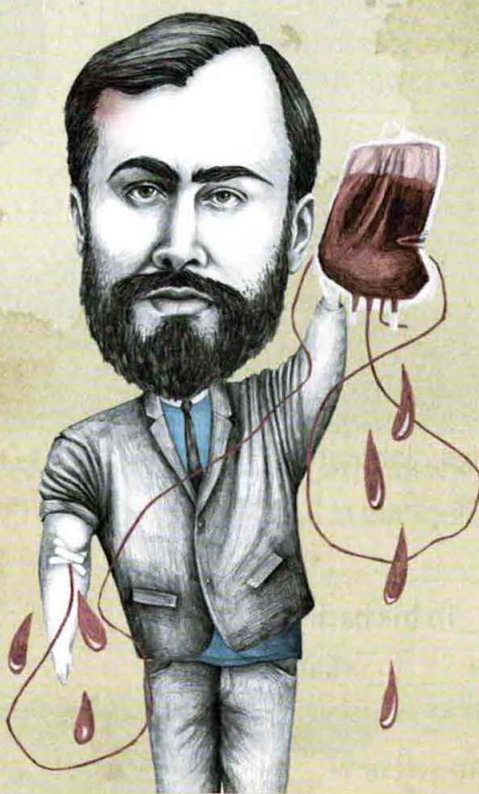
A Sir Humphry Davy
(1778–1829)



Sir Humphry Davy, the British chemist and inventor, had a very bumpy start to his science career – as a young apprentice he was fired from his job as an apothecary* because he caused too many explosions! When he eventually took up the field of chemistry, he had a habit of inhaling the various gases he was dealing with. Fortunately, this bad habit led to his discovery of the **anaesthetic** properties of nitrous oxide. Unfortunately, the same habit led him to nearly kill himself on many occasions and the frequent poisonings left him an invalid for the last two decades of his life. During this time he also permanently damaged his eyes in a **nitrogen** trichloride explosion.

* *apothecary* = person who in the past used to make and sell medicines

B Alexander Bogdanov
(1873–1928)



Alexander Bogdanov was a Russian physician, philosopher, economist, science fiction writer, and revolutionary. In 1924, he began experiments with **blood transfusion** – in a search for eternal youth. After 11 transfusions (which he performed on himself), he declared that he had stopped going bald, and had improved his eyesight. Unfortunately for Bogdanov, the science of transfusion was not very advanced and Bogdanov had not been testing the health of the blood he was using, or of the **donors**. In 1928, Bogdanov took a transfusion of blood infected with **malaria** and **tuberculosis**, and died soon after.

C Thomas Midgley
(1889–1944)



Thomas Midgley was an American chemist who helped to develop leaded petrol (**lead** was added to petrol to make car engines less noisy). General Motors commercialized Midgley's discovery, but there were several deaths from lead poisoning at the factory where the **additive** was produced. In 1924, Midgley took part in a press conference to demonstrate the safety of his product and he inhaled its vapour for a minute. It took him a year to recover from the harmful effects! Weakened by lead poisoning, he contracted **polio** at the age of 51, which left him disabled. He invented a system of ropes and pulleys so that he could pull himself out of bed, but his invention caused his death when he was strangled by the ropes. The negative impact on the environment of leaded petrol seriously damaged his reputation and he has been described as 'the human responsible for most deaths in history'.

- c 5 30)) Look at the **highlighted** words, which are all related to science and medicine. Do you know what they mean? Are they similar in your language? How do you think they are pronounced? Listen and check.

D Louis Slotin (1910–1946)

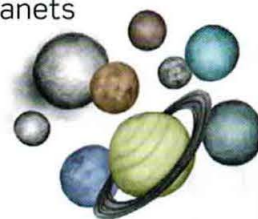
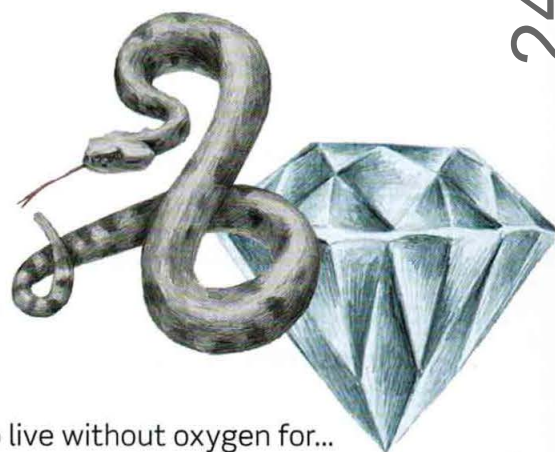
Louis Slotin, a Canadian physicist, worked on the Manhattan project (the American project which designed the first **nuclear** bomb). In 1946, during an experiment with plutonium, he accidentally dropped a container causing a critical reaction. Other scientists in the room witnessed a 'blue glow' and felt a 'heat wave'. Slotin had been exposed to a **lethal dose** of radiation. He rushed outside and was sick and then was taken to hospital. Although volunteers donated blood for transfusions, he died nine days later. Three of the other scientists who were present died later of illnesses related to radiation.



5 GRAMMAR quantifiers: all, every, both, etc.

- a With a partner **circle** the right word or phrase.
- 1 *Both* / *Both* of Sir Humphry Davy and Thomas Midgley damaged their health as a result of inhaling chemicals.
 - 2 *Either* / *Neither* Thomas Midgley nor General Motors were prepared to admit how dangerous lead was.
 - 3 Until 1973, *all* / *every* cars used leaded petrol.
 - 4 *All the* / *All* blood Bogdanov used in his experiments might have been contaminated, because he never tested any of it.
 - 5 Sir Humphry Davy was fascinated by *all* / *everything* to do with gases.
- b ➤ p.150 Grammar Bank 10A. Learn more about quantifiers, and practise them.
- c Do the Science quiz with a partner.

- 1 In Direct current, the electrons...
 - a move in only one direction
 - b move in both directions
 - c don't move at all
- 2 Helium gas can be found...
 - a only in liquid form
 - b in neither liquid nor solid form
 - c in both liquid and solid form
- 3 Adult giraffes remain standing...
 - a some of the day
 - b all day
 - c most of the day
- 4 Of all the water on our planet, ... is found underground.
 - a hardly any of it
 - b about half of it
 - c most of it
- 5 Snakes eat...
 - a only other animals
 - b either other animals or eggs
 - c either other animals or fruit
- 6 A diamond can be destroyed...
 - a by either intense heat or acid
 - b by both intense heat and acid
 - c only by intense heat
- 7 The human brain can continue to live without oxygen for...
 - a nearly two minutes
 - b nearly six minutes
 - c a few hours
- 8 In our solar system,...
 - a neither Pluto nor Neptune are now considered to be planets
 - b both Pluto and Neptune are considered to be planets
 - c Pluto is no longer considered to be a planet
- 9 When we breathe out,...
 - a most of that air is oxygen
 - b none of that air is oxygen
 - c some of that air is oxygen
- 10 An individual blood cell makes a whole circuit of the body in...
 - a nearly 60 seconds
 - b nearly 45 seconds
 - c a few minutes



- d 5 34)) Listen and check.



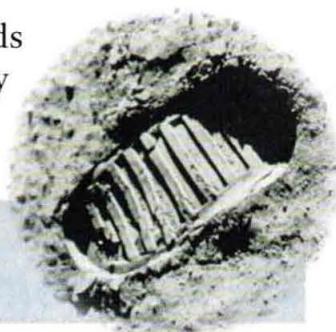
10B The power of words

1 GRAMMAR articles

a Who was the first man to land on the moon? In what year?

b (5 35)) Listen to him saying the first words spoken from the moon. With a partner, try to complete the sentence and answer the questions.

That's one _____ step for _____,
one giant leap for _____.



- 1 What do you think the difference is between *a step* and *a leap*?
- 2 What do you think *mankind* means?

c (5 36)) Listen to an interview about the moon landing. What was the controversy about the words Armstrong actually said? What's the difference in meaning between *a man* and *man*? Did new technology prove him right or wrong?

d Listen again and answer the questions.

- 1 When did Armstrong write the words he was planning to say when he first stepped on the moon?
- 2 Does Armstrong say he wrote '*That's one small step for man...*' or '*One small step for a man...*'?
- 3 Why doesn't the sentence everybody heard make sense?
- 4 What did Armstrong think he said?
- 5 Who is Peter Shann Ford? What did he discover?
- 6 How did Armstrong feel when he heard about this?

e Read some more facts about Armstrong. Are the **highlighted** phrases right or wrong grammatically? Correct the mistakes.

- 1 Neil Armstrong was born in **the USA**.
- 2 He was **a shy boy**, who loved **the books and the music**.
- 3 He studied aeronautical engineering **at the university**.
- 4 He was **the first man** who set foot on **moon**.
- 5 His famous words were heard **by people all over the world**.
- 6 Before becoming **a astronaut**, he worked for **the US navy**.
- 7 After 1994 he refused to give **the autographs**.
- 8 In 2005 he was involved in a lawsuit with an ex-barber, who tried to sell some of **the Armstrong's hair**.

f ➤ **p.151 Grammar Bank 10B**. Learn more about articles, and practise them.

g ➤ **Communication Geography true or false A p.108 B p.111**. Complete sentences about geography with articles.

2 READING

a Read extracts from four famous inspirational speeches. Match the summary of what they are saying to each speaker **EP**, **WC**, **NM**, and **BO**.

- 1 Although people don't believe we are capable of succeeding, if we really want to, we will be able to do it.
- 2 We are prepared to starve ourselves in order to draw attention to inequality.
- 3 However long it takes, we will carry on resisting the enemy and we will never give up.
- 4 I have fought all my life to end racial inequality.

b Read the speeches again and find words or phrases in the text for these definitions.

Emmeline Pankhurst

- 1 _____ *noun* refusing to eat to protest about something
- 2 _____ **IDM** about to die
- 3 _____ *noun* the people in power, e.g. in government
- 4 _____ *adj* very important, to be treated with great respect

Winston Churchill

- 1 _____ **PHR V** continue
- 2 _____ *adj* getting bigger
- 3 _____ *verb* give up, stop fighting

Nelson Mandela

- 1 _____ *verb* formal to love sth very much
- 2 _____ **IDM** formal if necessary

Barack Obama

- 1 _____ *verb* resist
- 2 _____ *noun* a person who doesn't believe that anything good can happen
- 3 _____ **IDM** when you have to think about how things really are, not how you would like them to be
- 4 _____ *noun* belief

c Which speeches seems to you to be the most / least inspirational? Why?

d (5 40)) Now listen to the extracts spoken by the people themselves (except Emmeline Pankhurst's which is read by an actress). Do you respond to any of them differently? Which do you think is more important, the words themselves or the way they were spoken?



EMMELINE PANKHURST

She was leader of the suffragette movement. In 1913, when women were campaigning for the right to vote. She gave the speech after several suffragettes had been imprisoned for attacking a policeman and chaining themselves to railings outside the Prime Minister's house in London.

“I have been in audiences where I have seen men smile when they heard the words “hunger strike”, and yet I think there are very few men today who would be prepared to adopt a “hunger strike” for any cause. It is only people who feel an intolerable sense of oppression who would adopt a means of that kind. Well, our women decided to terminate those unjust sentences at the earliest possible moment by the terrible means* of the hunger strike. It means you refuse food until you are at death's door, and then the authorities have to choose between letting you die, and letting you go.

Human life for us is sacred, but we say if any life is to be sacrificed it shall be ours; we won't do it ourselves, but we will put the enemy in the position where they will have to choose between giving us freedom or giving us death.”

*means = method



WINSTON CHURCHILL

He was British Prime Minister during the second World War. He gave this speech to the House of Commons in 1940 when a German invasion of Britain was expected at any moment.

“We shall go on to the end. We shall fight in France, we shall fight on the seas and oceans, we shall fight with growing confidence and growing strength in the air, we shall defend our island, whatever the cost may be. We shall fight on the beaches, we shall fight on the landing grounds, we shall fight in the fields and in the streets, we shall fight in the hills; we shall never surrender”



NELSON MANDELA

He made this speech in 1990 on his release from jail, where he had spent 27 years for being an activist in the fight against apartheid. He later became the first black president of South Africa.

“In conclusion, I wish to go to my own words during my trial in 1964. They are as true today as they were then. I wrote: I have fought against white domination, and I have fought against black domination. I have cherished the ideal of a democratic and free society in which all persons live together in harmony and...and with equal opportunities. It is an ideal which I hope to live for and to achieve. But, if needs be, it is an ideal for which I am prepared to die.”



BARACK OBAMA

He made this speech during his first presidential campaign in 2008, which he won to become the first ever black president of the United States.

“We know the battle ahead will be long, but always remember that no matter what obstacles stand in our way, nothing can stand in the way of the power of millions of voices calling for change.

We have been told we cannot do this by a chorus of cynics, and they will only grow louder and more dissonant in the weeks and months to come. We've been asked to pause for a reality check. We've been warned against offering the people of this nation false hope.

But in the unlikely story that is America, there has never been anything false about hope. For when we have faced down impossible odds*; when we've been told we're not ready, or that we shouldn't try, or that we can't, generations of Americans have responded with a simple creed that sums up the spirit of a people.

Yes, we can! Yes, we can! Yes, we can!”

*faced down impossible odds = had to deal with very difficult situations

3 LISTENING & SPEAKING

- a Have you ever had to make a speech or give a talk or presentation in front of a lot of people? When? Where? How did you feel? Was it a success?
- b Read part of an article about presentation disasters. Which tip from 'Ten Top Tips' below should the speaker have remembered?

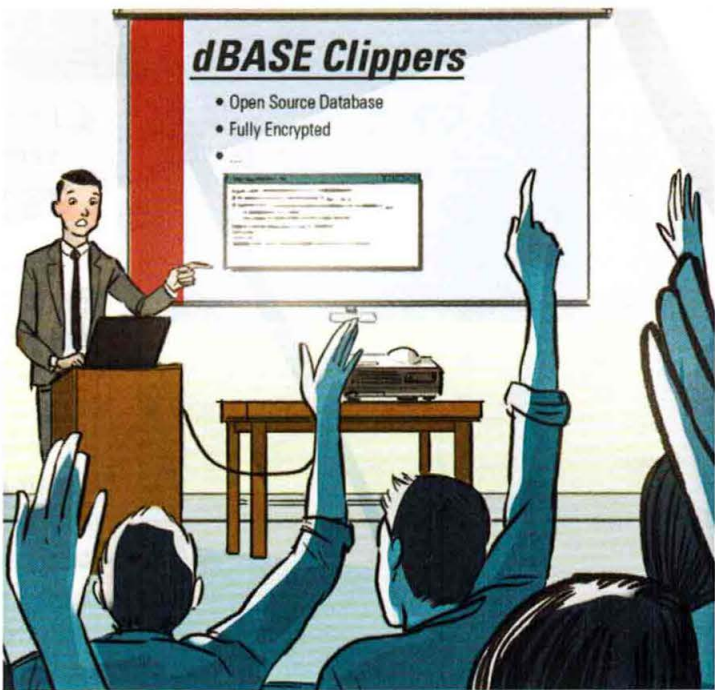
Presentation Disaster s!



However bad you think your presentation has been, take some comfort from the fact that at least it probably wasn't as bad as these true stories...

A few years ago I had to give a presentation to the Belgian management team of an international IT company. Not wishing to be the typical 'Brit' presenting in English, I had carefully prepared my presentation in French. I intended it as a surprise, so I didn't say anything beforehand. After speaking in French for 45 minutes, I was halfway through my presentation and we had a break for coffee. At this point the manager of the company came up to me asked me if I would change to speaking in English. "Is my French that bad?" I said. "No," he replied, "it's just that we are all from the Dutch-speaking part of Belgium."

- c 5 41))) Listen to four other people talking about a disastrous presentation. Complete the first column of the chart.



Speaker	What the disaster was	How and why it happened	Which tip the speaker should have remembered
1			
2			
3			
4			

- d Listen to the people again, one by one, and complete the second and third columns.
- e Which of the Ten Top Tips do you think are the most important? Have you ever been to a talk or presentation where something went badly wrong?

TEN TOP TIPS FOR SPEAKING IN PUBLIC

- 1 Prepare your presentation carefully, and if possible practise it beforehand.
- 2 If you are using e.g. PowerPoint or Prezi, make sure that your text is clear and easy to read, and that there are not too many distracting graphics.
- 3 Get to know as much as possible about your audience beforehand, and about any important or sensitive local issues.
- 4 Dress carefully so that you feel confident about your appearance in front of an audience.
- 5 Get to the place where you are going to speak in plenty of time.
- 6 Make sure that you check that all your equipment is working properly before you start.
- 7 If you are given a time limit, keep to it.
- 8 Sound enthusiastic, even passionate, about what you are saying.
- 9 Look at your audience. Try to make eye contact with individual people as you speak.
- 10 It's good to make your audience laugh, but make sure any jokes or stories you tell are appropriate.

24talk.ir

4 VOCABULARY collocation: word pairs

Word pairs

Some pairs of words in English which go together always come in a certain order, for example we always say 'Ladies and Gentlemen' at the beginning of a speech, but never the other way round, and we always say 'black and white' not 'white and black.' This order may sometimes be different in your language.

a How do you say 'Ladies and Gentlemen' and 'black and white' in your language? Are the words in the same order?

b Take one word from **circle A** and match it with another from **circle B**. Then decide which word comes first. They are all joined with *and*.

pepper bread
ice thunder
fork quiet
bed forwards

knife peace
lemon butter
lightning salt
breakfast
backwards

c Look at some common word pairs joined with *or*. What is the second word?

right or _____ sooner or _____ dead or _____
now or _____ all or _____
more or _____ once or _____

d (542)) Listen and check your answers to b and c, and notice how the phrases are linked and how *and* is pronounced. Practise saying them.

e Match the word pair idioms with their meanings.

- I'm **sick and tired** of hearing you complain.
- I didn't buy much, just a few **bits and pieces**.
- I've been having headaches **now and again**.
- A What are you making for lunch? B **Wait and see**.
- Every relationship needs a bit of **give and take**.
- We've had our **ups and downs**, but now we get on really well.
- The army were called in to restore **law and order**.
- Despite flying through a storm we arrived **safe and sound**.

- | | |
|--|-------------------------|
| A good times and bad times | E compromise |
| B a situation in which the law is obeyed | F occasionally |
| C fed up with | G small things |
| D without problem or injury | H You'll soon find out. |

f Complete the sentences with a word pair from this page.

- I see my uncle _____, but not very often.
- I think this is our last chance. It's _____.
- I much prefer _____ photos to colour ones. They're more atmospheric.
- After lots of adventure, she arrived home _____.
- Could you stop making so much noise? I need a bit of _____.
- _____ Naomi will realize that Henry is not the man for her.
- A Have you finished?
B _____. I just have one sentence left.
- After the riots, the government sent soldiers in to try to establish _____.
- I'm _____ of my boss! I'm going to look for a new job.
- It was an amazing storm. There was a lot of _____.

5 PRONUNCIATION & SPEAKING pausing and sentence stress

a (543)) When people give a talk they usually divide what they say into small chunks, with a brief pause between each chunk. Listen to the beginning of a talk and mark the pauses.

Good afternoon everyone / and thank you for coming. I'm going to talk to you today about one of my hobbies, collecting adult comics. Since I was a child I've been mad about comics and comic books. I started reading Tintin and Asterix when I was seven or eight. Later when I was a teenager some friends at school introduced me to Manga, which are Japanese comics. I've been collecting them now for about five years and I'm also learning to draw them.

b Now practise giving the beginning of the talk, pausing and trying to get the right rhythm.

c You are going to give a five-minute presentation to other students. You can choose what to talk about, for example:

a hobby you have or a sport you play
an interesting person in your family
a famous person you admire
the good and bad side of your job

Decide what you are going to talk about and make a plan of what you want to say.

d In groups, take turns to give your presentation. While they are listening the other students should write down at least one question to ask the speaker after the presentation is over. Then have a short question and answer session.

Giving a presentation

Read through the tips in 3 again to help you to prepare your presentation and to give it successfully. When you give your presentation, don't speak too quickly. Remember to pause and take a breath from time to time. This will help the audience to follow what you are saying.

6 (544)) SONG World

9&10 Revise and Check

GRAMMAR

Choose a, b, or c.

- 1 He got a good job, _____ not having the right degree.
a although b despite c in spite
- 2 My uncle still works, _____ he won the lottery last year.
a in spite of b despite c even though
- 3 I called my sister to remind her _____ the flowers.
a to buy b for buy c for buying
- 4 Jane opened the door quietly _____ her parents up.
a to not wake b so that she not wake
c so as not to wake
- 5 _____ she goes out the paparazzi are always there.
a Whatever b However c Whenever
- 6 Adrian is looking for _____ in London.
a some cheap accommodations b some cheap accommodation
c a cheap accommodation
- 7 Let me give you _____ – don't marry him!
a a piece of advice b an advice c some advices
- 8 I need to buy a new _____.
a trouser b trousers c pair of trousers
- 9 There's _____ milk. I'll have to get some from the shop.
a no b any c none
- 10 _____ in that shop is incredibly expensive.
a All b All of them c Everything
- 11 They shouldn't go sailing because _____ of them can swim.
a both b either c neither
- 12 I was in _____ hospital for two weeks with a broken leg.
a the b – c a
- 13 I now live next door to _____ school where I used to go.
a the b – c a
- 14 _____ Lake Constance is the biggest lake in Switzerland.
a The b – c A
- 15 _____ British Museum is in central London.
a The b – c A

VOCABULARY

a Complete with the correct form of the **bold** word.

- 1 A lot of research is being done into human _____. **gene**
- 2 Many important _____ discoveries were made in the 19th century. **science**
- 3 We live in a very safe _____. **neighbour**
- 4 Many people in big cities suffer from _____. **lonely**
- 5 His _____ came as a terrible shock. **die**

b Add a prefix to the **bold** word.

- 1 New Delhi in India is a very _____ **populated** city.
- 2 I asked for an aspirin, but the receptionist didn't understand me because I had _____ **pronounced** it.
- 3 A _____ **national** company is a large company that operates in several different countries.
- 4 Gandhi wrote most of his _____ **biography** in 1929.
- 5 Anne is unhappy with her job, because she's _____ **paid**.

c Complete the missing words.






- 1 Will the company make a **l**_____ this year?
- 2 He borrowed £10,000 to **s**_____ his own business.
- 3 Ikea is probably the market **l**_____ in cheap furniture.
- 4 The company are planning to **l**_____ their new product in the spring.
- 5 It's a large bank which has **br**_____ all over the country.
- 6 It's a large company with over 1,000 **s**_____.
- 7 When there's a property boom, house prices **r**_____.
- 8 The new drug has some very unpleasant **s**_____ effects.
- 9 We need to **c**_____ out some more experiments.
- 10 Would you ever be a **g**_____ pig in a clinical trial?

d Complete the two-word phrases.

- 1 I'm going to the mountains for some peace and _____.
- 2 He arrived back from his adventure safe and _____.
- 3 Sooner or _____ we're going to have to make a decision.
- 4 It's a very dangerous city. There's no law and _____.
- 5 This is our last chance to do this. It's now or _____.

PRONUNCIATION

a Circle the word with a different sound.

- 1  neighbourhood bilingual science neither
- 2  government prove slums discovery
- 3  volunteer theory research idea
- 4  staff branch launch market
- 5  geologist colleague genes biology

b Underline the main stressed syllable.

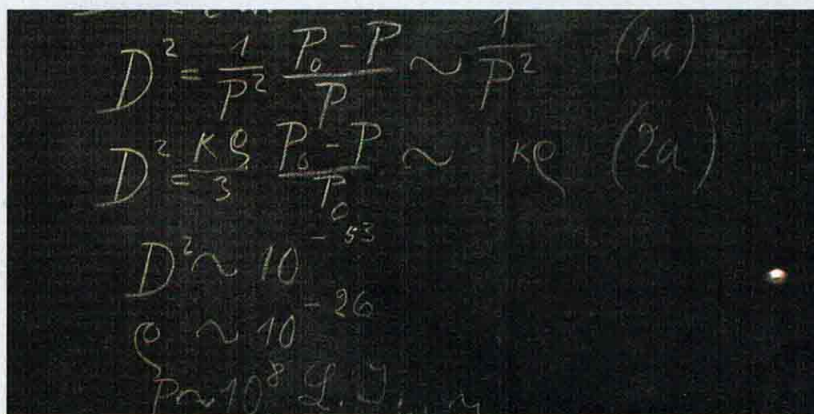
- 1 bi|o|lo|gi|cal 2 phy|si|cist 3 mul|ti|cul|tu|ral
- 4 in|crease (verb) 5 man|u|fac|ture

CAN YOU UNDERSTAND THIS TEXT?

- a Read the article once. How does Billy Ray Harris feel about the incident?
- b Read it again and choose the best words to fill the gaps.
- | | | |
|------------------|----------------|----------------|
| 1 a lost | b dropped | c fallen |
| 2 a relieved | b infuriated | c shocked |
| 3 a expensive | b serious | c genuine |
| 4 a often | b occasionally | c rarely |
| 5 a realized | b noticed | c expected |
| 6 a apparently | b unluckily | c fortunately |
| 7 a appreciation | b happiness | c luck |
| 8 a according to | b related to | c belonging to |
| 9 a losing | b finding | c returning |
| 10 a obviously | b actually | c eventually |
- c Choose five new words or phrases from the text. Check their meaning and pronunciation and try to learn them.

VIDEO CAN YOU UNDERSTAND THIS FILM?

- 5 45)) Watch or listen to a short film on The Museum of the History of Science. Complete the sentences with a number, or one or two words.



- There is a device used by Marconi to show how _____ worked.
- You can see apparatus used by _____ who were developing penicillin.
- The most popular exhibit in the museum is a _____. Einstein used it to give a class in _____.
- The museum was opened in _____, when Lewis Evans donated his collection of _____. He collected things related to mathematics, _____ and navigation.
- The astrolabes are instruments which predict the position of the _____, the _____ and the _____.
- The sundials were used for telling the _____ and the quadrants were used for measuring _____.
- There are two beautiful globes which show maps of the _____ and the _____.
- There is also a _____ microscope which belonged to King _____.

The return of the ring



A homeless man in Kansas City, Missouri is anticipating a windfall of more than \$100,000 for his kindness after he returned a diamond engagement ring to its rightful owner, which she had accidentally ¹ _____ into his donation cup.

Billy Ray Harris, who is homeless and often sleeps under a bridge, was ² _____ to find a diamond ring in his collection cup while begging last Friday. 'The ring was so big I knew that if it was real then it must be ³ _____,' he said. Rather than sell it, Harris had a hunch that the owner would return for it and so he stored it in a safe place.

The ring belonged to Sarah Darling, who was devastated the next day when she realized she had lost it. She ⁴ _____ takes the ring off, but that day she had put it in her purse for safe keeping after she had developed a slight rash on her finger. She ⁵ _____ that she must have given Harris the ring by mistake along with some coins when she took out her purse to give him some money.

She went back to look for Harris on the Saturday, but couldn't find him. She tried again the next day and ⁶ _____ he was in the same spot. 'I said to him "I don't know if you remember me, but I think I gave you something that's very precious to me," and he said, "Was it a ring? Yeah, I have it, I kept it for you"'.

To show their ⁷ _____, Darling and her husband set up an online fundraising page for Harris on giveforward.com. So far, more than 3,800 donations have been made, totalling over \$100,000. The money will be given to Harris at the end of a 90-day campaign. Darling's husband, Bill Krejci, met Harris to tell him about the flood of donations and to get to know him better. 'We talked about a lot of things ⁸ _____ my family's ring and about the many donations. We talked about how one day in the future the ring may be passed down to my daughter.'

Harris told Krejci that he has found a place to stay where he is 'safe and sound'. He has spoken about the attention he has received since ⁹ _____ the ring. 'I like it, but I don't think I deserve it. What I ¹⁰ _____ feel like is, "What has the world come to when a person returns something that doesn't belong to him and all this happens?"' he said.

Adapted from the Mail Online

1A EXTREME INTERVIEWS

Student A

- a You are giving **B** an extreme interview for a job in your company. Ask **B** the questions and ask him / her to give reasons for his / her answers. Then say if you would give him / her the job and why (not).

- 1 Which one aspect of your personality would you change if you could, and why?
- 2 If you could have dinner with anyone from history, who would you choose?
- 3 If you were an animal, which animal would you be?
- 4 What kind of things make you angry?
- 5 If you had to spend the rest of your life on a deserted island (with plenty of food and water), what two things would you want to have with you?
- 6 Which TV or film character would you most like to be?
- 7 What's the best (or worst) decision you've ever made?
- 8 If I came to your house for dinner, what would you cook for me?

- b Now answer **B**'s questions. Try to think quickly and make a good impression. Give good reasons for your answers.

1B HARD TO BELIEVE? Student A

- a Read the story below. Guess the meaning of the **highlighted** words and then complete the glossary.
- b Tell **B** the important details from the story you read. Explain any new words if necessary.
- When did it happen and what was the background to the story?
 - What was the strange happening? What did Carol do afterwards?
 - How do they feel now about what they heard?
- (This happened to a woman called Carol and her husband Russ...
- c Now listen to **B**'s story. If **B** uses a word or phrase you don't know, ask what it means, and ask questions where necessary to clarify the details of the story.

NOISES IN THE NIGHT

About six months ago, my husband Russ and I moved into a house in the country. Our house is the middle one of three **terraced** houses and it's more than a hundred years old. A young couple live in the house on our right, but the house on our left was empty and for sale.

We had been living in the house for about two months when we were both suddenly woken up in the middle of the night by a loud noise. We could hear the sound of furniture being moved in the empty house next door. It sounded as if somebody was moving something very heavy, like a table or a bed, by **dragging** it across the floor. I looked at my watch. I said to Russ 'What are they doing moving furniture at this time of the night? It must be the new owners. I'll complain to them tomorrow.' Just then the noise stopped, but five minutes later it started again and this time it **carried on** for several minutes. Finally it stopped completely, and we were able to go back to sleep.

The next morning I rang the doorbell next door, but there was no answer, and when I looked through the **curtains** the house still looked completely empty. I called the **estate agent** and asked him if he had come to the house the previous night to move furniture. He said that he hadn't and he was as mystified as us about the noises.

I asked the estate agent who had lived in the house previously and he told me that an old lady had been living there for many years, but she had suddenly died a few months ago. I don't really believe in ghosts, but Russ and I can find no logical explanation for the noises we heard that night. *Carol, Kent*

Glossary

- 1 _____ /'kɜ:tɪnz/ *noun* pieces of cloth that are used to cover a window
- 2 _____ /ɪs'teɪt ,eɪdʒənt/ *noun* a person whose job is to sell houses for people
- 3 _____ /'dræɡɪŋ/ *verb* pulling something with effort or difficulty
- 4 _____ /'kæərɪd ɒn/ *PV* continued
- 5 _____ /'terəst/ *adj* used to describe houses that are joined together in one block

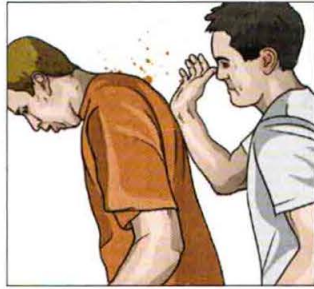
1B YOU'RE PSYCHIC, AREN'T YOU?

Student A

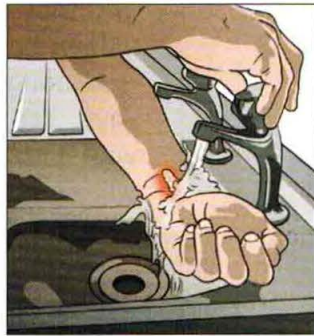
- a Imagine you're a psychic. Use your psychic powers to complete the sentences below about **B**.
- 1 Your favourite colour is _____,...?
 - 2 You were born in _____ (place),...?
 - 3 You really like _____, (a sport or hobby),...?
 - 4 You _____ (an activity) last weekend,...?
 - 5 You haven't been to _____ (a city or country),...?
 - 6 You would like to be able to _____,...?
 - 7 You can't _____ very well,...?
 - 8 You're very good at _____,...?
- b Check if your guesses are true by saying the sentences to **B** and checking with a question tag, e.g. *Your favourite colour is pink, isn't it?* Try to use falling intonation.
- c Now **B** will check his / her guesses about you. Respond with a short answer. If the guess is wrong, tell **B** the real answer.
- d Count your correct guesses. Who was the best psychic?

2A FIRST AID QUIZ Student A

- 1^a You should hit the person firmly on the back between the shoulder blades to remove the object. This is often enough to clear the blockage, letting the person breathe again. If necessary, call the emergency services or get someone else to do it.



- 2^b The first thing to do is cool the burn under cold running water for at least ten minutes. This will make the burn less painful, and reduce swelling and scarring. Then cover the burn with cling film, or a clean plastic bag if your foot or hand is burned. This prevents infection and keeps air from the surface of the skin, which reduces pain. If it's a serious burn, call the emergency services because it may need urgent medical treatment.



- 3^a You should immediately put pressure on the wound to stop or slow down the bleeding. Use whatever is available – like a T-shirt or other clean cloth, or even your hand. Get help as soon as possible by calling the emergency services. Keep pressure on the wound until help arrives.



3A FLIGHT STORIES Student A

- a Read a newspaper article about a flight. Imagine that you were one of the passengers on the plane. Think about:
- why you were flying to North Carolina
 - who you were with
 - what you did during the emergency and how you felt.

BRAVE PILOT LANDS PLANE ON THE HUDSON RIVER

On 15th January US Airways flight 1549 took off from La Guardia airport in New York at 3.26 p.m. heading for North Carolina, with 150 passengers and five crew on board. Less than two minutes after take off, passengers near the wings heard strange noises coming from the engines. The plane started shaking, and then suddenly began to lose height. Both engines had stopped making any noise, and the plane was strangely quiet – the only sound was some people who were crying quietly. Most people were looking out of the window in horror. Moments later the captain made an announcement: 'This is the captain, brace for impact.' He had decided to try to land the plane on the only large flat empty area that he could reach – the Hudson River. The plane landed on the river, and one passenger shouted 'We're in the water!' People stood up and starting pushing towards the emergency exits, which the crew had managed to open. It was freezing cold outside. Some passengers jumped into life rafts, and others stood on the wings waiting for help. Amazingly, after only ten minutes ferries arrived and rescued all the passengers and crew. It was later discovered that birds had flown into both engines on the plane which had caused them to stop working.



- b Tell **B** your story in your own words, e.g. *It was in January a few years ago and I was on a flight from New York to North Carolina...*
- c Now listen to **B**'s story.
- d What two details do the stories have in common? Have you ever been on a flight where there was a medical or technical emergency?

Communication

5A IT'S AN EMERGENCY! Student A

- a Read your survival tips and underline things you should and shouldn't do, and why. Try to remember the information.

WHAT TO DO IF...THERE'S AN EMERGENCY ON A PLANE

Your plane is very unlikely to crash, but if it does, the most important thing is to be ready for it. Eighty per cent of all accidents take place during take-off or landing, and if there is an emergency, such as a fire, you will probably only have about 90 seconds to get off. So when you get on the plane (and when it starts the descent) you need to be thinking about what you would do.

Pay attention to the safety card and the flight attendant's safety briefing. Memorize where the emergency exits are and count how many rows you are away from them. Don't do what many people do which is to relax, take off their shoes, and start reading or listening to music. If something does happen you need to be ready to take action. In fact this is one of the reasons why people are told to switch off electronic devices during take off and landing. Above all don't go to sleep. But once the plane is flying and the seat belt signs have gone off, you can start to relax and enjoy the flight.

- b Now in your own words tell B and C how to survive if there's an emergency on a plane.

5A GUESS THE CONDITIONALS Student A

- a Read through sentences 1–6 and think how you could complete the gaps. They are either second or third conditionals. ⊕ = a positive verb phrase, ⊖ = a negative verb phrase.
- b Say your complete sentence 1 to B. If B says *That's right*, write in the words. If B says *Try again*, think of another possible completion and say the sentence again. You can have three tries.
- c Now listen to B say sentences 7–12. If B says exactly what you have, say *That's right*. If B says something different, say *Try again*.
- 1 The cat wouldn't have got out if you _____. ⊕
 - 2 If I spent a month in the UK, _____. ⊕
 - 3 We wouldn't have lost the match if our best player _____. ⊖
 - 4 If you'd told me earlier about the concert, _____. ⊕
 - 5 If I'd known the traffic was going to be so bad, _____. ⊖
 - 6 My husband and I would go out more if we _____. ⊖
 - 7 We would have played tennis if it hadn't been so windy.
 - 8 If you hadn't reminded me, I would have forgotten.
 - 9 I would have bought the flat if it had been cheaper.
 - 10 I wouldn't use public transport if I had a car.
 - 11 If you had watered the plants, they wouldn't have died.
 - 12 If I knew the answer, I'd tell you.

6B THREE THINGS YOU (PROBABLY) DIDN'T KNOW ABOUT SLEEPING Student A

Sleeping Beauty

In 2008, when Louisa Ball was fourteen, she had the symptoms of flu and soon after she began falling asleep in class. Then one day she went to sleep and didn't wake up...for ten days. Doctors diagnosed her as having a rare neurological disorder called Kleine-Levin Syndrome, also known as 'Sleeping Beauty Syndrome.' People who have this medical condition often sleep for long periods without waking up.

Louisa regularly misses long periods of school, her weekly dance lessons (and, once, a whole week of a family holiday) because she is asleep. On one occasion she even missed her final exams. When she sleeps for several days her parents have to wake her up once a day to give her something to eat and take her to the bathroom. But then she immediately falls back into a deep sleep.

People who have this syndrome often complain that they lose their friends because they disappear for such long periods of time. Fortunately, Louisa's friends have stayed loyal and they even visit her on days when she is asleep.

Although she sometimes feels frustrated Louisa says, 'I've got used to it now and I've learnt to live with it.' Doctors have told her that the syndrome will eventually disappear, but maybe not for ten or fifteen years.

- a Read the article and answer the questions.
- 1 What exactly is the syndrome?
 - 2 What were the early symptoms of Louisa's medical problem?
 - 3 What affect does the syndrome have on her life? How have her friends reacted?
 - 4 What do her parents do when she has one of her long sleeps?
 - 5 How does she feel about her problem?
- b Use the questions to help you to tell B about the Sleeping Beauty Syndrome.
- c Then listen to B telling you about how our ancestors used to sleep.

7A ARGUMENT! Student A

Role-play two arguments with a partner.

1 WIFE

It's your birthday today. Your husband (**Student B**) had promised to come home early. You have prepared a great dinner. You have been dropping hints for the past month that what you really want for your birthday is some jewellery as your partner is usually very unimaginative about choosing presents. Last Christmas he bought you the *Lord of the Rings* DVDs which you didn't particularly like and he ended up watching more than you.

Tonight he arrives home late from work (the dinner is cold) and gives you a box of chocolates (you're on a diet, and he knows this) and some flowers which look as if they were bought at a petrol station.

Your husband (**Student B**) starts the conversation by giving you the chocolates.

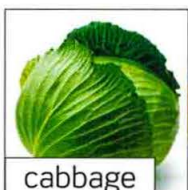
2 MOTHER / FATHER

Your son / daughter (**Student B**) is in his / her first year of university studying medicine. You are a doctor, and you have always encouraged your child to follow in your footsteps, and he / she was good at science at school, and you think would make an excellent doctor. He / she was quite keen on studying journalism, but you think that this was a 'lazy option' and nowadays it's very difficult to get a good job in journalism. So you persuaded him / her to study medicine. Although he / she worked hard at school, this year at university he / she seems to be out with friends all the time and spends a lot less time studying than you did at the same age. You have just discovered that he / she has failed all the first year exams.

You start the conversation: *I think we need to talk about your exam results...*

7B GUESS WHAT IT IS Student A

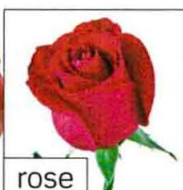
- a Look at the pictures below. You are going to describe them to **B**. Say what kind of thing each one is, and then use *looks, smells, feels, or tastes*.



cabbage



mango



rose



ice-lolly



fur coat

- b Describe your first thing to **B** in as much detail as possible. **B** can then ask you questions to identify what the thing is.

It's a kind of vegetable. It looks a bit like a green ball. It tastes quite strong and I think it smells awful when it's being cooked. You can use it to make...

- c Now listen to **B** describe his / her first thing. Don't interrupt until he / she has finished describing. You can ask **B** questions to identify what the thing is.

- d Continue taking turns to describe all your things.

8B STRANGE, BUT TRUE

Student A

- a Read the article and **highlight** the key information that will help you remember the story.

Lost tourist finds herself

More than 50 people were involved in a search and rescue operation in the volcanic region of Eldgjá in south Iceland on Saturday.

Police were called to the area after it was reported that a female member of a tour party who were travelling around the region had failed to return to the bus.

The tourist was described as being 'of Asian origin, aged 20–30, and about 160 cm.' She was wearing 'dark clothing' and spoke fluent English. The police asked for a helicopter to assist the rescue operation but it was too foggy for it to fly. So the police, helped by the tourists themselves, began to look for the missing woman on foot.

The search continued through the night, but at 3.00 in the morning the search was called off when it was discovered that the missing woman was not only alive and well but was actually assisting in the search.

What had happened was that the woman had got off the bus for some fresh air and had changed her clothes. Because of that other people didn't recognize her and thought that she was missing. The tour organizer had counted the tourists but had miscounted. Police said that the woman had not recognized that the description of the missing person was her. The police said, 'She did not realize that she was the person everybody (including herself) was searching for until several hours later.'

- b Tell **B** your story in your own words, e.g. *This happened in Iceland. The police were called because someone had reported that a tourist was missing...*
- c Now listen to **B**'s story, and ask **B** to clarify or rephrase if there's anything you don't understand.

7B TWO PHOTOS

Student A

- Look carefully at your photo. Then describe it in detail to **B**, focusing especially on the people and their body language. Say who you think they are and what you think they're doing.
- Show your photo to **B** and see if he / she agrees with you.
- Listen to **B** describe another photo. Try to visualize it.
- B** will now show you the photo to see if you agree with his / her description and interpretation.



Describing a photo

This photo looks as if it was taken (in the summer, in the 1990s, etc.)

In the centre

In the foreground (of the photo) there is / there are...

In the background

The child has his head in his hands. He looks as if...

1A EXTREME INTERVIEWS

Student B

- A** is going to give you an extreme interview for a job in his / her company. Answer the questions. Try to think quickly and make a good impression. Give good reasons for your answers.
- Now give **A** an extreme interview for a job in your company, using the questions below. Ask him / her to give reasons for his / her answers. Then say if you would give him / her the job, and why (not).

- Which three adjectives describe you best?
- If you were a type of food, what type of food would you be?
- How do you normally treat animals?
- Who do you admire most, and why?
- If you could be a super hero, what would you want your superpowers to be?
- Tell me about something in your life that you are really proud of.
- If Hollywood made a movie about your life, who would you like to see play the lead role as you?
- If you could have six months with no obligations or financial limitations, what would you do with the time?

10B GEOGRAPHY TRUE OR FALSE Student A

- Complete the gaps in your sentences with *the* where necessary.
 - ___ Andes is ___ longest mountain range in ___ world. (T)
 - ___ Loch Ness is ___ largest lake in Scotland. (F – It's the second largest. Loch Lomond is the largest)
 - ___ capital of ___ United States is ___ New York City. (F – It's Washington DC)
 - ___ Mallorca is an island in ___ Mediterranean sea. (T)
 - ___ Uffizi gallery is ___ famous art museum in ___ Rome. (F – It's in Florence)
 - ___ South America is larger than ___ North America. (F)
 - ___ Mount Vesuvius is a volcano in ___ north west Italy. (F – It's in south west Italy)
 - ___ Brooklyn Bridge connects ___ Brooklyn and ___ Manhattan. (T)
- Now read your sentence 1 to **B**. He / She must say if the information true or false. Correct his / her answer if necessary.
- Now listen to **B**'s sentence 1 and say if you think it's true or false. If you think it's false, say what you think the right answer is.
- Continue taking turns to say your sentences. Who got the most right answers?

1B HARD TO BELIEVE? Student B

- a Read the story below. Guess the meaning of the **highlighted** words and then complete the glossary.

THE STRANGE OBJECT ON THE HILL

This happened when I was 16, and I can still remember it **vividly**. It was a clear morning, sunny but with a **breeze**. I was going to meet a school friend to go walking in the hills where there were some wonderful views. I'd agreed to meet him at the top of one of the hills.

I knew those hills really well, but that morning there was a strange shape in the familiar landscape. It was a mile or so to the north, on the top of the next hill. It was a white object and it looked like a **dome** or an igloo. I was carrying **binoculars**, so I could see it clearly. It was big, the size of a small house, but it didn't seem to have any doors or windows, and it wasn't moving in spite of the wind.

Then I noticed that some sheep which were on that hill were running away from it. They seemed really frightened.

I kept staring at the dome. Then, suddenly, it began to move. It moved slowly, not in the direction of the wind but almost directly against it. It looked as if it might be **gliding** a few inches above the grass.

A few seconds later the dome disappeared. I never saw it again. I had watched it for 15 minutes.

When my friend arrived I asked him if he had seen the object, too, but he hadn't. He had been coming from a different direction.

I have told only a few people about what I saw. One of them, a friend of mine who is a doctor, is convinced that I was **hallucinating**. But I am sure that what I saw wasn't a hallucination. It was really there. *Carl, Winchester*

Glossary

- 1 /dəʊm/ *noun* a circular thing or a building with a round roof and a flat base
- 2 /'glɑɪdɪŋ/ *verb* moving smoothly and quietly, as if with no effort
- 3 /hə'luːsɪneɪtɪŋ/ *verb* seeing or hearing things that are not really there, because of an illness or drugs
- 4 /'vɪvɪdli/ *adv* very clearly
- 5 /brɪ'nɒkjələz/ *noun* an instrument that makes far away objects seem nearer
- 6 /brɪːz/ *noun* a light wind

This happened to a boy called Carl when he was 16...

- b Listen to A's story. If A uses a word or phrase you don't know, ask what it means, and ask questions where necessary to clarify the details of the story.
- c Now tell A everything you can remember from the story you read. Explain any new words if necessary.
- When did it happen and what was the background to the story? (*What was the weather like? What was he going to do?*, etc.)
 - What was the strange happening? What did Carl do afterwards?
 - How does he feel now about what he saw?

1B YOU'RE PSYCHIC, AREN'T YOU?

Student B

- a Imagine you're a psychic. Use your psychic powers to complete the sentences below about A.
- 1 You were born in (month),...?
 - 2 You don't like (a kind of music),...?
 - 3 You're going to (activity) tonight,...?
 - 4 You've seen (a film),...?
 - 5 Your favourite season is ,...?
 - 6 You didn't like (kind of food) when you were a child,...?
 - 7 You can play (musical instrument),...?
 - 8 You wouldn't like to live in (a place),...?
- b A is going to make some guesses about you. Respond with a short answer. If the guess is wrong, tell A the real answer.
- c Now check if your guesses about A are true, by saying the sentences and checking with a question tag, e.g. *You were born in Pisa, weren't you?* Try to use a falling intonation. Check if your guesses were true.

2A FIRST AID QUIZ Student B

- 4^a If someone you are with has a nosebleed, you should ask them to sit down and lean forward. Ask the person to pinch the soft part of the nose, which they should do for ten minutes. Get medical advice if the bleeding continues for more than thirty minutes.



- 5^b Tilt their head backwards so that their tongue isn't blocking their airway. Check if they're breathing by looking to see if their chest is moving, and feel for breath on your cheek. Now move them onto their side and tilt their head back. Putting them in this position with their head back helps keep the airway open. As soon as possible, call the emergency services or get someone else to do it.



- 6^b Use a cushion or items of clothing to prevent unnecessary movement. Call the emergency services or get someone else to do it. Don't try to straighten the person's leg, but continue supporting the injury until help arrives.



3A FLIGHT STORIES Student B

- a Read a newspaper article about a flight. Imagine that you were one of the passengers on the flight, and were sitting just behind Mrs Fletcher. Think about:

- why you were travelling to Florida
- who you were with
- what you saw and how you felt.



IS THERE A DOCTOR ON BOARD?

Mrs Dorothy Fletcher was travelling with her daughter and her daughter's fiancé on a US Airways flight from London to Florida. Her daughter was going to be married there the following week. They had to get a connecting flight in Philadelphia, but the flight landed late and they had to rush between terminals. On their way to the gate, Mrs Fletcher began to feel ill. She didn't say anything to her daughter because she didn't want to worry her. However when the flight from Philadelphia to Florida took off, she suddenly got a terrible pain in her chest, back, and arm – she was having a heart attack.

The cabin crew put out a call to passengers: 'We have a medical emergency. If there is a doctor on board, could you please press the call bell.' Incredibly, not just one bell sounded but fifteen! There were fifteen doctors on board, and what was even better news, they were all cardiologists! They were travelling to Florida for a conference.

The doctors immediately gave Mrs Fletcher emergency treatment and they managed to save her life. The plane made an emergency landing in North Carolina and she was taken to hospital there. Fortunately she recovered quickly enough to be able to attend her daughter's wedding.

- b Now listen to A's story.
- c Tell A your story in your own words, e.g. *A few years ago I was flying from London to Florida on a US Airways flight...*
- d What two details do the stories have in common? Have you ever been on a flight where there was a medical or technical emergency?

5A IT'S AN EMERGENCY! Student B

- a Read your survival tips and underline things you should and shouldn't do, and why. Try to remember the information.

WHAT TO DO IF...YOU GET LOST ON A HIKE IN THE MOUNTAINS

According to experts, people who get lost when they are out hiking typically keep walking (or even running), desperately trying to find the right path to safety, but this is absolutely the wrong thing to do. As a survival expert says, 'Fear is the enemy. Lost people want to run.' They lose their heads and start to panic. Sometimes they even forget to look in their backpacks for food and water.

The number one survival tip is to stay where you are or find an open space nearby and wait to be rescued (especially if you have told someone where you were going to walk). In research done in Canada, only two out of 800 lost people actually did this. If the others had stayed in one place, they would have been found much sooner.

Look for a sheltered place nearby in case you have to spend the night there, for example under a rock, or make a shelter with tree branches to keep you warm. But make sure you stay in the open during the day so that you can be seen by a helicopter. Make a fire to attract attention. If you don't have matches, tie a piece of bright clothing to a stick and leave it in a visible place.

- b Now in your own words tell A and C how to survive if you get lost in the mountains.

7A ARGUMENT! Student B

Role-play two arguments with a partner.

1 HUSBAND

It's your wife's (Student A's) birthday today. You always try to buy her good birthday presents (last year you bought her the *Lord of the Rings* DVD!). You know that she really wanted some jewellery but you have been very busy at work and haven't had time to go shopping. You had intended to finish work early this evening and go shopping, but you had to work late. So you stopped at a petrol station on the way home and bought her some chocolates, which you know she usually likes, and some flowers.

You start the conversation by giving your wife her present. *Happy Birthday, darling. I hope you like them.*

2 SON / DAUGHTER (UNIVERSITY STUDENT)

You're in your first year of university, studying medicine. You haven't enjoyed it at all, and have just failed all your first year exams. In fact, you never really wanted to study medicine but your parents are both doctors and you feel they pushed you into it. You would like to change courses and study journalism, which you think would suit you better. You want to try to convince your mother / father (Student A) although you know they're not very pleased with your exam results. Your mother / father (Student A) will start by asking you about your exam results.

5A GUESS THE CONDITIONALS Student B

- a Read through sentences 7–12 and think how you could complete the gaps. They are either second or third conditionals. \oplus = a positive verb phrase, \ominus = a negative verb phrase.
- The cat wouldn't have got out if you'd closed the window.
 - If I spent a month in the UK, my English would improve a lot.
 - We wouldn't have lost the match if our best player hadn't been injured.
 - If you'd told me earlier about the concert, I would have gone.
 - If I'd known the traffic was going to be so bad, I wouldn't have taken the car.
 - It would be easier to go out in the evenings if we didn't have children.
 - We would have played tennis if it _____. \ominus
 - If you hadn't reminded me, I _____. \oplus
 - I would have bought the flat if it _____. \oplus
 - I wouldn't use public transport if _____. \oplus
 - If you had watered the plants, _____. \ominus
 - If I knew the answer, I _____. \oplus
- b Listen to A saying sentences 1–6. If A says exactly what you have, say *That's right*. If A says something different, say *Try again*.
- c Say your complete sentences 7–12 to A. If A says *That's right*, write in the words. If A says *Try again*, think of another possible completion and say the sentence again. You can have three tries.

6B THREE THINGS YOU (PROBABLY) DIDN'T KNOW ABOUT SLEEPING Student B

How our ancestors used to sleep

An American historian, Roger Ekirch, has done a lot of research (based mainly on literature and diaries) which shows that until the end of the 18th century humans used to sleep in two distinct periods, called 'First sleep' and 'Second sleep'.

First sleep began about two hours after nightfall, and lasted for about four hours. It was followed by a period of between one or two hours when people were awake. During the waking period people were quite active. Most people stayed in bed reading, writing, or praying, etc. but others got up and even used the time to visit neighbours. They then went back to sleep for another four hours.

This research is backed up by an experiment done by a psychiatrist, Thomas Wehr, in the early 1990s, in which a group of people were left in total darkness for 14 hours every day for a month. By the fourth week the people had begun to sleep in a very clear pattern. They slept first for four hours, then woke for one or two hours before falling into a second four-hour sleep, in exactly the same way as people had slept in the 18th century. The research suggests that today's habit of sleeping seven to eight consecutive hours may not be the most natural way to sleep.

- a Read the text and answer the questions.
- What did the historian's research show?
 - What was the typical sleep routine in those days?
 - What did people do during the period between sleeps?
 - What was Thomas Wehr's experiment, and what did it show?
- b Listen to A tell you about the Sleeping Beauty syndrome.
- c Use the questions in a to tell A about how our ancestors used to sleep.

7B GUESS WHAT IT IS Student B

- a Look at the pictures below. You are going to describe them to A. Say what kind of thing each one is, and then use *looks, smells, feels, or tastes*.



- b Now listen to A describe his / her first thing. Don't interrupt until he / she has finished describing. You can ask A questions.
- c Now describe your first thing in as much detail as possible. A can then ask you questions to identify what the thing is.
- (It's a kind of vegetable. It's very popular in Mexico. It's very hot...)
- d Continue taking turns to describe all your things. Who guessed the most right?

10B GEOGRAPHY TRUE OR FALSE Student B

- a Complete the gaps in your sentences with *the* where necessary.
- ___ capital of ___ Netherlands is ___ Amsterdam. (F – It's The Hague)
 - ___ Amazon is ___ longest river in ___ world. (F – It's The Nile)
 - ___ Panama Canal connects ___ Atlantic Ocean to ___ Pacific Ocean. (T)
 - ___ Atacama desert is in ___ north of ___ Chile. (T)
 - ___ Black Sea is in ___ south west Europe. (F – It's in south east Europe)
 - ___ biggest lake in ___ world is ___ Lake Victoria in ___ Africa. (F – It's Lake Superior in Canada / the USA)
 - ___ Mont Blanc is ___ highest mountain in ___ Alps. (T)
 - ___ Hyde Park is in ___ central London. (T)
- b Now listen to A's sentence 1 and say if you think it's true or false. If you think it's false, say what you think the right answer is.
- c Now read your sentence 1 to A. Correct his / her answer if necessary.
- d Continue taking turns to say your sentences. Who got the most right answers?

5A IT'S AN EMERGENCY! Student C

- a Read your survival tips and underline things you should and shouldn't do, and why. Try to remember the information.

WHAT TO DO IF... SOMEBODY BREAKS INTO YOUR HOUSE.

Imagine that you wake up in the middle of the night because you can hear somebody moving around in the kitchen. What should you do?

Even if you are brave, it is usually a mistake to go and confront the intruder. You could find yourself face to face with somebody who may have a weapon and who is likely to react violently.

The most important thing is to have a plan to follow: lock yourself and your family in a safe place, e.g. your bedroom or bathroom. Move a piece of furniture against the door to make it impossible for the intruder to open it. Next, call the police (you should always have a fully charged phone close to hand at night with the emergency number programmed in) and wait for help to arrive.

- b Now in your own words tell A and B how to survive if somebody breaks into your house.

7B TWO PHOTOS Student B

- a Listen to A describe his / her photo. Try to visualize it.
- b A will now show you the photo to see if you agree with his / her description and interpretation.
- c Now describe your photo. Focus on the people and their body language, and say who you think they are and what you think they're doing. Then finally show your photo to A and see if he / she agrees with your interpretation.



Describing a photo

This photo looks as if it was taken (in the summer, in the 1990s, etc.)

In the centre

In the foreground

In the background

(of the photo) there is / there are...

The woman on the left has her eyes closed. She looks as if...

8B STRANGE, BUT TRUE

Student B

- a Read the article and **highlight** the key information that will help you remember the story.

Dog phones for help

Dogs are often called 'Man's best friend' because they sometimes help save their owner's life. But George, a two-year-old basset hound in Yorkshire in the north of England, managed to save his own life by dialling 999.

George had been left at home on his own and had knocked the phone on the floor. He became entangled with the cord of the phone and was choking. Somehow he must have touched the number 9 key of the phone with his paws a few times, and as a result, he dialled the UK emergency number: 999. All the operator could hear was the the sound of somebody choking and breathing heavily, so she sent the police to the house. The police got in with the help of a neighbour, Paul Walker, who had a spare key. To their amazement they found George with the cord round his neck. He was absolutely terrified, and couldn't free himself. They quickly pulled the phone cord out of the wall. Mr Walker said, 'It was incredible. You could see his paw print on the key of the phone. He literally saved his own life.'

George's owners, Steve Brown and his daughter Lydia, 18, were as amazed as everybody else. Lydia said, 'It's not as if George is particularly clever. In fact, he's really dopey – he just likes to chew socks most of the time.'

- b Listen to A's story, and ask A to clarify or rephrase if there's anything you don't understand.
- c Tell A your story in your own words, e.g. *A dog called George who lives with a family in Yorkshire in the UK was left alone in the house when his owners went out...*

AN INFORMAL EMAIL

From: Anna
To: johnston586@gmail.com
Subject: News!

Hi Sue,

Sorry that I **haven't** been in touch for a while, but I've been ill. I got flu last week and I had a **temperature** of 39°C, so I've been in bed **since** four days. I'm feeling a bit better today, so I've been catching up on my emails. **Luckily** my classes at university don't start till next week.

How are you? What have you been doing? **Anything exciting**. Here everyone **are** fine (apart from me and my flu!). My brother Ian has just started his new job with a **software-company** – I think I told you about it when I last wrote – anyway, he's really enjoying it. How are your family? I hope **their** well.

I have some good news – I'm going to a conference in your town in **may**, from 16th to 20th. Could you **recomend** a hotel where I could stay in the centre of town? It needs to be somewhere not too expensive because the university is paying. I'll have a free half-day for **siteseeing**. Do you think **you'll be able show** me around? That would be great.

Well, that's all for now. Please give my regards to your family.

Hope to hear from you soon.

Take care,

Anna

Useful language: an informal email

Opening expressions

Thanks ¹_____ your email / letter.

It was great ²_____ hear from you.

Sorry for ³_____ writing earlier / sorry that I haven't been in touch for a while.

I ⁴_____ you and your family are well.

Responding to news

Sorry ⁵_____ hear about your exam results.

Glad to ⁶_____ that you're all well.

Good ⁷_____ with the new job.

Hope you ⁸_____ better soon.

Closing expressions

Anyway, / Well, that's all ⁹_____ now.

Hope to hear from you soon. / Looking ¹⁰_____ to hearing from you soon.

¹¹_____ my regards (love) to...

Take ¹²_____ / ¹³_____ wishes / Regards / (Lots of) love from...

¹⁴_____ (= something you forgot and want to add) Please send me the photos you promised.

d Plan the content of your email.

- 1 Underline the questions in the email that Chris wants you to answer.
- 2 Underline other places in the email where you think you need to respond, e.g. *I've been ill*.
- 3 Think about how to respond to each of the things you've underlined.

e Write 120–180 words, in two or three paragraphs. Use informal language (contractions, etc.), and expressions from **Useful language**.

f Check your email for mistakes (grammar, punctuation, and spelling).

◀ p.15

Beginning an informal email

When you are writing an informal email, it is more usual to start with *Hi* than with *Dear*.

- a Read the email from Anna. It has 12 **highlighted** mistakes, four grammar or vocabulary, four punctuation, and four spelling. With a partner, decide what kind of mistake each one is and correct it.
- b Read Anna's email again and find sentences that mean...
I haven't written or phoned.
I've been reading and replying to my emails.
Have you been doing anything exciting?
- c You're going to answer Anna's email. Look at the **Useful language** expressions and try to complete them.

A SHORT STORY

- a Read the story. What was the 'small mistake'? What happened in the end?



It was only a small mistake, but it changed my life for ever. I had been working at JB Simpson's for ten years. It was a small ¹*family-run* company which exported garden furniture. I was ²_____ happy with my job. I got on ³_____ with the owner, Arthur Simpson, but not with his wife, Linda. She was a loud, ⁴_____ woman, who ⁵_____ used to turn up at the office and start criticizing us for no reason. Everyone disliked her.

One afternoon Mrs Simpson came in while I was finishing writing a report. She looked at me and said, 'If I were you, I wouldn't wear that colour. It doesn't suit you at all.' I was wearing a ⁶_____ pink shirt that I was very ⁷_____ of, and her comment really annoyed me. I typed a ⁸_____ email to Alan Simmonds in Sales. 'Watch out! The old witch is here!' and pressed 'send'. A couple of minutes later I was surprised to receive an email from Mr Simpson asking me to come to his office ⁹_____. When I opened the door I saw his wife glaring at the computer screen. I realized, to my horror, what I had done. I had clicked on Simpson instead of Simmonds. ¹⁰_____ I was packing my things. I had been sacked!

- b Using adverbs and adjectives helps to make a story come alive and makes it more enjoyable to read. Complete the story with an adjective or adverb from the list.

aggressive an hour later quite family-run fond
frequently immediately new quick well

- c You may want to write some dialogue as part of your story. Re-write the following with the correct punctuation. Use the dialogue in the story to help you.

i want to talk to you about an email you sent
Mr Simpson said coldly

- d Look at the **highlighted** time expressions in **Useful language** and complete them.



Useful language: time expressions

_____ **that moment** the door opened.
As soon _____ I saw him, I knew something was wrong.
Ten minutes _____, I went back to sleep.
_____ **morning in September** I got to work early.
We got to the station **just** _____ **time** to catch the train.

- e You are going to write a story beginning with one of the sentences below. With a partner, choose which story to write and discuss what the plot could be.
- 1 It was eleven o'clock at night when the phone rang.
 - 2 Alex had been working hard all day, and was looking forward to going home.
 - 3 We had been driving for four hours when we saw the sign for a small hotel and decided to stop.
- f Plan the content.
- 1 Write what happened simply, in about 50 words.
 - 2 Think about how you could improve your story by adding more details, e.g. with adjectives and adverbs.
 - 3 Think about what tenses you need for each part of the story, e.g. how to set the scene, what significant events happened before the story starts.
- g Write 120–180 words, organized in two or three paragraphs. Use a variety of narrative tenses and adverbs and adjectives to make your story more vivid. Use time expressions to make the sequence of events clear.
- h Check your short story for mistakes (grammar, punctuation, and spelling).

◀ p.29

FOR AND AGAINST

- a Read a post about adventure sports on a blog site called *For and Against*? Do you think there are more advantages or more disadvantages?
- b Read the blog post again and complete it with the linking expressions from the list (two of them are interchangeable).

although another advantage because of
for example (x2) furthermore in addition
on the other hand the main advantage
to sum up

- c Put the linking expressions from b in the **Useful language** chart below.

Useful language: linking expressions

To list advantages / disadvantages
the main advantage

To add more points to the same topic

To introduce an example
For instance,...

To make contrasting points
However,...
In spite of (the fact that)...

To give a reason
Because (+ clause)...
... (+ noun)...

To introduce the conclusion
In conclusion,...

- d You are going to write a post for the site. Choose one of the titles below.

Going to work abroad: an exciting opportunity or a scary one?

Being a celebrity: a dream or a nightmare?

Home | About | [Blog](#) | [Subscribe](#)

Everything has two sides to it, a positive one and a negative one.
Post your opinions on our blog...

Adventure sports – fun or too risky?



Every year, more and more people are tempted by the idea of going on an adventure sports holiday, especially during the summer months.

Spending your holiday being active and enjoying the outdoors has a lot of advantages. ¹The main advantage is that adventure sports, like many other physical activities, offer health benefits. ²_____, when you practise extreme sports your brain releases endorphins because of the adrenalin rush and that makes you feel happy. ³_____ is the self-confidence that you gain from doing these activities. ⁴_____, the lessons learnt from facing the difficulties and the risks of these extreme sports may be very valuable in everyday life.

⁵_____, there are also some important disadvantages. ⁶_____ they make you feel good, risky sports can be extremely dangerous. The possibility of getting seriously injured while performing these activities is quite high, and some adventure sports, ⁷_____ skydiving or cliff jumping can even have fatal consequences. ⁸_____ these risks, you need to be extremely fit to practise these sports during a holiday, which means that they are not for everyone. ⁹_____, they are likely to be expensive because they require a lot of equipment, safety measures, and well-trained and qualified instructors.

¹⁰_____, adventure sports holidays have both advantages and disadvantages. Whether they suit you or not depends on your level of fitness, your personality, and how much you can afford.

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e Plan the content.

- 1 Decide what you could say either about how many young people today choose or are forced to go and work abroad, or about how people today are interested in famous people or want to be famous themselves. This will give you material for the introduction.
- 2 List two or three advantages and disadvantages, and number them in order of importance.
- 3 Decide if you think there are more advantages than disadvantages.

f Write 120–180 words, organized in four paragraphs: introduction, advantages, disadvantages (or disadvantages then advantages), and conclusion. Use a formal style (no contractions or colloquial expressions). Use the linking expressions in **Useful language**.

g Check for mistakes (grammar, punctuation, and spelling).

AN ARTICLE

- a Look at the three pictures. What do you think the parents should and shouldn't have done? Read the article and check.

Make your home a safer place for children!

You probably think that your home is a very safe place. But this may not be true if you have children coming to stay. Here are some tips to prevent accidents. / First look at the bedroom, where the children are going to sleep. Make sure the beds are not under a window, in case a child tries to climb out. If a very small child is going to sleep in the bed, you could put some pillows on the floor next to the bed, in case the child falls out. The next place to check is the bathroom. Many people keep medicines in a drawer or on a shelf above the washbasin. But this can be dangerous, as children may find them and think they are sweets. You should leave them in a locked cupboard. Finally, have a look



at the kitchen, which is the most dangerous room in the house for children. Knives should be kept in drawers which children can't reach, and make sure that all cleaning liquids are in high cupboards. If you follow this simple advice, children who come to stay will never be at risk in your home.



- b This article was originally written in five short paragraphs. Mark / where each new paragraph should begin.
- c You are going to write an article for a school magazine. With a partner, choose one of the titles below.
- How to keep safe if you go walking in the mountains.**
How to keep safe on a day at the beach.
How to keep safe online.
- d **Plan** the content.
- 1 Think of at least three useful tips.
 - 2 Think of a good introductory sentence (or sentences).

- e **Write** 120–180 words. Use expressions from **Useful language** below, and write in a neutral or informal style.



Useful language: giving advice

Don't forget to... / Remember to...

Make sure you...

You should...

Never...

Reasons

...in case

...so (that)

...because it might...

- f **Check** your article for mistakes (grammar, punctuation, and spelling).

DESCRIBING A PHOTO

- a Look at the photo and read the description. Do you agree with what the writer says about the people?



I think this is a family photo, although none of the family members is actually looking at the camera. ¹*In the foreground* we see the inside of a room with a glass door leading into a garden. ²_____ of the photo there is a girl sitting at the table, resting her head on one hand, with an open book ³_____ her. There are two other empty chairs around the table. The girl is smiling; she looks as if she's daydreaming, maybe about something she's read in the book. ⁴_____, there is another woman, who looks older than the girl, perhaps her mother. She's standing with her arms folded, looking out of the glass doors into the garden. She seems to be watching what's happening ⁵_____, and she looks a bit worried.

⁶_____, we can see a terrace, and ⁷_____ that a beautiful garden. Outside the glass doors on the right you can see a boy and a man who may be father and son. The boy is standing looking at the man, who is crouching ⁸_____ him. It looks as though they're having a serious conversation. Maybe the boy has been naughty, because it seems as if he's looking at the ground. This photo reminds me of a David Hockney or Edward Hopper painting, and it immediately makes you speculate about who the people are and what they are thinking.

- b Complete the description with a word or phrase from the list.

behind in front of in the background in the centre
in the foreground to her right opposite outside



Useful language: describing a photo or picture

In the foreground / background / centre of the photo...

The (man) looks as if / looks as though...

It looks as if / as though...

The (woman) may / might be... / Perhaps the woman is...

The photo reminds me of...

- c You are going to write a description of the photo below. **Plan** the content. With a partner, look at the photo carefully and decide what you think the people are thinking or feeling. Decide how to organize what you want to say into two paragraphs.



- d **Write** 120–180 words. Use the phrases in **Useful language** to help you.
- e **Check** your description for mistakes (grammar, punctuation, and spelling).

◀ p.71

EXPRESSING YOUR OPINION

- a Read the title of the magazine article. Do you agree or disagree? Then quickly read the article and see if the writer's opinion is the same as yours.

- b Complete the article with a word or phrase from the list below.

finally firstly for instance in addition in conclusion
in most cases nowadays secondly so whereas

- c You are going to write an article for a magazine. With a partner, choose one of the titles below.

Downloading music or films without paying is as much of a crime as stealing from a shop.

Squatters who live in an unoccupied property should not be forced to leave it.

- d **Plan** the content. The article should have four or five paragraphs.

- 1 **The introduction:** Think about what the current situation is and what your opinion is.
- 2 **The main paragraphs:** Try to think of at least two or three clear reasons to support your opinion. You could also include examples to back up your reasons.
- 3 **The conclusion:** Think of how to express your conclusion (a summary of your opinion).

- e **Write** 120–180 words, organized in four or five paragraphs (introduction, reasons, and conclusion). Use a formal style (no contractions or colloquial expressions). Use the phrases in **b** and in **Useful language**.

Useful language: ways of giving your opinion

(Personally) I think... / I believe...

In my opinion...

In addition / Also

In conclusion / To sum up

Ways of giving examples

There are several things we can do, for example / for instance / such as...

Another thing we can do is...

We can also...

- f **Check** your article for mistakes (grammar, punctuation, and spelling).

◀ p.77

Community service is the best punishment for young people who commit a minor offence.

¹Nowadays in the UK when a young person commits a minor offence, he or she is normally sentenced to prison, given a fine, or community service. ²_____ I believe that community service is the best option.

³_____, community service often persuades a young person not to re-offend. ⁴_____ working with sick children or old people makes young offenders realize that there are people who have more difficult lives than they do. So community service can be an educational experience, ⁵_____ going to prison or paying a fine is not.

⁶_____, spending time in prison results in young people meeting other criminals and learning more about the criminal world, which may tempt them into committing more crimes. ⁷_____, in prisons many of the inmates take drugs and this is a terrible example for young offenders.

⁸_____, I do not think that a fine is a suitable punishment for young people. They do not usually have much money themselves, ⁹_____ it is often their parents who pay the fine for them.

¹⁰_____, I believe that community service has important advantages both for minor offenders and for the community.



A REPORT

a Read the report on restaurants. With a partner, and think of suitable headings for paragraphs 1, 3, and 4.

b You have been asked to write a report on either **good places for eating out** or **entertainment in your town** for an English language magazine. With a partner, **plan** the content.

- 1 Decide which report you are going to write.
- 2 Decide what headings you can use to divide up your report.
- 3 Decide what information to include under each heading.

c **Write** 120–180 words, organized in three or four paragraphs with a heading. Use a neutral / formal style, and use expressions from **Useful language** for generalizing.



Useful language: talking in general

Most / The majority of (cinemas in my town...)
(Cinemas) are usually / tend to be (quite cheap)
In general... / Generally speaking...
almost always... / nearly always...

d **Check** your report for mistakes (grammar, punctuation, and spelling).

◀ p.91

Eating out in London

This report describes various options for students who want to eat out while staying in London.

1

Fast food – The majority of fast-food restaurants are cheap and clean and the service is fast, but they are often noisy and crowded, and of course the food is the same all over the world.

World food – London has restaurants offering food from many parts of the world, for example India, and China. These are often relatively inexpensive and have good-quality food and a nice atmosphere.

2 Value for money

Gastropubs – These are pubs which serve high-quality food but tend to be slightly cheaper than the majority of mid-range restaurants. Generally speaking, the food is well-cooked and some have very imaginative menus.

Italian restaurants – You can normally get a good pasta dish and a salad in most Italian restaurants without spending too much, but be careful, some restaurants have very expensive wine lists.

3

There are many options if you want to try somewhere special, but be aware that this nearly always means spending a lot of money. French restaurants, for example, are often expensive, and also restaurants run by celebrity chefs.

4

- Don't make your meal cost more by ordering expensive drinks.
- If you have a special restaurant in mind, don't forget to book in advance because the best restaurants are usually full, especially at weekends.
- Even if you have a limited budget, take advantage of the different restaurants that London has to offer.



1 9)))

- 1 I was being interviewed for a job with an advertising agency and the interviewer kept checking information on my CV and then asking me about it, and he saw that I'd studied philosophy at university, and he said, 'Oh, I see that you studied Philosophy at university. Do you still practise philosophy?' So I said, 'Well, I still think a lot'. Anyway he obviously liked the answer because I got the job.
- 2 At my job interview to become an editor with a publishing company, there were three people asking questions: two managers, and a woman from Human Resources. All the questions had been pretty normal, they were about my studies and experience, and then suddenly the woman from Human Resources asked me, 'What would make you kick a dog?' I was totally flustered but I managed to answer – I said, 'I'd only kick it if the dog had bad grammar and couldn't punctuate properly'. I thought it was quite a clever answer and, in fact, I got the job!
- 3 When I was applying for a teaching job in Korea, they were doing the interviews by phone because I was in the US. And because of the time difference they were all very early in the morning, which is not my best time. Anyway, the Director of Studies of this particular school asked me, 'How tall are you?' and, 'How much do you weigh?' I answered his questions but after the interview, when I thought about it, I decided that I didn't want to work in a school that would judge me by my height or my weight. So later, when they offered me the job, I turned it down.
- 4 I was being interviewed for a job with a company in Switzerland and the interviewer asked me, 'What animal would you like to be reincarnated as?' So I said a cat, because it was the first thing I thought of and because cats have a good life – well at least in Britain they do. And then the interviewer immediately looked a bit embarrassed and said that he had been told to ask me that question to see how I would react, but that he thought it was a stupid question. In the end I didn't get the job, so maybe the interviewer wasn't very fond of cats...
- 5 I went for a job in a lawyer's office. There were two of us waiting to be interviewed – me and a man about the same age as me – and he was nice so we were chatting before we went in, and we agreed to have a coffee afterwards. Well, I went in first, and they asked me the usual sorts of questions about my previous job. They had all my personal information on my CV and so they knew I was married and suddenly they asked me, 'Are you planning to have children?' I said 'not in the immediate future but maybe one day'. Afterwards when I was having coffee with the other candidate, I asked him if he'd been asked the same question, and he said no, even though he was married, too. In fact we both got offered jobs, but I still think it was a very sexist question to ask.

1 10)))

Adam

Fatos began to look very carefully at the coffee grounds in Chris' cup and to tell him what she could see. I remember that the first thing she said was that she could see 'sacks of money' – and this was very accurate because Chris had worked in Saudi Arabia for several years and had earned a lot of money there. She also said that she could see 'a blonde lady'. Well, Carla, Chris's girlfriend at that time, was blonde so that was spot on, too. But then Fatos suddenly looked very serious and she said, 'I can see somebody in your family who is ill, very ill, at this moment.'

I remember thinking, 'Oh no! Don't ruin a nice evening!' But Chris is quite a laid-back sort of person and he didn't seem to be too worried by what she'd said. He just said, 'Well, as far as I know the people in my family are OK'. Chris is an only child and his mother lived with her sister in London. They were both in their seventies.

Fatos said one or two more things and then we asked

the waiter for the bill and said our goodbyes. It was a slightly weird end to what had been a very enjoyable evening. I can remember feeling quite relieved that I had said 'no' when Fatos asked me if she could read my coffee cup.

Chris and I got a taxi back to our hotel. The next day Chris had a free morning, because it was my turn to do the teacher training session in the hotel, so he went off early to go sightseeing in Istanbul. Around nine o'clock I got a call on my mobile. It was Chris's girlfriend, Carla, calling from the UK. She told me that she needed to talk to Chris urgently but that he wasn't answering his mobile. I could tell by her voice that she had some very bad news for him and I immediately thought of what Fatos had said the night before and I felt a shiver run down my spine.

I asked Carla what had happened and she told me that Chris's aunt had died suddenly in the night. So, was it just a spooky coincidence, or did Fatos really see what she said she saw in the coffee cup? I spoke to her before I left Istanbul and I told her that Chris's aunt had died the night that we had dinner. She wasn't at all surprised and she just said, 'Yes, I saw in the cup that someone in his family was near to death, but I didn't want to frighten him so I just said that the person was very ill.' All I can say is that I always used to be very sceptical about fortune telling but now, well, I'm not so sure.

1 17)))

What's in your signature?

Our signature is very much part of the way in which we present ourselves to the world, so it can definitely give us some clues about the kind of person we are and how we feel about ourselves.

As you know, a person's signature usually consists of a first name and a surname, or an initial and a surname. Your first name represents your private self – how you are with your family; and your surname represents your public self – the way you are at work or school, and in your social life.

If you use only initials either for your first name or your surname in your signature, this means that you are more secretive and protective about either your private or public self.

Now look at the space between your name and surname. Are the two names very close together, or is there a reasonable space between them? The more space there is between your name and your surname, the more you wish to keep these two parts of your personality separate.

1 18)))

The size of your signature

Now let's look at the size of your signature. If your first name is bigger and more prominent in your signature this normally means that your 'private' self is more important to you than your 'public' self. If your surname is bigger and more prominent, this probably means that your 'public' self is more important to you.

If your whole signature is very big compared with the rest of your writing this normally means that you are quite a self-confident person. Some people actually sign in capital letters, which suggests that they may be big-headed or even arrogant rather than just self-confident. On the other hand, people who sign their name with a very small signature tend to be insecure and have low self-esteem.

1 19)))

The legibility of your signature

Another important factor is how legible your signature is – in other words how easy it is to read. A legible signature tends to mean that you're a person with clear ideas and objectives. On the other hand if your signature is difficult to read this may imply that you're somebody who doesn't think very clearly and that you may be disorganized or indecisive. It can also mean that you're quite secretive.

Generally speaking the more illegible your signature is, the less assertive you probably are as a person.

1 20)))

The angle of your signature

Finally I want to say something about the angle of your signature, that's to say whether your signature is horizontal, or goes up or goes down on the page.

A rising signature, one which goes up, means that you are the kind of person who, when you're faced with problems, will work hard to overcome them. You're a determined person and probably optimistic and ambitious. A descending signature, that is one which goes down, suggests that you're the kind of person who gets disheartened or depressed when you're faced with problems, perhaps because you are not very self-confident. A horizontal signature, one which goes straight across the page, usually indicates a person who is well-balanced and emotionally stable, and someone who is generally satisfied with the way their life is going.

But it's worth bearing in mind that the angle of our signature may change at different times of our lives, depending on how we are feeling.

1 23)))

Part 1

Interviewer What's the first thing you're looking for in a candidate for a job?

Ryan The first thing you're looking for with a job candidate is an enthusiasm for the role, you're also looking for them to demonstrate experience, er, relevant to the position.

Interviewer How do you get candidates to relax in the interview?

Ryan It's important to engage with the candidate straight away, so when you collect them from reception or from the, the front of the building whatever it may be, you want to kind of greet them in a friendly manner, you want to ask them some general questions, just talking about their journey into the interview or, um, the weather or have they been to the city before.

Interviewer And during the interview?

Ryan During an interview, once it has commenced I will always try to start the interview with some general questions, just to allow the candidate to talk about themselves, to talk about their CV, their background, um, and often when a candidate is talking about something they know, which is themselves and that they've been doing, um, they're able to settle down much more quickly and have an element of confidence around, er, what they're talking.

Interviewer Is it important for candidates to ask the interviewer questions and if so what kind of questions should candidates ask?

Ryan Questions can be related to anything, so I personally would encourage candidates to ask questions related to any aspect of employment and most recruiters would welcome that sort of interaction as an opportunity to actually give a little more information about the company.

Interviewer Is it OK for candidates to ask about the money or the salary at the interview?

Ryan Of course, and candidates should be honest and realistic about their expectations too; an interview is an appropriate environment to ask such a question especially if salary or, er, salary banding was not identified in the job advert.

Interviewer How important are CVs and covering letters?

Ryan CVs are very important to a recruiter because it actually provides an overview of a candidate's background, their employment, what they've been doing to date, but a cover letter can actually be more important because that's where a candidate will actually list and identify how they meet the criteria for the post, so it allows a candidate to be very specific about demonstrating what skills and

experience they have that would be relevant and often that skill and experience may be missed on a CV when you're looking at a wider career history.

Interviewer What's the worst thing a job candidate can do when they're applying for a job?

Ryan First thing, is obviously, making mistakes on their application, um, that's always viewed negatively depending on the role they're applying for. Um, also coming to an interview late, coming to an interview unprepared.

1 24)))

Part 2

Interviewer Can you give us an example of some of the more difficult interviews you've been involved in?

Ryan I've been in interviews where candidates haven't been prepared and have not been able to, from the start, answer some of the questions, um, one particular situation was when a candidate actually thought they were being interviewed for something completely different, um, so again you have to actually think how do you deal with that situation, do you stop the interview or do you carry on?

Interviewer Anything else that has surprised you during an interview?

Ryan There was another situation where, er, a candidate actually produced food during the interview, er, in the middle of answering a question, they stopped and rummaged in their bag to pull out a KitKat, um, which took both myself and the interviewing manager by surprise, we did ask and enquire as to what she was doing, er, at which point she actually advised she was a diabetic and just felt at that particular moment, um, that she just needed a little, er, something to eat to calm things, which was absolutely fine, but again during the interview when she hadn't announced that's why she was doing it, it was a bit of a surprise.

Interviewer How important is the way a candidate dresses for an interview?

Ryan A candidate's dress for interview is important because it shows how serious they take the situation. Um, however, I would always recommend that candidates would come to interview, um, in a dress that is appropriate for the role they're applying for. In today's modern, er, recruitment, er, environment it's not always necessary for a, a guy to wear a suit to an interview, however you would expect to see a shirt, you would expect to see a blazer, you would expect, expect to see appropriate footwear and the same for a, a lady as well, um, certain clothes, certain types of footwear would be inappropriate to come into an interview and may set a perception of that candidate which is perhaps incorrect.

Interviewer Have you ever had an interview with someone who was dressed very inappropriately?

Ryan I had an interview on one occasion where a candidate actually arrived in tennis gear, a white T-shirt and shorts, they'd literally come straight from the tennis court and they had simply forgotten the interview was on that day, had suddenly had the reminder that actually they were due to be at the interview, so they thought they would come anyway as they were, um, I did see the candidate and they were actually very impressive, we just had to move past the, the clothing aspect but actually it was quite funny and allowed a real opportunity to engage with that particular candidate from the start.

Interviewer Did that person get the job?

Ryan No, they didn't.

1 25)))

Part 3

Interviewer What can you tell us about extreme interviewing, that is asking candidates very strange questions like 'What dinosaur would you be?'

Ryan OK, extreme interviewing is a technique used by recruiters to put the candidate in a situation that they may not have been in before, um, or to, put them, give them a scenario where they have to think quickly, where they have to digest information, where they perhaps have to problem solve before giving an answer.

Interviewer Have you used it yourself?

Ryan It's not something that I have direct experience of, but I am aware of some of the techniques that they use and some of the questions that could be used. Um, I was reading recently about, um, extreme interviewing techniques used for an insurance

company, they asked candidates to describe, they asked candidates during the interview how they would describe Facebook to their grandmother? What the recruiter was looking for was for that candidate to display an element of, um, technical skills and technical awareness, also to display communications skills and how they would explain Facebook to an audience or to somebody who doesn't understand modern technology or modern social media.

Interviewer Do you have any others?

Ryan One I was reading about recently was posed to candidates during an interview, er, where they were looking to assess a candidate's ability to multitask. The candidates were asked whether they would want to fight a horse-sized duck or a hundred duck-sized horses. Depending on the answer one or a hundred that would potentially dictate whether that candidate was most comfortable multitasking or dealing with one, er, situation or one objective at a time.

Interviewer What would your answer to that question have been?

Ryan I, when I read it I had to re-read it four times, and that's just me reading it. In an interview I would have had to have asked for that question to be repeated and I'm not even sure if I would have been able to give an immediate response because I would still be trying to understand what exactly they were asking of me. I guess for me personally, when I thought about it, I would have said one horse-sized duck, um, but that would potentially mean that I'm not able to multitask! So...

1 27)))

Interviewer When did you last have an interview for a job or a place on a course?

Jeanine The last time I had an interview for a job was in 2011.

Interviewer How did you prepare for the interview?

Jeanine I took a lot of Rescue Remedy to help my nerves and I, I just practised every question that they could ask me in my head.

Interviewer Did the interview go well?

Jeanine No, it didn't. I didn't get the job.

Interviewer When did you last have an interview for a job or a place on a course?

Jo Err, about two months ago.

Interviewer How did you prepare for the interview?

Jo Well, I looked at the job description and thought about my experience, um, and then tried to match my experience to the various different points on the job interview.

Interviewer Did the interview go well?

Jo It did.

Interviewer How do you know it went well?

Jo Because they offered me the job.

Interviewer When did you last have an interview for a job or a place on a course?

Ivan I last had an interview for a job a few weeks ago, um, that's the last time I had an interview for a job.

Interviewer How did you prepare for the interview?

Ivan To prepare for the job interview I read about the company and learned about what they did and to see if I liked the work that they did.

Interviewer Did the interview go well?

Ivan I think it went well because they followed up with an email, um, to talk about, um, further opportunities at that company.

Interviewer When did you last have an interview for a job or a place on a course?

Yasuko Um, the last interview that I had was for my current company that I work for, and that was about two years ago.

Interviewer How did you prepare for the interview?

Yasuko I prepared for the interview by, um, res... doing a little research on the company, the kind of products that they make, um, the, their philosophy, the history and the background of the company.

Interviewer Did the interview go well?

Yasuko I think the interview went well because it was actually a long interview. I had a lot of good conversation with the managers there, and I also got a few more interviews afterwards, and eventually got the job, so the, the interviews went well.

Interviewer When did you last have an interview for a job or a place on a course?

Joost About three months ago.

Interviewer How did you prepare for the interview?

Joost I read about the company and I knew what the job content was, and I knew everything that I had to know for the interview, I was well-prepared to answer their questions.

Interviewer Did the interview go well?

Joost It went well. In the end they said I was too young, so they didn't hire me, but, yeah, they would have if I was older, they said.

1 41)))

I So, Dr Cannon, Do you meet a lot of cyberchondriacs in your work?

D All the time, I'm afraid. It's very common nowadays for people to look up their symptoms on health websites on the internet and to diagnose themselves with weird or exotic illnesses! For example the other day I had a patient who came in because his back was very red and itchy. He had been looking on internet medical sites and was absolutely convinced that he had an extremely rare skin condition – he even knew the medical name: nodular panniculitis. But, in fact when I examined him and talked to him it turned out that he had spent the weekend gardening in the sun and his back was sunburnt.

I So you would prefer your patients not to check their symptoms on the internet?

D No, don't get me wrong, I'm not anti health websites, I just want people to use them sensibly. The problem is that diagnosis of a condition or an illness doesn't just depend on one specific symptom that you can type into Google. It depends on all sorts of other things like a patient's appearance, their blood pressure, their heart rate, and so on.

I Of course.

D And diagnosis also depends on where you live. For example, if you live in west London and you haven't travelled abroad, it's very unlikely that you have malaria even if you have some of the symptoms.

I What other problems are there when people use health websites?

D Well, you have to check carefully what kind of site it is that you are looking at. Some websites look as if they have been created by health professionals, but in fact they've been set up by commercial companies that are trying to sell you something. Also, some American healthcare sites recommend expensive treatments or medicine that is not available here in the UK.

I Are there any websites which you would recommend?

D Oh yes, absolutely. For example, people with chronic diseases like asthma can get a lot of help and information from online support groups. These websites have forums where you can talk to other people who have the same condition and illness and you can usually get information about the latest research and new treatments. And there are often online support groups for people who have unusual illnesses, too.

I Finally, do you have any tips for all those cyberchondriacs out there?

D Yes, I have three. First, only look online after you've been to the doctor. If you're not feeling well, make a list of the symptoms you have that are worrying you, and go and see your doctor with this list. Then when your doctor has told you what he or she thinks, you could have a look online.

Secondly, make sure you're looking at a reliable and professional medical website. And finally, remember that common symptoms usually have common causes – so if you have diarrhoea, for example, it's much more likely to be food poisoning than the Ebola virus.

I Doctor Cannon, thank you very much.

1 45)))

P Welcome to today's programme in our series on age. The topic is clothes, and the question is, do people nowadays dress their age, and should they? Our guests are both fashion journalists with well-known magazines. Hello, Liza and Adrian.

L + A Hello. Hi!

P Let's start with you, Liza.

L Well, the first thing I'd like to say to all the young people out there is next time you give your granny a warm cardigan and some slippers for her birthday, don't be surprised if she asks for the receipt, because she'll probably want to go out and change them for something more exciting.

- P** So you think nowadays women in their sixties and seventies dress much younger than they used to?
- L** Oh, absolutely. Think of women like Sophia Loren, Catherine Deneuve, Helen Mirren, and Jane Fonda. Jane Fonda is in her late seventies and last month she was on a US talk show wearing a leather mini skirt – she looked fabulous! But, of course, it isn't just famous women who are dressing younger; some recent research says that nine out of ten women say that they try to dress younger than their years.
- P** Do you think that's true?
- L** Well, it depends on your age of course. A lot of teenage girls try to dress older than they are, maybe to get into pubs and bars. But I would say that from 30 onwards most women try to dress younger than they are.
- P** And do you think there's anything wrong with that?
- L** Actually, I think it's not a question of dressing older or younger, it's a question of wearing what suits you. And if you looked good in jeans when you were 15, if you keep your figure you'll probably look good in them when you're 80. There are a few things which can look a bit ridiculous on an older woman, like, let's see, very short shorts... but not many.
- P** So your fashion rule would be...?
- L** Wear whatever you think suits you and makes you feel good.
- P** Adrian, what about men? Do you think they also try to look younger than their age?
- A** Well, interestingly, in the research Liza mentioned, only 12 % of the men who were questioned said they had ever thought about dressing to look younger. But actually I think a lot of them weren't telling the truth. Look at all those middle-aged men you see wearing jeans which are too tight and incredibly bright T-shirts.
- P** You don't approve?
- A** No, I don't. Personally I think that men should take their age into account when they're buying clothes.
- P** Do you think that some men actually dress older than their age?
- A** Yes, definitely, some do. Some men in their twenties look as if they were 20 years older by wearing blazers and chinos, or wearing suits and ties all the time when they don't have to. They've maybe just started work and they want their bosses to take them more seriously. And a lot of men in their thirties realize that they can't dress like a teenager any more, but they go to the opposite extreme and they start buying the sort of clothes that their fathers wear.
- P** So what would your fashion rule be for men?
- A** Dress for the age you are, not for the age you wish you were.
- P** Liza and Adrian, thank you very much.

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- 1 Ladies and gentlemen, welcome on board this flight to Hong Kong. Please place all hand luggage in the overhead compartments or underneath the seat in front of you. We ask that you please fasten your seatbelts and, for safety reasons, we advise you to keep them fastened throughout the flight.
- 2 We also ask that you make sure your seats and table trays are in the upright position for take-off. Please turn off all personal electronic devices, including laptops and cell phones. We remind you that smoking is prohibited for the duration of the flight.
- 3 Ladies and gentlemen, may we have your special attention for the following safety instructions. Please read the safety instructions card which is located in the pocket of the seat in front of you. There are six emergency exits on this aircraft, all marked with exit signs. Take a minute to locate the exit closest to you. Note that the nearest exit may be behind you.
- 4 The safety instruction card is in the pocket of the seat in front of you. Please read it. It shows you the equipment carried on this aircraft for your safety. Your life jacket is located under your seat. In the unlikely event of the aircraft landing on water, place the life jacket over your head, fasten the straps at the front, and pull them tight. Do not inflate the jacket inside the aircraft. As you leave the aircraft, pull down the red tabs to inflate the vest. If necessary, the life jacket can be inflated by blowing through these tubes.

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Interviewer With me in the studio today I have Richard, who's a pilot, and Brynn, who's an air traffic controller, and they are going to answer some of the

most frequently asked questions about flying and air travel. Hello to both of you.

Richard and Brynn Hello.

Interviewer Right, we're going to start with you, Richard. The first question is what weather conditions are the most dangerous when flying a plane?

Richard Probably the most dangerous weather conditions are when the wind changes direction very suddenly. Er... this tends to happen during thunderstorms and typhoons and it's especially dangerous during take-off and landing. But it's quite unusual – I've been flying for 37 years now and I've only experienced this three or four times.

Interviewer What about turbulence? Is that dangerous?

Richard It can very bumpy and very uncomfortable but it isn't dangerous. Even strong turbulence won't damage the plane. Pilots always try to avoid turbulence, but it can sometimes occur without any warning, which is why we always advise passengers to wear their seatbelt all the time during the flight.

Interviewer Which is more dangerous, take-off or landing?

Richard Both take-off and landing can be dangerous. They're the most dangerous moments of a flight. Pilots talk about the 'critical eight minutes' – the three minutes after take-off and the five minutes before landing. Most accidents happen in this period. But I would say that take-off is probably slightly more dangerous than landing. There is a critical moment just before take-off when the plane is accelerating, but it hasn't yet reached the speed to be able to fly. If the pilot has a problem with the plane at this point, he has very little time – maybe only a second – to abort the take-off.

Interviewer Are some airports more dangerous than others?

Richard Yes, some are – particularly airports with high mountains around them and airports in countries with older or more basic navigation equipment. For some difficult airports like, let's say Kathmandu, they only allow very experienced pilots to land there. And for some of these airports, pilots have to practise on a simulator first before they are given permission to land a plane there.

Interviewer Thanks, Richard. Over to you, Brynn. What personal qualities do you think you need to be an air traffic controller?

Brynn I think confidence is number one. You need to be a self-confident person, you have to be sure of yourself and of the decisions you're making.

Interviewer Most people imagine that being an air traffic controller is very stressful. Do you agree?

Brynn Actually, on a daily basis, the job isn't as stressful as people think. Obviously it's true that stressful situations do arise, but when you're very busy, you just don't have time to get stressed.

Interviewer Why is it important for pilots and controllers to have good, clear English?

Brynn English is the official language of air traffic control. We communicate with pilots using very specific phrases like *runway, wind, cleared for take-off, turbulence, traffic ahead, to your left, to your right*, things like that, and it's true that you could just learn these specific phrases. But then in an emergency you don't know what language you might need, it's much less predictable, which is why it's vital for pilots and air traffic controllers to speak really good, clear English.

Richard If I could just interrupt here, in fact there have been several air crashes which happened because the air traffic controller misunderstood something that the pilot had said in English, or vice versa, because their pronunciation wasn't clear enough.

Brynn Yes, that's right.

Interviewer Finally, people tend to think that most pilots and air traffic controllers are men. Would you say that was true?

Brynn Not in air traffic control – there are lots of women. It may not be fifty-fifty, but there are plenty of us.

Richard It's true about pilots, though. I mean there are some women pilots, but it's still quite a male-dominated job, I'd say.

Interviewer Why do you think that is?

Richard People say it's because men have a better sense of direction.

Brynn Very funny.

Interviewer Richard, Brynn, thank you very much.

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Part 2

'How does it feel?' shouted Stan.

Susan smiled. The little gun was surprisingly pleasant to hold. She held it in her right hand, aimed it as Stan had instructed her, felt angry once again when she thought of the mugging, and pulled the trigger.

'Hey, that's good!' Stan shouted.

She'd never heard him shout before, but then that was the only possible way to communicate at the Target Shooting Range. Susan wanted to blow the smoke away from the end of the gun like John Wayne.

'I want to shoot another round,' she said, confidently.

'Good evening, ladies.'

The expert in self-defense stood beside a large projected screen.

'The victim of a mugging usually looks like this...'

A picture of a little old woman now appeared on the screen. She was carrying a shopping bag in one hand and a purse in the other.

'She looks vulnerable and weak. The mugger likes her – it'll be easy for him to take what he wants and run. He won't choose a victim who looks as if she might fight back.'

A picture of a younger woman now appeared on the screen. She looked strong and fit, and her hands were free.

'If you want to avoid being mugged, walk confidently! Keep your head up. Pull your shoulders back. Don't carry a lot of packages and keep your hands free. Carry your purse under your arm. Look as if you know where you're going, even if you don't. That mugger should think you're tough. Any questions so far?'

Susan raised her hand.

'Is there any way to identify a typical mugger?'

The instructor smiled.

'He's the one wearing dark clothes, hiding in the bushes.'

Everyone but Susan laughed. This was the third week of the self-defense course. The first week, they'd learned to scream loudly and to run away fast. The second, they'd looked at keys and scissors as potential defence weapons. This week the topic was, 'Who Is a Likely Mugging Victim?'

At the end of the class, the women all walked out confidently, with their heads high. They didn't walk near any bushes on their way to their cars.

Stan was delighted at how much stronger and more confident Susan seemed after only three weeks of self-defense classes.

'You're really doing well,' he said, and kissed the top of her head. 'I've never seen you so single-minded.'

'Well, some things in life are important,' Susan said. 'And, anyway, I'm still so angry about being robbed!'

Nobody was going to mistake her for a victim again.

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Part 1

Interviewer What was your favourite book when you were a child?

Julia It's always very difficult thinking back to one's favourite book as a child because, er, different times were different favourite books, but the book that I remember best that I go back to in times of wanting to have a quiet moment of, er, reflection is a book by Rosemary Sutcliffe called *Warrior Scarlet*, and why it appealed to me is very hard to say, it's about a boy with a withered arm in the Iron Age who can't get his place in the tribe because he can't kill a wolf. I probably read it once a year even now.

Interviewer Even now?

Julia Well, yes because there is a special thing about reading a book that you loved as a child it takes you back to that time. You, typically if you ask people about their favourite book as, as a child or the book that made them a reader, which I think is another way of looking at it, they can remember a fantastic amount about it, they can often remember who gave it to them or who read it to them or where they read it or, and I have exactly that experience with, with that book.

Interviewer When you were a small child, who read to you, your mother or your father?

Julia Well, I'm third of four children and I, this is a terrible thing to say, I don't think anybody read to

me, I think I remember listening in on my older sisters being read to, so I was the youngest of three girls and then I've got a younger brother. And I very much remember my mother reading the Laura Ingalls Wilder, *Little House on the Prairie* sequence to my brother and that's when I heard them too, but I certainly never had them read to me. And then my father read me Rumer Godden's *Mouse House*, and again this is a very profound memory, probably because he didn't actually very often read aloud, so it's logged in my brain as something that he read to me.

Interviewer And who read to your children, you or your husband?

Julia Well, that's interesting because if I think back to it, I think, perhaps because I worked in books and my husband didn't, he seems to have done more of the reading aloud than I did, um, he loved reading aloud, he has incredible stamina for it and he would read for an hour quite happily, I think, at the end of a working day it was quite a nice thing for him to do.

Interviewer Do you have a favourite children's writer?

Julia I think my favourite author at the moment is Philip Pullman. I think he gave us a classic book in *Northern Lights*, the first of his *Dark Materials* trilogy which opened up to a very wide range of children, what imaginative fiction can be at its best and there's nothing that Philip has written that isn't interesting, beautifully crafted, um, surprising and a story that you reflect on. He, he raises so many questions, giving openings for children to think, that's the best kind of writing as far as I'm concerned. So if you ask me now of a contemporary writer, he would be the person who I think is the greatest.

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Part 2

Interviewer What do you think is the one big thing that helps to make a child a reader?

Julia One of the extraordinary things about reading that isn't talked about enough, I think, there's a lot of, of talk about how children learn to read and all of this but actually, and what strategy might be best, but actually what makes a reader, a book, it's finding the book that you really want to read, and so that's the chemistry, that's the chemical moment when the child finds something that they really want to read.

Interviewer Teenagers can also be quite negative about reading, what do you think can help inspire teenagers to read?

Julia Well, I think the biggest inspiration that I, I would, I mean I would like to say again, to get back to the idea that it is the right book, but I think there are lots of ways into reading and one of the things that's very evident is that, um, good films, far from putting children off reading the book often take children or teenagers to read the book. You take a book like *The Beach*, all right it wasn't a book that was written for children, but it was a, you know, it was a great teen novel, it was a sort of almost a teen anthem novel and um, a lot of teenagers read the book after they'd seen the film.

Interviewer How do you feel about children reading books which are badly written?

Julia What I certainly wouldn't do is make judgements about quality of writing. One of the weirdest things that happens in children's books is that as soon as a child finds an author that they love the parents tend to think it's not suitable because they think if the child is loving it, it's too easy or too trivial or too whatever and Jacqueline Wilson is a very good example of this, she is an author who, girls particularly, found and loved for years and it's taken the parents a very long time to realize that she is a very good author. And what do you say about someone like JK Rowling who is, you know, not a great literary stylist but has some really remarkable qualities in her books and will be credited over probably three more generations for having made children readers. I wouldn't want to say children shouldn't have read her books because they're not a great literary quality.

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Part 3

Interviewer For the most part do you read paper books or e-books?

Julia Ah, I'm, I'm almost entirely a print book reader but that is not out of prejudice that's just out of, um

the fact that I get sent all the books, so it's easy for me to find the book I want to read and pick it up. Um, I read on my, um, iPad, sometimes, um, I think we are, ought to, sort of, stop seeing the two in polarity I think, you know, everybody is going to read both, I read the newspaper online and I read it in print at the weekends. I think we are all just going to get very used to reading in different ways.

Interviewer Has all the new media made young people read less?

Julia When television first hit, as it were, everyone said children would stop reading, and the curious thing is that children's books and even books for teenagers are stronger now, much stronger than they were when television, children's television first took hold. Children's television has slightly dwindled, books have increased. So the book has always been under threat from these other media but somehow reading survives, so there must be something very important about it or it would have gone, we would all have taken to seeing things in film which is a much easier way of accessing the same wonderful stories or, I, I always think the thing that really threatens reading is listening to music, I know you can do both but most people don't, but you know, even with the explosion of music that children have access to they still have found time for reading.

Interviewer Do you still read for pleasure?

Julia Well I still do read for pleasure, um, but it's harder to get back to that magical experience, which I do remember very clearly from childhood, I do remember that being totally absorbed in the book, but as you get older it's just harder to carve out time like that and there is always something else pressing and of course, that's got more so with, you know, I have a BlackBerry I look at it all the time, and, er, I have to stop myself doing that, if I'm going to enter this amazing fictional world, so for me the place that, that it really works best is a long train journey, 'cause I don't have to look at anything. I can be out of my ordinary life and I can just have that experience of getting completely lost in the story. But it only really works when the story comes to you and you have that kind of chemical moment when the story grabs you and you know you're not going to stop until you've got to the end of it or whatever, you know, you know you want to read it as long as possible. So I can still read for pleasure but I have to find the right book.

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Interviewer What was your favourite book when you were a child?

Charlie My favourite book was *Dear Zoo*.

Interviewer Why did you like it so much?

Charlie I liked the fact that the boy got lots of different animals through the post and that, actually, all he wanted was a dog, um, for a pet. And that growing up, my parents wouldn't let me have a pet, so it was quite a nice idea of, you know, lots of animals coming to stay and having to go backwards and forwards.

Interviewer Was there a character in a children's book that you identified with?

Charlie Err, yes, George, um, in Enid Blyton's *The Famous Five* was a girl, and it was just, she was like a tomboy so I quite liked the idea of being quite adventurous and doing things that boys tended to do when I was growing up.

Interviewer What was your favourite book when you were a child?

Sean Probably *The Lion, The Witch and The Wardrobe*.

Interviewer Why did you like it so much?

Sean Um, I remember we had a teacher at school who read it aloud to us, and um, when I was probably six or seven, when I was too young to read it myself, um, and I remember getting the book and then sitting down by myself and reading it. I think it was the first time I realized how much you could get out of a book, I think.

Interviewer Was there a character in a children's book that you identified with?

Sean I can't think of any specific characters. I think I was quite a scruffy child. I always had dirty knees and torn clothes and things like that, so whenever there was a boy who got into lots of trouble, I usually thought that was a little bit like me, but I can't think of one particular one.

Interviewer What was your favourite book when you were a child?

Lucy Um, I really loved anything by Michael Morpurgo, um, all the Roald Dahl books and the *Northern Lights* series by Philip Pullman.

Interviewer Why did you like them?

Lucy I really enjoyed the Roald Dahl books because of the great illustrations that Quentin Blake did, um, I just found them really inventive and vivid and they really kind of contributed to my understanding of those stories. And the *Northern Lights* I loved because it just offered a really detailed other world, to just dive into, and this kind of idea of alternative universes and weird futures that could possibly happen.

Interviewer Was there a character in a children's book that you identified with?

Lucy Um, not really sure, I used to love reading school stories, like books about boarding schools off in the, um Swiss Alps or anything like that, and well, I didn't necessarily identify with a specific character, I liked the kind of general idea of it, I suppose, and, um, the kind of jolly jape that they would get up to, so I kind of identified with them in a more general way as a schoolgirl, I suppose.

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1 It was a few years ago now, I think, ah, it was 2010, my wife and I had booked to spend New Year's Eve in a pub in Yorkshire in the north of England. It's a very famous pub because it's supposed to be the highest pub in the UK, and it has beautiful views. Well, we knew that the weather wasn't going to be good – the forecast said it would snow, but it didn't really worry us – we're from the north and we're used to the snow. Anyway, we arrived in the afternoon and then we got dressed up for dinner. There were about, um, 30 guests and we were having a great time, but as it got nearer to midnight I noticed that it had started snowing very heavily. We went to bed late, of course – I mean it was New Year's Eve – but when we woke up the next morning there was so much snow that we realized it was going to be impossible to leave the pub. The roads were completely blocked and our cars were buried under mountains of snow. Everybody was stuck there in the pub for two more nights. But it wasn't a problem at all. There are worse places to be stuck than in a pub! In fact, we had a great time. We all helped a bit with preparing the food and we did the washing up after the meals. And in the evenings we organized quizzes and we all got to know each other. On January 3rd they finally cleared the roads with snow ploughs and we were able to leave. But I have to say that it was one of the best New Year's Eves ever.

2 This was in the summer of 2003 and there was a terrible heat wave in London. I remember it really well because it was my daughter's 6th birthday on the 7th of August and we'd invited some of her friends round to our house for a party in the garden. When the children arrived that afternoon, it was just unbearably hot – I mean it was about 36 degrees which is absolutely scorching for us – it was just too hot to be outside, and it was too hot to be inside, too, because we didn't have air conditioning – very few houses do in Britain. And all the little girls were starting to get really exhausted from the heat and I just didn't know what to do with them. But then my husband said, 'Why don't we all go to my clinic?' He's a doctor and his private clinic is just down the road and the clinic has air-conditioning. So we took the children to the clinic and had the party there. It was lovely and cool there and the girls played party games in the waiting room, but then they started running around the clinic as well and I got really worried that they were going to break something. The whole day was a bit of a nightmare, to tell the truth.

3 In October 1987 I was sixteen and I was at a girls' boarding school, a school in Kent in the south east of England. It was a big old house and it had really beautiful grounds. That night I woke up in the middle of the night because our bedroom window was rattling loudly. We could also hear very loud banging outside. I looked outside and I could see that it was incredibly windy. The wind was howling and trees were bending right over and things were being blown all over the place. I'd never seen such a strong wind. Soon all the girls in my dormitory had woken up, and the room was full of confused, sleepy teenagers. Suddenly, a group of girls came running in from the room next door – a tree had fallen and broken

the window by one of the beds and had covered it in glass.

It was quite scary but it was exciting as well. Then a teacher came in and told us not to worry and to go back to sleep but it was very difficult to get to sleep because of the noise of the wind, and we were awake for hours until finally the wind died down and we could get to sleep.

The next day when we woke up we looked outside. It looked as if somebody had dropped a bomb. There were fallen trees and branches everywhere. Just in our school grounds 200 trees had been blown down. On the radio they said that it had been a hurricane and that 18 people had been killed. Later we found out that all over Britain 15 million trees had blown down during the night.

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- 1 Yes, I think I am, or anyway more than I used to be. I think my attitude to risk has changed as I've got older, for example I'm more open to risking a change in appearance, because I think I'm less self-conscious now. I often change hairstyles and colour but when I was younger I had the same hairstyle for years and years. I also think I would take more risks travelling now because I'm more self-confident, so I'm pretty sure I could cope with any problems.
- 2 Yes, I'm definitely a risk taker. I take risks to do things that I enjoy like skiing or cycling in London, which is pretty dangerous. In fact I think the element of risk probably makes them even more enjoyable. The only time I wouldn't take a risk would be if I couldn't see that I was going to get any pleasure from it – I wouldn't do something risky just for the sake of it.
- 3 I'm the sort of person who likes to know exactly what I'm doing and when I'm doing it, so there's not much room for risk in my life. For me, risk means not being completely in control and that can make me feel really nervous. For example, if I'm meeting a friend for dinner, I always make sure we have a table booked somewhere nice. I wouldn't risk just turning up and hoping that there was a table. And I never buy clothes online because I don't want to run the risk of them being the wrong size and having to send them back.
- 4 I'm definitely not a risk taker. I might like to think that I am, as it seems exciting, but I'm not. I live in a suburb of London and I'd never walk home on my own in the evening when it's dark, as that just seems like an unnecessary risk to take. And I'd never get into a taxi on my own at night. But on the other hand, I would love to do something like bungee jumping or paragliding which other people would probably think is risky.
- 5 I don't see myself as a risk taker. I've done a lot of mountain climbing, and everyone assumes, because of this, that I'm attracted to risk, but it isn't really true. In fact when you're climbing high mountains you're always trying to minimize the risk. The biggest risk I've ever taken in my life was a professional one – after 20 years in the same job, I left and set up my own company – and that's given me a lot more sleepless nights than climbing in the Andes or the Himalayas.
- 6 I am happy to take risks. I love driving fast, in fact I bought myself a sports car when I had some money and I got quite a few speeding tickets – though probably not as many as I deserved! I also take risks with money, like lending to people who probably won't pay me back, or spending all I have on something a bit unnecessary. Last year I went on a balloon ride and I was amazed that so many people said, 'Ooh, I wouldn't do that!' I loved it and I'd happily do it again – it was fantastic!

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Presenter For most of us, the riskiest thing we ever do is to get into a car and drive. And as this is something that we do almost every day of our lives, we need to take the risks involved in driving very seriously. Sandra, you're an expert in road safety. How dangerous is driving compared to other ways of getting around?

Sandra Driving gets a lot of bad publicity. Statistics show that, mile for mile, it's riskier to be a pedestrian or a jogger than to drive a car or ride a motorbike.

Presenter But car accidents *do* happen. What's the main reason?

Sandra Fifty per cent of all fatal accidents occur because someone has broken the law. The most

frequent cause of fatal accidents in the UK is driving too fast, and the second most frequent is drink-driving. And the third major cause of fatal accidents is when a driver falls asleep at the wheel.

Presenter Is that very common?

Sandra Yes, it is. A surprising ten per cent of accidents are caused by this.

Presenter Tell us about some of the other factors that can increase our chances of having an accident.

Sandra Well, the time of day we're on the road is a very significant factor. Generally speaking, driving at night, for example, is four times as dangerous as during the day. This is mainly because visibility is so much worse when it's dark. By day, a driver's visibility is roughly 500 yards, but at night, driving with headlights, it can be as little as 120 yards.

Presenter Are there any times of day or night that are particularly risky?

Sandra Research shows that you're most likely to have an accident between five and seven p.m. during the week, that's to say during the evening rush hour, and especially in the winter when it's dark. And the day of the week when you're most likely to have an accident is Friday. In the UK, more accidents happen on a Friday between 5.00 and 7.00 pm than at any other time.

Presenter Why do you think that is?

Sandra It's probably because people are finishing work for the week and are rushing home to start their weekend. Their mind may already be on what they're planning to do, and they may not be concentrating 100 per cent on the road. So this is a time of the week when car drivers need to be especially careful.

Presenter Which brings us to *where* accidents happen.

Sandra Sixty per cent of accidents happen within two miles of where we live. Statistically the most common kind of accident is crashing into a parked car near our home. Research shows that drivers concentrate less well when they're driving on familiar roads. Fortunately most of these accidents are not fatal.

Presenter So what about fatal accidents? Where do these tend to happen?

Sandra As far as fatal accidents are concerned, the riskiest kind of road to drive on is a country road. Almost half of all fatal car crashes in the UK take place on country roads. In fact you're twice as likely to have an accident on a country road than on an urban road.

Presenter And why is that?

Sandra Drivers often think that it's OK to break the speed limit on these roads because there's less traffic and consequently they take more risks.

Presenter And the safest kind of road to drive on?

Sandra A motorway is by far the safest kind of road.

Presenter People – usually men – say that women have more accidents than men. Is that true?

Sandra Well, it is true that, mile for mile, women have more minor accidents than men, but a man is twice as likely to be killed in a car accident as a woman.

Presenter So men really are more dangerous drivers then?

Sandra Women, by nature, are usually much more careful and cautious drivers than men. In general men take far more unnecessary risks when they're driving than women.

Presenter The age of a driver must be an important factor, too?

Sandra Yes, in fact it's probably the most important factor. A driver aged between 17 and 24 has double the risk of having an accident than an older driver. The reasons for this are obvious. This is the age when drivers have very limited experience of driving but it's also when they're most likely to drive too fast and take unnecessary risks, particularly if there are other young people in the car.

Presenter Which is why a lot of people would like to see the age limit for having a driving licence raised to 21?

Sandra I think it would be a very good idea.

Presenter Well, that's all we have time for. Thank you very much for coming into the studio today, Sandra. And to all you drivers out there who are listening... drive safely!

36)))

Yossi and Kevin soon realized that going by river was a big mistake. The river got faster and faster, and soon they were in rapids.

The raft was swept down the river at an incredible speed until it hit a rock. Both men were thrown into the water. Kevin was a strong swimmer and he managed to

swim to land, but Yossi was swept away by the rapids.

But Yossi didn't drown. He was carried several kilometres downriver by the rapids but he eventually managed to swim to the river bank. He was totally exhausted. By an incredible piece of luck he found their backpack floating in the river. The backpack contained a little food, insect repellent, a lighter, and most important of all... the map. But the two friends were now separated by a canyon and six or seven kilometres of jungle.

37)))

Kevin was feeling desperate. He didn't know if Yossi was alive or dead, but he started walking downriver to look for him. He felt responsible for what had happened to his friend because he had persuaded him to go with him on the river.

Yossi, however, was feeling quite optimistic. He was sure that Kevin would look for him so he started walking upriver calling his friend's name. But nobody answered.

At night Yossi tried to sleep but he felt terrified. The jungle was full of noises. Suddenly he woke up because he heard a branch breaking. He turned on his flash light. There was a jaguar staring at him...

Yossi was trembling with fear. But then he remembered something that he had once seen in a film. He used the cigarette lighter to set fire to the insect repellent spray and he managed to scare the jaguar away.

38)))

After five days alone, Yossi was exhausted and starving. Suddenly, as he was walking, he saw a footprint on the trail – it was a hiking boot. It had to be Kevin's footprint! He followed the trail until he discovered another footprint and then another. But suddenly he realized that the footprints weren't Kevin's footprints. They were his own. He had been walking around in a circle. At that moment Yossi realized that he would never find Kevin. In fact he felt sure that Kevin must be dead. He felt totally depressed and on the point of giving up.

39)))

But Kevin wasn't dead. He was still looking for Yossi. But after nearly a week he was also weak and exhausted from lack of food and lack of sleep. He decided that it was time to forget Yossi and try to save himself. He had just enough strength left to hold onto a log and let himself float down the river.

Kevin was incredibly lucky – he was rescued by two Bolivian hunters who were travelling down river in a canoe. The men only hunted in that part of the rainforest once a year, so if they had passed by a short time earlier or later, they wouldn't have seen Kevin. They took him back to the town of San José where he spent two days recovering.

310)))

As soon as Kevin felt well enough, he went to a Bolivian army base and asked them to look for Yossi. ('My friend is lost in the jungle. You must look for him.') The army officer he spoke to was sure that Yossi must be dead, but in the end Kevin persuaded them to take him up in a plane and fly over the part of the rainforest where Yossi might be. But the plane had to fly too high over the rain forest and the forest was too dense. Kevin couldn't see anything at all. It was a hopeless search. Kevin felt terribly guilty. He was convinced that it was all his fault that Yossi was going to die in the jungle. Kevin's last hope was to pay a local man with a boat to take him up the river to look for his friend.

311)))

By now, Yossi had been on his own in the jungle for nearly three weeks. He hadn't eaten for days. He was starving, exhausted, and slowly losing his mind. It was evening. He lay down by the side of the river ready for another night alone in the jungle.

Suddenly he heard the sound of a bee buzzing in his ear. He thought a bee had got inside his mosquito net. But when he opened his eyes, he saw that the buzzing noise wasn't a bee...

It was a boat. Yossi was too weak to shout, but Kevin had already seen him. It was a one-in-a-million chance that Kevin would find his friend. But he did. Yossi was saved.

When Yossi had recovered, he and Kevin flew to the city of La Paz and they went directly to the hotel where they had agreed to meet Marcus and Karl.

But Marcus and Karl were not at the hotel. The two men had never arrived back in the town of Apolo. The Bolivian army organized a search of the rainforest, but Marcus and Karl were never seen again.

3 21)))

- 1 The only thing I really regret is, is not having had the courage to chat up a girl who I met at a party last summer. I really fancied her – she was very attractive – but I just wasn't brave enough to start a conversation. I wish I'd tried. I'm absolutely positive we would have got on well. Now it's too late – she's engaged to another guy!
- 2 At the risk of sounding really negative, I think the one thing I really regret in my life is getting married, and I wished I had listened to my sister, who said to me in the car on the way to the registry office 'Someone has to say to you that you really don't have to do this you know' and, um, I really wish I'd listened to her because it was the biggest mistake of my life, and in fact the next day when I woke up I realized it was a terrible mistake, and I spent the next 15 years trying to get out of it. So, and I would never do it again. So that's probably my biggest regret.
- 3 Um, I really wish I'd been able to know my grandmother better. She died when I was 12, and since then I've discovered that she must have been a really fascinating person, and there are so many things I would love to have been able to talk to her about. She was Polish but she was in Russia, in St Petersburg, during the Russian Revolution and she knew all sorts of interesting people at the time: painters, writers, people like that. I was only a child so I never asked her much about her own life. Now, I'm discovering all about her through reading her old letters and papers, but I wish she'd lived longer so that I could have talked to her about those times face-to-face.
- 4 When I was 15 I had a Saturday job, um, in a supermarket – stacking shelves and that kind of thing. My friend also worked there, and he persuaded me one day to help him steal a carton of cigarettes, 200 cigarettes, from the stock room. It was a crazy idea, and totally out of character for me to do something like that. I'd always been very honest until then. Anyway, the manager of the shop found where we'd hidden the cigarettes – and he called the police. So when we came to work that evening the police were waiting for us. Although we got off with just a warning – we were only kids – the police came to my house and talked to my mum. I felt so awful. But in the long run it was probably a good thing because it meant that I never, ever thought about stealing something again.
- 5 When I was 16 I got the chance to change schools and go to a better school to do my last two years. My parents were really keen for me to change because they thought I'd probably get better marks in the university entrance exams and so have a better chance of going to university. But I was totally against the idea because I didn't want to leave all my friends behind and I didn't know anyone at the other school. So, in the end I managed to convince them and I stayed at my old school. I did OK in my exams but not brilliantly. Um, now I regret not listening to my parents because I think it would have been better for my future career, but at the time I just couldn't see it.

3 23)))

Part 1

Interviewer What were you hoping to do by making the film *Trashed*?

Candida Well, I think, um, the role of the film, um, for me was to raise awareness, um, on the topic and get it into the press so that people could start having a, a meaningful conversation about waste which, um, is not a particularly, um, attractive subject, let's say.

Interviewer How many countries did you film in?

Candida We ended up actually filming in eleven countries, um, but the stories that I've chosen are universal and obviously I spoke to, to people in communities, um, in more countries, um, than we actually filmed in, um, but their stories are certainly not isolated, they were repeated around the world, sadly wherever you kind of want to pick actually.

Interviewer How did you persuade Jeremy Irons to get involved in the film?

Candida I had worked with Jeremy some years ago on a, on a different film and I was generally aware that he doesn't like waste either, um, he will, you know, wear his jumpers until they're worn out, he'll keep his cars until they're falling apart, you know, he'll

repair everything, so he's always seen, you know, the value in reusing things, it's just something natural to him as well, so he just felt like a natural, um, first approach, and, and so I sent him the treatment and amazingly he he loved it.

Interviewer And how did you get Vangelis to write the soundtrack?

Candida Well, Jeremy and Vangelis have been friends for years, so, um, Jeremy sent him the rough cut of the film and Vangelis absolutely loved it, he, he is also a committed environmentalist, so he's always been aware, um, he was aware because he worked with, um Cousteau, sort of various people, you know, he was aware of issues for the seas and so on, um, but generally again he was very shocked, um, by the film and really wanted to get involved, so...

Interviewer What research did you do before you started making the film?

Candida I spent about a year, um, talking to communities, talking to experts, um, you know, obviously reading an awful lot, um, and, um, just ingesting it all because obviously again it's such an enormous topic to take on.

3 24)))

Part 2

Interviewer Rubbish isn't very attractive visually. Was that a problem for you as a film maker?

Candida Er, yes and no, um, strangely enough obviously I had a wonderful, um, DOP, Director of Photography so, um, he can pretty much make anything look beautiful, I think, but, um, I wanted to choose, as I've, as I've said earlier, um, you know, I did a lot of research and so sadly these things were repeatable and, and in every country around the world, so I wanted to choose, um, beautiful places wherever possible, um, that had been ruined unfortunately by, um man-made rubbish, so, um, the ancient port of Saida in Lebanon, um the fact that, you know, you've got this huge mountain of waste which was formerly a flat sandy beach.

Interviewer Documentaries about how we're destroying the planet can be very depressing, was that also a challenge for you?

Candida A huge challenge, yes, um, I would have preferred to have made a much more cheerful, um, documentary than, um, I think *Trashed* is, I think it has got hope, um, I think we were very much aware that we wanted to offer solutions at the end of it, but you are, um, the subject is not a cheerful subject, um, I could have gone further I think with it but I didn't want to because actually, you know, you could sort of end up feeling that you just want to go and shoot yourself which is not what I wanted I wanted to feel, you know, people feel that they can make a difference to this topic.

Interviewer In the film you focus on air pollution, land pollution, and water pollution, which do you think is the most worrying?

Candida Um, if I had to pick one, um, which I would be reluctant to do, er, it would be water without a doubt, I think that what has happened to all of the oceans and beaches actually as well, um, in the world in the last 30 years is astonishing in the scale and the speed, um, you know, there are certain places in the world, that you know, that you have to dig down on a beach, um over a foot, before you'll find sand that doesn't have plastic in it. Unfortunately what's happened with the way that soft plastic degrades in water is that, um, the pieces become so fragmented that they're the same size as the zooplankton, um, which is obviously in the food chain.

3 25)))

Part 3

Interviewer Who do you think is mostly to blame for the problems we have with waste?

Candida I tried very hard actually not to blame one person or things, um, in the film, actually quite deliberately because I think in a way, um, it lets us off the hook, um, and it also, um, I think we all need to work on the, the problem together because it's too complicated to blame one person or one thing or one act or, um, you know, I think it's, it's multi-faceted unfortunately.

Interviewer Your film finishes on an optimistic note with the example of San Francisco's zero waste policy. Can you tell us a bit about that?

Candida Well, I, I actually in the film ended up, um,

using San Francisco as the example because I wanted to show, er, that zero waste could be achieved on a big scale. When you go and stay in San Francisco in your hotel room, you'll have four different bins and you'll have signs on the wall of what goes into each bin, so it's very, very easy to, to recycle and I think that's a huge part of what we should be doing.

Interviewer Has the film changed your own habits regarding waste?

Candida I don't think the film has particularly changed my own habits dramatically, um, because I've always been thrifty, um, by nature because, um, I was lucky enough to spend a lot of time with my grandparents when I was growing up and the post war, sort of, philosophy of never wasting anything it just, you know, it was instilled in me. I ride the same bicycle that I've had since I was 15 years old and over the years obviously had it repaired and repaired, but I take tremendous pride in the fact that I've always, um, ridden the same bike and you know I have lovely memories of it, so and with it, so, um I think, I think we need a slight change of mind set to make things cool the longer you have them in a way, than actually this perpetual thing of buying new things for the sake of it.

3 27)))

Interviewer How much recycling do people in your country do?

Sally I don't think we do enough, I think we could do a little bit more. I'm not wonderful myself but we try and do a little bit of recycling.

Interviewer How responsible are you personally?

Sally Well, we probably do about, probably about 30% we recycle.

Interviewer What do you think the government, or individuals, could do to make people recycle more?

Sally Well, they could give you all these, um, boxes and bins and things at home to help you recycle, the Germans seem to do it quite well.

Interviewer How much recycling do people in your country do?

Jo I think people are quite good at recycling, I think, um, now that the, the waste companies come and collect recycling from the houses, people haven't really got an excuse not to recycle any more.

Interviewer How responsible are you personally?

Jo Err, I, I recycle as much as I can.

Interviewer What do you think the government, or individuals, could do to make people recycle more?

Jo Um, well maybe they could offer a financial incentive for, for recycling, um, or maybe for producing less rubbish that can't be recycled.

Interviewer How much recycling do people in your country do?

Jill I think that recycling is getting better in this country, I think we still have a long ways to go. I think it's still done largely in pockets and not necessarily nationwide as much as it could be.

Interviewer How responsible are you personally?

Jill Actually, in the town where I live we have a very strong recycling program and so I participate in, um, filling it up with cans and bottles, newspapers and all kinds of stuff, and they come and get it every other week, so. Easy, too.

Interviewer What do you think the government, or individuals, could do to make people recycle more?

Jill Well, incentives always work. Besides, above and beyond monetary incentives, just incentives to promote, you know, benefits to the environment.

Interviewer How much recycling do people in your country do?

Pranjal I don't think people in the US recycle enough. I think we should recycle more and I'm even, uh, you know, I'm even guilty of not recycling enough, but I don't think we recycle enough.

Interviewer How responsible are you personally?

Pranjal Personally, I'm not really that responsible in cycling, I don't really recycle that often, but if I do get the opportunity to recycle, I will.

Interviewer What do you think the government, or individuals, could do to make people recycle more?

Pranjal Well, I think it's important for individuals to realize that even the smallest difference makes a big difference, and so if everyone could just get in that mindset that the smallest change they can make in their lives makes a big difference. I think that will, in fact, make a big difference.

3 34)))

I think it's very interesting that human beings are the only animals which listen to music for pleasure. A lot of research has been done to find out why we listen to music, and there seem to be three main reasons. Firstly, we listen to music to make us remember important moments in the past, for example when we met someone for the first time. Think of Humphrey Bogart in the film *Casablanca* saying 'Darling, they're playing our song'. When we hear a certain piece of music, we remember hearing it for the first time in some very special circumstances. Obviously, this music varies from person to person.

Secondly, we listen to music to help us change activities. If we want to go from one activity to another, we often use music to help us make the change. For example, we might play a certain kind of music to prepare us to go out in the evening, or we might play another kind of music to relax us when we get home from work. That's mainly why people listen to music in cars, and they often listen to one kind of music when they're going to work and another kind when they're coming home. The same is true of people on buses and trains with their iPods. The third reason why we listen to music is to intensify the emotion that we're feeling. For example, if we're feeling sad, sometimes we want to get even sadder, so we play sad music. Or we're feeling angry and we want to intensify the anger then we play angry music. Or when we're planning a romantic dinner, we lay the table, we light candles, and then we think, 'What music would make this even more romantic?'

3 35)))

Let's take three important human emotions: happiness, sadness, and anger. When people are happy they speak faster, and their voice is higher. When they are sad they speak more slowly and their voice is lower, and when people are angry they raise their voices or shout. Babies can tell whether their mother is happy or not simply by the sound of her voice, not by her words. What music does is it copies this, and it produces the same emotions. So faster, higher-pitched music will sound happy. Slow music with lots of falling pitches will sound sad. Loud music with irregular rhythms will sound angry. It doesn't matter how good or bad the music is, if it has these characteristics it will make you experience this emotion. Let me give you some examples. For happy, for example, the first movement of Beethoven's *Seventh Symphony*. For angry, say *Mars*, from *The Planets* by Holst. And for sad, something like Albinoni's *Adagio for Strings*.

Of course the people who exploit this most are the people who write film soundtracks. They can take a scene which visually has no emotion and they can make the scene either scary or calm or happy just by the music they write to go with it. Think of the music in the shower scene in Hitchcock's film *Psycho*. All you can see is a woman having a shower, but the music makes it absolutely terrifying.

3 40)))

- I Why do you have problems sleeping?
- S Well I'm Spanish but I moved to London a few years ago when I married a British woman. I've been living here for three years now. I have a lot of problems getting to sleep at night because our bedroom just isn't dark enough. I can't get used to sleeping in a bedroom where there's light coming in from the streetlights outside. In Spain I always used to sleep in complete darkness because my bedroom window had blinds and when I went to bed I used to close the blinds completely. But here in England our bedroom window just has curtains and curtains don't block out the light properly. It takes me a long time to get to sleep at night and I always wake up more often than I used to do in Spain.
- I So why don't you just get thicker curtains?
- S Because my wife doesn't like sleeping in a completely dark room. She says that she feels claustrophobic if the room is too dark.
- I Ah, yes, a lot of people do feel like that.

3 41)))

- I Why do you have problems sleeping?
- S Well, I'm a policeman and so I have to do shift work which means I work at night every other week, so I start work at 10 o'clock at night and finish at 6.00 in the morning the following day. The main problem is

that my body's used to sleeping at night, not during the day. So it's very hard to get used to being awake all night and trying to work and concentrate when your body is just telling you to go to bed.

- I But isn't it something you get used to?
- S Actually no, because I work during the day for one week and then the next week I work at night which means that just when my body has got used to being awake at night then I go back to working in the day and then of course I can't get to sleep at night because my body thinks it's going to have to work all night. The other problem is that when I get home after working a night shift, everyone else is just starting to wake up so that means that it can be really noisy. The neighbours put the radio on, and bang doors and shout to wake their children up. So even though I'm really tired it's just very hard to get to sleep.
- I How many hours do you usually sleep?
- S Before I became a policeman I used to sleep about eight or nine hours a night but I think now I probably don't sleep more than six hours.

3 42)))

- I Why do you have problems sleeping?
- S I have a lot of problems sleeping because of jet lag. I have to travel a lot in my job and I take a lot of long haul flights. I fly to New York quite often and I arrive maybe at 6.00 in the evening my time, but when it's only one o'clock in the afternoon in New York. So at 5.00 in the afternoon local time, I'll be feeling tired and ready for bed because it's my bed time. But I can't go to sleep because I'm probably still working or having dinner with my American colleagues. Then when I do finally get to bed at say midnight local time, I find that I wake up in the middle of the night because my body thinks that it's morning because it's still working on UK time.
- I And can you get back to sleep when you wake up?
- S No, that's the problem I can't get back to sleep. And then the next day when I have meetings I feel really sleepy. It's very hard to stay awake all day. And just when I'm finally used to being on New York time, then it's time to fly home. And flying west to east is even worse.
- I Oh! Why's that?
- S Because when I get off the plane it's early morning in the UK. But for me, on New York time, it's the middle of the night. It takes me four or five days to recover from one of these trips.
- I Gosh, that must be really difficult for you.
- S Yes it is.

3 47)))

Presenter And finally today the story of a sleepwalker from Fife in Scotland who gets up in the middle of the night and goes to the kitchen and starts...you've guessed it, cooking. Robert Wood, who's 55 years old, used to be a chef until he retired last year. We have Robert and his wife, Eleanor, with us in the studio today. Robert, tell us what happens.

Robert Well, I've been a sleepwalker for about 40 years now. I think it first started when I was about 14 or so. Anyway these days I get up about four or five times a week and I always end up in the kitchen and I start cooking something.

Presenter Do you always cook?

Robert No, not always. I've done other things, too. I remember once I put the TV on – at full volume – and once I filled the bath with water, although I didn't get in it. But I usually cook.

Presenter Eleanor, do you wake up when this happens?

Eleanor Yes, I usually wake up because he's making a noise. I go downstairs and usually I find him in the kitchen. Once he was just laying the table but other times he's been cooking.

Presenter What sort of things does he cook?

Eleanor All sorts of things. I've caught him cooking omelettes and spaghetti bolognese, and I even caught him frying chips once. That was a bit scary because he could easily have burnt himself or started a fire.

Presenter Do you ever eat the things that Robert cooks?

Eleanor No. It always looks lovely but I must admit I've never tried it – not at three o'clock in the morning. And the trouble is he always leaves the kitchen in a terrible mess. The last time he sleepwalked he spilt milk all over the place.

Presenter So, Robert, you have no idea that you're cooking?

Robert No, I haven't. I really am asleep and afterwards I just have no recollection of having cooked anything.

Presenter You're getting some help to see if you can cure your sleep walking, aren't you?

Robert Yes, I've been going to a sleep clinic in Edinburgh where they think they'll be able to help me.

Presenter Well good luck with that, and thank you both for coming into the studio today. Now we're going to a break, but join us again in a few minutes.

3 48)))

Presenter We've been talking to Robert, the sleepwalking cook and his wife, Eleanor. And we're now joined by Professor Maurice from Rochester, New York, who is an expert in sleepwalking. Hello. Welcome, Professor Maurice, does this story surprise you?

Professor No, it doesn't, not at all. I've treated people who have driven cars, ridden horses, and I had one man who even tried to fly a helicopter while he was asleep.

Presenter Do people usually have their eyes open when they sleepwalk?

Professor Yes, sleepwalkers do usually have their eyes open. That's why sometimes it's difficult to know if someone is sleepwalking or not.

Presenter How common is sleepwalking?

Professor More common than you might think. Research shows that about 18 per cent of the population have a tendency to sleepwalk. But it's much more common in children than in teenagers or adults. And, curiously, it's more common among boys than girls. Adults who sleepwalk are normally people who used to sleepwalk when they were children. They might do it after a stressful event, for example, after a traffic accident.

Presenter People always say that you should never wake a sleepwalker up when they're walking. Is that true?

Professor No, it isn't. People used to think that it was dangerous to wake up a sleepwalker. But in fact this isn't the case. You can wake a sleepwalker up without any problem, although if you do, it is quite common for the sleepwalker to be confused, so he or she probably won't know where they are for a few moments.

Presenter So, if we see someone sleepwalking, should we wake them up?

Professor Yes, you should remember that another of the myths about sleepwalkers is that they can't injure themselves while they are sleepwalking. But this isn't true. If a sleepwalker is walking around the house, they might trip or fall over a chair or even fall down stairs. There was a case a while ago of a nine-year-old girl who opened her bedroom window while she was sleepwalking and fell 30 feet to the ground. Luckily, she wasn't seriously injured. So you see, Eleanor, you're quite right to worry that Robert might burn himself when he's cooking. You need to wake him up and get him back to bed.

Presenter How long does sleepwalking usually last?

Professor It can be very brief, for example, a few minutes. The most typical cases are people getting up and getting dressed, or people going to the bathroom. But it can occasionally last much longer, maybe half an hour or even more, as in Robert's case.

Presenter And what happens when sleepwalkers wake up? Do they remember the things they did while they were sleepwalking?

Professor No, as Robert says, a sleepwalker usually doesn't remember anything afterwards.

Presenter So, is a sleepwalker responsible for his or her actions?

Professor That's a very good question, actually. A few years ago a man from Canada got up in the middle of the night and drove 20 miles from his home to the house where his parents-in-law lived and, for no apparent reason, he killed his mother-in-law. The man was charged with murder but he was found not guilty because he had been asleep at the time he committed the crime.

4 2)))

Conversation 1

Female student Where's my milk? It's not here.

Male student I haven't seen it. You must have finished it.

5A

unreal conditionals

second conditional sentences: if + past simple, *would* / *wouldn't* + infinitive

- 1 If there **was** a fire in this hotel, it **would be** very difficult to escape.

3 12))

- 1 We use third conditional sentences to talk about a hypothetical past situation and its consequences.
- 2 You can also use the past perfect continuous in the *if*-clause. You can also use *could have* or *might have* instead of *would have* in the other clause.

structures after wish

wish + would / wouldn't



I wish cyclists **wouldn't cycle** on the pavement! (3 15))
 I wish you'd **spend** a bit more time with the children.
 I wish the bus **would come**. I'm freezing.
 I wish you **wouldn't leave** your shoes there. I almost fell over them.

We use *wish* + person / thing + *would* to talk about things we want to happen, or stop happening because they annoy us.

- You can't use *wish* + *would* for a wish about yourself, e.g. NOT *I wish I would...*

wish + past simple or past perfect

- 1 I wish **I was** ten years younger! (3 18))
 I wish **I could** understand what they're saying.
 2 I wish **I hadn't bought** those shoes.
 I wish **you'd told** me the truth.

- 1 We use *wish* + past simple to talk about things we would like to be different in the present / future (but which are impossible or unlikely).

- After *wish* you can use *was* or *were* with *I*, *he*, *she*, and *it*, e.g. *I wish I was / were taller.*

- 2 We use *wish* + past perfect to talk about things that happened or didn't happen in the past and which you now regret.



If only...

We can also use *If only* instead of *I wish* in all these structures, e.g. *If only he'd hurry up!* *If only I had a bit more money.* *If only she hadn't told him about the affair!*

- a Write sentences with *I wish...would / wouldn't*.

It annoys me that... you don't put away your clothes.

I wish you'd put away your clothes!

It annoys me that...

- shop assistants aren't more polite
- you turn the heating up all the time
- my sister doesn't tidy our room
- the neighbour's dog barks at night
- it doesn't stop raining
- Jane talks about her boyfriend so much
- my dad sings in front of my friends
- you drive so fast!
- my husband doesn't do the washing-up
- the bus doesn't come

- b Complete with the verb in the past simple or past perfect.

I wish I was a bit thinner! My clothes don't fit me! (be)

- I wish I _____ naturally blonde hair! (have)
- Suzanne wishes her parents _____ so far away. (not live)
- I wish I _____ learning English when I was a child! (start)
- This flat's so cold! I wish it _____ central heating. (have)
- I wish we _____ more expensive seats. I can't see a thing. (buy)
- The party sounds as if it was great fun. I wish I _____ there. (be)
- Is it only five o'clock? I wish it _____ dark so early in winter. (not get)
- I wish I _____ speak French. It would be useful in this job. (can)
- This suitcase is too heavy. I wish I _____ so many clothes! (not pack)
- I'm really tired. I wish we _____ by car instead of deciding to walk. (go)
- I wish I _____ an only child. I'd love to have brothers and sisters. (not be)
- I'd love to be able to play the piano. I wish I _____ when I was a child. (learn)

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◀ p.48

gerunds and infinitives

verbs followed by the gerund and verbs followed by the infinitive

- 1 I **enjoy listening** to music. I **couldn't help laughing**. (3 37))
- 2 I **want to speak** to you. They **can't afford to buy** a new car.
- 3 It **might rain** tonight. I'd **rather eat in** than go out tonight.

When one verb follows another, the first verb determines the form of the second. This can be the gerund (verb + -ing) or the infinitive (with or without to).

- 1 Use the **gerund** after certain verbs and expressions, e.g. *enjoy, can't help*.
 - When a phrasal verb is followed by another verb, the verb is the **gerund**, e.g. *carry on, keep on, give up, look forward to*, etc.
- 2 Use the **infinitive (with to)** after certain verbs and expressions, e.g. *want, afford*.
- 3 Use the **infinitive (without to)** after modal verbs and some expressions, e.g. *might, would rather*, and after the verbs *make* and *let*.
 - In the passive, *make* is followed by the infinitive with *to*. Compare *My boss makes us work hard*. *At school we were made to wear a uniform*.

► p.164 Appendix Verb patterns: verbs followed by the gerund or infinitive

like, love, hate, and prefer

like, love, hate, and prefer are usually used with the gerund in British English but can also be used with the infinitive.

We tend to use the gerund when we talk generally and the infinitive when we talk specifically e.g.

I like swimming (general)

I like to swim first thing in the morning when there aren't many people there (specific)

I prefer cycling to driving (general)

You don't need to give me a lift to the station. I prefer to walk (specific)

When *like, love, hate, and prefer* are used with *would*, they are always followed by *to* + infinitive, e.g. *I'd prefer to stay at home tonight, I'd love to come with you*.

verbs that can be followed by either gerund or infinitive with to

- 1 It **started to rain**. It **started raining**. (3 38))
- 2 **Remember to lock** the door.
I **remember going** to Venice as a child.
Sorry, I **forgot to do** it.
I'll never **forget seeing** the Taj Mahal.
I **tried to open** the window.
Try calling Miriam on her mobile.
You **need to clean** the car.
The car **needs cleaning**.

- 1 Some verbs can be followed by the gerund or infinitive (with *to*) **with no difference in meaning**. The most common verbs like this are *start, begin, and continue*.
- 2 Some verbs can be followed by the gerund or infinitive (with *to*) **with a change of meaning**.
 - *remember* + infinitive = you remember first, then you do something. *Remember* + gerund = you do something then you remember it.
 - *forget* + infinitive = you didn't remember to do something.
forget + gerund = You did something and you won't forget it. It is more common in the negative.
 - *try* + infinitive = make an effort to do something.
try + gerund = experiment to see if something works.
 - *need* + gerund is a passive construction, e.g. *needs cleaning* = needs to be cleaned NOT *needs to clean*.

- a Complete with a gerund or infinitive with *to* of a verb from the list.

carry call come do drive eat out go out take
tidy wait work

I'm exhausted! I don't fancy *going out* tonight.

- 1 I suggest _____ a taxi to the airport tomorrow.
It'll be much quicker.
- 2 Even though the snow was really deep, we managed _____ to the local shop and back.
- 3 We'd better _____ some shopping – there isn't much food for the weekend.
- 4 I'm very impatient. I can't stand _____ in queues.
- 5 I wasn't well and a young man offered _____ my bags.
- 6 My parents used to make me _____ my room.
- 7 We threatened _____ the police if the boys didn't stop throwing stones.
- 8 Do you feel like _____ to the gym with me?
- 9 I'd prefer _____ instead of getting a takeaway.
- 10 I don't mind _____ late tonight if you want me to.

- b Circle the correct form.

Your hair needs *(cutting)* / *to cut*. It's really long!

- 1 I'll never forget *to see* / *seeing* the Grand Canyon for the first time.
- 2 I need *to call* / *calling* the helpline. My computer has crashed.
- 3 Have you tried *to take* / *taking* a tablet to help you sleep?
- 4 I must have my keys somewhere. I can remember *to lock* / *locking* the door this morning.
- 5 I had to run home because I had forgotten *to turn* / *turning* the oven off.
- 6 Our house needs *to paint* / *painting*. Do you know any good house painters?
- 7 Did you remember *to send* / *sending* your sister a card? It's her birthday today.
- 8 We tried *to learn* / *learning* to ski last winter, but we weren't very good at it.

◀ p.57

used to, be used to, get used to

used to / didn't use to + infinitive

- 1 I **used to sleep** for eight hours every night, but now I only sleep for six. (3 43))
I didn't recognize him. He **didn't use to have** a beard.
- 2 When I lived in France as a child we **used to have** croissants for breakfast. We **would buy** them every morning from the local baker.



- 1 We use *used to* / *didn't use to* + infinitive to talk about past habits or repeated actions or situations / states which have changed.
• *used to* doesn't exist in the present tense. For present habits, use *usually* + the present simple, e.g. *I usually walk to work.* NOT *I use to walk to work.*
- 2 We can also use *would* to refer to repeated actions in the past. However, we don't use *would* for non-action verbs (e.g. *be*, *have*, *know*, *like*, etc.). NOT *I didn't recognize him. He wouldn't have a beard.*

be used to / get used to + gerund

- 1 I'm **not used to sleeping** with a duvet. I've always slept with blankets. (3 44))
Carlos has lived in London for years. He's **used to driving** on the left.
- 2 A I can't **get used to working** at night. I feel tired all the time.
B Don't worry, you'll soon **get used to it**.

- 1 Use *be used to* + gerund to talk about a new situation which is **now** familiar or less strange.
- 2 Use *get used to* + gerund to talk about a new situation which is **becoming** familiar or less strange.
- The difference between *be used to* and *get used to* is exactly the same as the difference between *be* and *get* + adjective.

- a Right (✓) or wrong (✗)? Correct the mistakes in the **highlighted** phrases.

I can't get used to getting up so early. ✓

She isn't used to have a big dinner in the evening. ✗
isn't used to having

- 1 When we were children we used to playing football in the road.
- 2 When we visited our British friends in London we couldn't get used to drink tea with breakfast.
- 3 Have you got used to live in the country or do you still miss the city?
- 4 I'm really sleepy. I'm not used to staying up so late. I'm usually in bed by midnight.
- 5 There used to be a cinema in our village, but it closed down three years ago.
- 6 Paul is used to having very long hair when he was younger.
- 7 A I don't think I could work at night.
B It's not so bad. I'm use to it now.
- 8 Did you use to wear a uniform to school?
- 9 It's taking me a long time to be used to living on my own.
- 10 When I had exams at university I used to stay up all night revising.

- b Complete with *used to*, *be used to*, or *get used to* (positive or negative) and the verb in brackets.

My boyfriend is Spanish, so he *isn't used to driving* on the left. (drive)

- 1 When Nathan started his first job he couldn't _____ at 6 a.m. (get up)
- 2 I didn't recognize you! You _____ long hair, didn't you? (have)
- 3 Isabelle _____ a flat when she was at university, but now she has a house of her own. (rent)
- 4 When we were children we _____ all day playing football in the park. (spend)
- 5 Jasmine has been a nurse all her life, so she _____ nights. (work)
- 6 I've never worn glasses before, but now I'll have to _____ them. (wear)
- 7 Amelia is an only child. She _____ her things. (share)
- 8 Although I've lived in Spain for years, I've never _____ dinner at 9 or 10 o'clock at night. (have)
- 9 I _____ spinach, but now I love it. (like)
- 10 If you want to lose weight, then you'll have to _____ less. (eat)

past modals

must / might / may / can't / couldn't + have + past participle



- 1 I **must have left** my phone at Anna's. I definitely remember having it there. (4 4))
You **must have seen** something. You were there when the accident happened.
- 2 Somebody **might have stolen** your wallet when you were getting off the train.
He still hasn't arrived. I **may not have given** him the right directions.
- 3 She **can't have gone** to bed. It's only ten o'clock!
You **can't have seen** their faces very clearly. It was too dark.

- We use *must / may / might / can't + have + past participle* to make deductions or speculate about past actions.

- 1 We use *must have* when we are almost sure that something happened or was true.



The opposite of *must have* is *can't have* – see 3 below
NOT *mustn't have*

- 2 We use *might / may have* when we think it's possible that something happened or was true. We can also use *could have* with this meaning, e.g. *Somebody could have stolen your wallet when you were getting off the train.*
- 3 We use *can't have* when we are almost sure something didn't happen or that it is impossible. We can also use *couldn't have* when the speculation is about the distant past, e.g. *You couldn't have seen their faces very clearly, e.g. She couldn't have gone to bed. It's only ten o'clock.*

should have / ought to have + past participle

We've gone the wrong way. We **shouldn't have turned** left at the traffic lights. (4 5))

It's my fault. I **ought to have told** you earlier that my mother was coming.

- Use *should have + past participle* to say that somebody didn't do the right thing, or to express regret or criticism.
- You can use *ought to have* as an alternative to *should have*, e.g. *I ought to have told you earlier.*

- a Rewrite the **bold** sentences using *must / might (not) / can't + have + verb*.

I'm certain I left my umbrella at home. It's not in the office.

I must have left my umbrella at home.

- 1 Holly's crying. **Perhaps she's had an argument with her boyfriend.** She...
- 2 **I'm sure Ben has read my email.** I sent it first thing this morning. Ben...
- 3 **I'm sure Sam and Ginny haven't got lost.** They have satnav in their car. *Sam and Ginny...*
- 4 **You saw Ellie yesterday? That's impossible.** She was in bed with flu. *You...*
- 5 **Perhaps John didn't see you.** That's why he didn't say hello. *John...*
- 6 **I'm sure Lucy has bought a new car.** I saw her driving a blue VW Golf! *Lucy...*
- 7 **I'm sure Alex wasn't very ill.** He was only off work for one day. *Alex...*
- 8 They didn't come to our wedding. **Maybe they didn't receive the invitation.** *They...*
- 9 This tastes very sweet. **I'm sure you used too much sugar.** *You...*
- 10 **It definitely wasn't my phone** that rang in the cinema. Mine was on silent. *It...*

- b Respond to the first sentence using *should / shouldn't have* or *ought / oughtn't to have + a verb* in the list.

buy come eat go invite learn sit write take

- A We couldn't understand anybody in Paris.
- B You *should have learnt* some French before you went.
- A Sue is in bed with a stomach ache.
- B She *oughtn't to have eaten* so much chocolate cake yesterday.
- 1 A Tom told me the date of his party, but I've forgotten it.
- B You _____ it down.
- 2 A I was late because there was so much traffic.
- B You _____ by car. The metro is much faster.
- 3 A Amanda was rude to everyone at my party.
- B You _____ her. You know what she's like.
- 4 A I don't have any money left after going shopping yesterday.
- B You _____ so many shoes. Did you really need three pairs?
- 5 A You look really tired.
- B I know. I _____ to bed earlier last night.
- 6 A The chicken's still frozen solid.
- B I know. You _____ it out of the freezer earlier.
- 7 A I think I've burnt my face.
- B I'm not surprised. You _____ in the sun all afternoon without any sunscreen.

verbs of the senses

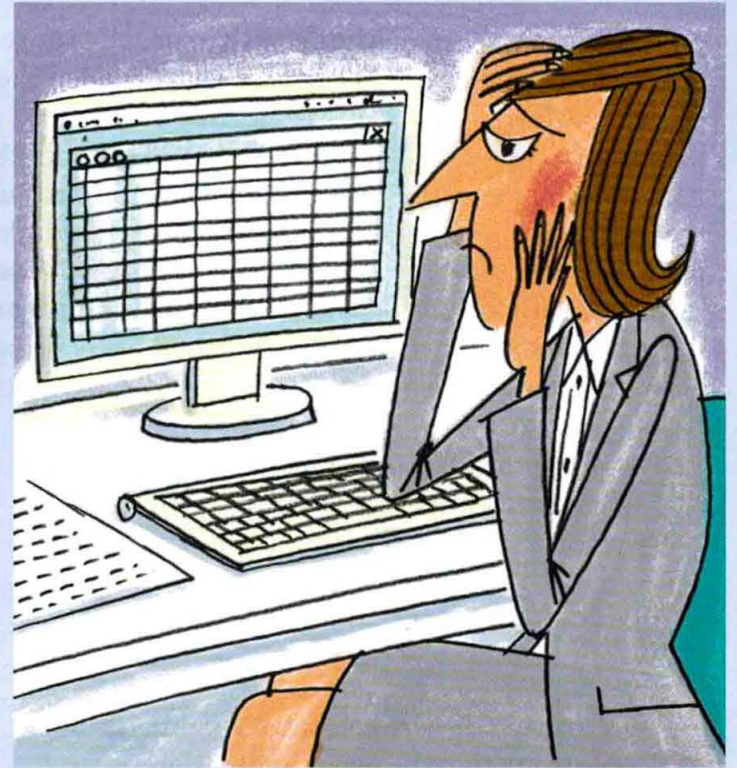
look / feel / smell / sound / taste

- 1 You **look** tired. (4 12)))
 That cake **smells** good!
 These jeans don't **feel** comfortable.
 2 Tim **looks like** his father. This material **feels like** silk – is it?
 Are you sure this is coffee? It **tastes like** tea.
 3 She **looks as if** she's been crying. It **smells as if** something's
burning. It **sounds as if** it's raining.

- 1 Use *look, feel, etc.* + adjective.
 2 Use *look, feel, etc.* + *like* + noun.
 3 Use *look, feel, etc.* + *as if* + clause.
 • You can use *like* or *as though* instead of *as if*, e.g.
It sounds like / as though it's raining.

**Feel like**

feel like can also be used as a verb meaning 'want' / 'would like'. It is followed by a noun or a verb in the gerund, e.g. *I feel like pasta for lunch today* (= I'd like pasta for lunch today). *I don't feel like going to bed* (= I don't want to go to bed).



a Match the sentence halves.

- | | | |
|-----------------------------|-------------------------------------|--|
| 1 That group sounds like | <input checked="" type="checkbox"/> | A her mother. |
| 2 That boy looks | <input type="checkbox"/> | B awful! You need to tune it. |
| 3 Nora looks like | <input type="checkbox"/> | C very soft. |
| 4 That guitar sounds | <input type="checkbox"/> | D someone has been smoking in here. |
| 5 Tom looks as if | <input type="checkbox"/> | E really sweet. |
| 6 Our car sounds as if | <input type="checkbox"/> | F Gold play. |
| 7 Your new jacket feels | <input type="checkbox"/> | G too young to be drinking beer. |
| 8 This apple tastes | <input type="checkbox"/> | H it's burnt. |
| 9 It smells as if | <input type="checkbox"/> | I roses. |
| 10 Your perfume smells like | <input type="checkbox"/> | J it's going to break down any moment. |
| 11 This rice tastes as if | <input type="checkbox"/> | K he's just run a marathon. |

b Circle the correct form.

- Your boyfriend *looks* / *looks like* a rugby player. He's huge!
- You've gone completely white. You *look* / *look as if* you've seen a ghost!
 - What's for dinner? It *smells* / *smells like* delicious!
 - I think John and Megan have arrived. That *sounds* / *sounds like* their car.
 - Have you ever tried frogs' legs? Apparently they *taste like* / *taste as if* chicken.
 - Are you OK? You *sound* / *sound as if* you've got a cold.
 - Can you put the heating on? It *feels* / *feels like* really cold in here.
 - You *look* / *look like* really happy. Does that mean you got the job?
 - Your new bag *feels* / *feels like* real leather. Is it?
 - Let's throw this milk away. It *tastes* / *tastes like* a bit off.
 - Can you close the window? It *smells* / *smells as if* someone is having a barbecue.

the passive (all forms); *it is said that...*, *he is thought to...*, etc.

the passive (all forms)

present simple	Murderers are usually sentenced to life imprisonment.
present continuous	The trial is being held at the moment.
present perfect	My car has been stolen .
past simple	Jim was arrested last month.
past continuous	The cinema was being rebuilt when it was set on fire.
past perfect	We saw that one of the windows had been broken .
future	The prisoner will be released next month. The verdict is going to be given tomorrow.
infinitive with <i>to</i>	People used to be imprisoned for stealing bread.
infinitive without <i>to</i>	You can be fined for parking on a yellow line.
gerund	He paid a fine to avoid being sent to jail.

- Use the passive when you want to talk about an action, but you are not so interested in saying who or what does / did the action.
- If you also want to mention the person or thing that did the action (the agent), use *by*. However, in the majority of passive sentences the agent is not mentioned.

it is said that..., *he is thought to...*, etc.

active

- 1 They say that the fire was started deliberately.
People think that the mayor will resign.
- 2 People say the man is in his 40s.
The police believe he has left the country.

passive

- It is said that** the fire was started deliberately.
It is thought that the mayor will resign.
The man is said to be in his 40s.
He is believed to have left the country.

- This formal structure is used especially in news reports and on TV with the verbs *know*, *tell*, *understand*, *report*, *expect*, *say*, and *think*. It makes the information sound more impersonal.
- You can use *It is said, believed*, etc. + *that* + clause.
You can use *He, The man*, etc. (i.e. the subject of the clause) + *is said, believed*, etc. + *to* + infinitive (e.g. *to be*) or perfect infinitive (e.g. *to have been*).

a Rewrite the sentences in the passive, without the agent.

- The police caught the burglar immediately.
The burglar was caught immediately.
- 1 Police closed the road after the accident.
The road...
 - 2 Somebody has stolen my handbag.
My handbag...
 - 3 They are painting my house.
My house...
 - 4 They'll hold a meeting tomorrow to discuss the problem.
A meeting...
 - 5 If they hadn't found the bomb in time, it would have exploded.
If the bomb...
 - 6 The police can arrest you for driving without a licence.
You...
 - 7 Miranda thinks someone was following her last night.
Miranda thinks she...
 - 8 I hate somebody waking me up when I'm fast asleep.
I hate...
 - 9 They're going to close the local police station.
The local police station...

b Rephrase the sentences in two ways to make them more formal.

- People think the murderer is a woman.
It is thought that the murderer is a woman.
The murderer is thought to be a woman.
- 1 Police believe the burglar is a local man.
It...
The burglar...
 - 2 People say the muggers are very dangerous.
It...
The muggers...
 - 3 Police think the robber entered through an open window.
It...
The robber...
 - 4 Police say the murderer has disappeared.
It...
The murderer...
 - 5 Lawyers expect that the trial will last three weeks.
It...
The trial...

◀ p.76

reporting verbs

structures after reporting verbs

- 1 Jack **offered to drive** me to the airport. (4 39))
I **promised not to tell** anybody.
- 2 The doctor **advised me to have** a rest.
I **persuaded my sister not to go out** with George.
- 3 I **apologized for being** so late.
The police **accused Karl of stealing** the car.

To report what other people have said, you can use *say* or a specific verb, e.g. 'I'll drive you to the airport.'

Jack **said** he would drive me to the airport.

Jack **offered** to drive me to the airport.

- After specific reporting verbs, there are one to three different grammatical patterns (see chart on the right)
- In negative sentences, use the negative infinitive (*not to do*) or the negative gerund (*not doing*), e.g. *He reminded me not to be late. She regretted not going to the party.*

1 + to + infinitive	agree refuse threaten	offer promise	(not) to do something
2 + person + to + infinitive	advise ask convince encourage invite	persuade remind tell warn	somebody (not) to do something
3 + -ing form	apologize (to sb) for insist on accuse sb of recommend admit regret blame sb for suggest deny		(not) doing something

Verbs that use a *that* clause

With *agree*, *admit*, *deny*, *promise*, *regret*, you can also use *that* + clause.

Leo admitted stealing the watch.

Leo admitted that he had stolen the watch.

- a Complete with the gerund or infinitive of the verb in brackets.

The garage advised me to buy a new car. (buy)

- 1 Jamie insisted on _____ for the meal. (pay)
- 2 Lauren has agreed _____ late next week. (work)
- 3 I warned Jane _____ through the park at night. (not walk)
- 4 The man admitted _____ the woman's handbag. (steal)
- 5 The doctor advised Lily _____ drinking coffee. (give up)
- 6 The boss persuaded Megan _____ the company. (not leave)
- 7 Freya accused me of _____ to steal her boyfriend. (try)
- 8 I apologized to Evie for _____ her birthday. (not remember)
- 9 Did you manage to convince your parents _____ tonight instead of tomorrow? (come)
- 10 My neighbour denies _____ my car, but I'm sure it was him. (damage)

- b Complete using a reporting verb from the list and the correct form of the verb in brackets. Use an object where necessary.

accuse invite offer promise recommend refuse remind
suggest threaten

Diana said to me, 'I'll take you to the station.'

Diana **offered to take** (take) me to the station.

- 1 Ryan said, 'Let's go for a walk. It's a beautiful day.'
Ryan _____ (go) for a walk.
- 2 'You copied Anna's exam!' the teacher said to him.
The teacher _____ (copy) Anna's exam.
- 3 Sam's neighbour told him, 'I'll call the police if you have any more parties.'
Sam's neighbour _____ (call) the police if he had any more parties.
- 4 The children said, 'We're not going to bed. It's much too early.'
The children _____ (go) to bed.
- 5 Simon said to me, 'Would you like to have dinner with me?'
Simon _____ (have) dinner with him.
- 6 Molly said to Jack, 'Don't forget to phone the electrician.'
Molly _____ (phone) the electrician.
- 7 Ricky said, 'I'll never do it again.'
Ricky _____ (do) it again.
- 8 Sarah said, 'You really must try Giacobazzi's. It's a fantastic restaurant.'
Sarah _____ (try) Giacobazzi's. She said it was fantastic.

clauses of contrast and purpose

clauses of contrast

- 1 **Although** the advert said it would last for years, mine broke after two months. (5 4)))
 I went to work **even though** I wasn't feeling very well.
 I like Ann, **though** she sometimes annoys me.
- 2 **In spite of (Despite)**
 her age, she is still very active.
 being 85, she is still very active.
 the fact that she's 85, she is still very active.



Use *although*, *though*, *even though*, and *in spite of* or *despite* to express a contrast.

- 1 Use *although*, *though*, *even though* + a clause.
Although and *even though* can be used at the beginning or in the middle of a sentence.
- *Even though* is stronger than *although* and is used to express a big or surprising contrast.
 - *Though* is more informal than *although*. It can only be used in the middle of a sentence.
- 2 After *in spite of* or *despite*, use a noun, a verb in the *-ing* form, or the *fact that* + subject + verb.
- Remember not to use *of* after *despite* NOT *Despite of the rain...*

clauses of purpose

- 1 I went to the bank **to** talk to my bank manager. (5 5)))
in order to
so as to
- 2 I went to the bank **for** a meeting with my bank manager.
- 3 I went to the bank **so that** I could talk to the manager in person.
- 4 I wrote down what he said **so as not to** forget it.

Use *to*, *in order to*, *so as to*, *for*, and *so that* to express purpose.

- 1 After *to*, *in order to*, and *so as to*, use an infinitive.
- 2 Use *for* + a noun, e.g. *for a meeting*. You can also use *for* + gerund to describe the exact purpose of a thing, e.g. *This liquid is for cleaning metal*.
- 3 After *so that*, use a subject + modal verb (*can*, *could*, *would*, etc.).
- 4 To express a negative purpose, use *so as not to* or *in order not to*, e.g. *I wrote down what he said in order not to forget it*. NOT *to not forget it*.

a Complete the sentences with *one* word.

- We're very happy in our new house, *though* there's a lot to do.
- 1 We loved the film _____ the fact that it was nearly three hours long!
- 2 Carl doesn't like spending money _____ though he's very well off.
- 3 They went down to the harbour _____ see if they had fresh fish.
- 4 I'll put your number straight into my phone so _____ not to forget it.
- 5 My mother called the doctor's in _____ to make an appointment.
- 6 The cake tasted good in _____ of not looking like the photo in the recipe book.
- 7 I've put the heating on quite high so _____ the house will warm up quickly.
- 8 I must say that _____ the service was poor, the meal was delicious.
- 9 I stopped at a motorway café _____ a quick meal before continuing on my journey.
- 10 _____ not being very fit, he managed to walk the three miles to the village.

b Rewrite the sentences.

- Despite not getting very good reviews, I thought the book was fantastic.
 Even though *the book didn't get very good reviews*, I thought it was fantastic.
- 1 We stayed at a bed and breakfast so as not to spend too much money on accommodation.
 We stayed at a bed and breakfast so that...
- 2 Despite earning a fortune, she drives a very old car.
 Although...
- 3 Everyone enjoyed the film even though the ending was sad.
 Everyone enjoyed the film in spite of...
- 4 The plane managed to land despite the terrible weather conditions.
 The plane managed to land even though...
- 5 I told her I enjoyed the meal she had cooked me so that I wouldn't offend her.
 I told her I enjoyed the meal she had cooked me so as...
- 6 The manager called a meeting so as to explain the new policy.
 The manager called a meeting in order...

uncountable and plural nouns

uncountable nouns

- 1 The **weather** is fantastic there, and there's very little **traffic** so you can walk everywhere. (5 19))
The **scenery** is beautiful here, but it's spoiled by all the **rubbish** people leave.
- 2 Could you give me **some advice** about where to stay?
One useful **piece of advice** is to get a travel card.
- 3 The new opera house is made mainly of **glass**.
Can I have **a glass** of tap water please?

- 1 The following nouns are always uncountable: *behaviour, traffic, weather, accommodation, health, progress, scenery, rubbish, work, politics* (and other words ending in *-ics*, e.g. *athletics, economics*).
- They always need a singular verb, they don't have plurals, and they can't be used with *a / an*.
- 2 These nouns are also uncountable: *furniture, information, advice, homework, research, news, luck, bread, toast, luggage, equipment*. Use *a piece of* to talk about an individual item.

- 3 Some nouns can be either countable or uncountable, but the meaning changes, e.g. *glass* = the material used to make windows, *a glass* = the thing you drink out of. Other examples: *iron, business, paper, light, time, space*.

plural and collective nouns

- 1 One of the best museums is on **the outskirts** of the city. (5 20))
My **clothes** are filthy. I'll put on **some clean trousers** / I'll put on **a pair of clean trousers**.
- 2 The hotel **staff** are very efficient.
The **cabin crew** are coming round with the drinks trolley in just a few minutes.

- 1 *Arms* (= guns, etc.), *belongings, clothes, manners, outskirts, scissors, trousers / shorts* are plural nouns with no singular. They need a plural verb and they can't be used with *a / an*.
- If they consist of two parts, e.g. *scissors, trousers, shorts*, etc. they can be used with *a pair of* or *some*.
- 2 *Crew, police, staff*, etc. are collective nouns and refer to a group of people. You can use a singular or plural verb with these, except *police*, which needs a plural verb.

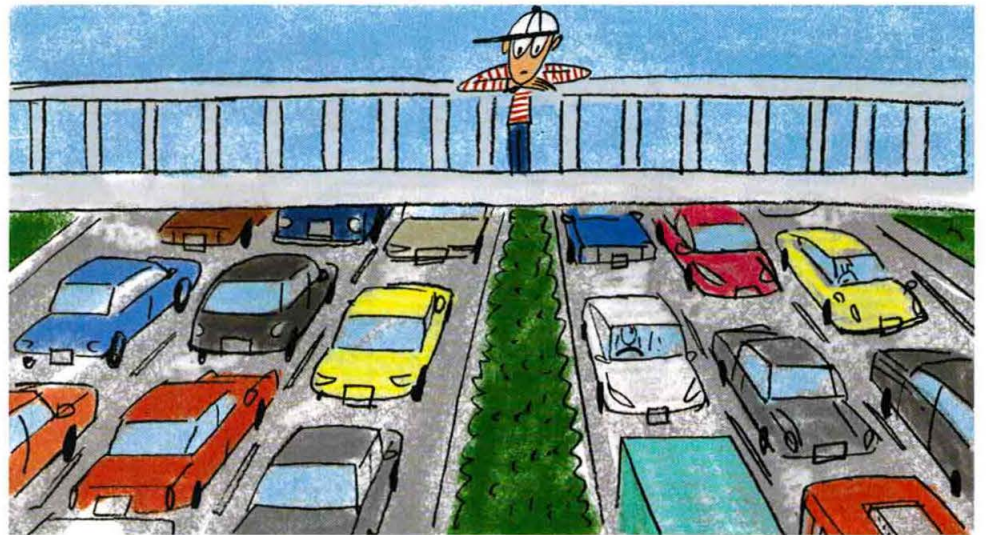
- a Right (✓) or wrong (✗)? Correct the mistakes in the **highlighted** phrases.

Our **accommodation isn't** satisfactory. ✓

The news are good. ✗ *The news is*

- 1 We had **a beautiful weather** when we were on holiday.
- 2 They've got **some lovely furnitures** in their house.
- 3 My brother gave me **a useful piece of advice**.
- 4 Do you have **a scissors**? I need to wrap this present.
- 5 I need to buy **a new trousers** for my interview tomorrow.
- 6 **The staff is** very unhappy about the new dress code.
- 7 **Your glasses are** really dirty. Can you see anything?
- 8 **The homeworks were** very difficult last night.
- 9 **There isn't any more space** in my suitcase. Can I put this jacket in yours?
- 10 **The police is sure** that they know who was responsible for the vandalism.

- b Circle the correct form. Tick (✓) if both are correct.



The traffic **is** / **are** awful during the rush hour.

- 1 Athletics **is** / **are** my favourite sport.
- 2 I bought **a pair of** / **some** new jeans.
- 3 Harvey's clothes **look** / **looks** really expensive.
- 4 The flight crew **work** / **works** hard to make passengers comfortable.
- 5 I found out **some** / **a piece of** useful information at the meeting.
- 6 Could I have **a paper** / **a piece of paper** to write down the new words?
- 7 I think I'll have **a** / **some** time after lunch to help you with that report.
- 8 I've got **a** / **some** good news for you about your job application.
- 9 We've made a lot of **progress** / **progresses** this term.
- 10 Hello, Reception? Do you have **an** / **some** iron I could use?

quantifiers: *all, every, both, etc.*

all, every, most

- 1 **All** animals need food. **All** fruit contains sugar. (5 31)))
All (of) the animals in this zoo look sad.
 The animals **all** look sad.
- 2 **Everybody** is here. **Everything** is very expensive.
- 3 **Most people** live in cities.
Most of the people in this class are women.
- 4 **All of us** work hard and **most of us** come to class every week.
- 5 **Every** room has a bathroom. I work **every** Saturday.

- 1 We use *all* or *all (of) the* + a plural or uncountable noun.
All = in general, *all (of) the* = specific.
All can be used before a main verb (and after *be*).
- 2 We use *everything* / *everybody* (= all things, all people) + singular verb, e.g. *Everything is very expensive*. NOT *All is very expensive*.
- 3 We use *most* to say the majority; *most* = general, *most of* = specific.
- 4 We often use *all* / *most of* + an object pronoun, e.g. *all of us*, *most of them*, *all of you*, *most of it*.
- 5 Use *every* + singular countable noun to mean 'all of a group'.

every and all + time expressions

Note the difference between *every* and *all* + time expressions.
Every day = Monday to Sunday. *All day* = from morning to night



I usually go running every day.



...but today I'm ill, so I stayed in bed all day.

a Circle the correct word or phrase.

- We've eaten all the / *all* cake.
- 1 *Most of* / *Most* my closest friends live near me.
 - 2 You can come round at *any* / *no* time on Saturday. We'll be home all day.
 - 3 *All* / *Everything* is ready for the party. We're just waiting for the guests to arrive.
 - 4 *Most* / *Most of* people enjoy the summer here, but for some it's too hot.
 - 5 Gina goes dancing *all* / *every* Friday night.
 - 6 We haven't got *any* / *no* onions for the soup.
 - 7 *Any* / *None* of us want to go out tonight. We're all broke.
 - 8 *Nobody* / *Anybody* can go to the festival. It's free.
 - 9 I've got two very close friends, but unfortunately *either* / *neither* of them lives near me.
 - 10 I'd like to have a bigger table, but there's *no* / *none* room in my kitchen.

no, none, any

- 1 Is there any milk? (5 32)))
 Sorry, there's **no** milk. There **isn't any** (milk).
- 2 **A** Is there any food?
B No, **none**. / There's **none**. But **none of us** are hungry.
- 3 Come **any** weekend! **Anyone** can come.

- 1 We use *no* + a noun after a \square verb, or *any* + noun after a \square verb to refer to zero quantity. *Any* can also be used without a noun.
- 2 We use *none* in short answers, or with a \square verb to refer to zero quantity. You can also use *none* + *of* + pronoun / noun.
- 3 We use *any* (and *anything*, *anyone*, etc.) and a \square verb to mean it doesn't matter what, who, etc.

both, neither, either

- 1 **Both** Pierre **and** Marie Curie were scientists. (5 33)))
Neither Pierre **nor** Marie was (were) aware of the dangers of radiation. Marie Curie wanted to study **either** physics **or** mathematics. In the end she studied **both** at the Sorbonne in Paris.
- 2 She and her husband **both** won Nobel prizes.
 Pierre and Marie were **both** interested in radium.
- 3 **Neither of them** realized how dangerous radium was.

- 1 We use a \square verb with *both* and *neither*. The verb is plural with *both*, and either singular or plural with *neither*.
- 2 When *both* refers to the subject of a clause, it can also be used before a main verb but after *be*.
- 3 We often use *both* / *either* / *neither* + *of* + object pronoun, e.g. *us*, *them*, etc. or + *of the* + noun.

b Right (✓) or wrong (X)? Correct the wrong sentences.

- Both Mike and Alan passed the exam. ✓
 He neither watches the news or reads a newspaper. X
He neither watches the news nor reads a newspaper.
- 1 Both the kitchen and the bathroom needs cleaning.
 - 2 The food wasn't cheap nor tasty.
 - 3 We can go on holiday either in July or in August.
 - 4 Both the journey was long and boring.
 - 5 It's or Jane's or Karen's birthday today. I can't remember which.
 - 6 My brother has neither the energy nor the stamina to run a marathon.
 - 7 Her aunt and her cousin came to visit both.
 - 8 We can walk either or take the bus.
 - 9 I have two children but neither of them look like me.
 - 10 My parents love horses, and both of they ride every day.

articles

basic rules: *a / an / the*, no article

- 1 My neighbour has just bought **a** dog. **The** dog is **an** Alsatian. (5 37)))
He got into **the** car and drove to **the** Town Hall.
- 2 **Men** are better at parking than **women**.
I don't like **sport** or **classical music**.
I stayed **at home** last weekend.

- 1 Use *a* or *an* when you mention somebody or something for the first time or say who or what somebody or something is. Use *the* when it's clear who or what somebody or something is (e.g. it has been mentioned before or it's unique).
- 2 Don't use an article to speak in general with plural and uncountable nouns, or in phrases like *at home / work, go home / to bed, next / last (week)*, etc.

institutions

- My father's **in hospital**. (5 38)))
They're building **a new hospital** in my town.
He was sent **to prison** for two years.
My grandmother used to work in **the prison** as a cleaner.

With words like *prison, church, school, hospital*, and *university*, don't use an article when you are thinking about the institution and the normal purpose it is used for. If you are just thinking about the building, use *a* or *the*.

more rules: geographical names

- 1 **Tunisia** is in **North Africa**. (5 39)))
- 2 **Selfridges**, one of London's biggest department stores, is in **Oxford Street**.
- 3 **Lake Victoria** and **Mount Kilimanjaro** are both in Africa.
- 4 **The River Danube** flows into **the Black Sea**.
- 5 **The National Gallery** and **the British Museum** are London tourist attractions.

We **don't normally use** *the* with:

- 1 most countries, continents, regions ending with the name of a country / continent, e.g. *North America, South East Asia*, islands, states, provinces, towns, and cities (exceptions: *The USA, the UK / United Kingdom, the Netherlands, the Czech Republic*).
- 2 roads, streets, parks, bridges, shops, and restaurants (exceptions: motorways and numbered roads, *the M6, the A25*).
- 3 individual mountains and lakes.

We **normally use** *the* with:

- 4 mountain ranges, rivers, seas, canals, deserts, and island groups.
- 5 the names of theatres, cinemas, hotels, galleries, and museums.

a Circle the correct article.

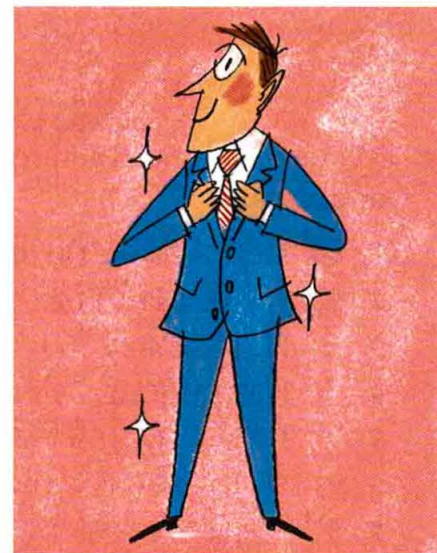
James bought a / *the* / (-) new suit at the weekend.

- 1 The weather was awful, so we stayed at *a* / *the* / (-) home.
- 2 *A* / *The* / (-) dishwasher we bought last week has stopped working already.
- 3 I love reading *a* / *the* / (-) historical novels.
- 4 Sarah had had an exhausting day, so she went to *a* / *the* / (-) bed early.
- 5 I saw a man walking with a woman in the park. *A* / *The* / (-) woman was crying.
- 6 The teachers are on strike, so the children aren't going to *a* / *the* / (-) school.
- 7 Turn left immediately after *a* / *the* / (-) church and go up the hill.
- 8 My neighbour's in *a* / *the* / (-) prison because he didn't pay his taxes.
- 9 People are complaining because the council have refused to build *a* / *the* / (-) new hospital.
- 10 Visitors will not be allowed to enter *a* / *the* / (-) hospital after 7 p.m.

b Complete with *the* or (-).

They're going to the USA to visit family.

- 1 _____ Sicily is the largest island in _____ Mediterranean.
- 2 Cairo is on _____ River Nile.
- 3 We didn't have time to visit _____ Louvre when we were in Paris.
- 4 _____ south west England is famous for its beautiful countryside and beaches.
- 5 _____ Mount Everest is in _____ Himalayas.
- 6 The largest inland lake is _____ Caspian Sea.
- 7 We stayed at _____ Palace Hotel while we were in Madrid.
- 8 *Romeo and Juliet* is on at _____ Globe Theatre.
- 9 Mont Blanc is the highest mountain in _____ Alps.
- 10 I've always wanted to visit _____ India.



1 MINOR ILLNESSES AND CONDITIONS

a Match the sentences with the pictures.

She has / She's got...

- ☐ a cough /kɒf/
- ☐ a headache /'hedək/ (earache, stomach ache, toothache, etc.)
- ☐ 1 a rash /ræʃ/
- ☐ a temperature /'temprətʃə/
- ☐ sunburn /'sʌnbɜ:n/
- ☐ She's being sick / She's vomiting /'vɒmɪtɪŋ/.
- ☐ She's sneezing /'sni:zɪŋ/.
- ☐ Her ankle is swollen /'swɒlən/.
- ☐ Her back hurts /hɜ:ts/ / Her back aches /eɪks/.
- ☐ Her finger is bleeding /'bli:dɪŋ/.



b 1 29))) Listen and check.

c Match the illnesses and conditions with their symptoms or causes.

- 1 ☐ B He has a **sore throat** /sɔ:θrəʊt/.
 - 2 ☐ He has **diarrhoea** /daɪə'riə/.
 - 3 ☐ He **feels sick** /'fi:lz sɪk/.
 - 4 ☐ He's **fainted** /'feɪntɪd/.
 - 5 ☐ He has a **blister** /'blɪstə/ on his foot.
 - 6 ☐ He has a **cold** /ə kəʊld/.
 - 7 ☐ He has **flu** /flu:/.
 - 8 ☐ He feels **dizzy** /'dɪzi/.
 - 9 ☐ He's **cut himself** /kʌt hɪm'self/.
- A He has a temperature and he aches all over.
 B It hurts when he talks or swallows food.
 C It's so hot in the room that he's lost consciousness.
 D He's been to the toilet five times this morning.
 E He feels that he's going to vomit.
 F He's sneezing a lot and he has a cough.
 G He feels that everything is spinning round.
 H He's been walking in uncomfortable shoes.
 I He's bleeding.

d 1 30))) Listen and check.

2 INJURIES AND MORE SERIOUS CONDITIONS

a Match the injuries with their causes or symptoms.

- 1 ☐ C He's **unconscious** /ʌn'kɒnʃəs/.
 - 2 ☐ He's had an **allergic** reaction /ə'li:dzɪk/.
 - 3 ☐ He's **twisted** his ankle /'twɪstɪd/ / He's **sprained** his ankle /spreɪnd/.
 - 4 ☐ He has **high** (low) **blood pressure** /'blʌd preʃə/.
 - 5 ☐ He has **food poisoning** /'fu:d pɔɪzənɪŋ/.
 - 6 ☐ He's **choking** /tʃəʊkɪŋ/.
 - 7 ☐ He's **burnt** himself /bɜ:nt/.
- A He spilt some boiling water on himself.
 B He fell badly and now it's swollen.
 C He's breathing, but his eyes are closed and he can't hear or feel anything.
 D It's 18 over 14 (or 180 over 140).
 E He ate some prawns that were off.
 F He was eating a steak and a piece got stuck in his throat.
 G He was stung by a wasp and now he has a rash and has difficulty breathing.



Common treatments for...

- a **cut** minor: put a plaster on it (AmE band aid) and antiseptic cream, major: have stitches
- headaches** take painkillers
- an infection** take antibiotics
- a sprained ankle** put ice on it and bandage it
- an allergic reaction** take antihistamine tablets or cream

b 1 31))) Listen and check.

3 PHRASAL VERBS CONNECTED WITH ILLNESS

a Match the **bold** phrasal verbs to their meanings.

Please **lie down** on the couch. I'm going to examine you.
 I'd been standing for such a long time that I **passed out**,
 and when I **came round** I was lying on the floor.

It often takes a long time to **get over** flu.

A few minutes after drinking the liquid I had to run to the bathroom to **throw up**.

- 1 _____ faint
- 2 _____ put your body in a horizontal position
- 3 _____ vomit, be sick
- 4 _____ get better / recover from sth
- 5 _____ become conscious again

b 1 32))) Listen and check.

1 DESCRIBING CLOTHES

a Match the adjectives and pictures.

Fit

- ☐ loose /lu:s/
- ☒ 1 tight /taɪt/

Style

- ☐ hooded /'hʊdɪd/
- ☐ long sleeved /lɒŋ sli:vɪd/ (also short sleeved)
- ☐ sleeveless /'sli:vləs/
- ☐ V-neck /'vi: nek/

Pattern

- ☐ checked /tʃekt/
- ☐ patterned /'pætənd/
- ☐ plain /pleɪn/
- ☐ spotted /'spɒtɪd/
- ☐ striped /straɪpt/



b 1 46)) Listen and check.

c Match the phrases and pictures.

Materials

- ☐ a cotton vest /ə 'kɒtn vest/
- ☐ a denim waistcoat /ə 'denɪm 'weɪskəʊt/
- ☐ a fur collar /ə fɜ: 'kɒlə/
- ☐ a lace top /ə leɪs tɒp/
- ☒ 1 a linen suit /ə 'lɪnɪn suɪt/
- ☐ a lycra swimsuit /ə 'laɪkrə 'swɪmsuɪt/
- ☐ a silk scarf /ə sɪlk skɑ:f/
- ☐ a velvet bow tie /ə 'velvɪt bəʊ 'taɪ/
- ☐ a wool(len) cardigan /ə 'wʊl(ə)n 'kɑ:dɪgən/
- ☐ leather sandals /'leðə 'sændlɪz/
- ☐ suede boots /sweɪd bu:ts/



d 1 47)) Listen and check.

2 ADJECTIVES TO DESCRIBE THE WAY PEOPLE DRESS

trendy, stylish, and fashionable

Fashionable is a general adjective, and means following a style that is popular at a particular time. *Trendy* is very similar, but is more informal. *Stylish* means fashionable and attractive.

a Complete the sentences with an adjective.

fashionable /'fæʃnəbl/ old-fashioned /əʊld 'fæʃənd/
scruffy /'skrʌfi/ smart /smɑ:t/ stylish /'staɪlɪʃ/
trendy /'trendi/

- 1 Long skirts are really *fashionable* now.
- 2 She's very _____. She always wears the latest fashions.
- 3 The Italians have a reputation for being very _____ – they wear fashionable and attractive clothes.
- 4 He looks really _____. His clothes are old and a bit dirty.
- 5 Jane looked very _____ in her new suit. She wanted to make a good impression.
- 6 That tie's a bit _____! Is it your dad's?

b 1 48)) Listen and check.

3 VERB PHRASES

a Match the sentences.

- 1 ☒ C I'm going to **dress up** tonight.
 - 2 ☐ Please **hang up** your coat.
 - 3 ☐ These jeans don't **fit** me.
 - 4 ☐ That skirt really **suits** you.
 - 5 ☐ Your bag **matches** your shoes.
 - 6 ☐ I need to **get changed**.
 - 7 ☐ Hurry up and **get undressed**.
 - 8 ☐ Get up and **get dressed**.
 - 9 ☐ That tie doesn't really **go with** your shirt.
- A Don't leave it on the chair.
B I've just spilt coffee on my shirt.
C I'm going to a party.
D They don't look good together.
E It's bath time.
F They're too small.
G They're almost the same colour.
H You look great in it.
I Breakfast is on the table.

b 1 49)) Listen and check.

wear and dress

Be careful with the difference between *wear* and *dress*. Compare:
The English don't **dress** very stylishly. She usually **dresses** in black.
I usually **wear** a skirt and jacket to work. She always **wears** black clothes.

1 AT THE AIRPORT

a Match the words and definitions.

- | | |
|-----------------------------|-----------------------------|
| 1 A Airport terminal | 6 G Departures board |
| 2 B Baggage drop off | 7 H Gate |
| 3 C Baggage reclaim | 8 I Runway |
| 4 D Check-in desk | 9 J Security |
| 5 E Customs | 10 K VIP lounge |

- A a building at an airport divided into **Arrivals** and **Departures** (domestic and international flights)
- B an electronic display showing **flight times** and if the flight is **on time**, **boarding**, **closed**, or **delayed**
- C where you give in any checked-in **luggage** (bags, cases, etc.) and are given a **boarding pass**
- D where you take your luggage to check it in if you already have your boarding pass
- E where they check that you are not trying to take prohibited items (e.g. **liquids** or **sharp objects**) onto the plane, by **scanning** your **hand luggage**, and making you walk through a metal detector
- F where passengers who are travelling **business** or **first class** can wait for their flight
- G where you show your boarding pass and ID and **board** your flight
- H where planes **take off** and **land**
- I where you **collect** your luggage on arrival, and there are usually **trolleys** for carrying heavy cases
- J where your luggage may be **checked** to see if you are bringing **illegal goods** into the country

b (23)) Listen and check.

2 ON BOARD

a Complete the text with the words in the list.

aisle /aɪl/ cabin crew /'kæbɪn kru:/ seat belts /'si:t belts/
connecting flight /kə'nektɪŋ flaɪt/ turbulence /'tɜ:bjələns/
direct flights /dɪ'rekt flaɪts/ jet lag /'dʒet læg/
long-haul flights /lɒŋ haʊl flaɪts/

I often fly to Chile on business. I always choose an ¹aisle seat, so that I can get up and walk around more easily. Sometimes there is ² when the plane flies over the Andes, which I don't enjoy, and the ³ tell the passengers to put their ⁴ on. There aren't any ⁵ to Chile from London, so I usually have to get a ⁶ in Madrid. Whenever I take ⁷ I always suffer from ⁸ because of the time difference and I feel tired for several days.

b (24)) Listen and check.

3 TRAVEL, TRIP, OR JOURNEY?

a Complete the sentences with *travel* (verb or noun), *trip*, or *journey*.

- We're going on a five-day trip to the mountains.
- A Did you have a good _____ here?
B No, my flight was delayed for six hours.
- Do you have to _____ much in your job?
- Have a good _____. See you when you get back.

b (25)) Listen and check.

c What's the differences between the three words?

4 PHRASAL VERBS RELATED TO AIR TRAVEL

a Complete the sentences with a phrasal verb from the list in the past tense.

check in drop off fill in get off get on pick up
take off

- My husband dropped me off at the airport two hours before the flight.
- I _____ online the day before I was going to fly.
- As soon as I _____ the plane I sat down in the first empty seat.
- The plane _____ late because of the bad weather.
- I _____ the immigration form for the US, which the cabin crew gave me shortly before landing.
- When I _____ the plane I felt exhausted after the long flight.
- When I _____ my luggage at baggage reclaim I bumped into an old friend who had been on the same flight.

b (26)) Listen and check.

◀ p.24

Adverbs and adverbial phrases

1 CONFUSING ADVERBS AND ADVERBIAL PHRASES

a Match each pair of adverbs with a pair of sentences. Then decide which adverb goes where and write it in the adverb column.

- | | |
|---|--|
| <input type="checkbox"/> at the <u>moment</u> / <u>actually</u> | <input type="checkbox"/> in the end / at the end |
| <input type="checkbox"/> <u>especially</u> / <u>specially</u> | <input type="checkbox"/> late / <u>lately</u> |
| <input type="checkbox"/> <u>ever</u> / <u>even</u> | <input type="checkbox"/> near / <u>nearly</u> |
| <input type="checkbox"/> 1 hard / <u>hardly</u> | <input type="checkbox"/> still / yet |

- 1 He trains very ☐ – at least three hours a day.
It's incredibly foggy. I can ☐ see anything.
- 2 I hate it when people arrive ☐ for meetings.
I haven't heard from Mike ☐. He must be very busy.
- 3 ☐ of a film I always stay and watch the credits roll.
I didn't want to go, but ☐ they persuaded me.
- 4 I love most kinds of music, but ☐ jazz.
My wedding dress was ☐ made for me by a dressmaker.
- 5 She looks younger than me, but ☐ she's two years older.
☐ they're renting a flat, but they're hoping to buy one soon.
- 6 I've ☐ finished my book. I'm on the last chapter.
Excuse me, is there a bank ☐ here?
- 7 Have you found a job ☐?
He's 35, but he ☐ lives with his parents.
- 8 Have you ☐ been to the USA?
I've been all over the USA – I've ☐ been to Alaska!

Adverbs

hard

hardly



b (215)) Listen and check.

2 COMMENT ADVERBS

a Read the sentences. Then match the **bold** adverbs with definitions 1–8.

I thought the job was going to be difficult, but **in fact** it's quite easy.

It took us over five hours to get there, but **eventually** we were able to relax /ɪ'ventʃʊəli/.

Ideally we would go to Australia if we could afford it. /aɪ'di:əli/

Basically it's quite a simple idea /'beɪsɪkli/.

I thought they'd broken up, but **apparently** they're back together again /ə'pærəntli/.

...so you can see it was a really awful weekend. **Anyway**, let's forget about it and talk about something else /'eniweɪ/.

She's only 14, so **obviously** she can't stay at home on her own /'ɒbvɪəsli/...

She's been ill for weeks, but **gradually** she's beginning to feel better /'grædʒuəli/.


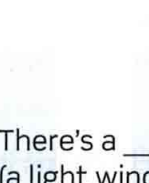

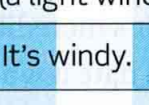
- | | |
|------------------|---|
| 1 <u>ideally</u> | in a perfect world |
| 2 _____ | the truth is; actually (used to emphasize something, especially the opposite of what was previously said) |
| 3 _____ | in the most important ways |
| 4 _____ | clearly (used to give information you expect other people to know or agree with) |
| 5 _____ | little by little |
| 6 _____ | according to what you have heard or read |
| 7 _____ | in any case (used to change or finish a conversation) |
| 8 _____ | in the end; after a series of events or difficulties |

b (216)) Listen and check.

1 WHAT'S THE WEATHER LIKE?

a Put the words or phrases in the right place in the chart.

below zero /bɪ'ləʊ 'ziərəʊ/ boiling /'bɔɪlɪŋ/ breeze /bri:z/ chilly /'tʃɪli/ cool /ku:l/ damp /dæmp/ drizzling /'drɪzəlɪŋ/
freezing /'fri:zɪŋ/ humid /'hju:mɪd/ mild /maɪld/ pouring /'pɔ:ɪrɪŋ/ (with rain) showers /'ʃaʊəz/ warm /wɜ:m/

	1 It's <u>cool</u> . (quite cold)	5 It's _____. (pleasant and not cold)	8 It's _____. (a bit wet but not raining)	
	2 It's _____. (unpleasantly cold)	6 It's _____. (a pleasantly high temperature)	9 It's _____. (raining lightly)	
	It's cold.	It's hot.	It's raining / wet.	
	3 It's _____. (very cold)	7 It's _____ / It's scorching. (unpleasantly hot)	10 It's _____. (short period of rain)	
	4 It's _____. (-10°)		11 There are _____. (raining intermittently)	
			12 It's _____. (raining a lot)	
				13 There's a _____. (a light wind)
				It's windy.

b Complete the sentences with *fog*, *mist*, and *smog*.

When the weather's foggy or misty, or there is smog, it is difficult to see.

- _____ isn't usually very thick, and often occurs in the mountains or near the sea.
- _____ is thicker, and can be found in towns and in the country.
- _____ is caused by pollution and usually occurs in big cities.

c (2 31)) Listen and check a and b.

2 EXTREME WEATHER

a Match the words and definitions.

blizzard /'blɪzəd/ drought /draʊt/ flood /flʌd/
hail /heɪl/ heatwave /'hi:tweɪv/ hurricane /'hʌrɪkən/
lightning /'laɪtnɪŋ/ monsoon /mɒn'su:n/ thunder /'θʌndə/

- heatwave *n* a period of unusually hot weather
- _____ *n* a long, usually hot, dry period when there is little or no rain
- _____ *n* and *v* small balls of ice that fall like rain
- _____ *n* a flash of very bright light in the sky caused by electricity
- _____ *n* and *v* the loud noise that you hear during a storm
- _____ *n* a snow storm with very strong winds
- _____ *v* and *n* when everything becomes covered with water
- _____ *n* a violent storm with very strong winds (also *cyclone*, *tornado*)
- _____ *n* the season when it rains a lot in southern Asia

b (2 32)) Listen and check.

3 ADJECTIVES TO DESCRIBE WEATHER

a Complete the weather forecast with these adjectives.

bright /braɪt/ changeable /'tʃeɪndʒəbl/ clear /kleə/
heavy /'hevi/ icy /'aɪsi/ settled /'setld/ (= not likely to change)
strong /strɒŋ/ sunny /'sʌni/ thick /θɪk/

In the north of England and Scotland it will be very cold, with ¹strong winds and ²_____ rain. There will also be ³_____ fog in the hills and near the coast, though it should clear by midday. Driving will be dangerous as the roads will be ⁴_____. However, the south of England and the Midlands will have ⁵_____ skies and it will be ⁶_____ and sunny, though the temperature will still be quite low. Over the next few days the weather will be ⁷_____, with some showers, but occasional ⁸_____ periods. It should become more ⁹_____ over the weekend.

b (2 33)) Listen and check.

◀ p.36

1 ADJECTIVES

a Match the feelings and the situations.

- 1 ☐ J 'I'm very **offended** /ə'fendɪd/.'
- 2 ☐ 'I feel a bit **homesick** /'həʊmsɪk/.'
- 3 ☐ 'I'm a bit **disappointed** /dɪsə'pɔɪntɪd/.'
- 4 ☐ 'I'm very **lonely** /'ləʊnli/.'
- 5 ☐ 'I'm incredibly **proud** /praʊd/.'
- 6 ☐ 'I'm really **nervous** /'nɜːvəs/.'
- 7 ☐ 'I'm very **grateful** /'ɡreɪtfl/.'
- 8 ☐ 'I'm **shocked** /ʃɒkt/.'
- 9 ☐ 'I'm so **relieved** /rɪ'liːvd/.'
- 10 ☐ 'I feel a bit **guilty** /'ɡɪlti/.'

- A You discover that you have a brother you had never known about.
- B You haven't visited your grandparents for a long time.
- C A stranger gives you a lot of help with a problem.
- D You are abroad and you think someone has stolen your passport, but then you find it.
- E You don't get a job you were hoping to get.
- F You go to study abroad and you're missing your family and friends.
- G You move to a new town and don't have any friends.
- H You are going to talk in public for the first time.
- I Someone in your family wins an important prize.
- J A friend doesn't invite you to his wedding.

fed up and upset

fed up = bored or frustrated and unhappy (especially with a situation which has gone on too long)

I'm really fed up with my job. I think I'm going to quit.

upset = unhappy when something bad happens

Kate was terribly upset when her dog disappeared.

b  32 Listen and check.

2 STRONG ADJECTIVES

a Match the strong adjectives describing feelings with their definitions.

astonished /ə'stɒnɪʃt/ bewildered /br'wɪldəd/ delighted /dɪ'ləɪtɪd/
desperate /'despərət/ devastated /'devəsteɪtɪd/ horrified /'hɒrɪfaɪd/
overwhelmed /əʊvə'welmd/ stunned /stʌnd/ thrilled /θrɪld/

- 1 stunned very surprised and unable to move or react
- 2 _____ extremely upset
- 3 _____ incredibly pleased
- 4 _____ very excited
- 5 _____ (amazed) / very surprised
- 6 _____ with little hope, and ready to do anything to improve the situation
- 7 _____ feeling such strong emotions that you don't know how to react
- 8 _____ extremely confused
- 9 _____ extremely shocked or disgusted



Modifiers with strong adjectives

Remember you can't use a *bit*, *quite*, or *very* with these adjectives. NOT *I was very astonished*. If you want to use an intensifier, use *really* / *absolutely* / *totally* / *completely*.

b  33 Listen and check.

3 INFORMAL OR SLANG WORDS AND EXPRESSIONS

a Look at the **highlighted** words and phrases and try to work out their meaning.

- 1 ☐ B I was **scared stiff** when I heard the bedroom door opening /skeəd stɪf/.
- 2 ☐ You look a bit **down**. What's the problem?
- 3 ☐ I'm absolutely **shattered**. I want to relax and put my feet up /'ʃætəd/.
- 4 ☐ I was completely **gobsmacked** when I heard that Tina was getting married /'ɡɒbsmækt/!
- 5 ☐ I'm **sick of** hearing you complain about your job.
- 6 ☐ When he missed that penalty I was absolutely **gutted** /'ɡʌtɪd/.

b Match the words and phrases to the feelings.

- | | |
|---------------------|-----------------------|
| A sad or depressed | D exhausted |
| B terrified | E fed up or irritated |
| C very disappointed | F astonished |

c  34 Listen and check.

◀ p.45



Verbs often confused

VOCABULARY BANK

a Complete the **verbs** column with the correct verb in the right form.

	verbs
argue / discuss	
1 I need to <input type="text"/> the problem with my boss.	_____ (= talk about sth)
2 I often <input type="text"/> with my parents about doing housework.	_____ (= speak angrily to sb)
notice / realize	
3 I didn't <input type="text"/> you were so unhappy.	_____ (= understand fully, become aware of sth)
4 I didn't <input type="text"/> that Karen had changed her hair colour.	_____ (= see, observe)
avoid / prevent	
5 Jack always tries to <input type="text"/> arguing with me.	_____ (= try not to do something)
6 My dad can't <input type="text"/> me from seeing my friends.	_____ (= stop)
look / seem	
7 I've spoken to her husband twice and he <input type="text"/> very nice.	_____ (= general impression)
8 Carol doesn't <input type="text"/> very well. I think she's working too hard.	_____ (= physical appearance)
mind / matter	
9 My parents don't <input type="text"/> if I stay out late.	_____ (= get annoyed or upset)
10 It doesn't <input type="text"/> if we're five minutes late.	_____ (= be a problem)
remember / remind	
11 Can you <input type="text"/> me to call my mum later?	_____ (= help sb to remember)
12 <input type="text"/> to turn off the lights before you go.	_____ (= not forget)
expect / wait	
13 I <input type="text"/> that Daniel will forget our anniversary. He always does.	_____ (= think that sth will happen)
14 We'll have to <input type="text"/> half an hour for the next train.	_____ (= stay where you are until something happens)
wish / hope	
15 I <input type="text"/> I was a bit taller!	_____ (= want sth to be true even if it is unlikely)
16 I <input type="text"/> that you can come on Friday. I haven't seen you for ages.	_____ (= want sth to happen)
beat / win	
17 Arsenal <input type="text"/> the match 5-2.	_____ (= be successful in a competition)
18 Arsenal <input type="text"/> Manchester United 5-2.	_____ (= defeat sb)
refuse / deny	
19 Tom always <input type="text"/> to discuss the problem.	_____ (= say you don't want to do sth)
20 Tom always <input type="text"/> that he has a problem.	_____ (= say that sth isn't true)
raise / rise	
21 The cost of living is going to <input type="text"/> again this month.	_____ (= go up)
22 It's hard not to <input type="text"/> your voice when you're arguing with someone.	_____ (= make sth go up)
lay (past laid) / lie (past lay)	
23 Last night I came home and <input type="text"/> on the sofa and went to sleep.	_____ (= put your body in a horizontal position)
24 I <input type="text"/> the baby on the bed and changed his nappy.	_____ (= put sth or sb in a horizontal position)
steal / rob	
25 The men had been planning to <input type="text"/> the bank.	_____ (= take sth from a person or place by threat or force)
26 If you leave your bike unlocked, somebody might <input type="text"/> it.	_____ (= take money or property that isn't yours)
advise / warn	
27 I think I should <input type="text"/> you that Liam doesn't always tell the truth.	_____ (= tell sb that sth unpleasant is about to happen)
28 My teachers are going to <input type="text"/> me what subjects to study next year.	_____ (= tell sb what you think they should do)

b 49)) Listen and check.

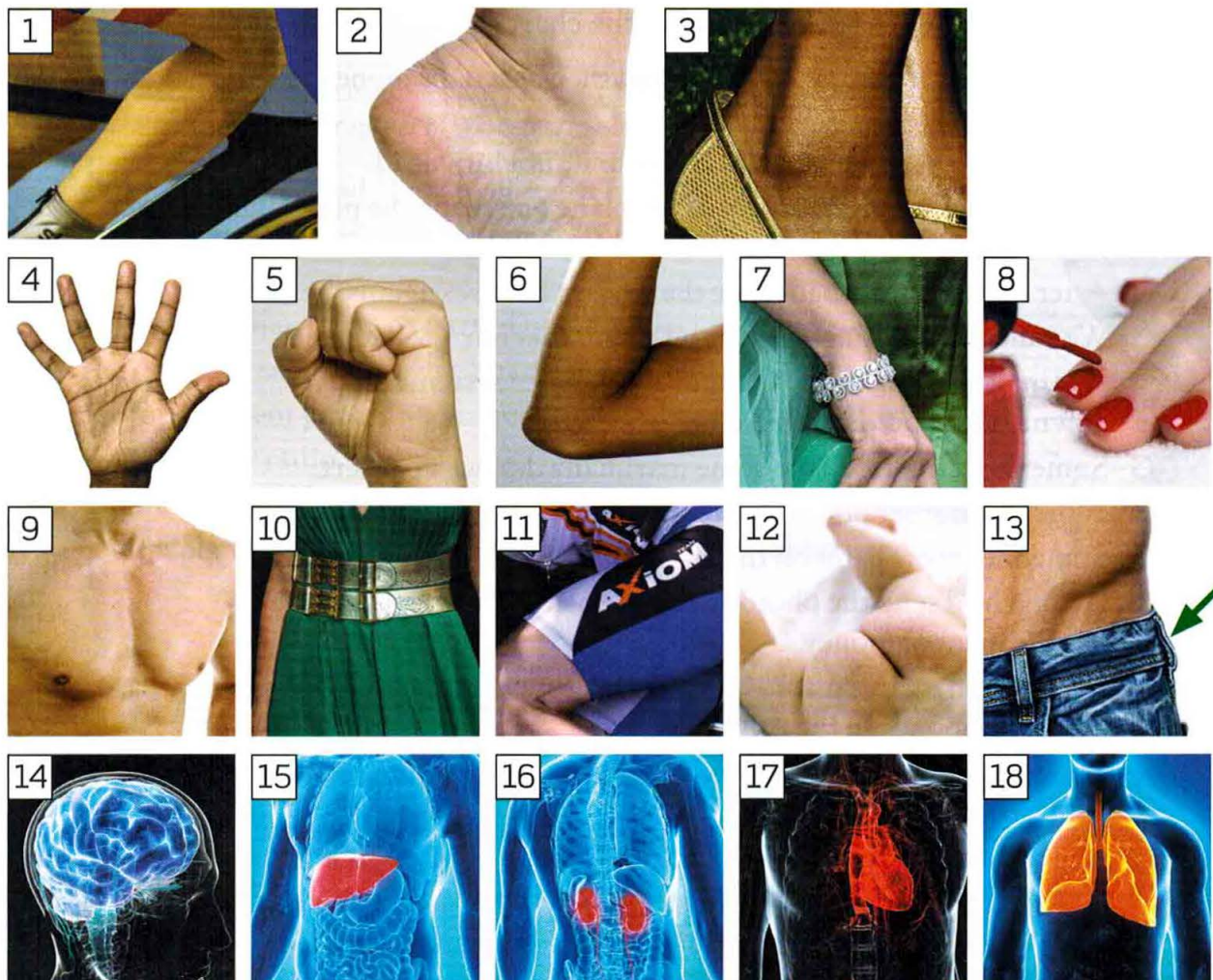
◀ p.67

The body

1 PARTS OF THE BODY AND ORGANS

a Match the words and pictures.

- ☐ ankle /'æŋkl/
- ☐ 1 calf /kɑ:f/ (pl calves)
- ☐ heel /hi:l/
- ☐ elbow /'elbəʊ/
- ☐ fist /fɪst/
- ☐ nails /neɪlz/
- ☐ palm /pɑ:m/
- ☐ wrist /rɪst/
- ☐ bottom /'bɒtəm/
- ☐ chest /tʃest/
- ☐ hip /hɪp/
- ☐ thigh /θaɪ/
- ☐ waist /weɪst/
- ☐ brain /breɪn/
- ☐ heart /hɑ:t/
- ☐ kidneys /'kɪdnɪz/
- ☐ liver /'lɪvə/
- ☐ lungs /lʌŋz/



b 4 17))) Listen and check.

2 VERBS AND VERB PHRASES

a Complete the verb phrases with the parts of the body.

arms eyebrows hair (x2) hand hands
head nails nose shoulders teeth
thumb toes

- 1 **bite** your nails /baɪt/
- 2 **blow** your _____ /bləʊ/
- 3 **brush** your _____ /brʌʃ/
- 4 **comb** your _____ /kəʊm/
- 5 **fold** your _____ /fəʊld/
- 6 **hold** somebody's _____ /həʊld/
- 7 **touch** your _____ /tʌtʃ/
- 8 **suck** your _____ /sʌk/
- 9 **shake** _____ /ʃeɪk/
- 10 **shrug** your _____ /ʃrʌg/
- 11 **shake** your _____
- 12 **raise** your _____ /reɪz/

b 4 18))) Listen and check.

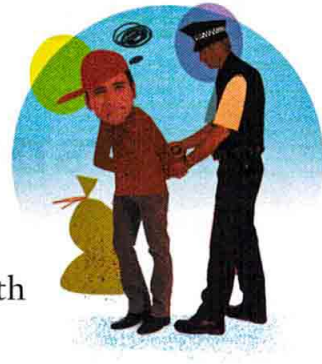
c Read the sentences. Write the part of the body related to the **bold** verb.

- 1 He **winked** at me to show that he was only joking. eye /wɪŋkt/
- 2 The steak was tough and difficult to **chew**. _____ /tʃu:/
- 3 When we met, we were so happy we **hugged** each other. _____ /hʌgd/
- 4 Don't **scratch** the mosquito bite. You'll only make it worse. _____ /skrætʃ/
- 5 She **waved** goodbye sadly to her boyfriend as the train left the station. _____ /weɪvd/
- 6 Some women think a man should **kneel** down when he proposes marriage. _____ /ni:l/
- 7 The teacher **frowned** when she saw all the mistakes I had made. _____ /fraʊnd/
- 8 The painting was so strange I **stared** at it for a long time. _____ /steəd/
- 9 She got out of bed, and **yawned** and **stretched**. _____ /jɔɪnd/
- 10 If you don't know the word for something, just **point** at what you want. _____ /pɔɪnt/

d 4 19))) Listen and check.

Crime and punishment

VOCABULARY BANK



1 CRIMES AND CRIMINALS

a Match the examples to the crimes in the chart.

- A They took away a rich man's son and then asked for money for his safe return.
- B She went to her ex-husband's house and shot him dead.
- C Two passengers took control of the plane and made the pilot land in the desert.
- D After the party, the man made the woman have sex against her will.
- E We came home from holiday and found that our TV had gone.
- F A teenager got into the Pentagon's computer system and downloaded some secret data.
- G Someone tried to sell me some marijuana during a concert.
- H When the border police searched his car, it was full of cigarettes.
- I Someone threw paint on the statue in the park.
- J He said he'd send the photos to a newspaper if the actress didn't pay him a lot of money.
- K An armed man in a mask walked into a shop and shouted, 'Give me all the money in the till!'
- L The company accountant was transferring money into his own bank account.
- M The builder offered the mayor a free flat in return for giving his company permission to build new flats on a piece of green land.
- N They left a bomb in the supermarket car park which exploded.
- O Somebody stole my car last night from outside my house.
- P A man held out a knife and made me give him my wallet.
- Q A woman followed a pop singer everywhere he went, watching him and sending him constant messages on the internet.

	Crime	Criminal	Verb	
1	blackmail /'blækmeɪl/	blackmailer	blackmail	
2	bribery /'braɪbəri/	-	bribe	
3	burglary /'bɜːgləri/	burglar	break in / burgle	
4	drug dealing /drʌg 'diːlɪŋ/	drug dealer	sell drugs	
5	fraud /frɔːd/	fraudster	commit fraud	
6	hacking /'hækɪŋ/	hacker	hack (into)	
7	hijacking /'haɪdʒækɪŋ/	hijacker	hijack	
8	kidnapping /'kɪdnæpɪŋ/	kidnapper	kidnap	A
9	mugging /'mʌɡɪŋ/	mugger	mug	
10	murder /'mɜːdə/	murderer	murder	
11	rape /reɪp/	rapist	rape	
12	robbery /'rɒbəri/	robber	rob	
13	smuggling /'smʌɡlɪŋ/	smuggler	smuggle	
14	stalking /'stɔːkɪŋ/	stalker	stalk	
15	terrorism /'terərɪzəm/	terrorist	set off bombs, etc.	
16	theft /θeft/	thief	steal	
17	vandalism /'vændəlɪzəm/	vandal	vandalize	

b 432)) Listen and check.

2 WHAT HAPPENS TO A CRIMINAL

a Complete the sentences with the words in the list.

The crime

arrested /ə'restɪd/ questioned /'kwɛstʃənd/
charged /tʃɑːdʒd/ committed /kə'mɪtɪd/
investigated /ɪn'vestɪɡeɪtɪd/ caught /kɔːt/

- Carl and Adam committed a crime. They robbed a large supermarket.
- The police _____ the crime.
- Carl and Adam were _____ driving to the airport in a stolen car.
- They were _____ and taken to a police station.
- The police _____ them for ten hours.
- Finally they were _____ with (= officially accused of) armed robbery.

The trial

accused /ə'kjuːzd/ acquitted /ə'kwɪtɪd/
court /kɔːt/ evidence /'eɪvɪdəns/
guilty (opposite innocent) /'ɡɪlti/
judge /dʒʌdʒ/ jury /'dʒʊəri/ proof /pruːf/
punishment /'pʌnɪʃmənt/ sentenced /'sentənst/
verdict /'vɜːdɪkt/ witnesses /'wɪtnəsɪz/

- Two months later, Carl and Adam appeared in _____.
 - They were _____ of armed robbery and car theft.
 - _____ told the court what they had seen or knew.
 - The _____, (of 12 people) looked at and heard all the _____.
 - After two days the jury reached their _____.
 - Carl was found _____. His fingerprints were on the gun used in the robbery.
 - The _____ decided what Carl's _____ should be.
 - He _____ him to ten years in prison (jail).
 - There was no _____ that Adam had committed the crime.
 - He was _____ and allowed to go free.
- b 433)) Listen and check.

◀ p.75

1 JOURNALISTS AND PEOPLE IN THE MEDIA

a Match the words and definitions.

agony aunt /'ægəni aʊnt/ commentator /'kɒmentəɪtə/ critic /'krɪtɪk/ editor /'edɪtə/ freelance journalist /'friːlɑːns 'dʒɜːnəlɪst/
newsreader /'njuːzrɪːdə/ paparazzi (pl) /pəpə'rætsi/ presenter /prɪ'zentə/ reporter /rɪ'pɔːtə/

- 1 critic a person who writes (a **review**) about the good / bad qualities of books, concerts, theatre, films, etc.
- 2 _____ a person who describes a sports event while it's happening on TV or radio
- 3 _____ a person who collects and reports news for newspapers, radio, or TV
- 4 _____ a person in charge of a newspaper or magazine, or part of one, and decides what should be in it
- 5 _____ a person who introduces the different sections of a radio or TV programme
- 6 _____ a person who writes articles for different papers and is not employed by any one paper
- 7 _____ a person who reads the news on TV or radio
- 8 _____ photographers who follow famous people around to get photos of them to sell to newspapers and magazines
- 9 _____ a person who writes in a newspaper or magazine giving advice to people in reply to their letters

b (443)) Listen and check.

2 ADJECTIVES TO DESCRIBE THE MEDIA

a Match the sentences.

- 1 The reporting in the paper was very **sensational** /sen'seɪʃənl/.
 - 2 The news on Channel 12 is really **biased** /'baɪəst/.
 - 3 I think The Observer is the most **objective** /əb'dʒektɪv/ of the Sunday papers.
 - 4 The film review was quite **accurate** /'ækjərət/.
 - 5 I think the report was **censored** /'sensəd/.
- A It said the plot was poor but the acting good, which was true.
B It bases its stories just on facts, not on feelings or beliefs.
C The newspaper wasn't allowed to publish all the details.
D It made the story seem more shocking than it really was.
E You can't believe anything you hear on it. It's obvious what political party they favour!

b (444)) Listen and check.

3 THE LANGUAGE OF HEADLINES



The language of headlines

Newspaper headlines, especially in *tabloids, often use short snappy words. These words use up less space and are more emotive, which helps to sell newspapers.

*newspapers with smaller pages that print short articles with lots of photos, often about famous people

a Match the **highlighted** 'headline phrases' with their meaning.

- 1 A Famous actress in restaurant bill **row**
- 2 United boss **to quit** after shock cup defeat
- 3 Prince **to wed** 18-year-old TV soap star
- 4 Prime minister **backs** his Chancellor in latest scandal
- 5 Tarantino **tipped** to win Best Director
- 6 Thousands of jobs **axed** by UK firms
- 7 Stock market **hit** by oil fears
- 8 Police **quiz** witness in murder trial
- 9 Astronaut **bids** to be first man on Mars
- 10 Ministers **clash** over new car tax proposal
- 11 Bayern Munich boss **vows** to avenge defeat
- 12 Footballer and wife **split** over affair with cleaner

- | | |
|-------------------------|---------------------------|
| A argument | G is going to marry |
| B have been cut | H promises |
| C question, interrogate | I is predicted |
| D is going to attempt | J disagree |
| E is going to leave | K has been badly affected |
| F separate | L supports |

b (445)) Listen and check.

1 VERBS AND EXPRESSIONS

- a Complete the sentences with a verb from the list in the right form (present simple, past simple, or past participle).

become /bɪ'kʌm/ close down /kləʊz daʊn/ drop /drɒp/
grows /grəʊz/ expand /ɪk'spænd/ export /ɪk'spɔ:t/
import /ɪm'pɔ:t/ launch /lɔ:ntʃ/ manufacture /mænjʊ'fæktʃə/
market /'mɑ:kɪt/ merge /mɜ:dʒ/ produce /prə'dju:s/
set up /set ʌp/ take over /teɪk 'əʊvə/

- Although GAP stands for Genuine American Product, most of its clothes are manufactured in Asia.
- In 1989 Pepsi-Cola launched a new product called Pepsi A.M., which was aimed at the 'breakfast cola drinker'. It was an immediate flop.
- The Spanish airline Iberia merged with British Airways in 2011.
- Apple is considered one of the best companies in the world for the way they produce their products.
- Prosciutto is a kind of Italian ham. Two of the best known kinds are San Daniele and Parma, which are produced in the Friuli and Emilia regions of Italy, and are available all over the world.
- The Royal Bank of Scotland merged NatWest Bank in 2000, even though it was in fact a smaller rival.
- The supermarket chain Tesco became the market leader in 1995, and is still the UK's biggest-selling chain.
- Zara shops were opened in Spain in 1975, but the company soon expanded internationally.
- Nowadays it is quite a risk to start a new business. In the UK, 20% of businesses fail in their first year.
- The cost of living in Iceland is so high because so many food products have to be imported.
- During a boom period, the economy grows quickly and living standards improve.
- During a recession, many companies close down and living standards drop.



- b 57)) Listen and check.

- c Do or make? Put the phrases in the right column.

business (with) /'bɪznəs/ a deal /di:l/ (= business agreement)
a decision /dɪ'sɪʒn/ a job /dʒɒb/ a loss (opposite profit) /lɒs/
market research /'mɑ:kɪt rɪ'sɜ:tʃ/ money /'mʌni/
somebody redundant /rɪ'dʌndənt/ (=sack somebody
because he / she isn't needed any more) well / badly

do	make
business (with)	

- d 58)) Listen and check.

2 ORGANIZATIONS AND PEOPLE

- a Organizations Match the words and definitions.

a business /'bɪznəs/ (or firm / company)
a branch /brɑ:ntʃ/ a chain /tʃeɪn/ head office /hed 'ɒfɪs/
a multinational /mʌlti'næʃnəl/

- a chain a group of shops, hotels, etc. owned by the same person or company
- an organization which produces or sells goods or provides a service
- a company that has offices or factories in many countries
- the main office of a company
- an office or shop that is part of a larger organization, e.g. a bank

- b People Match the words and definitions.

the CEO /si: i: 'əʊ/ (= chief executive officer)
a client /'klaɪənt/ a colleague /'kɒli:g/ a customer /'kʌstəmə/
a manager /'mænɪdʒə/ the owner /'əʊnə/ the staff /stɑ:f/

- the group of people who work for an organization
- someone who buys goods or services, for example from a shop or restaurant
- someone who receives a service from a professional person, for example from a lawyer
- a person who works with you
- the person with the highest rank in a company
- the person who owns a business
- the person in charge of part of an organization, for example a shop or a branch

- c 59)) Listen and check your answers to a and b.

1 PREFIXES AND SUFFIXES WHICH ADD MEANING

a Match the **bold** prefixes in sentences 1–11 to their meanings A–K.

- 1 **G** Mumbai is a very **overcrowded** city.
- 2 **M** Tokyo is one of 20 **megacities**.
- 3 **U** This part of the city is very poor and **underdeveloped**.
- 4 **M** London is a very **multicultural** city, with many different races and religions.
- 5 **S** The quickest way to get around New York is on the **subway**.
- 6 **B** Montreal is probably the most **bilingual** city in the world – most inhabitants speak English and French.
- 7 **A** If you want to avoid the traffic jams in Bangkok, get the **monorail**.
- 8 **A** The **autopilot** was switched on after the plane had taken off.
- 9 **A** Vandalism, especially breaking public property, is very **antisocial** behaviour.
- 10 **M** I **misunderstood** the directions that man gave me, and now I'm completely lost.
- 11 **P** He's doing a **postgraduate** degree in aeronautical engineering.

- | | |
|---------------|------------|
| A against | G too much |
| B many | H two |
| C big | I after |
| D not enough | J under |
| E one | K wrongly |
| F by (it)self | |

b (512)) Listen and check.

c Match the **bold** suffixes to their meaning.

- 1 **L** There are a lot of **homeless** people in this city. The situation is **hopeless**.
- 2 **C** Be **careful** how you drive! The instructions were very **useful**.
- 3 **P** The police usually wear bullet-**proof** vests. My watch is **waterproof**.
- 4 **B** Their new laptops are completely **unbreakable**. I don't think the tap water here is **drinkable**.

- | | |
|----------------|---------------|
| A with | B can be done |
| C resistant to | D without |

d (513)) Listen and check.

2 NOUNS FORMED WITH SUFFIXES



Noun suffixes

Common endings for nouns made from verbs:

- | | |
|------------------------|------------------------------|
| -ion / -(a)tion | <i>alienate – alienation</i> |
| -ment | <i>employ – employment</i> |

Common endings for nouns made from adjectives:

- | | |
|----------------------|----------------------------|
| -ness | <i>lonely – loneliness</i> |
| -ence / -ance | <i>violent – violence</i> |

Common endings for abstract nouns made from nouns:

- | | |
|--------------|----------------------------------|
| -hood | <i>neighbour – neighbourhood</i> |
| -ism | <i>vandal – vandalism</i> |

a Make nouns from the words in the list and put them in the right column.

absent /'æbsənt/ accommodate /ə'kɒmədeɪt/ alcohol /'ælkəhɒl/
 brother /'brʌðə/ child /tʃaɪld/ cold /kəʊld/ convenient /kən'viːniənt/
 distant /'dɪstənt/ entertain /entə'teɪn/ excite /ɪk'saɪt/ friendly /'frendli/
 govern /'gʌvən/ ignorant /'ɪgnərənt/ improve /ɪm'pruːv/ intend /ɪn'tend/
 pollute /pə'ljuːt/ race /reɪs/ reduce /rɪ'djuːs/ ugly /'ʌgli/ weak /wiːk/

-ion / -(a)tion	-ment	-ness	-ence / -ance	-ism	-hood
accommodation					

b (514)) Listen and check.

3 NOUNS WHICH ARE DIFFERENT WORDS



Noun formation with spelling or word change

Some nouns made from verbs or adjectives are completely different words, e.g. *choose – choice, poor – poverty*.

a Write the verb or adjective for the following **nouns**.

		Noun
1	_____ verb	loss /lɒs/
2	_____ verb	death /deθ/
3	_____ verb	success /sək'ses/
4	_____ verb	thought /θɔ:t/
5	_____ verb	belief /brɪ'li:f/
6	_____ adj	heat /hi:t/
7	_____ adj	strength /streŋθ/
8	_____ adj	hunger /'hʌŋgə/
9	_____ adj	height /haɪt/
10	_____ adj	length /leŋθ/

b (515)) Listen and check.

Verb patterns: verbs followed by the gerund or infinitive

Gerund	
admit	In court the accused admitted (to) stolen the documents.
avoid	I always try to avoid driving in the rush hour.
be worth	It isn't worth going to the exhibition. It's really boring.
can't help	We can't help laughing when my dad tries to speak French. His accent is awful!
can't stand	I can't stand talking to people who only talk about themselves.
carry on*	We carried on chatting until about 2.00 in the morning.
deny	Miriam denied killing her husband but the jury didn't believe her.
enjoy	I used to enjoy flying but now I don't.
fancy	Do you fancy seeing a film this evening?
feel like	I don't feel like going out tonight.
finish	Have you finished writing the report yet?
give up*	Karen has given up eating meat but she still eats fish.
keep (on)	I keep (on) telling my husband to lose some weight but he just won't listen.
look forward to	We are really looking forward to seeing you again.
imagine	I can't imagine living in the country. I think I would get bored after a week.
involve	My boyfriend's job involves travelling at least once a month.
mind	I don't mind doing housework. I find it quite relaxing.
miss	Does your father miss working now that he has retired?
postpone	We'll have to postpone going to the beach until the weather improves.
practise	The more you practise speaking English the more fluent you'll get.
recommend	I recommend doing a double decker bus tour as the best way to see London.
regret	I regret not travelling more before I got my first job.
risk	If were you I wouldn't risk walking through the park at night.
spend	I spent half an hour looking for my glasses this morning.
stop	Once I open a box of chocolates, I can't stop eating them.
suggest	A friend of mine suggested visiting London in the autumn.

* All phrasal verbs which are followed by another verb, e.g. *carry on*, *give up*, etc. are followed by the gerund.

Infinitive (with to)

afford	I can't afford to go on holiday this summer.
agree	I have agreed to pay David back the money he lent me next week.
appear	The results appear to support the scientist's theory.
arrange	I've arranged to meet Sally outside the restaurant.
be able	I won't be able to work for two weeks after the operation.
can't wait	We can't wait to see your new flat – it sounds fantastic.
choose	I chose to study abroad for a year, and it's the best thing I've ever done.
decide	They've decided to call off the wedding.
deserve	Kim deserves to get the job. She's a very strong candidate.
expect	We're expecting to get our exam results on Friday.
happen	Tom happened to be at Alan's when I called in so I invited him to our party as well.
help*	The organization I work for helps young people to find work abroad.
hesitate	Don't hesitate to ask a member of staff if you need anything.
hope	I'm hoping to set up my own company if I can get a bank loan.
learn	I wish I had learnt to play the guitar when I was younger.
make	When I was at school, we were made to wear a uniform. It was awful.
manage	Did you manage to get to the airport in time?
offer	Lucy has offered to give me a lift to the station.
plan	We're planning to have a big party to celebrate.
pretend	I pretended to be enthusiastic but really I didn't like the idea at all.
promise	Sarah always promises to help me in the kitchen but she never does.
refuse	My neighbour refused to turn down the music and I had to call the police.
seem	Something seems to be wrong with the washing machine.
teach	Jack's father taught him to drive when he was seventeen.
tend	My boss tends to lose her temper when she's feeling stressed.
threaten	The teacher threatened to call my parents and tell them what I had done.
want	The police want to interview anyone who witnessed the crime.
would like	Would you like to try the dress on? The changing rooms are over there.

* *help* can be followed by the infinitive with or without *to*.
The organization I work for helps young people (to) find work abroad.

Infinitive (without to)







can	Can you help me carry these suitcases?
may	There's a lot of traffic today, so we may be a bit late.
might	It might rain tomorrow, so please bring an umbrella or a raincoat.
must	I must remember to phone Harry – it's his birthday today.
should	Should we book a table for tomorrow night? It's a very popular restaurant.
had better	You'd better leave now if you want to catch that train.
would rather	You look tired. Would you rather stay in this evening and watch a film?
make	Sue makes her two teenagers do the washing up every evening after dinner.
let	Let me pay for coffee – it must be my turn.

Irregular verbs




5 46))

Infinitive	Past simple	Past participle
be /bi/	was / were /wɒz/ /wɜːz/	been /biːn/
beat /bi:t/	beat	beaten /'bi:tən/
become /br'kʌm/	became /br'keɪm/	become
begin /br'gɪn/	began /br'gæn/	begun /br'gʌn/
bite /baɪt/	bit /bɪt/	bitten /'bɪtən/
break /breɪk/	broke /brəʊk/	broken /'brəʊkən/
bring /brɪŋ/	brought /brɔ:t/	brought
build /bɪld/	built /bɪlt/	built
burn /bɜ:n/	burnt /bɜ:nt/ (burned) /bɜ:nd/	burnt (burned)
buy /baɪ/	bought /bɔ:t/	bought
can /kæn/	could /kʊd/	-
catch /kætʃ/	caught /kɔ:t/	caught
choose /tʃu:z/	chose /tʃəʊz/	chosen /'tʃəʊzn/
come /kʌm/	came /keɪm/	come
cost /kɒst/	cost	cost
cut /kʌt/	cut	cut
deal /di:l/	dealt /delt/	dealt
do /duː/	did /dɪd/	done /dʌn/
draw /drɔː/	drew /druː/	drawn /drɔ:n/
dream /dri:m/	dreamt /dremt/ (dreamed /dri:md/)	dreamt (dreamed)
drink /drɪŋk/	drank /dræŋk/	drunk /drʌŋk/
drive /draɪv/	drove /drəʊv/	driven /'drɪvn/
eat /i:t/	ate /eɪt/	eaten /'i:tən/
fall /fɔ:l/	fell /fel/	fallen /'fɔ:lən/
feel /fi:l/	felt /felt/	felt
find /faɪnd/	found /faʊnd/	found
fly /flaɪ/	flew /fluː/	flown /fləʊn/
forget /fə'get/	forgot /fə'gɒt/	forgotten /fə'gɒtn/
get /get/	got /gɒt/	got
give /gɪv/	gave /geɪv/	given /'gɪvn/
go /gəʊ/	went /went/	gone /gɒn/
grow /grəʊ/	grew /gruː/	grown /grəʊn/
hang /hæŋ/	hung /hʌŋ/	hung
have /hæv/	had /həd/	had
hear /hɪə/	heard /hɜ:d/	heard
hit /hɪt/	hit	hit
hurt /hɜ:t/	hurt	hurt
keep /ki:p/	kept /kept/	kept
kneel /ni:l/	knelt /nelt/	knelt
know /nəʊ/	knew /njuː/	known /nəʊn/

Infinitive	Past simple	Past participle
lay /leɪ/	laid /leɪd/	laid
learn /lɜ:n/	learnt /lɜ:nt/	learnt
leave /li:v/	left /left/	left
lend /lend/	lent /lent/	lent
let /let/	let	let
lie /laɪ/	lay /leɪ/	lain /leɪn/
lose /lu:z/	lost /lɒst/	lost
make /meɪk/	made /meɪd/	made
mean /mi:n/	meant /ment/	meant
meet /mi:t/	met /met/	met
pay /peɪ/	paid /peɪd/	paid
put /put/	put	put
read /ri:d/	read /red/	read /red/
ride /raɪd/	rode /rəʊd/	ridden /'rɪdn/
ring /rɪŋ/	rang /ræŋ/	rung /rʌŋ/
rise /raɪz/	rose /rəʊz/	risen /'rɪzn/
run /rʌn/	ran /ræn/	run
say /seɪ/	said /sed/	said
see /si:/	saw /sɔː/	seen /si:n/
sell /sel/	sold /səʊld/	sold
send /send/	sent /sent/	sent
set /set/	set	set
shake /ʃeɪk/	shook /ʃʊk/	shaken /'ʃeɪkən/
shine /ʃaɪn/	shone /ʃɒn/	shone
shut /ʃʌt/	shut	shut
sing /sɪŋ/	sang /sæŋ/	sung /sʌŋ/
sit /sɪt/	sat /sæt/	sat
sleep /sli:p/	slept /slept/	slept
speak /spi:k/	spoke /spəʊk/	spoken /'spəʊkən/
spend /spend/	spent /spent/	spent
stand /stænd/	stood /stʊd/	stood
steal /sti:l/	stole /stəʊl/	stolen /'stəʊlən/
swim /swɪm/	swam /swæm/	swum /swʌm/
take /teɪk/	took /tʊk/	taken /'teɪkən/
teach /ti:tʃ/	taught /tɔ:t/	taught
tell /tel/	told /təʊld/	told
think /θɪŋk/	thought /θɔ:t/	thought
throw /θrəʊ/	threw /θruː/	thrown /θrəʊn/
understand /ʌndə'stænd/	understood /ʌndə'stʊd/	understood
wake /weɪk/	woke /wəʊk/	woken /'wəʊkən/
wear /weə/	wore /wɔː/	worn /wɔ:n/
win /wɪn/	won /wʌn/	won
write /raɪt/	wrote /rəʊt/	written /'rɪtn/

























	usual spelling	! but also		usual spelling	! but also
 fish	i linen silk trip fit fill pick	pretty women guilty decided village physics	 up	u cut scruffy lungs stunned upset discuss	money someone enough touch flood blood
 tree	ee bleed sneeze ea beat steal e even medium	people thief key relieved receipt	 train	a* ache lace ai faint plain ay may lay	break steak great weight suede obey grey
 cat	a rash back ankle match hang travel		 phone	o* choke chose froze fold oa toast approach	throw elbow below although shoulders
 car	ar scarf smart sharp hardly a calf branch	aunt laugh heart	 bike	i* striped ice y lycra stylish igh tight flight	buy eyes height aisle
 clock	o cotton top drop cost off on	watch want because cough	 owl	ou hour mouth proud around ow showers frown	drought
 horse	(o)or sore floor al stalker wall aw yawn draw	warm warn pouring thought caught exhausted launch	 boy	oi boiling avoid point avoid oy enjoy employer	
 bull	u full put oo hooded woollen stood good	could should would woman	 ear	eer career volunteer ere here we're ear nearly clear	realize ideally seriously zero
 boot	oo loose cool u* argue refuse ew chew news	suit juice shoe prove through queue	 chair	air airport upstairs fair hair are scared stare	their there wear area
 computer	Many different spellings. /ə/ is always unstressed. collar patterned advise complain information sandals		 tourist	A very unusual sound. euro jury sure plural	
 bird	er verdict prefer ir dirty skirt ur hurt burn	research worker worth worse journey	/i/	A sound between /ɪ/ and /i:/. Consonant + y at the end of words is pronounced /i:/. windy sunny foggy	
 egg	e denim dress trendy belt ever yet	friendly leather deaf threaten anybody said	/u/	An unusual sound between /ʊ/ and /u:/. education usually situation	

* especially before consonant + e

 short vowels  long vowels  diphthongs

Consonant sounds

SOUND BANK

	usual spelling	! but also		usual spelling	! but also
 parrot	p postpone polluted hope damp pp disappointed kidnapping		 thumb	th thunder thick healthy thigh death teeth	
 bag	b brain bribe objective biased bb robbery hobby		 mother	th the that with further brotherhood	
 key	c court critic k kidneys shake ck shocked homesick	ch choir orchestra stomach-ache question expect accuse	 chess	ch checked chilly tch scratch stretch t (+ure) departure temperature	
 girl	g regret grateful colleague forget gg hugged mugging		 jazz	j jet-lag hijack g suggest manager dge knowledge judge	
 flower	f fist theft ph physicist symphony tough ff offended staff	enough laugh	 leg	l lie liver heel lonely ll colleague pillow	
 vase	v velvet vandalism nervous prevent evidence review	of	 right	r rise ride risky pretend rr terrorism arrested	written wrong
 tie	t taste tend stand chest tt matter bottom	produced passed	 witch	w win waste waist wave wh while wherever	one once
 dog	d deny murder editor redundant dd addictive suddenly	failed bored	 yacht	y yet yearly youth yourself before u university argue	
 snake	s stops suck ss witness loss ce/cinotice censored	science scenery fancy	 monkey	m mild remind seem remember mm commit commentator	comb
 zebra	z breeze freezing zz dizzy blizzard s nose raise spends agrees		 nose	n nails honesty nn announce beginning	kneel knew
 shower	sh shrug brush wish clash ti (+ vowel) ambitious sensational ci (+ vowel) spacious sociable	sugar sure chic	 singer	ng length arranging hang bring before g/k wink sink	
 television	An unusual sound. decision confusion usually genre		 house	h humid hail behaviour inhabitants inherit perhaps	who whose whole

☐ voiced ☐ unvoiced

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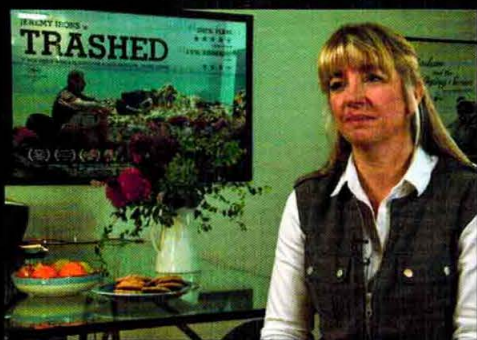
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